

USPA Western Regionals June 19, 2022 Newport, OR

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Raw Powerlifting		Junior															
1	Mia Howard	OR	82.5kg	81.0	17	82.5	87.5	95.0	35	42.5	50	100	105	107.5	245	229.436	
Women Raw Powerlifting		Open															
1	Krystal Melby	OR	67.5kg	67.0	31	75.0	82.5	90.0	42.5	50	55	102.5	112.5	122.5	252.5	261.804	
1	Aly Vergin	OR	75kg	70.8	25	105.0	115.0	125.0	60	65	67.5	142.5	152.5	160	340	341.654	
2	Khaily Murdock	OR	75kg	74.6	30	97.5	100.0	102.5	87.5	92.5	92.5	125	137.5	145	335	327.208	
1	Nicole Haran	OR	90kg	90.0	38	140.0	145.0	150.0	85	90	92.5	150	160	175	417.5	372.21	
2	Donna Weidow	MT	90kg	86.0	48	130.0	142.5	147.5	75.0	77.5	82.5	137.5	150	160	375	341.27	374.373
1	Mckenzie Thompson-Best	OR	110kg	102.6	24	102.5	110.0	110.0	52.5	57.5	57.5	112.5	125	140	280	236.605	
Women Raw Powerlifting		Submaster															
1	Nicole Haran	OR	90kg	90.0	38	140.0	145.0	150.0	85	90	92.5	150	160	175	417.5	372.21	
Women Raw Powerlifting		Master															
1	Cindy Shockman	OR	82.5kg	78.2	55	120.0	127.5	137.5	122.5	130	132.5	185	192.5	197.5 (203.0)	465	443.194	542.912
1	Donna Weidow	MT	90kg	86.0	48	130.0	142.5	147.5	75.0	77.5	82.5	137.5	150	160	375	341.27	374.373
Men Raw Powerlifting		Junior															
1	Rhett Lawson	OR	75kg	69.9	14	97.5	102.5	105.0	52.5	57.5	62.5	125	135	145	312.5	234.969	
1	Evan Dallas	OR	82.5kg	77.4	22	185.0	192.5	192.5	115	122.5	130	215	232.5	245	547.5	385.111	
1	Joshua Mondragon	OR	90kg	87.0	21	145.0	157.5	165.0	87.5	95	102.5	157.5	180	200	440	289.52	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Jr 13-15																
1	Levi Ramos	OR	100kg	90.2	13	115.0	122.5	137.5	62.5	67.5	72.5	135	145	-155	355	229.287	
	100kg Jr 20-23																
1	Ben Hughes	OR	100kg	98.4	23	227.5	240.0	250.0	140	150	-157.5	285	-302.5	302.5	702.5	435.466	
2	Kevin Pham	OR	100kg	96.8	22	215	235.0	242.5	117.5	135	-140	265	280	287.5	665	415.263	
	110kg Jr 20-23																
1	Carson Mowrer	OR	110kg	105.4	22	-230.0	240.0	250.0	150	155	-160	255	265	272.5	677.5	407.974	
	125kg Jr 16-17																
1	Caiden Peterson	AK	125kg	124.8	16	127.5	160.0	182.5	92.5	110	-122.5	127.5	160	190	482.5	273.598	
Men Raw Powerlifting				Open													
	82.5kg Open																
1	Jeremy Guttman	OR	82.5kg	80.4	29	167.5	177.5	187.5	102.5	107.5	115	215	230	240	542.5	372.984	
2	Chase Lakin	OR	82.5kg	78.4	24	170.0	-177.5	182.5	125	-130	-130	210	215	220	527.5	368.15	
	90kg Open																
1	Devin Weidow	MT	90kg	88.2	35	175.0	182.5	187.5	112.5	122.5	-132.5	230	240	247.5	557.5	364.218	
	100kg Open													(252.5)			
1	Christopher Clonch	OR	100kg	99.8	42	250.0	-272.5	272.5	165	172.5	177.5	232.5	260	-272.5	710	437.396	446.144
2	Kaven Woodcock	OR	100kg	97.0	34	230.0	245.0	255.0	140	147.5	152.5	275	-287.5	287.5	695	433.591	
3	Juan Anzaldua	OR	100kg	99.4	26	-182.5	182.5	-195.0	145	152.5	165	192.5	212.5	227.5	575	354.849	
Men Raw Powerlifting				Submaster													
	90kg Submaster																
1	Devin Weidow	MT	90kg	88.2	35	175.0	182.5	187.5	112.5	122.5	-132.5	230	240	247.5	557.5	364.218	
	100kg Submaster													(252.5)			
1	Rick Holguin	OR	100kg	98.4	38	190.0	195.0	205.0	150	157.5	-162.5	235	242.5	250	612.5	379.677	

