

USPA 2023 Battle Of The Banshees October 7, 2023 West Valley City, Utah

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
56kg Jr 16-17																	
1	Elizabeth Colon Valentin	UT	56kg	55.5	17	60.0	70.0	-77.5	27.5	35.0	-37.5	62.5	80.0	90.0	195	227.379	
56kg Jr 20-23																	
1	Jessica Corder	ID	56kg	55.3	21	102.5	110.0	-115.0	57.5	-60.0	-60.0	117.5	125.0	-132.5	292.5	341.89	
60kg Jr 20-23																	
1	Amie Nguyen	MI	60kg	57.7	21	85.0	92.5	-97.5	57.5	62.5	-67.5	92.5	97.5	100.0	255	289.838	
75kg Jr 18-19																	
1	Eloise Chavez	UT	75kg	69.5	18	67.5	85.0	90.0	30	40.0	-50.0	60	72.5	-82.5	202.5	205.606	
90kg Jr 18-19																	
1	Lanie Heuser	UT	90kg	88.6	19	105.0	110.0	-112.5	62.5	-65.0	-65.0	107.5	112.5	117.5	290	260.353	
90kg Jr 20-23																	
1	Seena Plumb	UT	90kg	88.6	22	105.0	115.0	-125.0	70	-77.5	-77.5	137.5	147.5	-152.5	332.5	298.508	
2	Maycen Oneal	UT	90kg	87.3	23	72.5	77.5	-85.0	45	52.5	60.0	92.5	100.0	-115.0	237.5	214.651	
Women Raw Powerlifting		Open															
56kg Open																	
1	Mechaella Arbon	UT	56kg	55.2	33	90.0	100.0	110.0	50	55.0	-57.5	102.5	110.0	-117.5	275	321.824	
60kg Open																	
1	Amie Nguyen	MI	60kg	57.7	21	85.0	92.5	-97.5	57.5	62.5	-67.5	92.5	97.5	100.0	255	289.838	
2	Colleen McDonough	UT	60kg	59.7	27	72.5	82.5	-85.0	45	47.5	-50.0	97.5	105.0	110.0	240	266.895	
67.5kg Open																	
1	Katie Cloutier	UT	67.5kg	67.1	32	107.5	115.0	-120.0	57.5	62.5	-65.0	115	122.5	130.0	307.5	318.555	
2	Kayla Potter	UT	67.5kg	67.4	33	102.5	107.5	110.0	72.5	-77.5	-77.5	120	122.5	125.0	307.5	317.733	
75kg Open																	
1	Elisheva Phillips	UT	75kg	74.5	24	95.0	100.0	105.0	70	72.5	77.5	125	130.0	135.0	317.5	310.336	
90kg Open																	
1	Seena Plumb	UT	90kg	88.6	22	105.0	115.0	-125.0	70	-77.5	-77.5	137.5	147.5	-152.5	332.5	298.508	
2	Devyn Langille	UT	90kg	85.6	32	102.5	112.5	122.5	60	67.5	-72.5	112.5	120.0	125.0	315	287.288	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Open																
1	Jamie Toone	UT	100kg	96.3	33	100.0	102.5	112.5	57.5	60.0	72.5	142.5	150.0	160.0	322.5	279.369	
	110kg Open																
1	Paige Cabanilla	UT	110kg	107.3	35	90.0	100.0	107.5	80	90.0	90.0	102.5	112.5	117.5	297.5	247.337	
	110+ Open																
1	Han Lam	UT	110+	115.8	30	115.0	125.0	132.5	70	77.5	82.5	117.5	127.5	137.5	352.5	285.811	
	Women Raw Powerlifting			Submaster													
	110+ Submaster																
1	Roslyn Danford	UT	110+	112.8	37	167.5	177.5	190.0	82.5	87.5	95.0	212.5	222.5	242.5	500	408.757	
	Women Raw Powerlifting			Master													
	60kg Master 45-49																
1	Caroline Arnold	UT	60kg	59.1	47	70.0	75.0	82.5	52.5	57.5	60.0	97.5	97.5	100.0	242.5	271.413	293.668
	60kg Master 55-59																
1	Rosa Martinez	UT	60kg	57.1	58	45.0	55.0	60.0	35	37.5	42.5	62.5	70.0	75.0	177.5	203.128	262.238
	67.5kg Master 45-49																
1	Stephanie Russell	UT	67.5kg	63.4	49	77.5	92.5	107.5	25			107.5	127.5	137.5	270	289.275	321.963
	82.5kg Master 40-44																
1	Jenny Lunsford	UT	82.5kg	80.9	43	82.5	90.0	92.5	45	52.5	55.0	115	127.5	137.5	285	267.057	275.336
	110+ Master 40-44																
1	Kimberly Nielson	UT	110+	135.8	42	47.5	52.5	60.0	70	77.5	80.0	70.0	85.0	95.0	232.5	181.258	184.883
	Women Classic Raw Powerlifting			Junior													
	110kg Jr 20-23																
1	Logan Sim	UT	110kg	104.2	20	130.0	137.5	140.0	52.5	57.5	65.0	127.5	140.0	155.0	350	294.063	
	Women Classic Raw Powerlifting			Open													
	75kg Open																
1	Haleigh Clark	UT	75kg	74.7	25	97.5	102.5	110.0	57.5	60.0	65.0	102.5	107.5	115.0	290	283.053	
2	Savannah Powell	UT	75kg	73.8	23	80.0	87.5	102.5	35	42.5	50.0	102.5	107.5	115.0	267.5	262.785	
	82.5kg Open																
1	Shalece Sanders	UT	82.5kg	81.5	47	77.5	85.0	90.0	75	80.0	82.5	122.5	132.5	140.0	312.5	291.766	315.691
											(85.0)						

