

USPA Red, White and Blue Powerlifting Championships October 19, 2019 Waynesville, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	67.5kg Jr 20-23																
1	Jordan Hyink	MO	67.5kg	66.6	21	110.0	120.0	122.5	65	75.0	75.0	117.5	127.5	130.0	305	314.333	
2	Anna Scoggins	MO	67.5kg	63.8	22	95.0	100	107.5	55	57.5	60.0	112.5	117.5	125.0	290	308.502	
	56kg Open																
1	Meagan Johnson	MO	56kg	55.25	30	72.5	82.5	90.0	42.5	52.5	---	97.5	105	115.0	240	285.384	
	60kg Open																
1	Brittany Liberson	MO	60kg	59.95	34	122.5	127.5	132.5	72.5	75.0	75.0	150	157.5	162.5	357.5	398.827	
2	Kelly Farrar	MO	60kg	57.9	34	72.5	82.5	92.5	42.5	55.0	57.5	77.5	90	102.5	237.5	272.246	
	67.5kg Open																
1	Jennifer Geist	MO	67.5kg	66.75	29	125.0	132.5	135.0	60	62.5	62.5	135	142.5	147.5	337.5	347.254	
2	Jamie Mcguire	MO	67.5kg	65.95	38	112.5	117.5	122.5	65	70.0	72.5	117.5	132.5	137.5	327.5	339.912	
3	Jordan Hyink	MO	67.5kg	66.6	21	110.0	120.0	122.5	65	75.0	75.0	117.5	127.5	130.0	305	314.333	
4	Natalie Dudenhoeffer	MO	67.5kg	64.55	24	97.5	102.5	107.5	57.5	60.0	60.0	107.5	112.5	120	280	295.26	
5	Antheria Watson	SD	67.5kg	66.6	33	72.5	72.5	82.5	42.5	47.5	55.0	72.5	102.5	115.0	245	252.497	
DQ	Josee Redpath	MO	67.5kg	60.3	29	107.5	107.5	107.5	50	50.0	52.5	107.5	112.5	112.5	0	0	
	75kg Open																
1	Kelsey Kalish	MO	75kg	71.3	24	142.5	150.0	157.5	75	80.0	82.5	147.5	155.0	162.5	400	392.96	
2	Josie Defeo	KS	75kg	70.25	25	97.5	102.5	110.0	45	52.5	55.0	97.5	107.5	117.5	262.5	260.505	
3	Celeste Rhodes	MO	75kg	68.5	24	62.5	72.5	87.5	30	40.0	50.0	90	107.5	117.5	245	247.45	
	82.5kg Open																
1	Kendra Strong	IL	82.5kg	82.1	45	102.5	122.5	137.5	62.5	70.0	77.5	110	130.0	142.5	357.5	322.572	340.314
	90kg Open																
1	Monica White	MO	90kg	83.95	27	130.0	140.0	145.0	75	77.5	82.5	140	147.5	155.0	377.5	336.73	
	SHW Open																
1	Meagan Skiles	IL	SHW	128.85	24	177.5	185.0	192.5	95	100.0	105.0	172.5	182.5	187.5	472.5	373.086	
	67.5kg Submaster																
1	Amber Piona	IL	67.5kg	64.85	35	122.5	130.0	135.0	65	72.2	75.0	127.5	140.0	147.5	342.2	359.618	
2	Jamie Mcguire	MO	67.5kg	65.95	38	112.5	117.5	122.5	65	70.0	72.5	117.5	132.5	137.5	327.5	339.912	
	75kg Master 70-74																
1	Anna Haney	MO	75kg	74.5	71	92.5	102.5	107.5	62.5	67.5	72.5	115	130.0	137.5	312.5	298.344	501.516
													4th: 142.5				
	82.5kg Master 40-44																
1	Katherine Blodgett Kearns	IL	82.5kg	81.0	43	95.0	100.0	110.0	57.5	62.5	67.5	105	115.0	125.0	287.5	261.28	269.38
	82.5kg Master 45-49																
1	Kendra Strong	IL	82.5kg	82.1	45	102.5	122.5	137.5	62.5	70.0	77.5	110	130.0	142.5	357.5	322.572	340.314

