

USPA Drug Tested Muscle Mine Classic November 13, 2021 Westminster, MD

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Junior													
	48kg Jr 20-23																
1	Erika Nguyen	VA	48kg	46.8	23	80	85	92.5	52.5	57.5	62.5	87.5	100	110	255	335.25	
	56kg Jr 18-19																
1	Reanna Nguyen	MD	56kg	53.7	19	62.5	67.5	72.5	30	30	35	95	102.5	105	207.5	247.386	
	60kg Jr 20-23																
1	Olivia Mowery	PA	60kg	59.1	22	100	107.5	112.5	47.5	52.5	57.5	100	107.5	112.5	277.5	310.585	
	67.5kg Jr 18-19																
1	Shannon Van	MD	67.5kg	66.7	19	75	85	97.5	45	50	55	105	125	137.5	272.5	283.279	
	90kg Jr 20-23																
1	Aaliyah Stewart	MD	90kg	88.7	23	165	177.5	185	85	95	102.5	190	212.5	227.5	500	448.656	
	Women Raw Powerlifting			Open													
	56kg Open																
1	Ashley Ouzts	MD	56kg	54	37	100	107.5	110	55	57.5	---	130	140	145	310	368.193	
	60kg Open																
1	Ashlyn Ricewick	MD	60kg	56.8	24	90	97.5	102.5	50	55	---	110	120	122.5	277.5	318.663	
	67.5kg Open																
1	Ingrid Gooch	MD	67.5kg	63.5	26	107.5	115	122.5	60	67.5	72.5	107.5	117.5	127.5	317.5	339.841	
2	Ashley Basso	MD	67.5kg	62.6	31	97.5	100	100	52.5	52.5	55	130	135	140	295	318.513	
3	Shannon Van	MD	67.5kg	66.7	19	75	85	97.5	45	50	55	105	125	137.5	272.5	283.279	
4	Stephany Byington	MD	67.5kg	67.3	26	50	60	70	30	40	42.5	55	72.5	82.5	195	201.662	
	75kg Open																
1	Rose BrownEagle	MD	75kg	74.5	36	132.5	140	142.5	70	75	77.5	135	140	140	352.5	344.546	
2	Brenna Hannigan	MD	75kg	71.2	24	95	100	112.5	50	55	57.5	137.5	145	160	312.5	313.042	
3	Holly Rettig	MD	75kg	74.6	42	87.5	97.5	105	50	55	57.5	107.5	117.5	127.5	290	283.255	288.92
	82.5kg Open																
1	Amy Lingenfelder	MD	82.5kg	82.5	37	160	170	177.5	85	92.5	92.5	180	192.5	197.5	455	422.299	
	90kg Open																
1	Aaliyah Stewart	MD	90kg	88.7	23	165	177.5	185	85	95	102.5	190	212.5	227.5	500	448.656	

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	67.5kg Open																
DQ	Jared Caroff	PA	67.5kg	66.1	30	197.5	205	205	132.5	137.5	137.5	205	205	205	0	0	
	75kg Open																
1	Nischal Singh	MD	75kg	74.3	28	195	205	210	117.5	125	130	207.5	215	220	560	404.184	
	82.5kg Open																
1	Geane Valdez	MD	82.5kg	79.1	25	195	212.5	227.5	125	137.5	142.5	240	260	272.5	637.5	442.549	
2	Michael Modzelewski	PA	82.5kg	81.8	32	215	230	240	120	127.5	137.5	225	230	240	597.5	406.711	
	90kg Open																
1	Javon Sawyer	md	90kg	84.7	25	192.5	195	205	120	125	130	237.5	247.5	255	585	390.511	
2	Connor Cole	MD	90kg	89.8	25	180	190	190	125	127.5	135	225	235	242.5	560	362.503	
3	Abdullateef Afinnih	MD	90kg	85.3	18	175	180	185	80	87.5	95	227.5	237.5	252.5	515	342.465	
	100kg Open																
1	Daniel Harrison	MD	100kg	95.4	25	205	220	230	110	122.5	130	255	272.5	277.5	625	392.902	
2	Kaisheem Muhammad	MD	100kg	95.5	45	212.5	222.5	227.5	127.5	135	140	227.5	237.5	240	607.5	381.715	402.71
3	Ryan Hollinger	MD	100kg	97.2	28	170	185	192.5	120	130	137.5	210	225	240	547.5	341.252	
4	David Highhouse	PA	100kg	95.3	35	192.5	200	200	105	112.5	127.5	222.5	232.5	235	545	342.777	
	110kg Open																
1	Joshua Guy	MD	110kg	106.8	30	235	255	260	175	182.5	182.5	275	282.5	290	720	431.302	
2	Wyatt Williams	MD	110kg	109	26	220	235	247.5	155	165	177.5	235	250	260	672.5	399.68	
3	Nikolas Bender	MD	110kg	109.1	31	220	240	252.5	137.5	150	162.5	242.5	260	275	665	395.085	
	125kg Open																
1	Allen Jefferson	MD	125kg	125	38	267.5	280	280	177.5	192.5	---	300	312.5	323	780.5	442.353	
2	Alex Heo	MD	125kg	115.3	33	225	232.5	240	152.5	160	162.5	245	265	265	667.5	388.626	
	140kg Open																
1	Holden Keane	MD	140kg	131.2	25	257.5	272.5	282.5	160	170	177.5	222.5	242.5	257.5	710	396.464	
	Men Raw Powerlifting																
	100kg Submaster																
1	David Highhouse	PA	100kg	95.3	35	192.5	200	200	105	112.5	127.5	222.5	232.5	235	545	342.777	
	125kg Submaster																
1	Allen Jefferson	MD	125kg	125	38	267.5	280	280	177.5	192.5	---	300	312.5	323	780.5	442.353	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Men Raw Powerlifting				Master														
	90kg Master 40-44																	
1	Ellwood Miles	MD	90kg	89	40	205	215	215	142.5	142.5	150	237.5	237.5	237.5	585	380.412	380.412	
	100kg Master 45-49																	
1	Kaisheem Muhammad	MD	100kg	95.5	45	212.5	222.5	227.5	127.5	135	140	227.5	237.5	240	607.5	381.715	402.71	
	110kg Master 40-44																	
1	Christian Nagle	PA	110kg	103.7	42	130	150	160	97.5	105	110	175	187.5	192.5	462.5	280.349	285.956	
Women Classic Raw Powerlifting				Open														
	67.5kg Open																	
1	Rachel Formy Duval	VA	67.5kg	61.4	25	115	125	127.5	52.5	57.5	60	140	152.5	155	340	371.504		
	75kg Open																	
1	Katie Dean	Md	75kg	72.8	30	60	62.5	72.5	45	45	52.5	100	105	112.5	230	227.613		
	82.5kg Open																	
1	Jennifer Watson	VA	82.5kg	80.4	35	137.5	147.5	157.5	65	70	72.5	152.5	162.5	170	392.5	368.918		
	SHW Open																	
1	Emily Douglas	MD	SHW	120.3	39	175	187.5	197.5	80	87.5	92.5	165	172.5	182.5	472.5	378.854		
2	Ashley Harig	MD	SHW	111.7	45	142.5	155	155	75	80	85	140	152.5	160	400	328.048	346.091	
Women Classic Raw Powerlifting				Submaster														
	82.5kg Submaster																	
1	Jennifer Watson	VA	82.5kg	80.4	35	137.5	147.5	157.5	65	70	72.5	152.5	162.5	170	392.5	368.918		
Women Classic Raw Powerlifting				Master														
	SHW Master 45-49																	
1	Ashley Harig	MD	SHW	111.7	45	142.5	155	155	75	80	85	140	152.5	160	400	328.048	346.091	
Men Classic Raw Powerlifting				Junior														
	90kg Jr 20-23																	
1	Michael Fox	VA	90kg	89	23	200	210	220	135	142.5	147.5	215	220	230	592.5	385.289		
Men Classic Raw Powerlifting				Open														
	140kg Open																	
1	John Flagg	MD	140kg	129.5	37	327.5	345	362.5	205	227.5	227.5	285	302.5	317.5	867.5	486.315		

