

## USPA Midwest Open October 26, 2019 Dayton, OH

|                               | Name               | State | Class | Weight | Age | SQ1   | SQ2               | SQ3               | BP1   | BP2              | BP3               | DL1   | DL2               | DL3               | Total Kg | Wilks Total | McC Total |
|-------------------------------|--------------------|-------|-------|--------|-----|-------|-------------------|-------------------|-------|------------------|-------------------|-------|-------------------|-------------------|----------|-------------|-----------|
| <b>Women Raw Powerlifting</b> |                    |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
|                               | 90kg Jr 16-17      |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Ella Backauskas    | PA    | 90kg  | 88.4   | 17  | 137.5 | 142.5             | <del>-150</del>   | 85    | 92.5             | <del>-97.5</del>  | 165   | 175               | <del>-182.5</del> | 410      | 356.987     |           |
|                               | 90kg Jr 20-23      |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Victoria Avery     | OH    | 90kg  | 86.1   | 21  | 107.5 | 115               | <del>-120</del>   | 70    | 75               | <del>-77.5</del>  | 155   | 167.5             | <del>-170</del>   | 357.5    | 314.993     |           |
|                               | 60kg Open          |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Emily Smith        | OH    | 60kg  | 59.5   | 29  | 107.5 | 115               | <del>-122.5</del> | 65    | <del>-70</del>   | <del>-70</del>    | 157.5 | 167.5             | <del>-177.5</del> | 347.5    | 389.93      |           |
| 2                             | Mary Clingerman    | OH    | 60kg  | 57.3   | 39  | 107.5 | 112.5             | <del>-115</del>   | 55    | <del>-57.5</del> | <del>-57.5</del>  | 130   | 140               | <del>-142.5</del> | 307.5    | 355.347     |           |
|                               | 90kg Open          |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Victoria Avery     | OH    | 90kg  | 86.1   | 21  | 107.5 | 115               | <del>-120</del>   | 70    | 75               | <del>-77.5</del>  | 155   | 167.5             | <del>-170</del>   | 357.5    | 314.993     |           |
|                               | 60kg Submaster     |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Mary Clingerman    | OH    | 60kg  | 57.3   | 39  | 107.5 | 112.5             | <del>-115</del>   | 55    | <del>-57.5</del> | <del>-57.5</del>  | 130   | 140               | <del>-142.5</del> | 307.5    | 355.347     |           |
| <b>Men Raw Powerlifting</b>   |                    |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
|                               | 56kg Open          |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Prateek Shukla     | OH    | 56kg  | 54.8   | 29  | 140   | <del>-142.5</del> | 148               | 82.5  | 87.5             | 90                | 202.5 | 215               | <del>-223</del>   | 453      | 421.29      |           |
|                               | 90kg Open          |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Mark Lombardo      | OH    | 90kg  | 88.6   | 27  | 182.5 | <del>-195</del>   | <del>-195</del>   | 132.5 | 137.5            | <del>-140</del>   | 215   | <del>-220</del>   | <del>-220</del>   | 535      | 344.326     |           |
|                               | 110kg Open         |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Steve Thompson     | OH    | 110kg | 105.0  | 43  | 247.5 | 257.5             | 260               | 212.5 | 220.5            | <del>----</del>   | 280   | 287.5             | <del>-295</del>   | 768      | 458.957     | 473.184   |
| 2                             | Tyler Sexton       | OH    | 110kg | 107.9  | 25  | 217.5 | 230               | 245               | 177.5 | 192.5            | <del>-197.5</del> | 267.5 | 287.5             | <del>-300</del>   | 725      | 429.273     |           |
|                               | 125kg Open         |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Joseph Shepard     | IN    | 125kg | 117.5  | 25  | 225   | 240               | 252.5             | 182.5 | 192.5            | 200               | 285   | 302.5             | <del>-320</del>   | 755      | 436.239     |           |
|                               | 140kg Open         |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Joe Gillespie      | OH    | 140kg | 135.6  | 26  | 240   | 252.5             | 262.5             | 157.5 | 170              | <del>-182.5</del> | 290   | <del>-297.5</del> | <del>-297.5</del> | 722.5    | 405.756     |           |
| 2                             | Derick Douglas     | OH    | 140kg | 139.1  | 20  | 247.5 | 260               | <del>-265</del>   | 152.5 | 160              | <del>-162.5</del> | 282.5 | <del>-300</del>   | <del>-300</del>   | 702.5    | 392.908     |           |
|                               | 110kg Master 40-44 |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Steve Thompson     | OH    | 110kg | 105.0  | 43  | 247.5 | 257.5             | 260               | 212.5 | 220.5            | <del>----</del>   | 280   | 287.5             | <del>-295</del>   | 768      | 458.957     | 473.184   |
|                               | 110kg Master 50-54 |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Tyler Alexander    | IN    | 110kg | 107.9  | 51  | 227.5 | 242.5             | <del>----</del>   | 140   | <del>-145</del>  | <del>----</del>   | 257.5 | <del>-277.5</del> | <del>-277.5</del> | 640      | 378.944     | 434.649   |
