

USPA Florida Senior Games December 8, 2018 Safety Harbor, FL

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	56kg Master 50-54														
1	Brenda Christine	FL	56kg	54.4	50	122.5	57.5	152.5	332.5	400.197	452.223	270.1	126.8	336.2	733
	56kg Master 70-74														
1	Lana Marcine	FL	56kg	54.9	70	52.5	37.5	100	190	227.05	373.497	115.7	82.7	220.5	418.9
	60kg Master 55-59														
1	Valerie Ingoldsby	FL	60kg	59.9	58	52.5	35	70	157.5	175.817	226.98	115.7	77.2	154.3	347.2
	60kg Master 65-69														
1	Ellen Stein	NY	60kg	59.2	65	162.5	90	197.5	450	506.97	750.316	358.2	198.4	435.4	992.1
	60kg Master 70-74														
1	Sandy Simmons	FL	60kg	59.7	70	75	42.5	102.5	220	246.224	405.038	165.3	93.7	226	485
2	Lois Hall	FL	60kg	58.9	70	45	42.5	72.5	160	180.96	297.679	99.2	93.7	159.8	352.7
	67.5kg Master 70-74														
1	Joan E. Miller	FL	67.5kg	61.4	74	45	42.5	82.5	170	186.184	334.2	99.2	93.7	181.9	374.8
	75kg Master 60-64														
1	Amy Demers	FL	75kg	73.1	61	60	42.5	82.5	185	178.766	244.194	132.3	93.7	181.9	407.9
	75kg Master 70-74														
GL	Joan Mann (Guest Lifter)	FL	75kg	74.7	74	35	35	105	175	166.775	299.361	77.2	77.2	231.5	385.8
	82.5kg Master 60-64														
1	Linda Jo Belsito	MD	82.5kg	79.5	61	125	75	145	345	316.779	432.72	275.6	165.3	319.7	760.6
	SHW Master 50-54														
1	Julie Corbett	FL	SHW	117	51	100	72.5	140	312.5	251.031	287.933	220.5	159.8	308.6	688.9
	Men Raw Powerlifting														
	60kg Master 75-79														
1	Edward Perez Jr	FL	60kg	58.4	78	100	60	115	275	240.488	471.596	220.5	132.3	253.5	606.3
	67.5kg Master 50-54														
1	Edward Perez III	FL	67.5kg	65.6	50	147.5	127.5	187.5	462.5	364.959	412.403	325.2	281.1	413.4	1019.6
	67.5kg Master 70-74														
1	Les Garringer	FL	67.5kg	62	73	75	80	132.5	287.5	238.079	418.066	165.3	176.4	292.1	633.8
	75kg Master 55-59														
1	Mark Codd	FL	75kg	74.8	59	112.5	105	122.5	340	242.73		248	231.5	270.1	749.6
	75kg Master 70-74														
1	Roger Shaw	FL	75kg	74.8	73	165	92.5	187.5	445	317.686	557.856	363.8	203.9	413.4	981

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	82.5kg Master 60-64														
1	Glenn Pedreira	FL	82.5kg	81	63	195	110	195	500	338.7	481.293	429.9	242.5	429.9	1102.3
	82.5kg Master 65-69														
1	Michael MacMillan	FL	82.5kg	80.1	66	107.5	85	137.5	330	225.126	340.165	237	187.4	303.1	727.5
GL	Roberto Chomat (Guest Lifter)	FL	82.5kg	81.4	68	92.5	97.5	125	315	212.751	335.296	203.9	214.9	275.6	694.4
	82.5kg Master 70-74														
1	Frank Lancione	FL	82.5kg	77.7	70	52.5	62.5	92.5	207.5	144.358	237.468	115.7	137.8	203.9	457.5
	100kg Master 60-64														
1	Keith Tillman	FL	100kg	93.6	62	152.5	100	160	412.5	258.349	359.88	336.2	220.5	352.7	909.4
2	Kevin Ingoldsby	FL	100kg	93.4	60	100	70	130	300	188.07	252.014	220.5	154.3	286.6	661.4
	100kg Master 70-74														
1	John "Mitch" Alderman	FL	100kg	93.6	70	140	100	182.5	422.5	264.612	435.286	308.6	220.5	402.3	931.4
	110kg Master 70-74														
1	Richard Mintken	FL	110kg	106.5	74	85	82.5	145	312.5	185.813	333.533	187.4	181.9	319.7	688.9
	125kg Master 50-54														
1	Sam Beckwith	FL	125kg	115.6	54	277.5	220	300	797.5	462.789	557.198	611.8	485	661.4	1758.2
	125kg Master 55-59														
1	Rick Beier	FL	125kg	113.9	58	125	92.5	215	432.5	251.975	325.299	275.6	203.9	474	953.5
	Women Classic Raw Powerlifting														
	52kg Master 50-54														
1	April Shumaker	FL	52kg	50.1	52	135	100	145	380	487.43		297.6	220.5	319.7	837.7
	Men Classic Raw Powerlifting														
	75kg Master 50-54														
1	Sean Kearney	FL	75kg	75	53	157.5	122.5	167.5	447.5	318.889	377.564	347.2	270.1	369.3	986.6
	125kg Master 60-64														
1	Larry Grant	FL	125kg	122.2	60	237.5	127.5	237.5	602.5	344.992	462.289	523.6	281.1	523.6	1328.3
	Women Raw Bench Only														
	52kg Master 80+														
1	Yolanda Kristiansen	FL	52kg	50.8	80		25		25	31.73	65.047		55.1		55.1
	56kg Master 70-74														
1	Lana Marcine	FL	56kg	54.9	70		37.5		37.5	44.813	73.717		82.7		82.7
	60kg Master 70-74														
1	Sandy Simmons	FL	60kg	59.7	70		42.5		42.5	47.566	78.246		93.7		93.7

