

## **2018 USPA APPROVED EQUIPMENT LIST**

### **A7 INTERNATIONAL:**

Cone/Spring Knee Sleeves – All Sizes

A7 One Wrist Wraps - Stiff

A7 One Wrist Wraps – Flex

### **AMERICAN BARBELL CLUB:**

Wrist Wraps up to 1 M

Knee Wraps up to 2.5 M

Knee Sleeves up to 30 cm / 7 mm

### **ANDERSON POWERLIFTING:**

Knee Wraps up to 2.5 M

Wrist Wraps up to 1 M

SBD Knee Sleeves 30 cm / 7 mm

KLA KUFFS Elbow Sleeves 20cm / 7mm

### **BATTLE BORN STRENGTH:**

Knee Wraps up to 2.5 M

Wrist Wraps up to 1 M

Battle Born Knee Sleeves 30cm / 7mm

### **BEAR KOMPLEX:**

Knee Sleeves 30 cm / versions 5 mm and 7 mm

### **BENCH BLOKZ:**

Bench Blokz Heavy Duty Wrist Wraps up to 24in long

### **CERBERUS STRENGTH:**

All Wrist Wraps (12-24-36 inches) up to 1 M

Knee Wraps up to 2.5 M

Knee Sleeves 30cm / 7mm

Elbow Cuffs (All sizes)

### **CONTRABAND SPORTS:**

Knee Sleeves up to 30 cm / 7 mm

Knee Wraps up to 2.5 M

Wrist Wraps up to 1 M (18-inch and 36-inch)

### **DB GEAR:**

Wrist Wraps up to 1 M

Knee Sleeves up to 30 cm / 7 mm

**DARKSYDE IRONWEAR:**

Knee Wraps up to 2.5 M

Wrist Wraps up to 1 M

**EliteFTS:**

EFS Knee Wraps up to 2.5 M

Elitefts Knee Wraps up to 2.5 M

EFS Wrist Wraps up to 1 M

Elitefts Wrist Wraps up to 1 M

EFS Knee Sleeves Sizes up to 4XL

**Evolutionize / LIFT.NET / STOIC:**

Stoic Knee Sleeves up to 30 cm / 7 mm

Stoic Wrist Wraps up to 1 M

Stoic Knee Wraps up to 2.5 M

**GORILLA GANG FITNESS:**

All Wrist Wraps up to 1 M (including ‘The Silverbacks’)

**INZER ADVANCE DESIGNS:****Squat suits:**

TRX Squat suit

Hardcore Squat suit

Z-Squat suit

Champion Squat suit

T-Rex Squat suit (multi-ply only)

Leviathan Squat suit (multi-ply only)

**Bench shirts:**

Bolt Bench shirt

Rage Bench shirt

Rage-X Bench shirt

Rage X Double Ply Bench shirt (multi-ply only)

Phenom Bench shirt

Phenom Double ply open back Bench shirt (multi-ply only)

Super Duper Phenom Bench shirt (multi-ply only)

Extra High Performance Heavy Duty Blast shirt (EHPHD)

High Performance Heavy Duty Blast shirt (HPHD)

Heavy Duty Blast shirt (HD)

Standard Blast shirt

Radical Denim Bench shirt (multi-ply only)

Standard Denim Bench shirt (multi-ply only)

Triple Denim Bench shirt (multi-ply only)

**Deadlift suits:**

MAX DL Deadlift suit  
Fusion Deadlift suit

**Knee Wraps: up to 2.5 M**

Gripper Knee Wrap  
True Black Knee Wrap  
Iron Knee Wraps Z  
Power Surge Redline Knee Wraps  
Black Beauty

**Wrist Wraps: up to 1 M**

Gripper Wrist Wraps  
Iron Wrist Wraps Z  
Power Surge Redline Wrist Wraps  
Black Beauty

**Briefs:**

Predator Brief (multi-ply only)  
Power Pants Brief (multi-ply only)

