

USPA Ironville Classic Powerlifting Championship June 22, 2019 Waynesville, MO

| | Name | State | Wt class | Weight | Age | SQ Kg | BP Kg | DL Kg | Total Kg | Wilks Total | McC Total | SQ Lbs | BP Lbs | DL Lbs | Total Lbs |
|-------------------------------|-------------------|-------|----------|--------|-----|-------|-------|-------|----------|-------------|-----------|--------|--------|--------|-----------|
| Women Raw Powerlifting | | | | | | | | | | | | | | | |
| | 56kg Open | | | | | | | | | | | | | | |
| 1 | Desiree Eay | Guam | 56kg | 56 | 34 | 137.5 | 87.5 | 177.5 | 402.5 | 473.582 | | 303.1 | 192.9 | 391.3 | 887.4 |
| | 60kg Open | | | | | | | | | | | | | | |
| 1 | Brittany Liberson | MO | 60kg | 59.5 | 33 | 125 | 75 | 160 | 360 | 403.956 | | 275.6 | 165.3 | 352.7 | 793.7 |
| | 67.5kg Open | | | | | | | | | | | | | | |
| 1 | Jessica Slivinski | MO | 67.5kg | 66.7 | 28 | 160 | 87.5 | 197.5 | 445 | 458.083 | | 352.7 | 192.9 | 435.4 | 981 |
| | 75kg Open | | | | | | | | | | | | | | |
| 1 | Kelsey Kalish | MO | 75kg | 69.95 | 24 | 145 | 75 | 155 | 375 | 373.238 | | 319.7 | 165.3 | 341.7 | 826.7 |
| 2 | Katie Biddle | MO | 75kg | 74.1 | 26 | 90 | 52.5 | 117.5 | 260 | 249.054 | | 198.4 | 115.7 | 259 | 573.2 |
| | 82.5kg Open | | | | | | | | | | | | | | |
| 1 | Monica White | MO | 82.5kg | 81.2 | 27 | 117.5 | 62.5 | 140 | 320 | 290.432 | | 259 | 137.8 | 308.6 | 705.5 |
| | SHW Open | | | | | | | | | | | | | | |
| 1 | Rachel Cook | MO | SHW | 105.2 | 25 | 137.5 | 65 | 147.5 | 350 | 287.49 | | 303.1 | 143.3 | 325.2 | 771.6 |
| | 82.5kg Submaster | | | | | | | | | | | | | | |
| 1 | Ginny Akins | MO | 82.5kg | 80.05 | 39 | 55 | 50 | 100 | 205 | 187.514 | | 121.3 | 110.2 | 220.5 | 451.9 |
| | 90kg Submaster | | | | | | | | | | | | | | |
| 1 | Jennifer Harris | NE | 90kg | 85.25 | 37 | 110 | 52.5 | 127.5 | 290 | 256.737 | | 242.5 | 115.7 | 281.1 | 639.3 |
| | 75kg Master 55-59 | | | | | | | | | | | | | | |
| 1 | Trina Allen | MO | 75kg | 70.6 | 58 | 62.5 | 37.5 | 97.5 | 197.5 | 195.328 | 252.168 | 137.8 | 82.7 | 214.9 | 435.4 |
| | 90kg Master 55-59 | | | | | | | | | | | | | | |
| 1 | Stacie Korte | MO | 90kg | 82.7 | 57 | 105 | 65 | 155 | 325 | 292.11 | 370.395 | 231.5 | 143.3 | 341.7 | 716.5 |
| Men Raw Powerlifting | | | | | | | | | | | | | | | |
| | 82.5kg Jr 20-23 | | | | | | | | | | | | | | |
| 1 | Darian Moody | MO | 82.5kg | 79.25 | 23 | 175 | 102.5 | 197.5 | 475 | 326.23 | | 385.8 | 226 | 435.4 | 1047.2 |
| | 90kg Jr 20-23 | | | | | | | | | | | | | | |
| 1 | Evan Miller | MO | 90kg | 88.8 | 23 | 215 | 130 | 240 | 585 | 376.038 | | 474 | 286.6 | 529.1 | 1289.7 |
| | 100kg Jr 18-19 | | | | | | | | | | | | | | |
| 1 | Connor Schobernd | IL | 100kg | 91.3 | 18 | 170 | 115 | 197.5 | 482.5 | 305.809 | | 374.8 | 253.5 | 435.4 | 1063.7 |
| | 110kg Jr 20-23 | | | | | | | | | | | | | | |
