

USPA Doug Carroll Classic December 11, 2021 Yuba City, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Junior													
	67.5kg Jr 18-19																
1	Ashley Wollen	CA	67.5kg	65.70	18	60.0	70.0	82.5	30	40.0	<del>55.0</del>	70	90.0	100.0	222.5	233.359	
	90kg Jr 20-23																
1	Sabrina Oregel	CA	90kg	88.90	23	115.0	117.5	<del>110.0</del>	55	57.5	<del>60.0</del>	132.5	<del>140.0</del>	<del>132.5</del>	307.5	275.645	
2	Ashley Cooper	CA	90kg	83.7	21	105.0	107.5	110.0	60	<del>62.5</del>	<del>62.5</del>	120	127.5	132.5	302.5	278.821	
	Women Raw Powerlifting			Open													
	67.5kg Open																
1	Cassandra Jimenez-Small	CA	67.5kg	66.10	31	122.5	127.5	132.5	67.5	70.0	75.0	132.5	140	<del>152.5</del>	347.5	363.16	
2	Katlyn Kranjack	CA	67.5kg	65.90	27	95.0	102.5	107.5	60	65.0	<del>67.5</del>	102.5	110.0	117.5	290	303.609	
3	Karlie Mallory	CA	67.5kg	67.45	24	70.0	85.0	95.0	40	47.5	50.0	85	97.5	110.0	255	263.373	
4	Bibiana Jackson	CA	67.5kg	63.0	46	80.0	<del>87.5</del>	87.5	40	45.0	<del>50.0</del>	80	90.0	95	227.5	244.68	261.318
	90kg Open																
1	Heather Rasmussen	CA	90kg	88.20	48	140.0	150.0	<del>152.5</del>	82.5	87.5	88.0	170	182.5	187.5	425.5	382.779	419.909
2	Andrea Bedolla	CA	90kg	89.90	27	147.5	<del>152.5</del>	152.5	62.5	67.5	70.0	147.5	152.5	157.5	380	338.945	
3	Ashley Cooper		90kg	83.7	21	105.0	107.5	110.0	60	<del>62.5</del>	<del>62.5</del>	120	127.5	132.5	302.5	278.821	
4	Katherine Rowe	CA	90kg	85.95	30	77.5	85.0	90.0	35	42.5	<del>47.5</del>	100	110.0	117.5	250	227.574	
	SHW Open																
1	Clara Castillo	CA	SHW	100.75	26	<del>142.5</del>	142.5	147.5	67.5	72.5	<del>80.0</del>	182.5	195.0	202.5	422.5	359.498	
2	Angelica Moretti	CA	SHW	99.0	26	<del>127.5</del>	132.5	142.5	70	75.0	<del>82.5</del>	142.5	150.0	157.5	375	321.266	
	Women Raw Powerlifting			Submaster													
	75kg Submaster																
DQ	Amber Nevarrette	CA	75kg	70.10	39	<del>90.0</del>	<del>100.0</del>	<del>100.0</del>	72.5	<del>77.5</del>	<del>80.0</del>	100	117.5	122.5	0	0	
	Women Raw Powerlifting			Master													
	67.5kg Master 45-49																
1	Bibiana Jackson	CA	67.5kg	63.0	46	80.0	<del>87.5</del>	87.5	40	45.0	<del>50.0</del>	80	90.0	95	227.5	244.68	261.318
	90kg Master 45-49																
1	Heather Rasmussen	CA	90kg	88.20	48	140.0	150.0	<del>152.5</del>	82.5	87.5	88.0	170	182.5	187.5	425.5	382.779	419.909
	SHW Master 65-69																
1	Karen Cronian Hurley	CA	SHW	92.30	68	105.0	107.5	<del>115.0</del>	57.5	<del>62.5</del>	<del>62.5</del>	142.5	150.0	157.5	322.5	284.375	448.174
													(162.5)				

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	<b>Men Raw Powerlifting</b>			<b>Junior</b>													
	75kg Jr 16-17																
1	Nathan Bui	CA	75kg	73.10	17	150.0	160.0	165.0	90	95.0	100.0	200	210.0	220.0	485	353.792	
	82.5kg Jr 16-17																
1	Kiefer Zelenski	CA	82.5kg	76.70	17	137.5	<del>142.5</del>	142.5	72.5	80.0	82.5	<del>170</del>	175.0	182.5	407.5	288.249	
