

USPA Seminole Strength Showdown March 20, 2021 Tallahassee, FL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Junior													
	67.5kg Jr 20-23																
1	Amina Sublaban	FL	67.5kg	65.3	22	85	95	95	45	50	52.5	102.5	115	120	265	278.938	
2	Isabel Carbungco	FL	67.5kg	64.0	23	70	80	87.5	40	45	45	87.5	97.5	105	230	245.022	
	Women Raw Powerlifting			Open													
	75kg Open																
1	Claire Pardee	FL	75kg	73.8	32	97.5	102.5	105	55	57.5	57.5	110	117.5	125	277.5	272.608	
2	Gala Manning	FL	75kg	74.6	29	80	87.5	95	42.5	47.5	50	100	110	117.5	262.5	256.394	
	82.5kg Open																
1	Ashley Larson	FL	82.5kg	79.9	29	107.5	112.5	122.5	65	67.5	72.5	137.5	145	152.5	342.5	322.922	
2	Angelic Clement	FL	82.5kg	80.9	34	120	125	130	80	82.5	85	120	125	135	337.5	316.252	
	SHW Open																
1	Krista Luperon	FL	SHW	92.3	30	147.5	162.5	167.5	75	85	95	165	182.5	182.5	397.5	350.508	
	Men Raw Powerlifting			Junior													
	75kg Jr 20-23																
DQ	Nathan Heburn	FL	75kg	74.4	21	167.5	167.5	167.5	120	130	135	212.5	222.5	225	0	0	
	82.5kg Jr 18-19																
1	Ethan Coello	FL	82.5kg	80.5	19	150	167.5	182.5	110	122.5	122.5	200	220	227.5	520	357.255	
	90kg Jr 20-23																
1	Kessler Bartlett	FL	90kg	87.2	21	165	175	185	97.5	102.5	107.5	170	182.5	192.5	470	308.886	
	110kg Jr 20-23																
1	Sean Collard	OH	110kg	104.2	22	187.5	197.5	202.5	147.5	160	165	197.5	207.5	227.5	590	356.931	
	125kg Jr 18-19																
1	Christian Bulnes	FL	125kg	121.9	18	180	192.5	200	102.5	110	115	207.5	227.5	232.5	537.5	307.096	
	Men Raw Powerlifting			Open													
	82.5kg Open																
1	Fernando Luperon	FL	82.5kg	81.3	30	165	185	185	145	165	177.5	220	247.5	272.5	597.5	408.148	
2	Stephen Hudson	FL	82.5kg	80.9	27	162.5	175	185	97.5	105	110	187.5	197.5	202.5	482.5	330.535	
3	Nicolas Zegowitz	FL	82.5kg	78.6	29	152.5	152.5	170	110	122.5	125	175	182.5	185	460	320.547	

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	90kg Open																
1	Avery Bradley	FL	90kg	88.3	25	175	185	185	117.5	122.5	125	210	215	227.5	537.5	350.946	
2	Kessler Bartlett	FL	90kg	87.2	21	165	175	185	97.5	102.5	107.5	170	182.5	192.5	470	308.886	
	100kg Open																
1	Aaron Grande	FL	100kg	98.5	24	237.5	250	255	150	157.5	162.5	240	255	265	677.5	419.78	
2	Kevin Whiteley	FL	100kg	94.8	24	182.5	195	205	142.5	152.5	155	207.5	227.5	250	587.5	370.414	
3	Brian Richardson	FL	100kg	96.0	37	167.5	177.5	190	125	140	150	185	195	212.5	542.5	340.053	
4	George Manganaro	FL	100kg	98.5	39	150	170	185	120	135	142.5	195	207.5	220	540	334.585	
5	David Norcross	FL	100kg	96.5	22	145	162.5	182.5	112.5	122.5	127.5	190	202.5	212.5	522.5	326.739	
6	Ronald Van Lierop	FL	100kg	94.8	31	130	145	155	102.5	107.5	112.5	175	187.5	192.5	455	286.874	
	110kg Open																
1	Gregory Rose	FL	110kg	106.7	32	177.5	190	197.5	122.5	130	137.5	220	235	245	570	341.573	
	125kg Open																
1	Justin Hadley	AL	125kg	124.3	32	137.5	165	182.5	92.5	105	105	187.5	205	227.5	492.5	279.625	
	140kg Open																
1	John Morris	GA	140kg	136.3	28	252.5	267.5	277.5	192.5	200	202.5	295	312.5	320	780	430.718	
2	Christopher Anariva	FL	140kg	126.0	33	185	197.5	197.5	170	182.5	190	215	230	240	620	350.51	
	Men Raw Powerlifting Submaster																
	90kg Submaster																
1	Keith Rutter	FL	90kg	89.1	37	195	205	221	135	150	155	225	250	272.5	628.5	408.465	
	100kg Submaster																
1	George Manganaro	FL	100kg	98.5	39	150	170	185	120	135	142.5	195	207.5	220	540	334.585	
	SHW Submaster																
1	David Banther	FL	SHW	140.9	38	257.5	275	287.5	185	197.5	207.5	270	290	302.5	775	423.954	
	Women Classic Raw Powerlifting Junior																
	75kg Jr 20-23																
1	Marie Ganut	FL	75kg	74.9	23	115	122.5	125	50	55	57.5	120	132.5	152.5	335	326.513	
	Women Classic Raw Powerlifting Open																
	SHW Open																
DQ	Jacalynn Hawks	WA	SHW	106.2	27	137.5	137.5	145	115	120	120	175	185	192.5	0	0	