| 1 | Cody Clem | MO | 110kg | 109.8 | 22 | 265 | 152.5 | 280 | 697.5 | 410.688 | | 584.2 | 336.2 | 617.3 | 1537.7 |
| | 125kg Jr 20-23 | | | | | | | | | | | | | | |
| 1 | Alec Deherrera | KS | 125kg | 124 | 22 | 205 | 127.5 | 257.5 | 590 | 336.772 | | 451.9 | 281.1 | 567.7 | 1300.7 |
| | 82.5kg Open | | | | | | | | | | | | | | |
| 1 | Darian Moody | MO | 82.5kg | 79.25 | 23 | 175 | 102.5 | 197.5 | 475 | 326.23 | | 385.8 | 226 | 435.4 | 1047.2 |

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| | Name | State | Wt class | Weight | Age | SQ Kg | BP Kg | DL Kg | Total Kg | Wilks Total | McC Total | SQ Lbs | BP Lbs | DL Lbs | Total Lbs |
|---------------------------------------|--------------------|-------|----------|--------|-----|-------|-------|-------|----------|-------------|-----------|--------|--------|--------|-----------|
| | 90kg Open | | | | | | | | | | | | | | |
| 1 | Alex Beckmann | MO | 90kg | 88.6 | 27 | 227.5 | 152.5 | 272.5 | 652.5 | 419.949 | | 501.5 | 336.2 | 600.8 | 1438.5 |
| | 110kg Open | | | | | | | | | | | | | | |
| 1 | Cedric Green | MO | 110kg | 108 | 23 | 195 | 160 | 280 | 635 | 375.857 | | 429.9 | 352.7 | 617.3 | 1399.9 |
| | 125kg Open | | | | | | | | | | | | | | |
| 1 | John Ross | MO | 125kg | 123.3 | 30 | 282.5 | 182.5 | 290 | 755 | 431.483 | | 622.8 | 402.3 | 639.3 | 1664.5 |
| 2 | Zach Liberson | MO | 125kg | 121.3 | 33 | 255 | 170 | 282.5 | 707.5 | 405.751 | | 562.2 | 374.8 | 622.8 | 1559.8 |
| 3 | Jonathan Zastrow | MO | 125kg | 116.8 | 27 | 215 | 130 | 215 | 560 | 324.072 | | 474 | 286.6 | 474 | 1234.6 |
| | SHW Open | | | | | | | | | | | | | | |
| 1 | Jordan Gibson | MO | SHW | 173.65 | 27 | 260 | 112.5 | 255 | 627.5 | 339.666 | | 573.2 | 248 | 562.2 | 1383.4 |
| | 140kg Master 45-49 | | | | | | | | | | | | | | |
| 1 | Robert Lortz | MO | 140kg | 135.15 | 45 | 185 | 150 | 260 | 595 | 334.331 | 352.719 | 407.9 | 330.7 | 573.2 | 1311.7 |
| Women Classic Raw Powerlifting | | | | | | | | | | | | | | | |
| | 60kg Open | | | | | | | | | | | | | | |
| 1 | Britney Ortega | MO | 60kg | 58.5 | 27 | 140 | 65 | 127.5 | 332.5 | 378.086 | | 308.6 | 143.3 | 281.1 | 733 |
| | SHW Open | | | | | | | | | | | | | | |
| DQ | Veronica Guffey | MO | SHW | 109.3 | 30 | 135 | 62.5 | 0 | 0 | 0 | | 297.6 | 137.8 | 0 | 0 |
| Men Classic Raw Powerlifting | | | | | | | | | | | | | | | |
| | 75kg Jr 20-23 | | | | | | | | | | | | | | |
| 1 | David Potter | KS | 75kg | 75 | 23 | 197.5 | 120 | 172.5 | 490 | 349.174 | | 435.4 | 264.6 | 380.3 | 1080.3 |
| | 90kg Jr 18-19 | | | | | | | | | | | | | | |
| 1 | Lucas Pagano | MO | 90kg | 87.45 | 19 | 195 | 132.5 | 202.5 | 530 | 343.493 | | 429.9 | 292.1 | 446.4 | 1168.4 |
| | 100kg Open | | | | | | | | | | | | | | |
| 1 | Zachary Walker | MO | 100kg | 98.9 | 26 | 267.5 | 172.5 | 297.5 | 737.5 | 450.834 | | 589.7 | 380.3 | 655.9 | 1625.9 |
| 2 | Frank Boniello | MO | 100kg | 96.75 | 26 | 255 | 175 | 290 | 720 | 444.24 | | 562.2 | 385.8 | 639.3 | 1587.3 |