	82.5kg Jr 18-19																
1	Ronald Smith	CA	82.5kg	77.25	19	170.0	<del>175.0</del>	175.0	<del>112.5</del>	112.5	<del>115.0</del>	215	220.0	<del>227.5</del>	507.5	357.401	
	82.5kg Jr 20-23																
1	Danny Combs	CA	82.5kg	81.0	20	157.5	170.0	175.0	<del>120</del>	<del>125.0</del>	132.5	205	217.5	227.5	535	366.237	
	90kg Jr 18-19																
1	Dylan Louie	CA	90kg	84.0	19	165.0	175.0	182.5	110	120.0	<del>132.5</del>	210	220.0	237.5	540	362.121	
2	Nolan Hugg	CA	90kg	86.70	19	165.0	182.5	190.0	<del>112.5</del>	117.5	<del>127.5</del>	182.5	200.0	215.0	522.5	344.434	
	90kg Jr 20-23																
1	Andrew Pohorence	CA	90kg	89.45	20	190.0	210.0	217.5	120	132.5	<del>137.5</del>	205	227.5	<del>240.0</del>	577.5	374.571	
2	Carlos Sanchez	CA	90kg	89.05	20	157.5	165.0	175.0	120	125.0	<del>130.0</del>	165	180.0	<del>190.0</del>	480	312.043	
	100kg Jr 20-23																
1	Wyatt Darrow	CA	100kg	98.25	23	172.5	185.0	195.0	115	<del>122.5</del>	122.5	210	227.5	<del>240.0</del>	545	338.064	
	<b>Men Raw Powerlifting</b>			<b>Open</b>													
	56kg Open																
1	Chris Yim	CA	56kg	55.65	28	172.5	185.5	190.5	80	87.5	<del>92.5</del>	205	<del>227.5</del>	<del>227.5</del>	483	434.713	
	60kg Open																
1	Taylor Pina	CA	60kg	59.20	26	140.0	150.0	160.0	95	100.0	105.0	177.5	<del>190.0</del>	190.0	455	388.324	
	75kg Open																
1	Derrick Smith	CA	75kg	74.65	34	162.5	170.0	<del>177.5</del>	102.5	107.5	115.0	177.5	182.5	200.0	485	348.994	
2	Taquila Yang	CA	75kg	68.39	24	132.5	145.0	152.5	92.5	100.0	102.5	152.5	167.5	182.5	437.5	334.048	
	82.5kg Open																
1	Noah Ash	CA	82.5kg	81.0	24	165.0	172.5	<del>185.0</del>	117.5	127.5	132.5	215	227.5	237.5	542.5	371.371	
2	Kevin Tran	CA	82.5kg	82.25	28	165.0	177.5	182.5	120	<del>127.5</del>	127.5	192.5	200.0	210.0	520	352.851	
	90kg Open																
1	Xavier Lopez	CA	90kg	88.85	28	212.5	222.5	230.0	155	165.0	172.5	212.5	222.5	<del>232.5</del>	625	406.774	
2	Dion Melton	CA	90kg	86.15	32	155.0	<del>160.0</del>	160.0	132.5	137.5	<del>142.5</del>	210	227.5	<del>242.5</del>	525	347.256	

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	100kg Open																
1	Austin Mallory	CA	100kg	97.15	25	255.0	272.5	<del>280.0</del>	152.5	170.0	<del>175.0</del>	275	292.5	300.0	742.5	462.901	
2	Gabe Gilleran	CA	100kg	95.95	28	<del>190.0</del>	<del>200.0</del>	200.0	<del>112.5</del>	112.5	<del>125.0</del>	237.5	255.0	<del>262.5</del>	567.5	355.809	
	110kg Open																
1	Kyle Taylor	CA	110kg	100.30	28	195.0	205.0	<del>215.0</del>	130	132.5	<del>140.0</del>	200	220.0	227.5	565	347.317	
2	Jose Lopez	CA	110kg	102.80	34	165.0	175.0	185.0	92.5	97.5	102.5	212.5	230.0	<del>247.5</del>	517.5	314.819	
3	Tanner Pendergraft	CA	110kg	103.60	28	175.0	187.5	195.0	105	<del>107.5</del>	112.5	187.5	200.0	<del>212.5</del>	507.5	307.748	
	Men Raw Powerlifting		Submaster														
	90kg Submaster																
