

USPA 9 Attempts Before Christmas December 7, 2024 Orrville, Ohio

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
67.5kg Open																	
1	Katelynn Mejia	OH	67.5kg	61.3	30	102.5	107.5	115	47.5	50	52.5	110	115	122.5	290	317.192	
75kg Open																	
1	Kristen Zwick	OH	75kg	69.8	41	110	115	120	60	65	75	112.5	120	137.5	305	308.928	312.018
2	Keisha Gonzalez	OH	75kg	74.5	34	105	105	112.5	50	55	57.5	102.5	110	117.5	280	273.682	
82.5kg Open																	
1	Rebecca Clark	OH	82.5kg	80.6	71	65	65	70	35	40	42.5	102.5	112.5	117.5	222.5	208.875	351.119
90kg Open																	
1	Kristin Darby	OH	90kg	85.3	30	130	140	147.5	65	70	70	150	160	170	387.5	353.989	
100kg Open																	
1	Gabrielle Libby	OH	100kg	98.7	36	130	137.5	145	82.5	87.5	90	140	147.5	152.5	385	330.228	
110+ Open																	
1	Vana Mcgonigal	OH	110+	113.7	37	160	170	182.5	80	92.5	110	180	195	227.5	520	424.03	
Women Raw Powerlifting		Submaster															
90kg Submaster																	
1	Brittany Border	OH	90kg	90.0	38	95	102.5	110	45	50	52.5	115	125	135	297.5	265.228	
100kg Submaster																	
1	Gabrielle Libby	OH	100kg	98.7	36	130	137.5	145	82.5	87.5	90	140	147.5	152.5	385	330.228	
110+ Submaster																	
1	Vana Mcgonigal	OH	110+	113.7	37	160	170	182.5	80	92.5	110	180	195	227.5	520	424.03	
Women Raw Powerlifting		Master															
75kg Master 40-44																	
1	Kristen Zwick	OH	75kg	69.8	41	110	115	120	60	65	75	112.5	120	137.5	305	308.928	312.018
75kg Master 45-49																	
1	Alexandra Zwisler	OH	75kg	73.8	45	55	60	60	35	42.5	42.5	80	82.5	92.5	177.5	174.371	183.962
82.5kg Master 70-74																	
1	Rebecca Clark	OH	82.5kg	80.6	71	65	65	70	35	40	42.5	102.5	112.5	117.5	222.5	208.875	351.119

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	90kg Master 40-44																
1	Rachel Hosler	OH	90kg	86.5	43	95	100	110	47.5	55	62.5	102.5	115	132.5	297.5	270.016	278.387
Men Raw Powerlifting			Open														
	75kg Open																
1	Robert Thiel	OH	75kg	72.7	28	155	170	175	105	112.5	117.5	175	190	197.5	490	358.738	
	100kg Open																
1	Grayson Abend	OH	100kg	97.5	24	220	230	242.5	135	145	155	230	250	265	662.5	412.358	
	125kg Open																
1	Tyler Hercula	MI	125kg	119.3	29	265	280	287.5	135	145	155	267.5	285	305	747.5	430.134	
Men Raw Powerlifting			Submaster														
	140+ Submaster																
1	Luther Robinson	OH	140+	160.6	35	185	185	192.5	182.5	192.5	192.5	220	230	240	607.5	320.841	
Men Raw Powerlifting			Master														
	75kg Master 70-74																
1	John Fuller	OH	75kg	72.9	70	92.5	102.5	112.5	77.5	82.5	87.5	137.5	147.5	157.5	357.5	261.257	429.767
	82.5kg Master 60-64																
1	Charles Parshall	OH	82.5kg	79.3	61	77.5	77.5	77.5	60	65	75	87.5	92.5	105	257.5	178.486	243.811
	110kg Master 40-44																
1	Matt Winkel	OH	110kg	102.6	40	145	157.5	165	95	105	110	187.5	200	210	480	292.243	292.243
	110kg Master 45-49																
1	Francis Suchoski	OH	110kg	105.3	49	92.5	102.5	110	62.5	72.5	85	125	137.5	150	345	207.83	231.314
Men Classic Raw Powerlifting			Open														
	110kg Open																
1	Charlie Ellis	OH	110kg	106.6	28	190	197.5	197.5	135	140	142.5	240	250	257.5	597.5	358.185	
Women Raw Bench Only			Open														
	110+ Open																
1	Vana Mcgonigal	OH	110+	113.7	37				80	92.5	110				110	89.699	

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Women Raw Bench Only		Submaster															
	110+ Submaster																
1	Vana Mcgonigal	OH	110+	113.7	37				80	92.5	110				110	89.699	
Women Raw Bench Only		Master															
	67.5kg Master 40-44																
1	Darcy Thompson	OH	67.5kg	64.9	42				60	70	77.5				70	73.951	75.43
Men Raw Bench Only		Junior															
	75kg Jr 16-17																
1	Carter Deel	OH	75kg	72.1	16				77.5	82.5	92.5				82.5	60.734	
Men Raw Bench Only		Open															
	110kg Open																
1	Charlie Ellis	OH	110kg	106.6	28				135	140	142.5				142.5	85.425	
Men Raw Bench Only		Master															
	75kg Master 70-74																
1	John Fuller	OH	75kg	72.9	70				77.5	82.5	87.5				87.5	63.944	105.188
Women Raw Deadlift Only		Open															
	75kg Open																
1	Kristen Zwick	OH	75kg	69.8	41							112.5	120	137.5	120	121.546	122.761
	110+ Open																
1	Vana Mcgonigal	OH	110+	113.7	37							180	195	227.5	227.5	185.513	
Women Raw Deadlift Only		Submaster															
	110+ Submaster																
1	Vana Mcgonigal	OH	110+	113.7	37							180	195	227.5	227.5	185.513	
Women Raw Deadlift Only		Master															
	75kg Master 40-44																
1	Kristen Zwick	OH	75kg	69.8	41							112.5	120	137.5	120	121.546	122.761
Men Raw Deadlift Only		Open															
	110kg Open																
1	Charlie Ellis	OH	110kg	106.6	28							240	250	257.5	257.5	154.364	

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Men Raw Deadlift Only				Master													
75kg Master 70-74																	
1	John Fuller	OH	75kg	72.9	70							137.5	147.5	157.5	157.5	115.099	189.338
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Vana Mcgonigal		Raw	PL	Open	Women							National					
Meet Director:		Kylee Craig, Chuck Kaezyk, Sara Kelley															
Referees																	
International:		Kylee Craig, Sara Kelley															
National:		Chuck Kaezyk, Mike Quintas															
State:		Jen Wolf, Kathy Wolf, Kirk Vincent															
Practical:		Taylor DeLeon															
Spotter/Loaders:		Patrick Cochrane, Jonathan Kismon, Cameron Overton, Gabe Overton, Lukas Shinaver, Joram Valare															