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	67.5kg Master 65-69														
1	Martha Loss	FL	67.5kg	62.3	67		35		35	37.909	58.494		77.2		77.2
	67.5kg Master 70-74														
1	Joan E. Miller	FL	67.5kg	61.4	74		42.5		42.5	46.546	83.55		93.7		93.7
	75kg Master 60-64														
1	Amy Demers	FL	75kg	73.1	61		42.5		42.5	41.068	56.099		93.7		93.7
2	Belinda Slater	FL	75kg	71.5	64		37.5		37.5	36.773	53.321		82.7		82.7
	75kg Master 70-74														
GL	Joan Mann (Guest Lifter)	FL	75kg	74.7	74		35		35	33.355	59.872		77.2		77.2
	82.5kg Master 65-69														
1	Helen Hankerson	FL	82.5kg	81.1	65		130		130	118.06			286.6		286.6
	SHW Master 65-69														
1	Peggy Busacca	FL	SHW	100	65		65		65	54.119	80.096		143.3		143.3
2	Lynn Waishwell	IL	SHW	103.7	65		35		35	28.851	42.699		77.2		77.2
	Men Raw Bench Only														
	90kg Open														
1	Brian Hart	FL	90kg	88.4	62		162.5		162.5	104.715	145.868		358.2		358.2
	60kg Master 75-79														
1	Edward Perez Jr	FL	60kg	58.4	78		60		60	52.47	102.894		132.3		132.3
	67.5kg Master 50-54														
1	Edward Perez III	FL	67.5kg	65.6	50		127.5		127.5	100.61	113.689		281.1		281.1
	67.5kg Master 55-59														
1	Jeffrey Ebihara	FL	67.5kg	67.5	56		102.5		102.5	79.028	98.469		226		226
	67.5kg Master 60-64														
1	Oscar Estrada	FL	67.5kg	67.1	64		70		70	54.229	78.632		154.3		154.3
	67.5kg Master 70-74														
1	Les Garringer	FL	67.5kg	62	73		80		80	66.248	116.331		176.4		176.4
	75kg Master 55-59														
1	Shezad Sanaullah	FL	75kg	71.7	56		107.5		107.5	79.12	98.584		237		237
2	Mark Codd	FL	75kg	74.8	59		105		105	74.96	98.572		231.5		231.5
	75kg Master 65-69														
GL	Tony Spinelli (Guest Lifter)	FL	75kg	70.2	69		67.5		67.5	50.477	81.268		148.8		148.8