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Men Classic Raw Powerlifting				Junior													
	100kg Jr 20-23																
1	Tanner Hurst	FL	100kg	99.7	23	302.5	325	325	175	185	187.5	270	272.5	292.5	772.5	476.106	
	110kg Jr 20-23																
1	Chad Ramey	AL	110kg	108.5	23	217.5	227.5	227.5	175	187.5	197.5	272.5	280	287.5	712.5	424.199	
Men Classic Raw Powerlifting				Open													
	82.5kg Open																
1	Jamie Hargrove	FL	82.5kg	81.5	49	235	240	242.5	147.5	162.5	175	227.5	240	252.5	650	443.382	493.484
	100kg Open																
1	Alex Dumbrille	WA	100kg	97.4	34	00.0	00.0	00.0	140	147.5	150	220	227.5	232.5	367.5	228.847	
Men Classic Raw Powerlifting				Master													
	82.5kg Master 45-49																
1	Jamie Hargrove	FL	82.5kg	81.5	49	235	240	242.5	147.5	162.5	175	227.5	240	252.5	650	443.382	493.484
Women Raw Bench Only				Open													
	60kg Open																
1	Teresa Ward	GA	60kg	59.6	45				50	50	57.5				57.5	64.012	67.532
	75kg Open																
1	Rachel Erb	FL	75kg	68.2	49				91	97.5	100				100	102.629	114.226
	SHW Open																
DQ	Jacalynn Hawks	WA	SHW	106.2	27				115	120	120				0	0	
Women Raw Bench Only				Master													
	60kg Master 45-49																
1	Teresa Ward	GA	60kg	59.6	45				50	50	57.5				57.5	64.012	67.532
	75kg Master 45-49																
1	Rachel Erb	FL	75kg	68.2	49				91	97.5	100				100	102.629	114.226
Men Raw Bench Only				Junior													
	75kg Jr 16-17																
1	Keegan McGilvray	FL	75kg	72.3	17				122.5	130	137.5				130	95.526	
2	Collin Reese	GA	75kg	69.6	16				92.5	102.5	102.5				102.5	77.301	

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	Men Raw Bench Only			Open													
	90kg Open																
1	Cody Griffin	GA	90kg	89.7	29				92.5	102.5	110				110	71.246	
	110kg Open																
1	Wesley Clapp	FL	110kg	109.1	31				185	192.5	197.5				192.5	114.367	
	Men Raw Bench Only			Submaster													
	100kg Submaster																
1	William Rodgers	GA	100kg	95.1	37				130	137.5	145				145	91.287	
	Men Raw Bench Only			Master													
	75kg Master 50-54																
1	Brad Dunn	Ga	75kg	73.9	52				137.5	145	147.5				145	105.022	122.35
	90kg Master 40-44																
1	Paul Reese	GA	90kg	89.2	42				125	137.5	142.5				137.5	89.311	91.097
	100kg Master 40-44																
1	Taylor Henderson	Ga	100kg	98.3	43				160	167.5	170				170	105.427	108.695
	125kg Master 40-44																
1	Michael Renfro	GA	125kg	111.7	44				192.5	200	205				205	120.724	125.915
	Men Multi Ply Bench Only			Open													
	100kg Open																
1	William Moose	FL	100kg	97.6	35				140	180	180				140	87.1	
	Women Raw Deadlift Only			Junior													
	67.5kg Jr 18-19																
1	Emone Mcwell	GA	67.5kg	66.3	18							105	117.5	127.5	127.5	133.01	
	Women Raw Deadlift Only			Open													
	60kg Open																
1	Teresa Ward	GA	60kg	59.6	45							90	100	110	110	122.457	129.192
	75kg Open																
1	Rachel Erb	FL	75kg	68.2	49							127.5	140	144	144	147.786	164.485

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	Women Raw Deadlift Only			Master													
	60kg Master 45-49																
1	Teresa Ward	GA	60kg	59.6	45							90	100	110	110	122.457	129.192
	75kg Master 45-49																
1	Rachel Erb	FL	75kg	68.2	49							127.5	140	144	144	147.786	164.485
	Men Raw Deadlift Only			Junior													
	75kg Jr 16-17																
1	Collin Reese	GA	75kg	69.6	16							140	150	160	150	113.123	
	82.5kg Jr 20-23																
1	Quinnton Mcwell Jr.	GA	82.5kg	75.8	20							152.5	162.5	182.5	182.5	130.051	
	Men Raw Deadlift Only			Master													
	90kg Master 40-44																
1	Paul Reese	GA	90kg	89.2	42							172.5	187.5	200	200	129.906	132.505
	100kg Master 50-54																
1	Rick Padgett	GA	100kg	98.6	54							227.5	260	285	285	176.507	212.515
	110kg Master 60-64																
1	Jeffrey Owens	GA	110kg	104.9	63							290	305.5	312.5	312.5	188.54	267.915
	125kg Master 50-54																
1	Anthony Mcdaniel	GA	125kg	114.5	51							185	202.5	222.5	202.5	118.188	135.562
	SHW Master 40-44																
1	Quinnton Mcwell Sr.	GA	SHW	141.3	42							227.5	247.5	250	247.5	135.285	137.991
	Men Raw Push-Pull			Open													
	100kg Open																
1	Alex Dumbrille	WA	100kg	97.4	34				140	147.5	---	220	227.5	232.5	367.5	228.847	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
	Best Lifters														Record Color Codes			
	Krista Luperon	Raw	PL	Open	Women											State		
	John Morris	Raw	PL	Open	Men											National		
	Jeffrey Owens	Raw	DLO	Master	Men													
	Meet Director:	Richard Ficca																
	Referees																	
	International:	Richard Ficca Scott Simonson Gary Brewer																
	National:	Lauren Brewer Barry Gershman																
	State:	Christian Shultz																
	Spotter/Loaders:	Izzy, Nick, Jason, Scott, Bryce, Brian, Michael, Zach																