

USPA Lightning Strikes August 11, 2018 South Windsor, CT

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	60kg Jr 20-23														
1	Emily Gajda	CT	60kg	59	23	95	47.5	107.5	250	282.375		209.4	104.7	237	551.2
	67.5kg Jr 20-23														
1	Megan Murray	CT	67.5kg	64.8	22	122.5	67.5	127.5	317.5	333.851		270.1	148.8	281.1	700
2	Mary Sumislaski	CT	67.5kg	65	22	107.5	52.5	155	315	330.467		237	115.7	341.7	694.4
3	Grace Kuell	CT	67.5kg	65.2	22	105	60	117.5	282.5	295.693		231.5	132.3	259	622.8
	56kg Open														
1	Kathy Le	CT	56kg	55	26	130	72.5	172.5	375	447.488		286.6	159.8	380.3	826.7
	67.5kg Open														
1	Heather Clark	CT	67.5kg	67.2	31	130	67.5	167.5	365	373.724		286.6	148.8	369.3	804.7
2	Sophie Gonet	VT	67.5kg	64.2	26	110	70	155	335	354.698		242.5	154.3	341.7	738.5
3	Tyla Potvin	CT	67.5kg	65.4	24	117.5	62.5	142.5	322.5	336.819		259	137.8	314.2	711
	75kg Open														
1	Ayelen Olivera	CT	75kg	74.6	30	100	60	120	280	267.064		220.5	132.3	264.6	617.3
2	Sarah Dobranski	CT	75kg	70.8	26	97.5	52.5	115	265	261.582		214.9	115.7	253.5	584.2
3	Sarah Rauccio	CT	75kg	75	33	87.5	45	120	252.5	240.027		192.9	99.2	264.6	556.7
	82.5kg Open														
1	Chrissy Castellano	NJ	82.5kg	81.2	30	152.5	100	187.5	440	399.344		336.2	220.5	413.4	970
	90kg Open														
1	Rosie Graham	CT	90kg	85	28	137.5	67.5	172.5	377.5	334.692		303.1	148.8	380.3	832.2
2	Naima Craft	CT	90kg	86.4	35	115	65	150	330	290.301		253.5	143.3	330.7	727.5
3	Stephani Wallace	MA	90kg	87	33	115	62.5	140	317.5	278.416		253.5	137.8	308.6	700
	SHW Open														
1	Samantha Dadalt	CT	SHW	112.2	27	115	60	117.5	292.5	236.867		253.5	132.3	259	644.8
	60kg Master 45-49														
1	Jerilyn Goldberg	MA	60kg	58.4	47	82.5	45	110	237.5	270.418	292.592	181.9	99.2	242.5	523.6
	Men Raw Powerlifting														
	75kg Jr 20-23														
1	Mark Madigan	NH	75kg	75	20	187.5	120	245	552.5	393.712		413.4	264.6	540.1	1218
	82.5kg Jr 16-17														
1	James Rivera	CT	82.5kg	79.2	17	127.5	70	157.5	355	243.921		281.1	154.3	347.2	782.6

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	75kg Open														
1	Mark Madigan	NH	75kg	75	20	187.5	120	245	552.5	393.712		413.4	264.6	540.1	1218
	82.5kg Open														
1	Alexander Glover	NY	82.5kg	81	27	205	140	250	595	403.053		451.9	308.6	551.2	1311.7
2	Scott Treece	CT	82.5kg	81.8	27	190	120	255	565	380.471		418.9	264.6	562.2	1245.6
3	Ryan Andris	PA	82.5kg	77.8	26	155	115	190	460	319.746		341.7	253.5	418.9	1014.1
	90kg Open														
1	Carlos Moran	MA	90kg	88.8	29	300	205	310	815	523.882		661.4	451.9	683.4	1796.7
2	William Littlefield	RI	90kg	89.2	29	237.5	182.5	252.5	672.5	431.274		523.6	402.3	556.7	1482.6
3	David Whitney	CT	90kg	89.6	40	160	182.5	202.5	545	348.691	348.691	352.7	402.3	446.4	1201.5
4	Stephen Lincoln	CT	90kg	88.6	26	190	127.5	210	527.5	339.499		418.9	281.1	463	1162.9
5	Lee Moore	MA	90kg	88.6	32	185	125	202.5	512.5	329.845		407.9	275.6	446.4	1129.9
	100kg Open														
1	Lewis Eaton	RI	100kg	96.2	27	252.5	145	275	672.5	416.009		556.7	319.7	606.3	1482.6
2	Nicholas Perreault	RI	100kg	97.6	26	240	150	272.5	662.5	407.239		529.1	330.7	600.8	1460.5
3	Marcus Jones	CT	100kg	99	31	230	167.5	262.5	660	403.326		507.1	369.3	578.7	1455
4	Gregory Vieira	RI	100kg	98	33	210	155	235	600	368.16		463	341.7	518.1	1322.8
5	Nicholas Bolduc	CT	100kg	99.2	25	190	142.5	240	572.5	349.569		418.9	314.2	529.1	1262.1
	110kg Open														
1	Jacob Hodess	MA	110kg	107.2	29	295	210	297.5	802.5	476.123		650.4	463	655.9	1769.2
2	John Massaro	NY	110kg	109.4	36	247.5	170	247.5	665	392.018		545.6	374.8	545.6	1466.1
	125kg Open														
1	Paul Moser	NJ	125kg	123.2	28	277.5	160	290	727.5	415.839		611.8	352.7	639.3	1603.8
	110kg Submaster														
1	John Massaro	NY	110kg	109.4	36	247.5	170	247.5	665	392.018		545.6	374.8	545.6	1466.1
	82.5kg Master 40-44														
1	Herman Casaol	CT	82.5kg	82	43	197.5	117.5	217.5	532.5	358.053	369.153	435.4	259	479.5	1173.9
	90kg Master 40-44														
1	David Whitney	CT	90kg	89.6	40	160	182.5	202.5	545	348.691	348.691	352.7	402.3	446.4	1201.5
Women Classic Raw Powerlifting															
	67.5kg Open														
1	Holly Singer	CT	67.5kg	66.6	42	107.5	70	162.5	340	350.404		237	154.3	358.2	749.6

