

USPA Women of Iron November 5, 2022 Crestview, FL

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
48kg Jr																	
GL	Layla Hicks	FL	48kg	48.0	12	67.5	75	80	37.5	42.5	45	87.5	92.5	100	210	270.994	
52kg Jr 16-17																	
1	Lily Priddy	FL	52kg	51.5	17	100	100	105	67.5	70	72.5	112.5	115	117.5	287.5	352.803	
60kg Jr																	
GL	Scarlett Helm	FL	60kg	56.4	11	47.5	52.5	57.5	25	30	32.5	70	77.5	85	175	201.894	
60kg Jr 20-23																	
1	Lydia Kellar	WA	60kg	58.0	23	117.5	125	130	60	62.5	65	120	125	130	320	362.5	
82.5kg Jr 18-19																	
1	Macy Gauch	IL	82.5kg	75.4	19	97.5	105	112.5	62.5	65	70	120	125	140 (143)	317.5	308.372	
Women Raw Powerlifting			Open														
60kg Open																	
1	Lauren Smith	FL	60kg	58.6	31	125	127.5	137.5	67.5	70	75	155	165	177.5	375	421.998	
2	Rachel Casel	FL	60kg	59.4	26	105	120	135	60	72.5	77.5	140	147.5	157.5	340	379.312	
DQ	Katelynn Coulier	FL	60kg	60.0	27	92.5	97.5	97.5	50	55	57.5	112.5	120	130	0	0	
67.5kg Open																	
1	Shea Fayard	MS	67.5kg	64.4	34	132.5	140	150	75	82.5	85	165	177.5	182.5	415	440.454	
2	Erin Kellar	LA	67.5kg	67.2	26	142.5	150	155	65	67.5	70	170	180	185	400	414.023	
3	Janna Moretti	FL	67.5kg	66.8	42	130	145	150	85	92.5	95	130	142.5	155	395	410.267	418.472
4	Sara Hannie	LA	67.5kg	66.9	37	130	135	140	70	75	75	152.5	160	167.5	382.5	396.938	
5	Veronica Ferrell	FL	67.5kg	66.9	36	80	85	92.5	50	55	60	115	120	127.5	275	285.381	
75kg Open																	
1	Kelli Wilson	AL	75kg	74.1	28	82.5	87.5	95	62.5	67.5	72.5	122.5	130	137.5	300	294.073	
2	Hunter Young	FL	75kg	69.4	25	65	70	85	42.5	50	50	100	110	117.5	245	248.96	
82.5kg Open																	
1	Lindsay Gulsby	FL	82.5kg	81.4	29	85	95	102.5	50	55	60	95	100	110	260	242.895	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Open																
1	Brittany Wooten	FL	90kg	88.2	31	117.5	125	132.5	70	77.5	85	142.5	152.5	165	375	337.349	
2	Emily Rose	FL	90kg	87.0	28	77.5	80	82.5	42.5	45	47.5	97.5	102.5	107.5	237.5	214.989	
	100kg Open																
1	Stephanie Valladares	LA	100kg	93.1	32	192.5	205	210	120	125	133	185	190	200	520	456.84	
2	Ashley Virgilio	FL	100kg	93.9	35	120	127.5	137.5	67.5	72.5	77.5	120	132.5	140	350	306.378	
DQ	Megan Urquhart	FL	100kg	99.9	37	100	105	112.5	62.5	62.5	62.5	105	112.5	125	0	0	
	110kg Open																
1	Kelly Patterson	FL	110kg	103.0	31	100	100	107.5	57.5	62.5	65	127.5	137.5	147.5	310	261.575	
	110+ Open																
1	Tiffany Runnels	LA	110+	114.0	44	170	170	177.5	85	92.5	97.5	177.5	185	192.5	455	370.717	386.658
	Women Raw Powerlifting			Submaster													
	52kg Submaster																
1	Rachel Briggs	FL	52kg	49.5	37	77.5	80	85	50	52.5	55	100	105	110	247.5	312.355	
	67.5kg Submaster																
1	Sara Hannie	LA	67.5kg	66.9	37	130	135	140	70	75	75	152.5	160	167.5	382.5	396.938	
2	Veronica Ferrell	FL	67.5kg	66.9	36	80	85	92.5	50	55	60	115	120	127.5	275	285.381	
	100kg Submaster																
1	Ashley Virgilio	FL	100kg	93.9	35	120	127.5	137.5	67.5	72.5	77.5	120	132.5	140	350	306.378	
DQ	Megan Urquhart	FL	100kg	99.9	37	100	105	112.5	62.5	62.5	62.5	105	112.5	125	0	0	
	Women Raw Powerlifting			Master													
	67.5kg Master 40-44																
1	Janna Moretti	FL	67.5kg	66.8	42	130	145	150	85	92.5	95	130	142.5	155	395	410.267	418.472
	75kg Master 65-69																
1	Kim Ritchey	FL	75kg	74.0	66	57.5	62.5	70	42.5	47.5	50	85	92.5	102.5	220	215.809	326.088
													(107.5)				

