

USPA Drug Tested District Championships May 22, 2021 Washington, DC

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Junior													
	67.5kg Jr 13-15																
1	Aurora Dainer	MD	67.5kg	61.6	13	45	52.5	60	27.5	32.5	35	65	72.5	77.5	172.5	188.104	
	Women Raw Powerlifting			Open													
	75kg Open																
1	Jennifer Narvaez	DC	75kg	73.5	27	107.5	112.5	117.5	57.5	57.5	62.5	125	132.5	137.5	317.5	312.586	
	Men Raw Powerlifting			Junior													
	67.5kg Jr 16-17																
1	Silver Garcia	VA	67.5kg	64.6	17	142.5	155	155	85	92.5	102.5	142.5	175	182.5	417.5	332.424	
2	Steven Hughes	DC	67.5kg	66.8	16	45	45	50	50	52.5	55	110	112.5	115	217.5	168.913	
	67.5kg Jr 20-23																
1	Nabil Lahlou	VA	67.5kg	67.1	21	220	227.5	227.5	115	120	125	290	300	306	646	500.053	
	90kg Jr 16-17																
1	Ivan Candanoza	VA	90kg	88.7	17	182.5	205	205	105	120	---	182.5	202.5	---	470	306.16	
	90kg Jr 20-23																
1	Troy Miller	FL	90kg	83.7	20	175	182.5	197.5	127.5	140	145	205	217.5	227.5	560	376.279	
	125kg Jr 20-23																
1	Tyler Paniagua	VA	125kg	122.5	22	255	255	260	170	172.5	---	317.5	342.5	---	775	442.083	
	Men Raw Powerlifting			Open													
	67.5kg Open																
1	Logan Kent	PA	67.5kg	61.8	25	172.5	182.5	190	82.5	87.5	---	217.5	227.5	232.5	505	416.18	
	82.5kg Open																
1	James Bryant	VA	82.5kg	82.4	28	237.5	260	270	150	167.5	---	250	287.5	292.5	725	491.447	
	90kg Open																
1	Alexander Trumbull	VA	90kg	88.9	32	170	182.5	200	110	122.5	127.5	210	220	230	525	341.592	
2	Rob Whedon	DC	90kg	88.7	31	175	185	190	120	125	130	175	185	190	510	332.216	
3	Michael Stakkeland	DC	90kg	87.0	31	162.5	167.5	167.5	110	115	120	212.5	220	227.5	502.5	330.645	
	110kg Open																
1	Patrick Barrett	MD	110kg	107.1	33	205	215	220	140	152.5	160	215	225	235	615	367.999	

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	125kg Open																
1	Tyler Paniagua	VA	125kg	122.5	22	255	255	260	170	172.5	170	317.5	342.5	270	775	442.083	
2	Bo Thompson	AL	125kg	122.8	39	220	240	250	150	160	170	220	245	270	690	393.286	
	140kg Open																
1	Matthew Auger	DC	140kg	136.7	40	205	215	222.5	127.5	135	145	170	175	180	542.5	299.318	299.318
	Men Raw Powerlifting																
	125kg Submaster																
1	Bo Thompson	AL	125kg	122.8	39	220	240	250	150	160	170	220	245	270	690	393.286	
	Men Raw Powerlifting																
	67.5kg Master 50-54																
1	Keith Derr	VA	67.5kg	66.6	51	112.5	127.5	132.5	75	87.5	92.5	155	165	175	395	307.435	352.628
	110kg Master 45-49																
DQ	Christopher Holbrook	MD	110kg	105.4	47	165	175	195	112.5	115	115	200	215	215	0	0	0
	140kg Master 40-44																
1	Matthew Auger	DC	140kg	136.7	40	205	215	222.5	127.5	135	145	170	175	180	542.5	299.318	299.318
	Men Classic Raw Powerlifting																
	90kg Open																
1	Travis Roberts	MD	90kg	88.9	53	182.5	200	200	117.5	127.5	132.5	222.5	250	255	577.5	375.751	444.889
	125kg Open																
1	Scott Beitzell	VA	125kg	118.7	33	310	330	342.5	200	210	215	275	290	290	832.5	479.86	
	Men Classic Raw Powerlifting																
	90kg Master 50-54																
1	Travis Roberts	MD	90kg	88.9	53	182.5	200	200	117.5	127.5	132.5	222.5	250	255	577.5	375.751	444.889
	110kg Master 50-54																
1	Larry D Carroll Sr	DC	110kg	109.2	53	192.5	205	227.5	137.5	150	160	227.5	237.5	250	637.5	378.615	448.28
	Women Raw Bench Only																
	90kg Open																
1	Mona Espinosa	VA	90kg	85.1	39				77.5	82.5	82.5				82.5	75.448	
	Men Raw Bench Only																
	110kg Open																
1	Gerren Short	VA	110kg	100.2	44				150	157.5	160				157.5	96.86	

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	Men Raw Bench Only			Master													
	110kg Master 50-54																
1	Larry D Carroll Sr	DC	110kg	109.2	53				137.5	150	160				160	95.025	112.509
	Women Raw Deadlift Only			Master													
	75kg Master 40-44																
1	Janelle Ollivierre	DC	75kg	74.5	43							142.5	142.5	152.5	142.5	139.285	143.602
	Men Raw Deadlift Only			Open													
	67.5kg Open																
1	Logan Kent	PA	67.5kg	61.8	25							217.5	227.5	232.5	227.5	187.487	
	82.5kg Open																
1	Abner Nazario	NJ	82.5kg	80.5	28							275	307.5	339	339	232.903	
	Men Raw Deadlift Only			Master													
	110kg Master 50-54																
1	Larry D Carroll Sr	DC	110kg	109.2	53							227.5	237.5	250	250	148.476	175.796

Best Lifters																		Record Color Codes
Nabil Lahlou	Raw	PL	Jr	Men														State
James Bryant	Raw	PL	Open	Men														National
Meet Director:	Ken Stewart																	
Referees																		
National Staff:	Ethan Dew, Luke Selover, Lucas Stephens, John James, Ken Stewart																	
Staff:	Paolo Orosoa, Matt Makara, John Moore																	
Spotter/Loaders:	Brighton Caesar, Garret Lang, Jordan Griffen, Bruce James, John Rummell																	
Tested Lifters:	Nabil Lahlou, Larry Carroll, James Bryant																	