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	90kg Master 45-49																
1	Christine Arbeiter	IL	90kg	90.0	47	117.5	125.0	132.5	65	70.0	77.5	170	180.0	185.0	382.5	330.518	357.621
Men Raw Powerlifting																	
	90kg Jr 20-23																
1	Brenden Graff	MO	90kg	89.05	20	167.5	175.0	185.0	117.5	127.5	130.0	207.5	215.0	227.5	540	346.626	
	125kg Jr 18-19																
1	Nate Cothorn	MO	125kg	123.90	18	215.0	230.0	232.5	125	132.5	137.5	205	210.0	215.0	580	331.122	
	140kg Jr 13-15																
1	Tristian Williams	MO	140kg	138.9	15	185.0	202.5	210.0	117.5	127.5	135.0	205	225.0	235.0	565	316.118	
													4th: 242.5				
	67.5kg Open																
1	Mark Cadiz	MO	67.5kg	65.75	24	145.0	157.5	167.5	90	95	97.5	190	200.0	207.5	462.5	364.311	
	82.5kg Open																
1	Alex Wombacher	MO	82.5kg	79.70	27	130.0	140.0	145.0	102.5	110	115	170	190.0	200.0	455	311.357	
	90kg Open																
1	Alex Beckmann	MO	90kg	89.95	27	220.0	230.0	235.0	160	170	175	250	265.0	277.5	687.5	439.038	
2	Matthew Reitzel	IA	90kg	89.75	25	195.0	207.5	215.0	150	157.5	165	235	252.5	265.0	637.5	407.554	
3	Evan Miller	MO	90kg	89.65	24	197.5	205.0	212.5	130	137.5	137.5	225	245.0	250.0	585	374.225	
4	Andy Haug	MO	90kg	88.15	26	172.5	182.5	190.0	127.5	137.5	137.5	200	220.0	235.0	537.5	346.849	
	100kg Open																
1	Cody Maher	MO	100kg	99.95	26	272.5	287.5	302.5	165	172.5	182.5	325	342.5	360.0	827.5	503.699	
2	Jacob Horn	IL	100kg	99.90	35	205.0	215.0	227.5	175	185	195	290	305.0	320.0	717.5	436.814	
3	Ethan Miller	MO	100kg	99.8	25	190.0	200.0	210.0	127.5	137.5	140	212.5	222.5	232.5	560	341.096	
DQ	Patrick Gleason	MO	100kg	97.8	27	190.0	192.5	197.5	125	127.5	130	255	260.0	267.5	0	0	
	110kg Open																
1	Thomas Sellers	MO	110kg	109.8	24	167.5	177.5	185.0	120	127.5	132.5	175	190.0	205.0	502.5	295.872	
	125kg Open																
1	Jonathan Zastrow	MO	125kg	117.2	27	205.0	215.0	227.5	135	140	140	205	215.0	227.5	577.5	333.911	
	SHW Open																
1	Jordan Gibson	MO	SHW	167.85	27	250.0	250.0	265.0	110	120	125	250	265.0	265	635	345.567	
	82.5kg Submaster																
1	Jake Thiele	MO	82.5kg	79.50	36	142.5	150.0	155.0	100	107.5	112.5	207.5	220.0	230.0	482.5	330.706	

