

USPA Mississippi State Powerlifting Championships September 28, 2019 Madison, MS

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	82.5kg Jr 16-17																
1	MaryClaire Dale	MS	82.5kg	79.1	17	125	-140	-140	52.5	55	57.5	125	-132.5	-135	307.5	283.177	
											4th: 62.5						
	67.5kg Open																
1	Jennifer Crissey	MS	67.5kg	67.2	33	-82.5	82.5	-87.5	42.5	47.5	-50	102.5	107.5	110	240	245.736	
Men Raw Powerlifting																	
	82.5kg Jr 20-23																
1	John Davis	MS	82.5kg	80.6	23	167.5	177.5	182.5	112.5	122.5	-130	190	200	212.5	517.5	351.641	
	90kg Jr 20-23																
1	Thomas Carnell	MS	90kg	89.1	23	175	187.5	192.5	112.5	115	120	182.5	190	200	512.5	328.871	
2	Joseph Gamberini	MS	90kg	85.1	23	180	190	195	102.5	105	-110	190	200	210	510	335.529	
	125kg Jr 20-23																
1	Chance Ford	MS	125kg	123.8	23	222.5	240	255	147.5	160	175	237.5	-252.5	-252.5	667.5	381.143	
	82.5kg Open																
1	Jermaine Winston	MS	82.5kg	81.3	33	-167.5	167.5	175	117.5	-125	-125	202.5	217.5	227.5	520	351.468	
2	Michael Dehaan	MS	82.5kg	79.4	25	155	165	-172.5	95	97.5	-102.5	192.5	197.5	205	467.5	320.705	
	100kg Open																
1	Chris Glasgow	MS	100kg	97.4	35	242.5	260	267.5	165	-175	175	275	292.5	-300	735	452.172	
	110kg Open																
1	Chris Crissey	MS	110kg	103.7	33	175	180	182.5	127.5	137.5	142.5	175	180	185	510	306.102	
	125kg Open																
1	Chance Ford	MS	125kg	123.8	23	222.5	240	255	147.5	160	175	237.5	-252.5	-252.5	667.5	381.143	
2	Byron Nichols	MS	125kg	123.3	53	215	235	242.5	150	-162.5	-162.5	242.5	262.5	-272.5	655	374.333	443.21
3	Allen Parrish	MS	125kg	111	25	165	-175	-175	107.5	112.5	-117.5	212.5	225	-232.5	502.5	294.917	
	100kg Submaster																
1	Chris Glasgow	MS	100kg	97.4	35	242.5	260	267.5	165	-175	175	275	292.5	-300	735	452.172	
	67.5kg Master 65-69																
1	Rich Blaumuller	MS	67.5kg	64.6	67	72.5	75	80	55	57.5	62.5	100	105	110	252.5	201.823	311.413
	100kg Master 75-79																
1	Henry Henington	MS	100kg	99.8	77	-95	105	-107.5	77.5	85	-92.5	137.5	145	-152.5	335	204.049	391.365
	125kg Master 50-54																
1	Byron Nichols	MS	125kg	123.3	53	215	235	242.5	150	-162.5	-162.5	242.5	262.5	-272.5	655	374.333	443.21

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	140kg Master 55-59																
1	Ron Nation	MS	140kg	128.0	56	182.5	182.5	202.5	147.5	150	152.5	182.5	202.5	202.5	517.5	293.526	365.733
Men Classic Raw Powerlifting																	
	110kg Jr 20-23																
1	Draik Morgan	MS	110kg	107.4	20	260	285	285	127.5	135	140	240	257.5	262.5	677.5	401.758	
	90kg Open																
1	Mike Wagner	MS	90kg	87.3	31	157.5	160	170	112.5	115	115	170	185	192.5	470	304.889	
	110kg Open																
DQ	Dylan Vaughn	LA	110kg	107.1	24	307.5	327.5	337.5	175	187.5	187.5	265	285	297.5	0	0	
Men Single Ply Powerlifting																	
	110kg Master 45-49																
1	Stephen Wilson	MS	110kg	107.6	47	205	212.5	220	170	170	175	210	220	227.5	617.5	365.931	395.937
Men Multi Ply Powerlifting																	
	140kg Submaster																
1	Eric Holmbeck	MS	140kg	125.8	39	300	317.5	325	280	290	295	272.5	285	295	900	512.19	
								4th: 335									
Men Raw Bench Only																	
	125kg Open																
1	Byron Nichols	MS	125kg	123.3	53				150	162.5	162.5				150	85.725	101.498
	90kg Master 45-49																
1	Ben Weisfeld	MS	90kg	89.6	45				160	167.5	172.5				167.5	107.167	113.061
	125kg Master 50-54																
1	Byron Nichols	MS	125kg	123.3	53				150	162.5	162.5				150	85.725	101.498
Men Raw Deadlift Only																	
	125kg Open																
1	Byron Nichols	MS	125kg	123.3	53							242.5	262.5	272.5	262.5	150.019	177.622
	125kg Master 50-54																
1	Byron Nichols	MS	125kg	123.3	53							242.5	262.5	272.5	262.5	150.019	177.622
Men Raw Push-Pull																	
	110kg Open																
1	Joshua Smith	MS	110kg	107.8	37				137.5	142.5	147.5	130	140	145	292.5	173.248	

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	110kg Submaster																		
1	Joshua Smith	MS	110kg	107.8	37				137.5	142.5	147.5	130	140	145	292.5	173.248			
	100kg Master 40-44																		
1	Justin Riley	MS	100kg	95.1	40				135	140	142.5	190	195	200	340	211.378	124.34		
Best Lifters:																			
Chris Glasgow															Raw Open Men PL			Record Color Codes:	
															State				
															National				
Meet Director/Promoter: John Micka																			
Meet Announcer: John Micka and Joe Keith																			
Score Keepers: Vicky Fox and Amanda Micka																			
Thank you to our referees:																			
International: Amanda Micka and John Micka																			
National: Joe Keith and Amanda Walker																			
State: Roger Fox, Vicky Fox, Jay Gousset and Jakob Trest																			
Thanks to our sponsors: Coyote Crossfit																			