

USPA Drug Tested Maryland State Championship August 1, 2020 Frederick, MD

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total	
<b>Women Raw Powerlifting</b>				<b>Junior</b>														
	67.5kg Jr 20-23																	
1	Ashley Micensky	MD	67.5kg	66.3	23	117.5	120	122.5	47.5	52.5	<del>57.5</del>	97.5	102.5	<del>107.5</del>	277.5	344.211		
								(125)										
<b>Women Raw Powerlifting</b>				<b>Open</b>														
	56kg Open																	
1	Ashley Ouzts	MD	56kg	53.6	36	92.5	<del>100</del>	100	55	57.5	<del>60</del>	125	132.5	137.5	295	421.496		
	60kg Open																	
1	Whitney Moran	MD	60kg	59.1	28	107.5	115	120.5	62.5	67.5	<del>70</del>	140	152.5	<del>160.5</del>	340.5	453.682		
	67.5kg Open																	
1	Laurie Gotte	MD	67.5kg	67	25	115	122.5	127.5	65	72.5	<del>80</del>	135	145	152.5	352.5	434.668		
2	Ashley Micensky	MD	67.5kg	66.3	23	117.5	120	122.5	47.5	52.5	<del>57.5</del>	97.5	102.5	<del>107.5</del>	277.5	344.211		
								(125)										
DQ	Tricia Floyd	VA	67.5kg	67.4	40	120	125	<del>130</del>	<del>70</del>	<del>70</del>		185	192.5	<del>202.5</del>	0	0	0	
	82.5kg Open																	
1	Amy Lingenfelder	MD	82.5kg	82	36	152.5	<del>162.5</del>	162.5	80	85	90	167.5	175	<del>180</del>	427.5	479.099		
2	Christina Ullman	OH	82.5kg	80.2	49	110	<del>112.5</del>	112.5	62.5	65	<del>68</del>	137.5	142.5	146	323.5	365.749	407.079	
														(148)				
	SHW Open																	
1	Gwendolyn Alexandre	MD	SHW	93.4	28	85	<del>95</del>	95	52.5	55	<del>60</del>	110	120	127.5	277.5	297.563		
<b>Women Raw Powerlifting</b>				<b>Submaster</b>														
	56kg Submaster																	
1	Ashley Ouzts	MD	56kg	53.6	36	92.5	<del>100</del>	100	55	57.5	<del>60</del>	125	132.5	137.5	295	421.496		
	82.5kg Submaster																	
1	Amy Lingenfelder	MD	82.5kg	82	36	152.5	<del>162.5</del>	162.5	80	85	90	167.5	175	<del>180</del>	427.5	479.099		
<b>Women Raw Powerlifting</b>				<b>Master</b>														
	67.5kg Master 40-44																	
DQ	Tricia Floyd	VA	67.5kg	67.4	40	120	125	<del>130</del>	<del>70</del>	<del>70</del>		185	192.5	<del>202.5</del>	0	0	0	
	82.5kg Master 40-44																	
1	Stacey DeWitt	MD	82.5kg	82	40	80	90	95	70	75	82.5	105	115	125	302.5	339.012	339.012	
										(87.5)				(137.5)				
	82.5kg Master 45-49																	
1	Christina Ullman	OH	82.5kg	80.2	49	110	<del>112.5</del>	112.5	62.5	65	<del>68</del>	137.5	142.5	146	323.5	365.749	407.079	
														(148)				

