

USPA Official Team Entry Form

Name of Team: _____ Date: _____

<u>WT Class</u>	<u>Lifters</u>	<u>Wilks Points</u>
52 Kg	_____	_____
	_____	_____
56 Kg	_____	_____
	_____	_____
60 Kg	_____	_____
	_____	_____
67.5 Kg	_____	_____
	_____	_____
75 Kg	_____	_____
	_____	_____
82.5 Kg	_____	_____
	_____	_____
90 Kg	_____	_____
	_____	_____
100 Kg	_____	_____
	_____	_____
110 Kg	_____	_____
	_____	_____
125 Kg	_____	_____
	_____	_____
140 Kg	_____	_____
	_____	_____
SHW	_____	_____
	_____	_____

Team Entry must be submitted to Scorekeeper before Lifting starts.

No changes thereafter. Lifters can be from any division, male and female. Separate team entry forms should be submitted for full power, bench only, and deadlift only teams. No more than 12 Lifters per team and no more than 2 lifters in each Weight Class. Only the top 6 lifters from each team will be scored using the Wilks formula, then those numbers will be added together to create the Final Wilks Team Score. Each team is allowed a maximum of two alternates or reserves who may be substituted at any time or if a team member is disqualified. No age formula will be used to determine final Wilks scoring. Unlisted weight classes (Women's 44Kg, 48Kg & SHW) and alternates may be shown on the reverse side of this form. Team scoring determined by current USPA Rule Book. Team entry fee: Determined by Meet Director