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Men Raw Powerlifting				Master														
	75kg Master 45-49																	
1	Victor Van Epps	WA	75kg	73.0	48	105.0	105.0	110.0	82.5	87.5	87.5	132.5	140	150	342.5	250.068	274.325	
	75kg Master 55-59																	
1	Sean Roach	OR	75kg	74.2	56	165.0	187.5	195.0	120	133	135	182.5	205	210.5	533	385.032	479.75	
	100kg Master 40-44																	
1	Christopher Clonch	OR	100kg	99.8	42	250.0	272.5	272.5	165	172.5	177.5	232.5	260	272.5	710	437.396	446.144	
	125kg Master 40-44																	
1	Aaron Lawson	OR	125kg	124.5	43	215.0	230.0	235.0	130	137.5	145	282.5	295	305	685	388.721	400.771	
Men Classic Raw Powerlifting				Junior														
	100kg Jr 20-23																	
1	Austin Creek	ID	100kg	97.0	23	250.0	262.5	272.5	155	162.5	167.5	227.5	247.5	252.5	677.5	422.673		
Men Classic Raw Powerlifting				Open														
	90kg Open																	
1	Austin Mandal	OR	90kg	88.8	27	240.0	250.0	262.5	132.5	145	145	227.5	232.5	250	627.5	408.519		
	100kg Open																	
1	Nathaniel Dahl	OR	100kg	99.6	30	272.5	282.5	305.5	180	198	198	287.5	305.5	317.5	803	495.12		
2	Austin Hagan	OR	100kg	94.8	31	260.0	272.5	292.5	155	162.5	167.5	265	275	287.5	747.5	471.293		
	110kg Open																	
1	Daryl Baptiste	OR	110kg	103.2	31	235.0	247.5	260.0	140	150	150	287.5	300	320	687.5	417.565		
2	Jonathan Knight	OR	110kg	106.4	28	235.0	235.0	250.0	145	157.5	165	230	250	250	622.5	373.448		
	140+ Open																	
1	Nick Bonnema	OR	140+	141.4	26	192.5	202.5	215.0	117.5	125	130	230	240	250	585	319.701		
Women Raw Bench Only				Open														
	90kg Open																	
1	Nicole Haran	OR	90kg	90.0	38				85	90	92.5				92.5	82.466		

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Women Raw Bench Only			Submaster															
	90kg Submaster																	
1	Nicole Haran	OR	90kg	90.0	38				85	90	92.5				92.5	82.466		
Women Raw Bench Only			Master															
	82.5kg Master 55-59																	
1	Cindy Shockman	OR	82.5kg	78.2	55				122.5	130	132.5				130	123.904	151.782	
Men Raw Bench Only			Junior															
	125kg Jr 13-15																	
1	Kysen Ramirez	OR	125kg	115.4	14				67.5	70	77.5				77.5	45.108		
Men Raw Bench Only			Open															
	100kg Open																	
DQ	Mitch Price	OR	100kg	96.6	27				147.5	160	160				0	0		
	125kg Open																	
1	Evan Arthur	ID	125kg	114.2	36				285	295	295				295	172.337		
2	Kyle Nordstrom	WA	125kg	116.2	38				177.5	182.5	192.5				192.5	111.771		
3	Daniel Higgins	OR	125kg	120.6	61				140	150	150				150	86.003	117.481	
Men Raw Bench Only			Master															
	90kg Master 70-74																	
1	Greg Schmick	OR	90kg	86.8	73				87.5	92.5	95				95	62.586	109.901	
	125kg Master 60-64																	
1	Daniel Higgins	OR	125kg	120.6	61				140	150	150				150	86.003	117.481	
	140+ Master 65-69																	
1	Sam Pecktol	OR	140+	159.2	68				152.5	162.5	177.5				177.5	93.959	148.079	
Men Single Ply Bench Only			Open															
	125kg Open																	
1	Kyle Nordstrom	WA	125kg	116.2	38				177.5	182.5	192.5				192.5	111.771		
Women Multi Ply Bench Only			Open															
	67.5kg Open																	
1	Connie Nightingale	ID	67.5kg	65.0	36				87.5	87.5	87.5				87.5	92.354		

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Multi Ply Bench Only			Submaster														
1	67.5kg Submaster Connie Nightingale	ID	67.5kg	65.0	36				87.5	87.5	87.5				87.5	92.354	
Men Multi Ply Bench Only			Open														
DQ	110kg Open Michael Burns	ID	110kg	108.4	48				250	250	---				0	0	
Women Raw Deadlift Only			Master														
1	82.5kg Master 55-59 Cindy Shockman	OR	82.5kg	78.2	55							185	192.5	197.5 (203.0)	197.5	188.238	230.592
Men Raw Deadlift Only			Open														
1	90kg Open Devin Weidow	MT	90kg	88.2	35							230	240	247.5 (252.5)	247.5	161.693	
1	100kg Open Mitch Price	OR	100kg	96.6	27							232.5	250	---	232.5	145.322	
Men Raw Deadlift Only			Submaster														
1	90kg Submaster Devin Weidow	MT	90kg	88.2	35							230	240	247.5 (252.5)	247.5	161.693	
Men Raw Deadlift Only			Master														
1	82.5kg Master 80+ Paul Hailey	OR	82.5kg	80.8	85							120	125	130	130	89.12	203.818
1	140+ Master 65-69 Sam Pecktol	OR	140+	159.2	68							242.5	257.5	272.5	272.5	144.247	227.333
Women Multi Ply Deadlift Only			Open														
1	67.5kg Open Connie Nightingale	ID	67.5kg	65.0	36							100	110	117.5	110	116.103	
Women Multi Ply Deadlift Only			Submaster														
1	67.5kg Submaster Connie Nightingale	ID	67.5kg	65.0	36							100	110	117.5	110	116.103	

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Men Multi Ply Deadlift Only			Open														
110kg Open																	
1	Michael Burns	ID	110kg	108.4	48						247.5	252.5	257.5	257.5	153.361		
Best Lifters																	
Name		Equip	Events	Comp	Sex											Record Color Codes	
Ben Hughes		Raw	PL	Jr	Men											State	
Nicole Haran		Raw	PL	Open	Women											National	
Christopher Clonch		Raw	PL	Open	Men												
Nathaniel Dahl		Clraw	PL	Open	Men												
Meet Director:		Peter Martin															
Referees																	
International:		Sam Pecktol, Peter Martin, Tracy Marquez															
National:		Manny Love, Josiah Price, Holly Alexia, Karen Mathews, Nate Boley															
State:		Brad Webb															
Staff:		Jared Presler															
Spotter/Loaders:		Kyle Davis, Aaron Capazzono, Christian Howard, Havey Smith, Jerry Padropski, Rick Thompson															