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	Men Classic Raw Powerlifting														
	90kg Jr 20-23														
1	Adam Steiger	CT	90kg	89.6	23	232.5	155	240	627.5	401.475		512.6	341.7	529.1	1383.4
	125kg Jr 20-23														
1	Edlly Martins	CT	125kg	122.4	22	267.5	182.5	245	695	397.818		589.7	402.3	540.1	1532.2
	82.5kg Open														
1	Craig Macmillan	MA	82.5kg	79.8	28	242.5	137.5	272.5	652.5	446.18		534.6	303.1	600.8	1438.5
DQ	Zachary Hall	CT	82.5kg	82	25	270	0	272.5	0	0		595.2	0	600.8	0
	90kg Open														
1	Adam Steiger	CT	90kg	89.6	23	232.5	155	240	627.5	401.475		512.6	341.7	529.1	1383.4
	110kg Open														
1	Paul Melicharek	MA	110kg	108.8	26	295	162.5	315	772.5	456.161		650.4	358.2	694.4	1703.1
	125kg Open														
1	Matt Mills	CT	125kg	123.8	36	287.5	197.5	330	815	465.365		633.8	435.4	727.5	1796.7
2	Tyler Auclair	NH	125kg	120.8	27	260	182.5	302.5	745	427.63		573.2	402.3	666.9	1642.4
3	Edlly Martins	CT	125kg	122.4	22	267.5	182.5	245	695	397.818		589.7	402.3	540.1	1532.2
	Women Raw Bench Only														
	SHW Open														
1	Bridget Gardy	NY	SHW	118.8	35		97.5		97.5	78.107			214.9		214.9
	Men Raw Bench Only														
	82.5kg Open														
1	Alexander Glover	NY	82.5kg	81	27		140		140	94.836			308.6		308.6
	90kg Open														
1	Fred Grillo	CT	90kg	88.6	53		172.5		172.5	111.021	131.449		380.3		380.3
	140kg Open														
1	Jean-Charles Constant	DE	140kg	126.2	43		217.5		217.5	123.714	127.549		479.5		479.5
	90kg Master 50-54														
1	Fred Grillo	CT	90kg	88.6	53		172.5		172.5	111.021	131.449		380.3		380.3
	140kg Master 40-44														
1	Jean-Charles Constant	DE	140kg	126.2	43		217.5		217.5	123.714	127.549		479.5		479.5

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	Men Raw Deadlift Only														
	82.5kg Open														
1	Alexander Glover	NY	82.5kg	81	27			250	250	169.35				551.2	551.2
	125kg Master 45-49														
1	Sean Reardon	RI	125kg	114.8	49			272.5	272.5	158.404	176.304			600.8	600.8
	SHW Master 40-44														
1	Adam Bert	RI	SHW	142.2	42			307.5	307.5	171.431	174.86			677.9	677.9
	Men Raw Push-Pull														
	75kg Open														
1	Zeke Estes	CT	75kg	71.4	24		75	110	185	136.586			165.3	242.5	407.9
	82.5kg Open														
1	Alexander Glover	NY	82.5kg	81	27		140	250	390	264.186			308.6	551.2	859.8
	Thank you to our referees:														
	National: Ryan Gleason														
	State: Dillion Anderson, Caitlyn Dunn and Michelle Mather														
	Practical: Brigitte Zacharczenko and Samantha Lombardo														