

USPA Iron Valley NorCal Championships August 27-28, 2022 Modesto, CA

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
	60kg Jr 20-23																
1	Jessica Duquilla	CA	60kg	57.6	22	-102.5	-102.5	102.5	57.5	-62.5	-65	115	127.5	137.5	297.5	338.526	
	67.5kg Jr 16-17																
1	Jiselle Chang	CA	67.5kg	65.8	17	110	120	125	50	60	62.5	125	137.5	145	332.5	348.415	
	67.5kg Jr 20-23																
1	Shelby Cefalu	CA	67.5kg	67.5	21	120	127.5	137.5	72.5	-77.5	-77.5	155	165	-167.5	375	387.148	
Women Raw Powerlifting				Open													
	56kg Open																
1	Casandra Arellano	CA	56kg	54.8	27	107.5	115	122.5	55	60	-62.5	137.5	150	152.5	335	393.955	
	60kg Open																
1	Sheryl Ann Padre	CA	60kg	59.7	27	110	117.5	-125	52.5	57.5	-60	130	137.5	145	320	355.86	
2	Jessica Duquilla	CA	60kg	57.6	22	-102.5	-102.5	102.5	57.5	-62.5	-65	115	127.5	137.5	297.5	338.526	
	67.5kg Open																
1	Shelby Cefalu	CA	67.5kg	67.5	21	120	127.5	137.5	72.5	-77.5	-77.5	155	165	-167.5	375	387.148	
2	Nicole Westerback	CA	67.5kg	67.5	26	115	122.5	-125	-55	57.5	62.5	-115	115	-122.5	300	309.718	
	75kg Open																
1	Carissa Rosario	CA	75kg	75.0	30	132.5	140	145	72.5	77.5	-80	162.5	172.5	182.5	405	394.461	
2	Juliet Barton	CA	75kg	71.4	27	110	120	127.5	52.5	57.5	62.5	102.5	117.5	125	315	315.058	
	82.5kg Open																
1	Kirsten Thompson	CA	82.5kg	78.4	54	120	-127.5	-127.5	72.5	-75	-75	130	140	147.5	340	323.635	389.657
	90kg Open																
1	Damaris Rogers	CA	90kg	88.3	28	-125	130	142.5	55	60	65	167.5	182.5	187.5	395	355.16	
	100kg Open																
1	Georganne Galdamez	CA	100kg	99.0	44	120	122.5	127.5	85	-90	90	160	167.5	170	387.5	331.975	346.25
	110+ Open																
1	Jennifer Gil	CA	110+	134	34	180	185	-187.5	92.5	95	-97.5	185	197.5	200	480	375.126	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Open																
1	Anthony Franco	CA	90kg	87.0	23	215	220	227.5	155	-160	-160	225	230	235	617.5	406.315	
2	Sergio Flores	CA	90kg	88.5	52	195	200	205	155	-160	160	220	-235	-----	585	381.514	444.464
3	Colomb Cureton	CA	90kg	87.8	30	-192.5	192.5	205	115	122.5	130	212.5	227.5	235	570	373.264	
4	Gregg Mcelhaney	CA	90kg	88.8	27	185	192.5	200	142.5	150	155	192.5	202.5	212.5	567.5	369.458	
5	Bryan Maglinte	CA	90kg	89.4	29	185	197.5	-210	102.5	107.5	115	202.5	215	-227.5	527.5	342.238	
6	Suelky Lee	CA	90kg	89.1	19	170	175	-177.5	95	100	107.5	185	195	205	487.5	316.828	
	100kg Open																
1	Alexander Gonzalez	CA	100kg	97.1	20	252.5	-265	265	157.5	-165	-----	342.5	-352.5	-352.5	765	477.039	
2	Gabriel Marin	CA	100kg	96.8	27	-207.5	215	-227.5	155	167.5	-175	250	-265	272.5	655	409.018	
3	Cristobel Navarro-Mirand	CA	100kg	94.0	19	200	-207.5	-210	112.5	117.5	120	247.5	-252.5	-----	567.5	359.235	
4	David Alziebler	CA	100kg	97.6	24	182.5	192.5	200	120	130	-132.5	225	235	237.5	567.5	353.065	
5	Hugo Corrales	CA	100kg	98.7	34	167.5	175	-182.5	150	160	-170	212.5	222.5	-230	557.5	345.118	
6	Manuel Castro	CA	100kg	98.1	24	177.5	185	-197.5	127.5	-135	-135	210	-215	-215	522.5	324.327	
7	Felix Corrales	CA	100kg	95.7	24	160	170	-177.5	95	100	-107.5	205	215	-222.5	485	304.449	
DQ	Mike Rakoski	CA	100kg	92.8	32	220	-225	-225	-152.5	-152.5	-152.5	232.5	235	237.5	0	0	
	110kg Open																
1	Kyle Alexander	CA	110kg	108.8	26	287.5	307.5	320	155	162.5	-170	317.5	337.5	-350	820	487.684	
2	Michael Anguelo	CA	110kg	107.1	30	260	272.5	-290	180	190	195	267.5	285	-295	752.5	450.275	
3	Shawn Taylor	CA	110kg	105.6	29	250	272.5	290	152.5	165	170	265	287.5	-300	747.5	449.785	
4	Jordan Chavira	CA	110kg	102.5	29	227.5	237.5	250	167.5	177.5	185	257.5	272.5	277.5	712.5	433.975	
5	Cody West	CA	110kg	101.0	17	212.5	225	230.5	120	130	137.5	225	235.5	245	613	375.701	
6	John Huisman	CA	110kg	107.1	20	187.5	197.5	205	127.5	-132.5	-----	215	222.5	-235	555	332.096	
7	Evan Klitzke	CA	110kg	108.6	35	140	145	150	85	90	-95	185	195	205	445	264.845	
	125kg Open																
1	Cole Hale	IA	125kg	122.4	30	275	287.5	295	185	190	192.5	280	295	305	792.5	452.186	