1	Taylor Catrett	CA	90kg	88.85	37	165.0	175.0	185.0	112.5	117.5	122.5	197.5	212.5	227.5	535	348.199	
	Men Raw Powerlifting		Master														
	90kg Master 80+																
1	Terence Plotsky	CA	90kg	87.0	80	90.0	<del>97.5</del>	97.5	<del>72.5</del>	<del>72.5</del>	72.5	120	130.0	132.5 (140.5)	302.5	199.045	408.042
	100kg Master 55-59																
1	Steven Sohn	CA	100kg	98.30	57	192.5	<del>205.0</del>	205.0	<del>125</del>	125.0	<del>137.5</del>	165	182.5	192.5	522.5	324.034	410.875
	Women Classic Raw Powerlifting		Open														
	90kg Open																
1	Kristina Melgoza	CA	90kg	87.5	38	165.0	<del>172.5</del>	<del>---</del>	80	<del>82.5</del>	<del>---</del>	180	192.5	<del>197.5</del>	437.5	394.998	
	Women Classic Raw Powerlifting		Submaster														
	90kg Submaster																
1	Kristina Melgoza	CA	90kg	87.5	38	165.0	<del>172.5</del>	<del>---</del>	80	<del>82.5</del>	<del>---</del>	180	192.5	<del>197.5</del>	437.5	394.998	
	Men Classic Raw Powerlifting		Junior														
	110kg Jr 20-23																
1	Robert Estrada	CA	110kg	106.90	23	235.0	242.5	<del>247.5</del>	142.5	145.0	<del>150.0</del>	225	240.0	247.5	635	380.245	
	Men Classic Raw Powerlifting		Open														
	82.5kg Open																
1	Gibrán Medina	CA	82.5kg	78.30	25	<del>175.0</del>	187.5	192.5	135	145.0	147.5	217.5	235.0	242.5	582.5	406.85	
	110kg Open																
1	Josh Robinson	CA	110kg	109.80	47	<del>170.0</del>	180.0	<del>190.0</del>	115	125.0	<del>135.0</del>	<del>215</del>	215.0	<del>230.0</del>	520	308.19	333.462

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	Men Classic Raw Powerlifting			Master													
	110kg Master 45-49																
1	Josh Robinson	CA	110kg	109.80	47	<del>170.0</del>	180.0	<del>190.0</del>	115	125.0	<del>135.0</del>	<del>215</del>	215.0	<del>230.0</del>	520	308.19	333.462
	Men Multi Ply Powerlifting			Open													
	125kg Open																
1	Matthew Murray	CA	125kg	123.80	43	207.5	217.5	227.5	<del>207.5</del>	207.5	220.0	230	252.5	257.5	705	400.789	413.214
	Men Multi Ply Powerlifting			Master													
	125kg Master 40-44																
1	Matthew Murray	CA	125kg	123.80	43	207.5	217.5	227.5	<del>207.5</del>	207.5	220.0	230	252.5	257.5	705	400.789	413.214
	Women Raw Bench Only			Open													
	SHW Open																
1	Gabrielle Cervantes	CA	SHW	113.5	26				77.5	<del>80.0</del>	<del>80.0</del>				77.5	63.232	
	Women Raw Bench Only			Submaster													
	75kg Submaster																
1	Amber Nevarrette	CA	75kg	70.10	39				72.5	<del>77.5</del>	<del>80.0</del>				72.5	73.257	
	Men Raw Bench Only			Junior													
	67.5kg Jr 18-19																
DQ	Christopher Reyes	CA	67.5kg	65.50	19				<del>95</del>	<del>95.0</del>	<del>95.0</del>				0	0	
	Men Raw Bench Only			Open													
	75kg Open																
DQ	Ray Galleges	CA	75kg	75.0	52				<del>182.5</del>	<del>192.5</del>	<del>192.5</del>				0	0	0
	90kg Open																