|                               | 125kg Master 40-44 |       |       |        |     |       |                   |                   |       |                  |                   |       |                   |                   |          |             |           |
| 1                             | Everett Henes      | MI    | 125kg | 113.4  | 43  | 225   | 240               | <del>-250</del>   | 157.5 | 167.5            | <del>-172.5</del> | 245   | 265               | <del>-275</del>   | 672.5    | 392.269     | 404.43    |

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|                                       | Name               | State | Class  | Weight | Age | SQ1   | SQ2              | SQ3              | BP1              | BP2              | BP3              | DL1            | DL2            | DL3              | Total Kg | Wilks Total | McC Total |
|---------------------------------------|--------------------|-------|--------|--------|-----|-------|------------------|------------------|------------------|------------------|------------------|----------------|----------------|------------------|----------|-------------|-----------|
| <b>Women Classic Raw Powerlifting</b> |                    |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
|                                       | 60kg Open          |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | Candi Nostrant     | OH    | 60kg   | 59.4   | 49  | 162.5 | <del>172.5</del> | <del>172.5</del> | 87.5             | 92.5             | 95               | 155            | 162.5          | <del>165</del>   | 420      | 471.912     | 525.238   |
|                                       | 60kg Master 45-49  |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | Candi Nostrant     | OH    | 60kg   | 59.4   | 49  | 162.5 | <del>172.5</del> | <del>172.5</del> | 87.5             | 92.5             | 95               | 155            | 162.5          | <del>165</del>   | 420      | 471.912     | 525.238   |
| <b>Men Classic Raw Powerlifting</b>   |                    |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
|                                       | 82.5kg Jr 20-23    |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | Dylan Nostrat      | OH    | 82.5kg | 82.0   | 23  | 272.5 | 282.5            | 292.5            | 177.5            | 182.5            | <del>185</del>   | 265            | 277.5          | <del>295</del>   | 752.5    | 505.981     |           |
|                                       | 100kg Jr 18-19     |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | Zachary Backauskas | PA    | 100kg  | 93.3   | 18  | 240   | 255              | <del>257.5</del> | 142.5            | 152.5            | <del>160</del>   | 247.5          | 262.5          | 272.5            | 680      | 426.496     |           |
|                                       | 82.5kg Open        |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | Dylan Nostrat      | OH    | 82.5kg | 82.0   | 23  | 272.5 | 282.5            | 292.5            | 177.5            | 182.5            | <del>185</del>   | 265            | 277.5          | <del>295</del>   | 752.5    | 505.981     |           |
| 2                                     | Cody Bone          | OH    | 82.5kg | 82.3   | 29  | 227.5 | 232.5            | 240              | 165              | 170              | <del>172.5</del> | <del>255</del> | <del>255</del> | 255              | 665      | 446.149     |           |
| 3                                     | Brett Snow         | MO    | 82.5kg | 80.4   | 26  | 225   | 235              | 240              | 147.5            | 165              | 175              | 220            | 235            | <del>242.5</del> | 650      | 442.39      |           |
|                                       | 100kg Open         |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | Zachary Backauskas | PA    | 100kg  | 93.3   | 18  | 240   | 255              | <del>257.5</del> | 142.5            | 152.5            | <del>160</del>   | 247.5          | 262.5          | 272.5            | 680      | 426.496     |           |
|                                       | 110kg Open         |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | David Williams     | IN    | 110kg  | 101.9  | 26  | 275   | 295              | <del>300</del>   | 160              | 170              | <del>175</del>   | 245            | 262.5          | 272.5            | 737.5    | 445.524     |           |
|                                       | 125kg Open         |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | Ryan Wingerson     | PA    | 125kg  | 120.9  | 29  | 295   | 320              | 330              | 175              | 190              | 205              | 265            | 282.5          | 300              | 835      | 479.207     |           |
| 2                                     | Adam Miller        | OH    | 125kg  | 123.3  | 34  | 220   | 235              | 245              | 157.5            | 162.5            | <del>167.5</del> | 247.5          | 262.5          | <del>275</del>   | 670      | 382.905     |           |
|                                       | 100kg Master 40-44 |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | Jeremy Ward        | OH    | 100kg  | 98.9   | 42  | 232.5 | <del>247.5</del> | <del>247.5</del> | <del>142.5</del> | <del>142.5</del> | 142.5            | 237.5          | <del>250</del> | <del>250</del>   | 612.5    | 374.421     | 381.91    |
|                                       | 125kg Master 45-49 |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | James Richardson   | OH    | 125kg  | 117.9  | 49  | 227.5 | 252.5            | <del>272.5</del> | 187.5            | <del>205</del>   | 212.5            | 272.5          | 287.5          | <del>295</del>   | 752.5    | 434.494     | 483.591   |