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	110kg Master 65-69														
1	Mitchell Sussman	FL	110kg	103.3	65		92.5		92.5	55.602	82.291		203.9		203.9
	110kg Master 70-74														
1	Richard Mintken	FL	110kg	106.5	74		82.5		82.5	49.055	88.054		181.9		181.9
	125kg Master 50-54														
1	Sam Beckwith	FL	125kg	115.6	54		220		220	127.666	153.71		485		485
2	Michael Mitts	FL	125kg	122.2	53		92.5		92.5	52.966	62.712		203.9		203.9
	125kg Master 70-74														
GL	Howard Brown (Guest Lifter)	FL	125kg	118.4	71		115		115	66.332	111.504		253.5		253.5
	Men SinglePly Bench Only														
	75kg Master 80+														
1	Bill Tinkler	FL	75kg	72.8	84		72.5		72.5	52.766	118.09		159.8		159.8
	Women Raw Deadlift Only														
	56kg Master 70-74														
1	Lana Marcine	FL	56kg	54.9	70			100	100	119.5	196.578			220.5	220.5
	60kg Master 70-74														
1	Sandy Simmons	FL	60kg	59.7	70			102.5	102.5	114.718	188.711			226	226
	67.5kg Master 65-69														
1	Martha Loss	FL	67.5kg	62.3	67			65	65	70.402	108.63			143.3	143.3
	67.5kg Master 70-74														
1	Joan E. Miller	FL	67.5kg	61.4	74			82.5	82.5	90.354	162.185			181.9	181.9
	75kg Master 60-64														
1	Amy Demers	FL	75kg	73.1	61			82.5	82.5	79.72	108.898			181.9	181.9
2	Belinda Slater	FL	75kg	71.5	64			75	75	73.545	106.64			165.3	165.3
	75kg Master 70-74														
GL	Joan Mann (Guest Lifter)	FL	75kg	74.7	74			105	105	100.065	179.617			231.5	231.5
	SHW Master 65-69														
1	Peggy Busacca	FL	SHW	100	65			115	115	95.749	141.709			253.5	253.5
2	Lynn Waishwell	IL	SHW	103.7	65			85	85	70.066	103.698			187.4	187.4
	Men Raw Deadlift Only														
	60kg Master 75-79														
1	Edward Perez Jr	FL	60kg	58.4	78			115	115	100.568	197.214			253.5	253.5
	67.5kg Master 50-54														
1	Edward Perez III	FL	67.5kg	65.6	50			187.5	187.5	147.956	167.19			413.4	413.4

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	67.5kg Master 70-74														
1	Les Garringer	FL	67.5kg	62	73			132.5	132.5	109.723	192.674			292.1	292.1
	75kg Master 55-59														
1	Mark Codd	FL	75kg	74.8	59			122.5	122.5	87.453	115.001			270.1	270.1
	75kg Master 65-69														
GL	Tony Spinelli (Guest Lifter)	FL	75kg	70.2	69			107.5	107.5	80.389	129.426			237	237
	75kg Master 70-74														
1	Roger Shaw	FL	75kg	74.8	73			187.5	187.5	133.856	235.051			413.4	413.4
	82.5kg Master 55-59														
1	Leslie Harris	NY	82.5kg	81.8	59			152.5	152.5	102.694	135.043			336.2	336.2
	82.5kg Master 65-69														
GL	Roberto Chomat (Guest Lifter)	FL	82.5kg	81.4	68			125	125	84.425	133.054			275.6	275.6
	82.5kg Master 70-74														
1	Frank Lancione	FL	82.5kg	77.7	70			92.5	92.5	64.352	105.859			203.9	203.9
	90kg Master 55-59														
1	David Whitsett	FL	90kg	90	58			165	165	105.336	135.989			363.8	363.8
	90kg Master 65-69														
1	Roy Reynolds	FL	90kg	83.7	66			100	100	66.42	100.361			220.5	220.5
	100kg Master 60-64														
1	George E Woodbury Jr	FL	100kg	98.6	63			110	110	67.331	95.677			242.5	242.5
	100kg Master 65-69														
1	Charles Nelson	FL	100kg	95.5	65			200	200	124.12	183.698			440.9	440.9
	110kg Master 65-69														
1	Mitchell Sussman	FL	110kg	103.3	65			137.5	137.5	82.651	122.323			303.1	303.1
	110kg Master 70-74														
1	Richard Mintken	FL	110kg	106.5	74			145	145	86.217	154.76			319.7	319.7
	125kg Master 50-54														
1	Sam Beckwith	FL	125kg	115.6	54			300	300	174.09	209.604			661.4	661.4
2	Michael Mitts	FL	125kg	122.2	53			185	185	105.931	125.422			407.9	407.9
	125kg Master 70-74														
GL	Howard Brown (Guest Lifter)	FL	125kg	118.4	71			155	155	89.404	150.288			341.7	341.7

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	BEST LIFTER														
	MALE	SAM BECKWITH													
	FEMALE	ELLEN STEIN													
	BENCH PRESS														
	MALE	SAM BECKWITH													
	FEMALE	APRIL SHUMAKER													
	DEAD LIFT														
	MALE	SAM BECKWITH													
	FEMALE	ELLEN STEIN													
	JUDGES	International: Andrew Yerrakadu													
		National: Richard Ficca, Jenn Rotsinger and Scott Simonson													
		State: Rafe Brox													
		Practical: Alex Genille													