

USPA Tested Sleighin Weights 2024 December 7, 2024 Bremerton, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
56kg Open																	
1	Vanessa Shelton	WA	56kg	55.1	26	110	117.5	<del>-122.5</del>	62.5	72.5	<del>-75</del>	127.5	137.5	150	340	398.374	
67.5kg Open																	
1	Vanessa Rodriguez	WA	67.5kg	65.6	27	107.5	112.5	117.5	65	<del>-70</del>	<del>-70</del>	137.5	147.5	157.5	340	356.914	
2	Monique Brady	WA	67.5kg	64.25	26	<del>-110</del>	<del>-117.5</del>	117.5	47.5	52.5	<del>-55</del>	127.5	140	150	320	340.102	
75kg Open																	
1	Endrea Bell-Mitchell	WA	75kg	72.55	32	125	135	<del>-140</del>	55	<del>-60</del>	<del>-60</del>	132.5	145	<del>-152.5</del>	335	332.144	
82.5kg Open																	
DQ	Liliya Shtikel	WA	82.5kg	81.3	35	162.5	<del>-175</del>	<del>-175</del>	<del>-102.5</del>	<del>-102.5</del>	<del>-102.5</del>	182.5	<del>-192.5</del>	<del>-202.5</del>	0	0	
110kg Open																	
1	Krislyn Gauyan	WA	110kg	105.1	32	117.5	<del>-125</del>	127.5	42.5	47.5	50	117.5	122.5	130	307.5	257.546	
110+ Open																	
1	Mackenzie Prior	WA	110+	114.6	28	125	137.5	142.5	62.5	70	<del>-72.5</del>	135	150	165	377.5	307.067	
Women Raw Powerlifting		Submaster															
67.5kg Submaster																	
DQ	Shamra Smith	WA	67.5kg	66.05	36	<del>-100</del>	<del>-100</del>	<del>-100</del>	47.5	<del>-55</del>	<del>-55</del>	112.5	120	<del>-132.5</del>	0	0	
82.5kg Submaster																	
DQ	Liliya Shtikel	WA	82.5kg	81.3	35	162.5	<del>-175</del>	<del>-175</del>	<del>-102.5</del>	<del>-102.5</del>	<del>-102.5</del>	182.5	<del>-192.5</del>	<del>-202.5</del>	0	0	
Men Raw Powerlifting		Junior															
82.5kg Jr 16-17																	
DQ	Jayden Freeman	WA	82.5kg	76.8	17	<del>-112.5</del>	120	132.5	<del>-85</del>	<del>-92.5</del>	<del>-92.5</del>	165	182.5	192.5	0	0	
82.5kg Jr 20-23																	
1	Enrique Sanchez	ID	82.5kg	78..9	23	212.5	217.5	225	115	<del>-127.5</del>	<del>-127.5</del>	215	225	<del>-240</del>	565	392.815	
90kg Jr 18-19																	
1	Nathanael Garthe	WA	90kg	90	19	202.5	215	227.5	135	<del>-142.5</del>	<del>-142.5</del>	190	205	<del>-215</del>	567.5	366.946	
90kg Jr 20-23																	
1	Aaron Brimmer	WA	90kg	87.65	20	195	207.5	217.5	<del>-120</del>	125	<del>-132.5</del>	240	262.5	<del>-</del>	605	396.538	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Jr 16-17																
1	Cooper Greene	WA	100kg	99.45	17	90	95	100	65	72.5	<del>77.5</del>	117.5	125	127.5	300	185.098	
	<b>Men Raw Powerlifting</b>		<b>Open</b>														
	67.5kg Open																
1	Jong Bark	WA	67.5kg	66.85	45	190	200	<del>205</del>	<del>115</del>	117.5	<del>122.5</del>	<del>220</del>	232.5	<del>242.5</del>	550	426.902	450.381
	75kg Open																
1	Albert Ardiente	WA	75kg	73.5	33	157.5	165	170	90	95	<del>100</del>	190	202.5	<del>210</del>	467.5	339.806	
	82.5kg Open																
1	Joseph Kosgey	WA	82.5kg	78.55	29	265	280	292.5	150	<del>162.5</del>	162.5	275	295	<del>317.5</del>	750	522.832	
2	Enrique Sanchez	ID	82.5kg	78.9	23	212.5	217.5	225	115	<del>127.5</del>	<del>127.5</del>	215	225	<del>240</del>	565	392.815	
	90kg Open																
1	CJ Lumagui	WA	90kg	89.45	30	235	242.5	<del>250</del>	140	147.5	<del>152.5</del>	257.5	265	<del>272.5</del>	655	424.838	
2	Aaron Brimmer	WA	90kg	87.65	20	195	207.5	217.5	<del>120</del>	125	<del>132.5</del>	240	262.5	<del>---</del>	605	396.538	
3	Catalin Floca Maxim	WA	90kg	89.2	26	200	212.5	<del>9999</del>	112.5	122.5	127.5	200	215	227.5	567.5	368.61	
4	Nathaniael Garthe	WA	90kg	90	19	202.5	215	227.5	135	<del>142.5</del>	<del>142.5</del>	190	205	<del>215</del>	567.5	366.946	
	100kg Open																
1	Joe Dickinson	WA	100kg	99.55	28	267.5	287.5	302.5	182.5	195	202.5	275	<del>295</del>	295	800	493.378	
2	Dmytro(Dima) Timrov	WA	100kg	99.75	30	210	222.5	230	137.5	<del>145</del>	<del>147.5</del>	220	235	245	612.5	377.413	
3	Nicholas Bohall	WA	100kg	92.65	32	140	152.5	<del>---</del>	85	<del>90</del>	90	150	165	172.5	415	264.525	
	110kg Open																
1	Kevin Beamish	WA	110kg	107.1	29	222.5	230	240	132.5	145	<del>150</del>	267.5	275	282.5	667.5	399.413	
2	Quinn Gordon	OR	110kg	108.85	34	192.5	210	222.5	122.5	<del>132.5</del>	<del>132.5</del>	197.5	207.5	<del>222.5</del>	552.5	328.534	
3	Taha Pourjalali	WA	110kg	107.85	31	130	140	145	105	112.5	<del>120</del>	160	175	<del>185</del>	432.5	258.094	
	125kg Open																
1	Bennett Conrad	WA	125kg	119.25	23	182.5	195	<del>9999</del>	125	132.5	<del>---</del>	200	215	<del>227.5</del>	542.5	312.215	
	140kg Open																
1	Ryan Blowers	WA	140kg	135.65	32	217.5	220	237.5	185	190	202.5	<del>230</del>	230	<del>295</del>	670	370.485	
2	Luke Bernard	WA	140kg	129.1	25	210	227.5	<del>230</del>	125	<del>135</del>	<del>137.5</del>	240	260	<del>267.5</del>	612.5	343.686	