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Open																
1	Katie Dupont	UT	90kg	90.0	37	187.5	197.5	210.0	95	100.0	105.0	175	182.5	-187.5	497.5	443.532	
								(217.5)			(110.0)						
2	Heather Allen	UT	90kg	89.1	32	155.0	170.0	177.5	65	70.0	-75.0	140	145.0	-147.5	392.5	351.487	
3	Maria Warner	UT	90kg	87.1	26	117.5	-125.0	125.0	-42.5	50.0	-55.0	110.0	125.0	145.0	320	289.517	
4	Dannielle Cook	UT	90kg	90.0	31	72.5	82.5	97.5	50	55.0	57.5	100	112.5	125.0	280	249.626	
	110kg Open																
1	Logan Sim	UT	110kg	104.2	20	130.0	137.5	-140.0	52.5	57.5	-65.0	127.5	140.0	155.0	350	294.063	
	Women Classic Raw Powerlifting			Submaster													
	90kg Submaster																
1	Katie Dupont	UT	90kg	90.0	37	187.5	197.5	210.0	95	100.0	105.0	175	182.5	-187.5	497.5	443.532	
								(217.5)			(110.0)						
	Women Classic Raw Powerlifting			Master													
	82.5kg Master 45-49																
1	Shalece Sanders	UT	82.5kg	81.5	47	77.5	85.0	90.0	75	80.0	82.5	122.5	132.5	140.0	312.5	291.766	315.691
											(85.0)						
	Women Multi Ply Powerlifting			Open													
	48kg Open																
1	Caitlin Startup	UT	48kg	47.0	27	110.0	117.5	127.5	52.5	-70.0	-70.0	105	107.5	-110.0	287.5	376.787	
	56kg Open																
1	Whitni Pienzezza	UT	56kg	52.9	40	85.0	92.5	102.5	42.5	47.5	-50.0	95	105.0	-115.0	255	307.155	307.155
	60kg Open																
1	Aubree Backlin	UT	60kg	60	27	122.5	130.0	-135.0	42.5	-60.0	-60.0	105	112.5	117.5	290	321.478	
	110kg Open																
1	Shelby Sommers	UT	110kg	103.4	28	180.0	192.5	205.0	97.5	105.0	-115.0	130	145.0	167.5	477.5	402.329	
	110+ Open																
1	Taylor Casanova	UT	110+	115.2	32	175.0	192.5	-205.0	80	-92.5	0	150	165.0	-175.0	437.5	355.296	
	Women Multi Ply Powerlifting			Master													
	56kg Master 40-44																
1	Whitni Pienzezza	UT	56kg	52.9	40	85.0	92.5	102.5	42.5	47.5	-50.0	95	105.0	-115.0	255	307.155	307.155
	Women Raw Bench Only			Open													
	67.5kg Open																
1	Kayla Potter	UT	67.5kg	67.4	33				72.5	-77.5	-77.5				72.5	74.913	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	75kg Open																
1	Heidi Pilling	UT	75kg	75.0	49				62.5	67.5	67.5				67.5	65.743	73.173
	82.5kg Open																
1	Shalece Sanders	UT	82.5kg	81.5	47				75	80.0	82.5				82.5	77.026	83.342
	90kg Open																
1	Katie Dupont	UT	90kg	90.0	37				95	100.0	105.0				105	93.61	
											(110.0)						
	Women Raw Bench Only			Submaster													
	90kg Submaster																
1	Katie Dupont	UT	90kg	90.0	37				95	100.0	105.0				105	93.61	
											(110.0)						
	Women Raw Bench Only			Master													
	60kg Master 45-49																
1	Caroline Arnold	UT	60kg	59.1	47				52.5	57.5	60.0				60	67.154	72.66
	75kg Master 45-49																
1	Heidi Pilling	UT	75kg	75.0	49				62.5	67.5	67.5				67.5	65.743	73.173
	82.5kg Master 45-49																
1	Shalece Sanders	UT	82.5kg	81.5	47				75	80.0	82.5				82.5	77.026	83.342
											(85.0)						
	Women Multi Ply Bench Only			Open													
	56kg Open																
1	Whitni Pienzezza	UT	56kg	52.9	40				42.5	47.5	50.0				47.5	57.215	57.215
	Women Multi Ply Bench Only			Master													
	56kg Master 40-44																
1	Whitni Pienzezza	UT	56kg	52.9	40				42.5	47.5	50.0				47.5	57.215	57.215
	Women Raw Deadlift Only			Open													
	90kg Open																
1	Katie Dupont	UT	90kg	90.0	37							175	182.5	187.5	182.5	162.703	
	Women Raw Deadlift Only			Submaster													
	90kg Submaster																
1	Katie Dupont	UT	90kg	90.0	37							175	182.5	187.5	182.5	162.703	

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Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters											Record Color Codes					
Name	Equip	Events	Comp	Sex												
Jessica Corder	Raw	PL	Jr	Women												
Mechaella Arbon	Raw	PL	Open	Women												
Stephanie Russell	Raw	PL	Master	Women												
Katie Dupont	Clraw	PL	Open	Women												
Shelby Sommers	Mply	PL	Open	Women												
Meet Director:																
Hillary Waldron																
Referees																
International:																
Jon Cunningham																
National:																
Hillary Waldron, Chris McGrail																
State:																
Elise VanTassel, Doug VanTassel, Victoria Lam																
Staff:																
Chanel May, Day May, Joseph Nielson																
Spotter/Loaders:																
Jeremy Clifford, Eric Farr, Scott Farr, Townes Falcone, Shilo Wright, Josh Nemcheck, Austin Patkos																