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Men Classic Raw Powerlifting				Master													
	90kg Master 65-69																
1	Robert Moore	MD	90kg	86.3	68	165	172.5	177.5	127.5	132.5	132.5	165	170	177.5	475	313.892	494.695
	110kg Master 40-44																
1	Adam Moore	MD	110kg	108.4	40	215	217.5	222.5	135	140	142.5	215	220	227.5	585	348.413	348.413
Women Raw Bench Only				Junior													
	48kg Jr 20-23																
1	Erika Nguyen	VA	48kg	46.8	23				52.5	57.5	62.5				62.5	82.169	
Women Raw Bench Only				Master													
	60kg Master 40-44																
1	Mollie Stone	Md	60kg	58.3	40				40	42.5	50				42.5	47.984	47.984
	75kg Master 70-74																
1	Nancy Slocumb	MD	75kg	68.4	74				37.5	40	42.5				40	40.983	73.564
Men Raw Bench Only				Open													
	82.5kg Open																
1	Howard Sturman	MD	82.5kg	82.4	63				155	155	162.5				155	105.068	149.302
	90kg Open																
1	Jonathan Seipel	MD	90kg	88.9	27				152.5	165	172.5				165	107.358	
	140kg Open																
1	John Flagg	MD	140kg	129.5	37				205	227.5	227.5				205	114.922	
Men Raw Bench Only				Master													
	82.5kg Master 60-64																
1	Howard Sturman	MD	82.5kg	82.4	63				155	155	162.5				155	105.068	149.302
Women Raw Deadlift Only				Master													
	60kg Master 40-44																
1	Mollie Stone	Md	60kg	58.3	40							92.5	97.5	107.5	107.5	121.373	121.373
	75kg Master 70-74																
1	Nancy Slocumb	MD	75kg	68.4	74							65	67.5	70	70	71.72	128.737
Men Raw Deadlift Only				Master													
	90kg Master 65-69																
1	Kenneth Smith	MD	90kg	86.8	67							202.5	202.5	215	215	141.642	218.554

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	Best Lifters														Record Color Codes					
	Aaliyah Stewart	Raw	PL	Jr	Women														State	
	Stephen Davis	Raw	PL	Jr	Men														National	
	Aaliyah Stewart	Raw	PL	Open	Women															
	Geane Valdez	Raw	PL	Open	Men															
	Emily Douglas	Clraw	PL	Open	Women															
	Meet Director:	Bobby Bowlin																		
	Referees																			
	International:	Bobby Bowlin																		
	National:	Jim Mingle, Travis Rogers, Jessica Rogers, Eddie Harrington III																		
	State:	Katie Intini, Ashley Gray, Josh Miller, Casey Dykman																		
	Support Personnel:	Jordon Taylor																		
	Spotter/Loaders:	Dave Wieser, Kelsey Fendlay, Jennie Pratt, Jeff Billings, Brian Bowers, Mike Carr, Josh, Gun, Steven Graybeal																		
	Tested Lifters:	Aakitah Stewart, Amy Lingenfelder, John Flagg, Geane Valdez, Allen Jefferson, Erika Nguyen																		