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110+ Master 40-44																
1	Tiffany Runnels	LA	110+	114.0	44	170	170	177.5	85	92.5	97.5	177.5	185	192.5	455	370.717	386.658
	110+ Master 45-49																
DQ	Tennille Anderson	FL	110+	144.7	46	85	85	85	40	45	47.5	100	105	110	0	0	0
	Women Classic Raw Powerlifting			Junior													
	82.5kg Jr 20-23																
1	Dylan Crenshaw	MS	82.5kg	79.2	20	140	150	160	92.5	100	112.5	140	150	155	415	393.005	
	Women Classic Raw Powerlifting			Open													
	67.5kg Open																
1	Melissa Magee	MS	67.5kg	67.4	57	75	85	92.5	62.5	67.5	70	112.5	127.5	130	292.5	302.234	383.233
	82.5kg Open																
1	Dylan Crenshaw	MS	82.5kg	79.2	20	140	150	160	92.5	100	112.5	140	150	155	415	393.005	
	Women Classic Raw Powerlifting			Master													
	67.5kg Master 55-59																
1	Melissa Magee	MS	67.5kg	67.4	57	75	85	92.5	62.5	67.5	70	112.5	127.5	130	292.5	302.234	383.233
	67.5kg Master 60-64																
1	Kimberly Wash	FL	67.5kg	64.7	61	65	70	75	40	42.5	45	82.5	90	95	212.5	224.908	307.224
	100kg Master 55-59																
1	Vicky Fox	MS	100kg	95.4	55	92.5	100	102.5	50	55	55	117.5	125	132.5	277.5	241.315	295.611
	Women Single Ply Powerlifting			Junior													
	75kg Jr 20-23																
1	Mary Claire Dale	MS	75kg	71.1	20	150	160	165	82.5	90	90	155	165	173	420.5	421.557	
	Women Single Ply Powerlifting			Open													
	67.5kg Open																
1	Megan Morgan	MS	67.5kg	63.8	35	107.5	115	125	70	75	80	120	130	140	335	357.553	
	Women Single Ply Powerlifting			Submaster													
	60kg Submaster																
1	Lindy Farve	MS	60kg	57.3	35	117.5	125	125	65	65	70	130	140	140	327.5	373.931	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110+ Master 65-69																
1	Jeanie Phillips	AL	110+	118.5	65				43	-52.5	-52.5	-102	102	-110	145	116.763	121.562
Women Single Ply Push-Pull			Submaster														
	60kg Submaster																
1	Lindy Farve	MS	60kg	57.3	35				65	65	70	130	140	140	210	239.773	
Best Lifters																	
Name		Equip	Events	Comp	Sex							Record Color Codes					
Stephanie Valladares		Raw	PL	Open	Women							State					
								National									
Meet Director:		John Micka															
Referees																	
International:		John Micka, Amanda Micka, Joe Keith															
National:		Reese Allemore															
State:		Persephonie Vigil, Paige Kimball, Ryan Kimball, Ken Bellis, Richard Stewart, Katie Patterson, Amy Hermann-Spears															
Spotter/Loaders:		Thomas Bjorvig, David Meneely, Kyle Flores, Christian Suggs, Draven Reed, Jeff Cantillon															