

USPA Open 2025 Dungeon Fitness Winter Open February 2, 2025 Bremerton, Washington

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting																
	Submaster																
	75kg Submaster																
1	Heather Donovan	WA	75kg	73	35	55	57.5	57.5	37.5	40	40	60	62.5	65	160	158.105	
	Men Raw Powerlifting			Open													
	75kg Open																
1	Dylan Rastatter	IN	75kg	73.5	25	30	35	45	25	35	40	25	40	70	155	112.663	
	90kg Open																
1	Merlin Hyland	WA	90kg	88.8	34	190	197.5	200	145	150	155	240	255	260	602.5	392.244	
2	Aaron Smith	AZ	90kg	89.5	31	165	175	182.5	125	135	142.5	170	182.5	187.5	497.5	322.591	
	110kg Open																
1	Tyler Yousif	WA	110kg	106.6	29	237.5	255	265	180	190	195	215	242.5	257.5	702.5	421.13	
2	Ivan Brown	WA	110kg	107.3	42	165	175	185	142.5	142.5	145	227.5	232.5	237.5	567.5	339.329	346.115
	125kg Open																
1	Chris Updegrove	WA	125kg	110.6	51	235	250	255	147.5	167.5	185	272.5	290	310	750	443.295	508.46
2	Micah Ortiz	WA	125kg	123.5	29	230	245	250	145	155	170	277.5	300	307.5	705	401.101	
	Men Raw Powerlifting			Submaster													
	90kg Submaster																
1	Ryken Wernofsky	WA	90kg	86.8	35	150	160	165	112.5	120	122.5	185	195	205	490	322.812	
	Men Raw Powerlifting			Master													
	90kg Master 40-44																
1	Julius Mclinko	WA	90kg	90	44	100	110	115	75	80	80	145	155	165	360	232.776	242.786
	110kg Master 40-44																
1	Ivan Brown	WA	110kg	107.3	42	165	175	185	142.5	142.5	145	227.5	232.5	237.5	567.5	339.329	346.115
	125kg Master 50-54																
1	Chris Updegrove	WA	125kg	110.6	51	235	250	255	147.5	167.5	185	272.5	290	310	750	443.295	508.46
	Men Raw Deadlift Only			Submaster													
	90kg Submaster																
1	Ryken Wernofsky	WA	90kg	86.8	35							185	195	205	205	135.054	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Best Lifters											Record Color Codes					
	Name	Equip	Events	Comp	Sex							State					
	Chris Updegrove	Raw	PL	Open	Men							National					
	Meet Director:	Ryan Turgano															
	Referees																
	National:	Darleen Turgano, Ray Damasco, Kim Bernier															
	State:	April Blaise, John Blaise, Scott Sanchez, Audrey LaPoint, Kim Gray															
	Staff:	Kelly Sanchez, Richard Lumagui, Katie Gallegos, Jennifer McKlinko															
	Spotter/Loaders:	Erick Goins, Blake Pickard, Tyler Buxton, Caesar Lumagui, Kevin Beamish, Elvis Robinson, Isaiah Walker, Colton Buchanan															