

## USPA Gulf Coast Powerlifting Classic V September 4, 2021 Orange Beach, AL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
<b>Women Raw Powerlifting</b>				Junior													
	67.5kg Jr 20-23																
1	Emily Dwyer	FL	67.5kg	65.4	23	95	102.5	110	47.5	55	<del>67.5</del>	117.5	127.5	<del>-137.5</del>	292.5	307.606	
<b>Women Raw Powerlifting</b>				Open													
	56kg Open																
1	Minerva Islas	GA	56kg	54.9	35	107.5	<del>-117.5</del>	117.5	70	75	<del>80</del>	142.5	155	<del>-100</del>	347.5	408.155	
	67.5kg Open																
1	Natalie Terrell	AL	67.5kg	64.9	61	102.5	107.5	110	<del>25</del>	27.5	<del>-32.5</del>	145	150	155.5	293	309.538	422.829
								(112.5)						(160.5)			
2	Emily Dwyer	FL	67.5kg	65.4	23	95	102.5	110	47.5	55	<del>67.5</del>	117.5	127.5	<del>-137.5</del>	292.5	307.606	
	SHW Open																
1	Brinlee Warnke	AL	SHW	98.0	26	85	112.5	<del>-122.5</del>	52.5	60	65	110	130	<del>-142.5</del>	307.5	264.501	
<b>Women Raw Powerlifting</b>				Master													
	67.5kg Master 60-64																
1	Natalie Terrell	AL	67.5kg	64.9	61	102.5	107.5	110	<del>25</del>	27.5	<del>-32.5</del>	145	150	155.5	293	309.538	422.829
								(112.5)						(160.5)			
<b>Men Raw Powerlifting</b>				Junior													
	67.5kg Jr 13-15																
1	Jay Kaewrasamee	FL	67.5kg	65.75	15	122.5	135	147.5	65	72.5	<del>75</del>	167.5	182.5	190	410	322.153	
	75kg Jr 13-15																
1	Rodric Cabrera	FL	75kg	73.2	15	155	165	175	110	117.5	<del>-125</del>	180	192.5	200	492.5	358.94	
								(182.5)									
<b>Men Raw Powerlifting</b>				Open													
	82.5kg Open																
1	Michael Palmer	AL	82.5kg	80.1	47	182.5	<del>-195</del>	195	<del>-110</del>	110	<del>-115</del>	212.5	220	<del>-225</del>	525	361.746	391.409
2	Jared Hensley	FL	82.5kg	81.95	26	152.5	160	165	95	<del>-100</del>	<del>-100</del>	182.5	187.5	<del>-190</del>	447.5	304.289	
	110kg Open																
1	Jacques Morgan	NY	110kg	108.95	58	145	155	170	<del>-105</del>	107.5	110	195	210	<del>-215</del>	490	291.268	376.027
<b>Men Raw Powerlifting</b>				Master													
	82.5kg Master 45-49																
1	Michael Palmer	AL	82.5kg	80.1	47	182.5	<del>-195</del>	195	<del>-110</del>	110	<del>-115</del>	212.5	220	<del>-225</del>	525	361.746	391.409
	110kg Master 55-59																
1	Jacques Morgan	NY	110kg	108.95	58	145	155	170	<del>-105</del>	107.5	110	195	210	<del>-215</del>	490	291.268	376.027

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	<b>Men Classic Raw Powerlifting</b>			<b>Master</b>													
	67.5kg Master 50-54																
1	Jon Shumard	FL	67.5kg	64.85	51	132.5	145	157.5	82.5	87.5	<del>92.5</del>	137.5	147.5	155.5	400.5	317.957	364.697
	<b>Women Raw Bench Only</b>			<b>Submaster</b>													
	75kg Submaster																
1	Rebecca Wittmeier	FL	75kg	74.4	36				62.5	67.5	<del>70</del>				67.5	66.024	
	<b>Men Raw Bench Only</b>			<b>Open</b>													
	90kg Open																
1	Randy Roy	FL	90kg	87.1	55				<del>140</del>	147.5	150				150	98.64	120.834
2	Randy Roy Jr.	FL	90kg	86.1	25				122.5	130	<del>140</del>				130	84.058	
	<b>Men Raw Bench Only</b>			<b>Master</b>													
	90kg Master 55-59																
1	Randy Roy	FL	90kg	87.1	55				<del>140</del>	147.5	150				150	98.64	120.834
	<b>Women Raw Deadlift Only</b>			<b>Open</b>													
	67.5kg Open																
1	Natalie Terrell	AL	67.5kg	64.9	61							145	150	155.5 (160.5)	155.5	164.277	224.403
	<b>Women Raw Deadlift Only</b>			<b>Master</b>													
	67.5kg Master 60-64																
1	Natalie Terrell	AL	67.5kg	64.9	61							145	150	155.5 (160.5)	155.5	164.277	224.403
	<b>Men Raw Deadlift Only</b>			<b>Open</b>													
	110kg Open																
1	Jacques Morgan	NY	110kg	108.95	58							195	210	<del>215</del>	210	124.829	161.154
	<b>Men Raw Deadlift Only</b>			<b>Submaster</b>													
	90kg Submaster																
1	Anthony Nestasie	FL	90kg	89.7	35							197.5	212.5	227.5	227.5	147.35	
	<b>Men Raw Deadlift Only</b>			<b>Master</b>													
	110kg Master 55-59																
1	Jacques Morgan	NY	110kg	108.95	58							195	210	<del>215</del>	210	124.829	161.154

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Meet Director:	Charlie Lyons													<b>Record Color Codes</b>		
															State		
	Referees														National		
	International:	Charlie Lyons, Gary Brewer															
	National:	Lauren Brewer															
	State:	Amy Herrmann-Spears, Jasmin Benzant, Tammy Mimms															
	Staff:	Ashley Lyons															
	Spotter/Loaders:	Bryan May, Mike Spears, David Knight															