| <b>Men Raw Bench Only</b>             |                    |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
|                                       | 82.5kg Jr 20-23    |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | Elijah Lazar       | PA    | 82.5kg | 81.4   | 22  |       |                  |                  | <del>170</del>   | 180              | <del>185</del>   |                |                |                  | 180      | 121.572     |           |
|                                       | 82.5kg Open        |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | Elijah Lazar       | PA    | 82.5kg | 81.4   | 22  |       |                  |                  | <del>170</del>   | 180              | <del>185</del>   |                |                |                  | 180      | 121.572     |           |
|                                       | 90kg Open          |       |        |        |     |       |                  |                  |                  |                  |                  |                |                |                  |          |             |           |
| 1                                     | Mark Lombardo      | OH    | 90kg   | 88.6   | 27  |       |                  |                  | 132.5            | 137.5            | <del>140</del>   |                |                |                  | 137.5    | 88.495      |           |

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|  | Name                | State            | Class  | Weight | Age | SQ1 | SQ2 | SQ3 | BP1              | BP2              | BP3            | DL1 | DL2            | DL3            | Total Kg | Wilks Total  | McC Total |
|--|---------------------|------------------|--------|--------|-----|-----|-----|-----|------------------|------------------|----------------|-----|----------------|----------------|----------|--|-----------|
|  | 125kg Open          |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| 1  | Daryl Funk          | OH               | 125kg  | 123.4  | 52  |     |     |     | 200              | <del>220</del>   | <del>220</del> |     |                |                | 200      | 114.28   | 133.136   |
|  | 140kg Open          |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| 1  | Devin Cox           | OH               | 140kg  | 130.9  | 25  |     |     |     | <del>227.5</del> | 227.5            | <del>235</del> |     |                |                | 227.5    | 128.515  |           |
|  | 82.5kg Master 45-49 |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| 1  | Shawn Hollon        | OH               | 82.5kg | 81.3   | 47  |     |     |     | 112.5            | 115              | 120            |     |                |                | 120      | 81.108   | 87.759    |
|  | 100kg Master 45-49  |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| 1  | Brad Collins        | OH               | 100kg  | 94.8   | 48  |     |     |     | 140              | <del>142.5</del> | 142.5          |     |                |                | 142.5    | 88.721   | 97.326    |
|  | 125kg Master 50-54  |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| 1  | Daryl Funk          | OH               | 125kg  | 123.4  | 52  |     |     |     | 200              | <del>220</del>   | <del>220</del> |     |                |                | 200      | 114.28   | 133.136   |
| <b>Men Raw Deadlift Only</b>   |                     |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
|  | 90kg Open           |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| 1  | Mark Lombardo       | OH               | 90kg   | 88.6   | 27  |     |     |     |                  |                  |                | 215 | <del>220</del> | <del>220</del> | 215      | 138.374  |           |
| Best Lifters:  |                     |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| Steve Thompson   |                     | Raw Open Men PL  |        |        |     |     |     |     |                  |                  |                |     |                |                |          | <b>Record Color Codes:</b><br>State<br>National<br>World |           |
| Dylan Nostrant   |                     | Craw Open Men PL |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| Best Overall Female and winner of \$1,000: Candi Nostrant                  |                     |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| Best Overall Male and winner of \$1,000: Dylan Nostrant                    |                     |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| Thank you to our referees:   |                     |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| International: Art Wooten and Chris Smith                                  |                     |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| National: Chico Cloyne and Marty Kleis                                     |                     |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| State: Erika Stevens, Nick Gilmore and Josh Enmark                         |                     |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| Thank you to our Spotters and Loaders: The Eaton Barbell Powerlifting Team |                     |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |
| Entry Door: Vickie Castor  |                     |                  |        |        |     |     |     |     |                  |                  |                |     |                |                |          |  |           |