

2019 USPA APPROVED EQUIPMENT LIST

A7 INTERNATIONAL:

A7 Cone Knee Sleeves- Black & Americana Versions
Cone/Spring Knee Sleeves – All Sizes
A7 One Wrist Wraps - Stiff
A7 One Wrist Wraps – Flex
Flex Wraps 55/77/99
Stiff Wraps 55/77/99
Stiff Hard Wraps 55/77/99

AMERICAN BARBELL CLUB:

Wrist Wraps up to 1 M
Knee Wraps up to 2.5 M
Knee Sleeves up to 30 cm / 7 mm

ANDERSON POWERLIFTING:

Knee Wraps up to 2.5 M
Wrist Wraps up to 1 M
SBD Knee Sleeves 30 cm / 7 mm
KLA KUFFS Elbow Sleeves 20cm / 7mm

BATTLE BORN STRENGTH:

Knee Wraps up to 2.5 M
Wrist Wraps up to 1 M
Battle Born Knee Sleeves 30cm / 7mm

BEAR KOMPLEX:

Knee Sleeves 30 cm / versions 5 mm and 7 mm

BENCH BLOKZ:

Bench Blokz Heavy Duty Wrist Wraps up to 24in long

CERBERUS STRENGTH:

All Wrist Wraps (12-24-36 inches) up to 1 M
Knee Wraps up to 2.5 M
Knee Sleeves 30cm / 7mm
Elbow Cuffs (All sizes)

CONTRABAND SPORTS:

Knee Sleeves up to 30 cm / 7 mm
Knee Wraps up to 2.5 M
Wrist Wraps up to 1 M (18-inch and 36-inch)

DB GEAR:

Wrist Wraps up to 1 M
Knee Sleeves up to 30 cm / 7 mm

DARKSYDE IRONWEAR:

Knee Wraps up to 2.5 M

Wrist Wraps up to 1 M

ELITE FTS:

EFS Knee Wraps up to 2.5 M

EliteFTS Knee Wraps up to 2.5 M

EFS Wrist Wraps up to 1 M

EliteFTS Wrist Wraps up to 1 M

EFS Heavy Knee Sleeves 30 cm/7 mm

EVOLUTIONIZE (also see LIFT.NET & STOIC):

Stoic Knee Sleeves up to 30 cm / 7 mm

Stoic Wrist Wraps up to 1 M

Stoic Knee Wraps up to 2.5 M

GORILLA GANG FITNESS:

All Wrist Wraps up to 1 M (including ‘The Silverbacks’)

GYMREAPERS:

Knee Sleeves: Gymreapers up to 30cm/7mm

Wrist Wraps: Red Stripe 21” and Black 21.5”

INTENSE ATTIRE:

Knee Wraps: Ella, Oli and JL up to 2.5 M

Wrist Wraps: Ella, Oli and JL up to 1M

Knee Sleeves up to 30cm/7mm

INZER ADVANCE DESIGNS:

Squat suits:

TRX Squat suit

Hardcore Squat suit

Z-Squat suit

Champion Squat suit

T-Rex Squat suit (multi-ply only)

Leviathan Squat suit (multi-ply only)

Bench shirts:

Bolt Bench shirt

Rage Bench shirt

Rage-X Bench shirt

Rage X Double Ply Bench shirt (multi-ply only)

Phenom Bench shirt

Phenom Double ply open back Bench shirt (multi-ply only)

Super Duper Phenom Bench shirt (multi-ply only)

Extra High Performance Heavy Duty Blast shirt (EHPHD)

High Performance Heavy Duty Blast shirt (HPHD)
Heavy Duty Blast shirt (HD)
Standard Blast shirt
Radical Denim Bench shirt (multi-ply only)
Standard Denim Bench shirt (multi-ply only)
Triple Denim Bench shirt (multi-ply only)

Deadlift suits:

MAX DL Deadlift suit
Fusion Deadlift suit

Knee Wraps: up to 2.5 M

Gripper Knee Wrap
True Black Knee Wrap
Iron Knee Wraps Z
Power Surge Redline Knee Wraps
Black Beauty

Wrist Wraps: up to 1 M

Gripper Wrist Wraps
Iron Wrist Wraps Z
Power Surge Redline Wrist Wraps
Black Beauty

Briefs:

Predator Brief (multi-ply only)
Power Pants Brief (multi-ply only)

IRON REBEL POWER GEAR (formerly Rhino Power Gear):

RHINO Knee Wraps up to 2.5 M
RHINO Wrist Wraps up to 1 M
Anaconda Knee Wraps up to 2.5 M
Anaconda Wrist Wraps up to 1 M
Outlaw Knee Wraps up to 2.5 M
Outlaw Wrist Wraps up to 1 M
Raptor Knee Wraps up to 2.5 M
Raptor Wrist Wraps up to 1 M
All Knee Sleeves up to 30 cm / 7 mm
All Elbow Sleeves up to 20 cm / 7mm