| | 125kg Open | | | | | | | | | | | | | | |
| 1 | Jay Brueggeman | MO | 125kg | 123.65 | 39 | 335 | 207.5 | 295 | 837.5 | 478.296 | | 738.5 | 457.5 | 650.4 | 1846.4 |
| 2 | Terry Held | MO | 125kg | 110.3 | 49 | 255 | 170 | 265 | 690 | 405.72 | 451.566 | 562.2 | 374.8 | 584.2 | 1521.2 |
| | 125kg Submaster | | | | | | | | | | | | | | |
| 1 | Jay Brueggeman | MO | 125kg | 123.65 | 39 | 335 | 207.5 | 295 | 837.5 | 478.296 | | 738.5 | 457.5 | 650.4 | 1846.4 |
| | 90kg Master 40-44 | | | | | | | | | | | | | | |
| 1 | Kevin Chapman | MO | 90kg | 86.9 | 43 | 227.5 | 125 | 230 | 582.5 | 378.8 | 390.543 | 501.5 | 275.6 | 507.1 | 1284.2 |
| | 125kg Master 45-49 | | | | | | | | | | | | | | |
| 1 | Terry Held | MO | 125kg | 110.3 | 49 | 255 | 170 | 265 | 690 | 405.72 | 451.566 | 562.2 | 374.8 | 584.2 | 1521.2 |
| Men Single Ply Powerlifting | | | | | | | | | | | | | | | |
| | 90kg Open | | | | | | | | | | | | | | |
| 1 | Alaa Ahmed | MO | 90kg | 89.6 | 35 | 295 | 205 | 285 | 785 | 502.243 | | 650.4 | 451.9 | 628.3 | 1730.6 |

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|-------------------------------------|---------------------|-------|----------|--------|-----|-------|-------|----------|----------|-------------|-----------|--------|--------|--------|-----------|
| Men Raw Bench Only | | | | | | | | | | | | | | | |
| | 90kg Jr 18-19 | | | | | | | | | | | | | | |
| 1 | Lucas Pagano | MO | 90kg | 87.45 | 19 | | 132.5 | | 132.5 | 85.873 | | | 292.1 | | 292.1 |
| | 110kg Open | | | | | | | | | | | | | | |
| 1 | Mark Daniels | MO | 110kg | 103.35 | 41 | | 185 | | 185 | 111.185 | 112.297 | | 407.9 | | 407.9 |
| | 110kg Master 40-44 | | | | | | | | | | | | | | |
| 1 | Mark Daniels | MO | 110kg | 103.35 | 41 | | 185 | | 185 | 111.185 | 112.297 | | 407.9 | | 407.9 |
| | 140kg Master 45-49 | | | | | | | | | | | | | | |
| 1 | Michael Covington | KS | 140kg | 130.3 | 49 | | 155 | | 155 | 87.637 | 97.54 | | 341.7 | | 341.7 |
| Men Single Ply Bench Only | | | | | | | | | | | | | | | |
| | 90kg Open | | | | | | | | | | | | | | |
| 1 | Alaa Ahmed | MO | 90kg | 89.6 | 35 | | 205 | | 205 | 131.159 | | | 451.9 | | 451.9 |
| | 110kg Open | | | | | | | | | | | | | | |
| 1 | Trenton Eades | MO | 110kg | 103.85 | 31 | | 220 | | 220 | 131.978 | | | 485 | | 485 |
| | 110kg Master 50-54 | | | | | | | | | | | | | | |
| 1 | Rodney Wood | MO | 110kg | 106.25 | 50 | | 242.5 | | 242.5 | 144.312 | 163.073 | | 534.6 | | 534.6 |
| Men Single Ply Deadlift Only | | | | | | | | | | | | | | | |
| | 90kg Open | | | | | | | | | | | | | | |
| 1 | Alaa Ahmed | MO | 90kg | 89.6 | 35 | | | 285 | 285 | 182.343 | | | | 628.3 | 628.3 |
| Women Raw Push-Pull | | | | | | | | | | | | | | | |
| | 82.5kg Master 70-74 | | | | | | | | | | | | | | |
| 1 | Anna Haney | MO | 82.5kg | 79.45 | 70 | | 72.5 | 145 | 217.5 | 199.796 | 328.664 | | 159.8 | 319.7 | 479.5 |