**IRON REBEL POWER GEAR (formerly Rhino Power Gear):**

RHINO Knee Wraps up to 2.5 M  
RHINO Wrist Wraps up to 1 M  
Anaconda Knee Wraps up to 2.5 M  
Anaconda Wrist Wraps up to 1 M  
Outlaw Knee Wraps up to 2.5 M  
Outlaw Wrist Wraps up to 1 M  
Raptor Knee Wraps up to 2.5 M  
Raptor Wrist Wraps up to 1 M  
All Knee Sleeves up to 30 cm / 7 mm  
All Elbow Sleeves up to 20 cm / 7mm

**JBBOSS:**

Knee Wraps up to 2.5M  
Wrist Wraps up to 1M (including Heavy Duty 24-inch Wrist Wraps)

**KIWI Strength Powerlifting Gear (Australia):**

Knee Wraps up to 2.5M  
Wrist Wraps up to 1M

**LIFTINGLARGE:**

Knee Sleeves: Savage Knee Sleeves up to 30 cm / 7 mm (Green Seam and 1 ply White Crusher)  
Wrist Wraps Parallel Breaker Wrist Wraps up to 1 M (12-24-36-inches)  
Knee Wraps Parallel Breaker Knee Wraps up to 2.5 M

## **MARATHON:**

\*Legacy equipment

Squat, bench and deadlift suits are approved but subject to inspection for compliance to current specifications.

## **METAL GEAR:**

### **Squat Suits:**

- Metal King Squatter
- Metal King V-type Squatter
- Metal Viking V-type Squatter
- Metal Viking Squatter
- Metal Squatter V-Type
- Metal Squatter
- Metal Jack Squat Suit (multi-ply only)
- Metal Ace Squatter (multi-ply only)
- Metal Pro Squatter (multi-ply only)

### **Bench Shirts:**

- Metal King Presser
- Metal King X-Type
- Metal King Bencher
- Metal Viking Presser
- Metal Bash Single Ply Bench shirt
- Metal Viking Bencher X-Type
- Metal Viking Bencher
- Metal Bencher
- Metal Jack Bench shirt (multi-ply only)
- Metal Ace Shirt (multi-ply only)
- Metal King Bash Shirt (multi-ply only)
- Metal Bash Bench shirt (multi-ply only)
- Metal Viking Pro Bencher (multi-ply only)
- Metal Pro Bencher (multi-ply only)

### **Deadlift Suits:**

- Metal King Deadlifter
- Metal King Sumo Deadlifter
- Metal Viking Deadlifter**
- Metal Pro Deadlifter**
- Metal Deadlifter**
- Metal Jack Sumo Deadlift suit (multi-ply only)
- Metal Jack Deadlift suit (multi-ply only)
- Metal King Sumo Pro Deadlifter (multi-ply only)**
- Metal King Pro Deadlifter (multi-ply only)**

### **Knee Wraps:**

- Metal Silver Knee Wraps (up to 2.5 M)

Metal Silver Knee Wraps-Pro (up to 2.5 M)  
Mystical Black Knee Wraps (up to 2.5 M)  
Mystical Black Knee Wraps Pro (up to 2.5 M)  
Metal Black Knee Wraps (up to 2.5 M)  
Metal Triple Blackline Knee Wraps (up to 2.5 M)  
Metal Orange Knee Wraps (up to 2.5 M)

**Wrist Wraps:**

Metal Silver Wrist Wraps up to 1 M  
Metal Black Wrist Wraps up to 1 M  
Metal Triple Blackline Wrist Wraps up to 1 M  
Metal Orange Wrist Wraps (up to 1 M)

**Briefs:**

Metal Jack Briefs (multi-ply only)  
Metal Ace Briefs (multi-ply only)  
Metal Viking Pro Briefs (multi-ply only)  
Metal Pro Briefs (multi-ply only)

**NORDIC LIFTING:**

Wrist Wrap with Flames  
Wrist Wrap Super Heavy Duty 24 inch  
Wrist Wrap Super Heavy Duty 30"  
Elbow Sleeves 20cm / 5 mm  
Elbow Compression Sleeves Large Grey  
Knee Compression Sleeves Large Grey  
Nordic Unisex Knee Sleeves Black Medium

**OVERKILL:**

\*Legacy equipment  
Bench Shirt Single Ply  
Bench Shirt Multi Ply  
Squat/Deadlift Suit  
Single Ply Power Briefs  
Multi Ply Squat/Deadlift Suit  
Knee Wraps up to 2.5 M