JBBOSS:

Knee Wraps up to 2.5M
Wrist Wraps up to 1M (including Heavy Duty 24-inch Wrist Wraps)

KIWI Strength Powerlifting Gear (Australia):

Knee Wraps up to 2.5M

Wrist Wraps up to 1M

LIFT.NET (Also see EVOLUTIONIZE & STOIC):

Stoic Knee Sleeves up to 30 cm / 7 mm

Stoic Wrist Wraps up to 1 M

Stoic Knee Wraps up to 2.5 M

LIFTINGLARGE:

Knee Sleeves: Savage Knee Sleeves up to 30 cm / 7 mm (Green Seam and 1 ply White Crusher)

Wrist Wraps: Parallel Breaker up to 1 M (12-24-36-inches)

Knee Wraps: Parallel Breaker up to 2.5 M

LOAD STRENGTH SPORTS:

Wrist Wraps: Base, Champ & Pro up to 1M

Knee Wraps: Base, Champ & Pro up to 2M

Elbow Sleeves up to 2cm/7mm

MARATHON:

*Legacy equipment

Squat, bench and deadlift suits are approved but subject to inspection for compliance to current specifications.

MAVA SPORTS:

Knee Sleeves up to 30cm / 7mm

METAL GEAR:

Squat Suits:

Metal King Squatter
Metal King V-type Squatter
Metal Viking V-type Squatter
Metal Viking Squatter
Metal Squatter V-Type
Metal Squatter
Metal Jack Squat Suit (multi-ply only)
Metal Ace Squatter (multi-ply only)
Metal Pro Squatter (multi-ply only)

Bench Shirts:

Metal King Presser
Metal King X-Type
Metal King Bencher
Metal Viking Presser
Metal Bash Single Ply Bench shirt
Metal Viking Bencher X-Type

Metal Viking Bencher
Metal Bencher
Metal Jack Bench shirt (multi-ply only)
Metal Ace Shirt (multi-ply only)
Metal King Bash Shirt (multi-ply only)
Metal Bash Bench shirt (multi-ply only)
Metal Viking Pro Bencher (multi-ply only)
Metal Pro Bencher (multi-ply only)

Deadlift Suits:

Metal King Deadlifter
Metal King Sumo Deadlifter
Metal Viking Deadlifter
Metal Pro Deadlifter
Metal Deadlifter
Metal Jack Sumo Deadlift suit (multi-ply only)
Metal Jack Deadlift suit (multi-ply only)
Metal King Sumo Pro Deadlifter (multi-ply only)
Metal King Pro Deadlifter (multi-ply only)

Knee Wraps:

Metal Silver Knee Wraps (up to 2.5 M)
Metal Silver Knee Wraps-Pro (up to 2.5 M)
Mystical Black Knee Wraps (up to 2.5 M)
Mystical Black Knee Wraps Pro (up to 2.5 M)
Metal Black Knee Wraps (up to 2.5 M)
Metal Triple Blackline Knee Wraps (up to 2.5 M)
Metal Orange Knee Wraps (up to 2.5 M)

Wrist Wraps:

Metal Silver Wrist Wraps up to 1 M
Metal Black Wrist Wraps up to 1 M
Metal Triple Blackline Wrist Wraps up to 1 M
Metal Orange Wrist Wraps (up to 1 M)

Briefs:

Metal Jack Briefs (multi-ply only)
Metal Ace Briefs (multi-ply only)
Metal Viking Pro Briefs (multi-ply only)
Metal Pro Briefs (multi-ply only)

NORDIC LIFTING:

Wrist Wrap with Flames
Wrist Wrap Super Heavy Duty 24 inch
Wrist Wrap Super Heavy Duty 30"
Elbow Sleeves 20cm / 5 mm
Elbow Compression Sleeves Large Grey
Knee Compression Sleeves Large Grey
Nordic Unisex Knee Sleeves Black Medium

NORSE FITNESS:

Knee Wraps up to 2.5M
Knee Sleeves up to 30cm / 7mm
Wrist Wraps up to 1M

PIONEER PRODUCTS / GENERAL LEATHERCRAFT:

Wrist Wraps up to 1 M
Knee Wraps up to 2.5 M

PR LABS:

Knee Wraps up to 2.5M
Wrist Wraps up to 1M

SBD:

Knee Sleeves 30 cm / 7 mm
Wrist Wraps up to 1 M
Knee Wraps up to 2.5 M

SCHIEK SPORTS:

Knee Wraps up to 2.5 M
Wrist Wraps up to 1 M
Knee Sleeves

SOVEREIGN POWERLIFTING:

Wrist Wraps: Grey and Black up to 24"

SQUAT 2 DEPTH APPAREL:

Wrist Wraps: Squat2Depth up to 1M
Knee Wraps: Up to 2.5 M

STOIC (Also see LIFT.NET & EVOLUTIONIZE):

Stoic Knee Sleeves up to 30 cm / 7 mm
Stoic Wrist Wraps up to 1 M
Stoic Knee Wraps up to 2.5 M

STRENGTH SHOP USA:

Knee Wraps: THOR and ODIN Knee Wraps up to 2.5 M
Knee Sleeves: INFERNO up to 30cm / 7mm

Wrist Wraps: THOR and ZEUS Wraps up to 1M

STRONGBOW STRENGTH:

Wrist Wraps up to 1 M

Knee Sleeves up to 30 cm / 7 mm

SUPER TRAINING PRODUCTS / Mark Bell Strong:

STrong/WorldRecord/SlingShot/Gangsta KneeWraps up to 2.5 M

STrong/Gangsta/POWER/Stretchy/Gangsta Flex/Sling Shot Wrist Wraps up to 1 M

Compression Cuffs (aka Elbow Sleeves) up to 20 cm / 7 mm

STrong/Sling Shot/Sport/Extreme “X” Knee Sleeves/Grippy Extreme “X” Knee Sleeves
30cm/7mm

THE STRONGHOUSE PROJECT:

Knee Wraps up to 2.5 M (Zelus, BIA, Kratos, Savage and BMF)

Wrist Wraps up to 1 M (Zelus, BIA, Kratos, Savage and BMF)

Knee Sleeves (S-4X)

Elbow Sleeves up to 20 cm / 7mm

TITAN SUPPORT SYSTEMS:

Squat Suits:

Centurion and “Super” Centurion suits

Spartan Squat suit

Superior Squat suit

Boss Squat suit (multi-ply only)

Bench Shirts:

F6 Bench shirt

Fury Bench shirt

Katana Bench shirt (including Spandex)

Super Katana Bench shirt (including Low Cut Collar and Spandex)

“Psycho” Evil Twin Bench shirt

Deadlift Suit:

Velocity Deadlift suit

Knee Wraps: up to 2.5 M

Max RPM Knee Wrap

Red Devil Knee Wrap

THP Knee Wrap

Titanium Knee Wrap

Signature Gold Knee Wrap

Wrist Wraps: Up to 1 M

Max RPM Wrist Wrap

Red Devil Wrist Wrap

THP Wrist Wrap
Titanium Wrist Wrap
Signature Gold Wrist Wrap

Briefs:

BOSS Briefs (multi-ply only)
Centurion Boxer Briefs (multi-ply only)
Centurion Briefs (multi-ply only)
Centurion Briefs (multi-ply only)
Superior Boxer Briefs (multi-ply only)
Superior Briefs (multi-ply only)

Knee Sleeves:

Knee Sleeves up to 30cm length/7mm thick Titan Neoprene Yellow Jacket (without Criss-Cross Seam) are approved for all divisions.

Knee Sleeves up to 30cm length/7mm thick Titan Neoprene Yellow Jacket (with Criss-Cross Seam) are approved for Classic Raw, Single Ply and Multi Ply, **not RAW**

Elbow Sleeves:

All Elbow Sleeves up to 20 cm / 7 mm

TRIDENT STRENGTH SYSTEMS:

Trident Strength Systems Knee Sleeves
Trident Strength Systems Knee Wraps (All up to 2.5 Meters)
Trident Strength Systems Wrist Wraps (All up to One Meter)

TUFFWRAPS:

Wrist Wraps up to 1 M (16-inch, 27-inch and 30-inch)
Knee Sleeves Training Sleeves 30cm / 7mm
Knee Sleeves Pro Series 30cm / 7mm (X over the knee cap) are approved for Classic RAW, Single Ply and Multi Ply, **not RAW**

UNBREAKABLE GEAR:

Knee Wraps up to 2.5 M (Contender, Annihilator, Destroyer and Enforcers)
Wrist Wraps up to 1 M (Contender, Annihilator, Destroyer and Enforcers)
Knee Sleeves up to 30 cm / 7 mm
Elbow Sleeves up to 20 cm / 7mm

VULCAN STRENGTH SYSTEMS:

Wrist Wraps: Vulcan Strength Training Systems 28-inch (under 1 M)

WORKT:

WORKT Knee Sleeves 30 cm / 5mm
Spealler Signature Knee Sleeves 30 cm / 7mm