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	67.5kg Master 70-74																
1	Tom Urani	MO	67.5kg	67.10	71	105.0	112.5	121.0	87.5	91.5	95	155	162.5	165.5	381.5	295.548	496.816
								4th: 122.5						4th: 167.5			
Women Classic Raw Powerlifting																	
	75kg Master 45-49																
1	Erin Byrom	MO	75kg	74.3	45	115.0	125.0	125.0	67.5	70.0	72.5	115	120.0	127.5	315	301.235	317.802
Men Classic Raw Powerlifting																	
	75kg Jr 20-23																
1	Darion Kelly	MO	75kg	74.95	22	215.0	222.5	232.5	112.5	120.0	120.0	267.5	277.5	277.5	620	441.998	
	90kg Jr 16-17																
1	Jacob Van Camp	MO	90kg	88.40	16	160.0	165.0	175.0	85	92.5	95.0	160	167.5	177.5	447.5	288.369	
	90kg Jr 18-19																
1	Lucas Pagano	MO	90kg	87.65	19	170.0	185.0	197.5	125	132.5	135.0	115	120.0	120.0	432.5	279.957	
	75kg Open																
1	Darion Kelly	MO	75kg	74.95	22	215.0	222.5	232.5	112.5	120.0	120.0	267.5	277.5	277.5	620	441.998	
	125kg Open																
DQ	Jay Brueggeman	MO	125kg	117.35	39	345.0	350.0	350.0	185	205	220	280	300.0	310.0	0	0	
	140kg Open																
1	Jared Davis	MO	140kg	138.80	38	310.0	322.5	342.5	205	217.5	220	350	372.5	382.5	932.5	521.734	
	125kg Submaster																
DQ	Jay Brueggeman	MO	125kg	117.35	39	345.0	350.0	350.0	185	205	220	280	300.0	310.0	0	0	
	140kg Submaster																
1	Jared Davis	MO	140kg	138.80	38	310.0	322.5	342.5	205	217.5	220	350	372.5	382.5	932.5	521.734	
	100kg Master 40-44																
1	Mike Schook	MO	100kg	98.00	42	267.5	280.0	280.0	157.5	162.5	167.5	250	265	272.5	707.5	434.122	442.804
	100kg Master 50-54																
1	Jeff Brown	MO	100kg	98.30	51	250.0	260.0	267.5	167.5	175	177.5	280	285.0	290.0	720	441.288	506.157
2	Gary Hackney	MO	100kg	91.75	54	130.0	150.0	160.0	95	110	112.5	165	175.0	190.0	445	281.374	338.774
Men Single Ply Powerlifting																	
	90kg Open																
1	Mikey Bellinger	MO	90kg	87.1	24	160.0	175.0	182.5	82.5	92.5	92.5	162.5	177.5	185.0	460	298.77	

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Men Raw Bench Only																	
	90kg Jr 18-19																
1	Lucas Pagano	MO	90kg	87.65	19				125	132.5	135.0				132.5	85.767	
	67.5kg Master 70-74																
1	Tom Urani	MO	67.5kg	67.10	71				87.5	91.5	95				95	73.597	123.716
Men Raw Deadlift Only																	
	90kg Jr 18-19																
1	Lucas Pagano	MO	90kg	87.65	19							115	115	115	115	74.44	
	67.5kg Master 70-74																
1	Tom Urani	MO	67.5kg	67.10	71							155	162.5	165.5 4th: 167.5	165.5	128.213	215.526
Women Raw Push-Pull																	
	SHW Submaster																
1	Amber Winters	IL	SHW	116.05	38				65	70.0	77.5	122.5	132.5	140.0	202.5	162.911	
Men Raw Push-Pull																	
	110kg Open																
1	Jon Quintal	IL	110kg	106.25	30				175	190	190	265	295.0	305.0	470	279.697	
	67.5kg Master 70-74																
1	Tom Urani	MO	67.5kg	67.10	71				87.5	91.5	95	155	162.5	165.5 4th: 167.5	260.5	201.809	215.526

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	Best Lifters:																
	Brittany Liberson	Raw Open Women PL												Record Color Codes:			
	Cody Maher	Raw Open Men PL												State			
														National			
	Thank you to our referees:																
	Jim Bell	International															
	Bill Duncan	National															
	Ed Finnell	National															
	Phyllis Finnell	National															
	Ed Zimmerman	National															
	Sheena Hodges	National															
	Linda Ray	State															
	Frankie Murrieta	State															
	Jeff Houska	State															
	Meet Director: Sheena Hodges and Frankie Murrieta																
	Table/Computer: Jay Shelton, Phyllis Finnell, Frankie Murrieta and Sheena Hodges																
	MC/Announcer: Roderick Hodges and Bill Duncan																
	Spotters/Loaders: Fort Leonard Wood Geospatial Engineers																
	Sponsors/Vendors: The Ark Community and Sport Center, Marine Corps League, GNC and Warehouse Ink																