**PIONEER PRODUCTS / GENERAL LEATHERCRAFT:**

Wrist Wraps up to 1 M  
Knee Wraps up to 2.5 M

**SBD:**

Knee Sleeves 30 cm / 7 mm  
Wrist Wraps up to 1 M  
Knee Wraps up to 2.5 M

**SCHIEK SPORTS:**

Knee Wraps up to 2.5 M

Wrist Wraps up to 1 M

Knee Sleeves

**STRONGBOW STRENGTH:**

Wrist Wraps up to 1 M

Knee Sleeves up to 30 cm / 7 mm

**SUPER TRAINING PRODUCTS / Mark Bell Strong:**

Strong/World Record/Sling Shot Knee Wraps up to 2.5 M

Strong/Gangsta/POWER/Sling Shot Wrist Wraps up to 1 M

Compression Cuffs (aka Elbow Sleeves) up to 20 cm / 7 mm

Strong/Sling Shot/Sport/Extreme "X" Knee Sleeves 30cm/7mm

**THE STRONGHOUSE PROJECT:**

Knee Wraps up to 2.5 M (Zelus, BIA, Kratos, Savage and BMF)

Wrist Wraps up to 1 M (Zelus, BIA, Kratos, Savage and BMF)

Knee Sleeves (S-4X)

Elbow Sleeves up to 20 cm / 7mm

**TITAN SUPPORT SYSTEMS:****Squat Suits:**

Centurion and "Super" Centurion suits

Spartan Squat suit

Superior Squat suit

Boss Squat suit (multi-ply only)

**Bench Shirts:**

F6 Bench shirt

Fury Bench shirt

Katana Bench shirt (including Spandex)

Super Katana Bench shirt (including Low Cut Collar and Spandex)

"Psycho" Evil Twin Bench shirt

**Deadlift Suit:**

Velocity Deadlift suit

**Knee Wraps: up to 2.5 M**

Max RPM Knee Wrap

Red Devil Knee Wrap

THP Knee Wrap

Titanium Knee Wrap

Signature Gold Knee Wrap

**Wrist Wraps: Up to 1 M**

Max RPM Wrist Wrap  
Red Devil Wrist Wrap  
THP Wrist Wrap  
Titanium Wrist Wrap  
Signature Gold Wrist Wrap

**Briefs:**

BOSS Briefs (multi-ply only)  
Centurion Boxer Briefs (multi-ply only)  
Centurion Briefs (multi-ply only)  
Centurion Briefs (multi-ply only)  
Superior Boxer Briefs (multi-ply only)  
Superior Briefs (multi-ply only)

**Knee Sleeves:**

All Knee Sleeves except the Yellow Jacket are approved for the RAW division  
The Yellow Jacket Knee Sleeves are approved for Classic RAW, Single Ply and Multi Ply, **not RAW**

**Elbow Sleeves:**

All Elbow Sleeves up to 20 cm / 7 mm (including RAW division)

**TRIDENT STRENGTH SYSTEMS:**

Trident Strength Systems Knee Sleeves  
Trident Strength Systems Knee Wraps (All up to 2.5 Meters)  
Trident Strength Systems Wrist Wraps (All up to One Meter)

**TUFFWRAPS:**

Wrist Wraps up to 1 M (16-inch, 27-inch and 30-inch)  
Knee Sleeves Training Sleeves 30cm / 7mm  
Knee Sleeves Pro Series 30cm / 7mm (X over the knee cap) are approved for Classic RAW, Single Ply and Multi Ply, **not RAW**

**UNBREAKABLE GEAR:**

Knee Wraps up to 2.5 M (Contender, Annihilator, Destroyer and Enforcers)  
Wrist Wraps up to 1 M (Contender, Annihilator, Destroyer and Enforcers)  
Knee Sleeves up to 30 cm / 7 mm  
Elbow Sleeves up to 20 cm / 7mm

**WORKT:**

WORKT Knee Sleeves 30 cm / 5mm  
Spealler Signature Knee Sleeves 30 cm / 7mm

**YICOMPETE / STRONGLIKEBULL:**

Knee Wraps up to 2.5 M

Wrist Wraps up to 1 M

Knee Sleeves up to 30 cm / 7mm