1	Trevon Turner	CA	90kg	84.95	29				<del>150</del>	157.5	165.0				165	109.967	
2	Wesley Holt	CA	90kg	89.65	34				140	150.0	<del>160.0</del>				150	97.181	
3	Dion Melton	CA	90kg	86.15	32				132.5	137.5	<del>142.5</del>				137.5	90.948	
	Men Raw Bench Only			Master													
	67.5kg Master 45-49																
1	Arvin Silvestre	CA	67.5kg	65.65	46				110	120.0	<del>125.0</del>				120	94.396	100.814
	75kg Master 50-54																
DQ	Ray Galleges	CA	75kg	75.0	52				<del>182.5</del>	<del>192.5</del>	<del>192.5</del>				0	0	0
	125kg Master 50-54																
1	J.C. Tolle	CA	125kg	123.50	53				162.5	172.5	<del>177.5</del>				172.5	98.142	116.2

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	Women Raw Deadlift Only			Open													
	90kg Open																
1	Heather Rasmussen	CA	90kg	88.20	48							170	182.5	187.5	187.5	168.675	185.036
	SHW Open																
1	Gabrielle Cervantes	CA	SHW	113.5	26							150	<del>-155.0</del>	<del>-155.0</del>	150	122.385	
	Women Raw Deadlift Only			Submaster													
	75kg Submaster																
1	Amber Nevarrette	CA	75kg	70.10	39							100	117.5	122.5	122.5	123.78	
	Women Raw Deadlift Only			Master													
	90kg Master 45-49																
1	Heather Rasmussen	CA	90kg	88.20	48							170	182.5	187.5	187.5	168.675	185.036
	SHW Master 65-69																
1	Karen Cronian Hurley	CA	SHW	92.30	68							142.5	150.0	157.5	157.5	138.881	218.876
														(162.5)			
	Men Raw Deadlift Only			Junior													
	67.5kg Jr 18-19																
DQ	Christopher Reyes	CA	67.5kg	65.50	19							<del>180</del>	<del>---</del>	<del>---</del>	0	0	
	Men Raw Deadlift Only			Open													
	90kg Open																
1	Dion Melton	CA	90kg	86.15	32							210	227.5	<del>-242.5</del>	227.5	150.478	
	Men Raw Deadlift Only			Master													
	125kg Master 50-54																
1	J.C. Tolle	CA	125kg	123.50	53							242.5	250.0	257.5	257.5	146.501	173.458
	Men Multi Ply Deadlift Only			Junior													
	82.5kg Jr 20-23																
1	Kyle Zelenski	CA	82.5kg	80.35	22							232.5	<del>---</del>	<del>---</del>	232.5	159.909	
	Men Multi Ply Deadlift Only			Open													
	82.5kg Open																
1	Kyle Zelenski	CA	82.5kg	80.35	22							232.5	<del>---</del>	<del>---</del>	232.5	159.909	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Best Lifters																
	Andrew Pohorence	Raw	PL	JR	Men												
	Heather Rasmussen	Raw	PL	Open	Women												
	Austin Mallory	Raw	PL	Open	Men												
	Meet Director:	Darren Monahan															
	Referees																
	National:	Darren Monahan, Chandra Jenkins, Mike Koufos, Tenaya Tuteur															
	State:	Daniel Melgoza, Sara Jones, George Davis, Jeana Jenkins (Practical)															
	Support Personnel:	Frank Cable															
	Spotter/Loaders:	Ryan Pnozzo, Jay Martinez, Gary Montoya, Ray Louvier, Genevieve Cook, Tasha Hinsley, Jaclynn Hutton, Jared Victorino, Alyssa G															