2	Eric Hungerford	VT	125kg	117.9	32	177.5	185	195	135	-140	-----	215	230	-237.5	560	323.53	
	140kg Open																
1	Nick Molina	CA	140kg	126	29	-232.5	232.5	240	155	165	170	255	265	-272.5	675	381.604	
	140+ Open																
1	Angel Figueroa	CA	140+	145.9	25	-260	260	272.5	150	157.5	165	275	292.5	-305	730	395.517	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Multi Ply Powerlifting			Open													
	56kg Open																
1	Kim Maslana	CA	56kg	54.9	60	100	105	107.5	70	75	77.5	107.5	107.5	112.5	295	346.492	464.299
								(110)									
	Women Multi Ply Powerlifting			Master													
	56kg Master 60-64																
1	Kim Maslana	CA	56kg	54.9	60	100	105	107.5	70	75	77.5	107.5	107.5	112.5	295	346.492	464.299
								(110)									
	Women Raw Bench Only			Open													
	67.5kg Open																
1	Nicole Westerback	CA	67.5kg	67.5	26				55	57.5	62.5				62.5	64.525	
	82.5kg Open																
1	Kirsten Thompson	CA	82.5kg	78.4	54				72.5	75	75				72.5	69.01	83.089
	Women Raw Bench Only			Master													
	82.5kg Master 50-54																
1	Kirsten Thompson	CA	82.5kg	78.4	54				72.5	75	75				72.5	69.01	83.089
	Men Raw Bench Only			Junior													
	52kg Jr 13-15																
1	Tommy Salinas	CA	52kg	39.8	13				25	30	32.5				30	38.368	
	100kg Jr 20-23																
1	John Trindade	CA	100kg	99.4	21				190	200	210				210	129.597	
	Men Raw Bench Only			Open													
	75kg Open																
1	Raymond Gallegos	CA	75kg	74.9	53				182.5	185	191				182.5	131.041	155.153
	90kg Open																
1	Sergio Flores	CA	90kg	88.5	52				155	160	160				160	104.346	121.563
2	Gregg Mcelhaney	CA	90kg	88.8	27				142.5	150	155				155	100.909	
	100kg Open																
1	John Trindade	CA	100kg	99.4	21				190	200	210				210	129.597	
2	David Alziebler	CA	100kg	97.6	24				120	130	132.5				130	80.878	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Deadlift Only			Open													
	100kg Open																
1	David Alziebler	CA	100kg	97.6	24							225	235	237.5	237.5	147.758	
	Women Multi Ply Deadlift Only			Open													
	56kg Open																
1	Kim Maslana	CA	56kg	54.9	60							-107.5	107.5	112.5	112.5	132.137	177.063
	Women Multi Ply Deadlift Only			Master													
	56kg Master 60-64																
1	Kim Maslana	CA	56kg	54.9	60							-107.5	107.5	112.5	112.5	132.137	177.063
	Women Raw Push-Pull			Open													
	82.5kg Open																
1	Kirsten Thompson	CA	82.5kg	78.4	54				72.5	-75	-75	130	140	147.5	220	209.411	169.042
	Women Raw Push-Pull			Master													
	82.5kg Master 50-54																
1	Kirsten Thompson	CA	82.5kg	78.4	54				72.5	-75	-75	130	140	147.5	220	209.411	169.042
	Men Raw Push-Pull			Open													
	90kg Open																
1	Sergio Flores	CA	90kg	88.5	52				155	-160	160	220	-235	----	380	247.821	167.149
	Men Raw Push-Pull			Master													
	90kg Master 50-54																
1	Sergio Flores	CA	90kg	88.5	52				155	-160	160	220	-235	----	380	247.821	167.149
	110kg Master 50-54																
1	John Jacinto	CA	110kg	108.5	51				-170	170	-177.5	215	225	-230	395	235.17	153.649
	Men Single Ply Push-Pull			Open													
	100kg Open																
1	Kevin Allan	CA	100kg	99.1	34				-127.5	140	-142.5	215	230	----	370	228.64	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Best Lifters																
	Name	Equip	Events	Comp	Sex								Record Color Codes				
	Alexander Gonzalez	Raw	PL	Jr	Men								State				
	Carissa Rosario	Raw	PL	Open	Women								National				
	Kyle Alexander	Raw	PL	Open	Men												
	Raymond Gallegos	Raw	BPO	Open	Men												
	Meet Director:	Martin Olivera															
	Referees																
	International:	Kat Colson, Tanya Reed															
	State:	Andrew Urrieta, Jeff Cauble, Natxielii Aguilar															
	Staff:	Jenna Olivera															
	Spotter/Loaders:	Andy Perez, Johnny Suarez, Josh Garcia, Enrique Cortes, Sef Aguilar, Andre Blugh															