| | | | | | | | | 4th: 150 | | | | | | | |
| Men Raw Push-Pull | | | | | | | | | | | | | | | |
| | 125kg Open | | | | | | | | | | | | | | |
| 1 | Scott Baquet | IL | 125kg | 122.05 | 34 | | 132.5 | 150 | 282.5 | 161.788 | | | 292.1 | 330.7 | 622.8 |

| | Name | State | Wt class | Weight | Age | SQ Kg | BP Kg | DL Kg | Total Kg | Wilks Total | McC Total | SQ Lbs | BP Lbs | DL Lbs | Total Lbs |
|------------------------------|----------------------------------|---------------|----------|--------|-----|-------|-------|-------|----------|-------------|-----------|--------|--------|--------|-----------|
| Women's Best Lifters | | | | | | | | | | | | | | | |
| 1 | Desiree Eay | 473.582 | | | | | | | | | | | | | |
| 2 | Jessica Slivinski | 458.083 | | | | | | | | | | | | | |
| 3 | Brittany Liberson | 403.956 | | | | | | | | | | | | | |
| Men's Best Lifters | | | | | | | | | | | | | | | |
| 1 | Jay Brueggeman | 478.296 | | | | | | | | | | | | | |
| 2 | Zachary Walker | 450.834 | | | | | | | | | | | | | |
| 3 | Frank Boniello | 444.24 | | | | | | | | | | | | | |
| Thank you to our referees: | | | | | | | | | | | | | | | |
| | Jim Bell | International | | | | | | | | | | | | | |
| | Bill Duncan | National | | | | | | | | | | | | | |
| | Rodney Wood | National | | | | | | | | | | | | | |
| | Ed Finnell | National | | | | | | | | | | | | | |
| | Phyllis Finnell | National | | | | | | | | | | | | | |
| | Tom Urani | National | | | | | | | | | | | | | |
| | Ed Zimmerman | National | | | | | | | | | | | | | |
| | Linda Ray | State | | | | | | | | | | | | | |
| | Lynette Ritchie | State | | | | | | | | | | | | | |
| | Tim Ritchie | State | | | | | | | | | | | | | |
| | Frankie Murrieta | State | | | | | | | | | | | | | |
| | Sheena Hodges | State | | | | | | | | | | | | | |
| Spotters/Loaders | | | | | | | | | | | | | | | |
| Fort Leonard Wood Engineers: | | | | | | | | | | | | | | | |
| | SSG Brandon Loeder | | | | | | | | | | | | | | |
| | SSG Mark Marzka | | | | | | | | | | | | | | |
| | SSG Jonathan McKenzie | | | | | | | | | | | | | | |
| | SSG James Morrissey | | | | | | | | | | | | | | |
| | SSG James Ngethe | | | | | | | | | | | | | | |
| | SSG Joseph Pridgen | | | | | | | | | | | | | | |
| | SSG Stephano Porter | | | | | | | | | | | | | | |
| | SSG Jacob Piotrowski | | | | | | | | | | | | | | |
| | SSG Jonathan Peers | | | | | | | | | | | | | | |
| | SSG Glenn Payongayong | | | | | | | | | | | | | | |
| | SSG Brian Nyers | | | | | | | | | | | | | | |
| Sponsors/Vendors | | | | | | | | | | | | | | | |
| | The Ark Community & Sport Center | | | | | | | | | | | | | | |
| | Ozark Nutrition | | | | | | | | | | | | | | |
| | Strange Donuts | | | | | | | | | | | | | | |
| | Squat 2 Depth Apparel | | | | | | | | | | | | | | |
| | Brush Creek Valley Farms | | | | | | | | | | | | | | |
| | Showtime Tigers Football Team | | | | | | | | | | | | | | |