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Men Raw Powerlifting			Submaster															
	140kg Submaster																	
1	Ryan Fontana	WA	140kg	137.75	39	265	280	<del>292.5</del>	152.5	167.5	<del>170</del>	247.5	272.5	<del>280</del>	720	396.385		
Men Raw Powerlifting			Master															
	67.5kg Master 45-49																	
1	Jong Bark	WA	67.5kg	66.85	45	190	200	<del>205</del>	<del>115</del>	117.5	<del>122.5</del>	<del>220</del>	232.5	<del>242.5</del>	550	426.902	450.381	
	110kg Master 50-54																	
1	Craig Nordeen	WA	110kg	101.65	52	145	150	165	75	82.5	87.5	155	160	182.5	435	265.881	309.752	
Women Classic Raw Powerlifting			Open															
	67.5kg Open																	
1	Varvara Ladage	WA	67.5kg	66.6	33	110	115	120	60	<del>65</del>	<del>65</del>	130	135	140	320	332.95		
Men Classic Raw Powerlifting			Open															
	90kg Open																	
1	Robert Ludwig	WA	90kg	89.25	31	215	232.5	247.5	157.5	170	<del>177.5</del>	230	242.5	<del>272.5</del>	660	428.569		
Men Multi Ply Powerlifting			Open															
	90kg Open																	
1	Daniel Leidheiser	WA	90kg	89.3	54	<del>317.5</del>	317.5	335	165	<del>175</del>	<del>175</del>	227.5	<del>242.5</del>	<del>242.5</del>	727.5	472.265	568.607	
Men Multi Ply Powerlifting			Master															
	90kg Master 50-54																	
1	Daniel Leidheiser	WA	90kg	89.3	54	<del>317.5</del>	317.5	335	165	<del>175</del>	<del>175</del>	227.5	<del>242.5</del>	<del>242.5</del>	727.5	472.265	568.607	
Men Raw Bench Only			Open															
	82.5kg Open																	
1	Joseph Kosgey	WA	82.5kg	78.55	29				150	<del>162.5</del>	162.5				162.5	113.28		
	90kg Open																	
1	Robert Ludwig	WA	90kg	89.25	31				157.5	170	<del>177.5</del>				170	110.389		
Men Raw Deadlift Only			Open															
	82.5kg Open																	
1	Joseph Kosgey	WA	82.5kg	78.55	29							275	295	<del>317.5</del>	295	205.647		

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Vanessa Shelton		Raw	PL	Open	Women							National					
Joseph Kosgey		Raw	PL	Open	Men												
Meet Director:		Darleen Turgano															
Referees																	
National:		Darleen Turgano, Ryan Turgano, Ray Damasco															
State:		Audrey LaPoint, Scott Sanchez, April Blaise, John Blaise, Kim Gray															
Staff:		Andrea Buckel, Valerie Jenkins															
Spotter/Loaders:		Aaron Means, Aaron Hentges, Joshua Folen, Christian Folen, Erick Goins, Blake Pickard, Elvis Robinson															
Tested Lifters:		Vanessa Shelton, Joseph Kosgey, Luke Bernard															