

USPA Ho'omana Barbell Deadlift Only Meet November 16, 2019 Wailuku, HI

	Name	State	Class	Weight	Age	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Deadlift Only											
	56kg Open										
1	Magnolia Centeno	HI	56kg	55.95	45	135	145	150	150	176.61	186.324
	56kg Master 45-49										
1	Magnolia Centeno	HI	56kg	55.95	45	135	145	150	150	176.61	186.324
Men Raw Deadlift Only											
	52kg Jr 20-23										
1	Rommel Asuncion	HI	52kg	52	23	125	137.5	142.5	142.5	139.835	
	52kg Open										
1	Rommel Asuncion	HI	52kg	52	23	125	137.5	142.5	142.5	139.835	
	82.5kg Open										
1	Gerald Tomooka	HI	82.5kg	81.5	57	170	182.5	192.5	182.5	123.169	156.179
	90kg Open										
1	Shawn Juario	HI	90kg	86.5	30	235	247.5	260	247.5	161.345	
	100kg Open										
1	Lawrence Pusong	HI	100kg	95.8	25	172.5	185	200	200	123.94	
	82.5kg Master 55-59										
1	Gerald Tomooka	HI	82.5kg	81.5	57	170	182.5	192.5	182.5	123.169	156.179
	90kg Master 50-54										
1	Shane Shorter	HI	90kg	89.8	50	215	230	237.5	237.5	151.786	171.518
								4th: 245			

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	Meet Directors: Mahealani Strong and Jodie Sajor										
	Thank you to our referees:										
	National: Ren Yamashita										
	State: Mike Kimura, Jodie Sajor and Mahelani Strong										
	Thank you to our spotters and loaders:										
	Ho'omana Barbell										