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Men Raw Powerlifting</b>				<b>Junior</b>													
	75kg Jr 20-23																
DQ	Austin Hooper	MD	75kg	73.1	20	<del>-145</del>	<del>-145</del>	<del>-145</del>	135	137.5	<del>-145</del>	145	162.5	190	0	0	
	82.5kg Jr 16-17																
1	Eli Lundie	VA	82.5kg	77.1	16	157.5	182.5	192.5	115	122.5	<del>-----</del>	197.5	212.5	<del>-227.5</del>	527.5	441.94	
	82.5kg Jr 20-23																
1	Nuri Conway	VA	82.5kg	78	21	155	170	180	105	115	<del>-117.5</del>	217.5	227.5	250	545	453.331	
	90kg Jr 18-19																
1	Matei Constantinescu	VA	90kg	84.3	19	<del>-180</del>	190	<del>-202.5</del>	117.5	122.5	127.5	210	220	227.5	545	433.057	
	90kg Jr 20-23																
1	Neitik Patel	MD	90kg	87.1	23	210	223.0	235	142.5	147.5	150.5	227.5	<del>-250</del>	260	645.5	503.748	
														(272.5)			
	100kg Jr 20-23																
1	Jake Lamparella	MD	100kg	99.4	23	185	195	202.5	132.5	140	<del>-142.5</del>	202.5	220	235	577.5	422.326	
<b>Men Raw Powerlifting</b>				<b>Open</b>													
	75kg Open																
1	Martin Hsieh	MD	75kg	74.1	35	215	227.5	<del>-----</del>	132.5	<del>-137.5</del>	137.5	262.5	275	<del>-282.5</del>	640	549.888	
2	Eric Cho	VA	75kg	74.6	39	157.5	165	<del>-170</del>	155	162.5	<del>-167.5</del>	192.5	<del>-200</del>	<del>-205</del>	520	444.86	
	82.5kg Open																
1	Nuri Conway	VA	82.5kg	78	21	155	170	180	105	115	<del>-117.5</del>	217.5	227.5	250	545	453.331	
2	Ethan Hearle	VA	82.5kg	77.5	29	<del>-155</del>	160	<del>-170</del>	105	<del>-110</del>	<del>-110</del>	210	227.5	<del>-232.5</del>	492.5	411.287	
	90kg Open																
1	Walker Blazek	MD	90kg	86.8	21	217.5	225	227.5	152.5	160	<del>-162.5</del>	247.5	<del>-267.5</del>	<del>-267.5</del>	635	496.443	
2	Julian Baca	MD	90kg	85.3	38	197.5	212.5	220	142.5	152.5	155	210	227.5	<del>-235</del>	602.5	475.553	
											(157.5)						
3	Jaime Espinoza	VA	90kg	88.8	32	<del>-160</del>	172.5	<del>-182.5</del>	105	112.5	<del>-120</del>	185	197.5	<del>-210</del>	482.5	372.683	
	110kg Open																
1	Matthew Schrodel	MD	110kg	109.1	22	252.5	<del>-260</del>	<del>-260</del>	162.5	165	167.5	237.5	247.5	<del>-255</del>	667.5	469.92	
2	Johnnie Baker	MD	110kg	106.8	51	185	<del>-200</del>	<del>-200</del>	140	152.5	160	225	245	260	605	429.429	492.555
<b>Men Raw Powerlifting</b>				<b>Submaster</b>													
	75kg Submaster																
1	Martin Hsieh	MD	75kg	74.1	35	215	227.5	<del>-----</del>	132.5	<del>-137.5</del>	137.5	262.5	275	<del>-282.5</del>	640	549.888	
2	Eric Cho	VA	75kg	74.6	39	157.5	165	<del>-170</del>	155	162.5	<del>-167.5</del>	192.5	<del>-200</del>	<del>-205</del>	520	444.86	
	90kg Submaster																
1	Julian Baca	MD	90kg	85.3	38	197.5	212.5	220	142.5	152.5	155	210	227.5	<del>-235</del>	602.5	475.553	
											(157.5)						
2	Joshua Jennings	AL	90kg	87.7	37	135	145	<del>-150</del>	97.5	105	<del>-110</del>	180	192.5	202.5	452.5	351.819	

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<b>Men Raw Powerlifting</b>				<b>Master</b>													
	90kg Master 40-44																
1	Barry Adamson	MD	90kg	88.5	41	145	155	165	110	120	125	185	192.5	<del>200</del>	482.5	373.31	377.043
	110kg Master 50-54																
1	Johnnie Baker	MD	110kg	106.8	51	185	<del>200</del>	<del>200</del>	140	152.5	160	225	245	260	605	429.429	492.555
<b>Men Classic Raw Powerlifting</b>				<b>Junior</b>													
	90kg Jr 20-23																
1	Corey Byington	MD	90kg	89.2	22	185	197.5	212.5	140	147.5	<del>152.5</del>	192.5	217.5	230	590	454.595	
	110kg Jr 13-15																
1	Brandon Toranzo	NJ	110kg	108.2	14	185	205	227.5	102.5	115	<del>122.5</del>	185	205	<del>215</del>	547.5	386.645	
<b>Men Classic Raw Powerlifting</b>				<b>Open</b>													
	90kg Open																
1	Galen Mandes	TX	90kg	87.4	30	<del>205</del>	<del>205</del>	205	142.5	<del>155</del>	<del>163</del>	205	<del>232.5</del>	<del>248.5</del>	552.5	430.342	
<b>Women Raw Bench Only</b>				<b>Open</b>													
	82.5kg Open																
1	Christina Ullman	OH	82.5kg	80.2	49				62.5	65	<del>66</del>				65	73.489	81.793
<b>Women Raw Bench Only</b>				<b>Master</b>													
	82.5kg Master 45-49																
1	Christina Ullman	OH	82.5kg	80.2	49				62.5	65	<del>66</del>				65	73.489	81.793
<b>Men Raw Bench Only</b>				<b>Open</b>													
	75kg Open																
1	John Morgan	MD	75kg	73.9	35				137.5	<del>142.5</del>	<del>142.5</del>				137.5	118.346	
	90kg Open																
1	Julian Baca	MD	90kg	85.3	38				142.5	152.5	155 (157.5)				155	122.342	
	110kg Open																
1	Rashad Tucker	MD	110kg	105	34				142.5	147.5	150				150	107.175	
<b>Men Raw Bench Only</b>				<b>Submaster</b>													
	75kg Submaster																
1	John Morgan	MD	75kg	73.9	35				137.5	<del>142.5</del>	<del>142.5</del>				137.5	118.346	
	90kg Submaster																
1	Julian Baca	MD	90kg	85.3	38				142.5	152.5	155 (157.5)				155	122.342	
<b>Women Raw Deadlift Only</b>				<b>Open</b>													
	67.5kg Open																
1	Tricia Floyd	VA	67.5kg	67.4	40							185	192.5	<del>202.5</del>	192.5	236.583	236.583

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	82.5kg Open																
1	Amy Lingenfelder	MD	82.5kg	82	36							167.5	175	<del>180</del>	175	196.123	
2	Christina Ullman	OH	82.5kg	80.2	49							137.5	142.5	146	146	165.068	183.72
														(148)			
	Women Raw Deadlift Only Submaster																
	82.5kg Submaster																
1	Amy Lingenfelder	MD	82.5kg	82	36							167.5	175	<del>180</del>	175	196.123	
	Women Raw Deadlift Only Master																
	67.5kg Master 40-44																
1	Tricia Floyd	VA	67.5kg	67.4	40							185	192.5	<del>202.5</del>	192.5	236.583	236.583
	82.5kg Master 45-49																
1	Christina Ullman	OH	82.5kg	80.2	49							137.5	142.5	146	146	165.068	183.72
														(148)			
	Best Lifters																
	Neitik Patel	Raw Jr Men PL														Record Color Codes	
	Amy Lingenfelder	Raw Open Women PL														State	
	Martin Hsieh	Raw Open Men PL														National	
	Meet Director: Johnny Layne																
	Referees																
	International: Johnny Layne, Nick Tsourounis																
	National: Jamon Coulter																
	State: Michael Sarni, Al Arvey, Samanatha Cantero																
	Spotter/Loaders: Matt McGraw, Jamon Coulter, Cait Adams, Michelle Badders																
	Tested Lifters: Amy Lingenfelder, Martin Hsieh and Neitik Patel																