

USPA Florida State Championships August 19, 2023 Tampa, Florida

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
100kg Open																	
1	Jessica Lazer	FL	100kg	93.4	37	82.5	<del>-97.5</del>	<del>-97.5</del>	37.5	40	42.5	117.5	120	122.5	247.5	217.142	
Women Raw Powerlifting		Submaster															
100kg Submaster																	
1	Jessica Lazer	FL	100kg	93.4	37	82.5	<del>-97.5</del>	<del>-97.5</del>	37.5	40	42.5	117.5	120	122.5	247.5	217.142	
Women Raw Powerlifting		Master															
110kg Master 40-44																	
1	Andrea Ittner	FL	110kg	102.8	40	<del>-107.5</del>	112.5	115	52.5	55	57.5	115	120	125	297.5	251.21	251.21
Men Raw Powerlifting		Junior															
67.5kg Jr 18-19																	
1	Nicolas Marraffa	FL	67.5kg	62.1	19	150	157.5	165	82.5	87.5	<del>-92.5</del>	172.5	177.5	<del>-180</del>	430	353.012	
90kg Jr 20-23																	
1	Alon Sims	GA	90kg	89.2	23	217.5	<del>-230</del>	<del>-230</del>	157.5	170	<del>-175</del>	255	<del>-267.5</del>	<del>-280</del>	642.5	417.325	
2	Cameron Mcdowell	FL	90kg	84.2	23	217.5	220	<del>-225</del>	142.5	147.5	152.5	247.5	252.5	257.5	630	421.92	
3	William Fetzner	FL	90kg	89.0	20	187.5	197.5	207.5	97.5	105	<del>-115</del>	230	242.5	<del>-252.5</del>	555	360.904	
Men Raw Powerlifting		Open															
90kg Open																	
1	Alon Sims	GA	90kg	89.2	23	217.5	<del>-230</del>	<del>-230</del>	157.5	170	<del>-175</del>	255	<del>-267.5</del>	<del>-280</del>	642.5	417.325	
2	Casey Norton	FL	90kg	89.9	24	177.5	190	<del>-197.5</del>	137.5	145	152.5	185	202.5	<del>-210</del>	545	352.595	
110kg Open																	
1	Jeffrey Dawkins	FL	110kg	108.6	30	245	262.5	272.5	192.5	207.5	<del>-215</del>	297.5	317.5	<del>-327.5</del>	797.5	474.637	
2	Chris Mangar	FL	110kg	109.4	28	245	265	275	162.5	172.5	182.5	270	290	307.5	765	454.022	
3	Cody Martin	FL	110kg	104.9	27	187.5	197.5	207.5	142.5	152.5	<del>-160</del>	265	280	292.5	652.5	393.672	
4	Tom Alspaugh	FL	110kg	103.1	50	185	195	205	150	160	170	240	255	262.5	637.5	387.352	437.708
140kg Open																	
1	Martin Espino	FL	140kg	138.1	37	260	275	282.5	197.5	202.5	207.5	302.5	312.5	<del>-320</del>	802.5	441.485	
2	Andrew Ivie	FL	140kg	138.4	27	255	275	<del>-287.5</del>	187.5	192.5	200	275	295	<del>-315</del>	770	423.345	
Men Raw Powerlifting		Submaster															
100kg Submaster																	
1	Ryan Klepko	FL	100kg	99.7	36	200	242.5	<del>-250</del>	140	<del>-150</del>	<del>-150</del>	240	262.5	<del>-272.5</del>	645	397.526	

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	140kg Submaster																
1	Martin Espino	FL	140kg	138.1	37	260	275	282.5	197.5	202.5	207.5	302.5	312.5	<del>320</del>	802.5	441.485	
	<b>Men Raw Powerlifting</b>			<b>Master</b>													
	90kg Master 40-44																
1	Bradley Hamilton	FL	90kg	88.0	43	180	195	197.5	120	132.5	<del>---</del>	190	215	<del>217.5</del>	545	356.471	367.522
	100kg Master 40-44																
1	Wayne Hubers	FL	100kg	98.9	43	205	212.5	222.5	145	147.5	<del>150</del>	293	300	<del>305</del>	670	414.391	427.237
	100kg Master 45-49																
1	Dane Chapman	FL	100kg	99.3	48	125	135	145	125	<del>132.5</del>	<del>132.5</del>	162.5	170	182.5	452.5	279.374	306.473
	100kg Master 50-54																
1	Kevin Williams	FL	100kg	96.5	52	190	197.5	205	105	<del>110</del>	110	210	220	227.5	542.5	339.246	395.221
	110kg Master 50-54																
1	Tom Alspaugh	FL	110kg	103.1	50	185	195	205	150	160	170	240	255	262.5	637.5	387.352	437.708
	110kg Master 55-59																
1	Matt Fix	FL	110kg	106.9	55	160	<del>---</del>	<del>---</del>	160	<del>---</del>	<del>---</del>	182.5	<del>---</del>	<del>---</del>	502.5	300.902	368.605
	<b>Men Classic Raw Powerlifting</b>			<b>Junior</b>													
	100kg Jr 20-23																
DQ	Manuel Torres	FL	100kg	99.9	20	245	<del>255</del>	255	<del>137.5</del>	<del>137.5</del>	<del>137.5</del>	<del>265</del>	<del>---</del>	<del>---</del>	0	0	
	<b>Men Classic Raw Powerlifting</b>			<b>Open</b>													
	100kg Open																
1	Marcello Duong	FL	100kg	91.1	24	215	<del>227.5</del>	<del>227.5</del>	142.5	<del>145</del>	<del>145</del>	242.5	<del>255</del>	255	612.5	393.648	
DQ	Isaac Standridge	FL	100kg	94.9	24	180	<del>182.5</del>	<del>182.5</del>	<del>102.5</del>	<del>102.5</del>	<del>102.5</del>	215	<del>220</del>	220	0	0	
	<b>Men Classic Raw Powerlifting</b>			<b>Master</b>													
	82.5kg Master 55-59																
1	Tim O'Brien	FL	82.5kg	79.9	57	187.5	200	202.5	122.5	127.5	132.5	192.5	202.5	212.5	547.5	377.805	479.057
	<b>Men Single Ply Powerlifting</b>			<b>Open</b>													
	100kg Open																
1	Justin Garrison	FL	100kg	100	34	310	320	<del>---</del>	<del>215</del>	220	<del>230</del>	290	<del>---</del>	<del>---</del>	830	510.878	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Raw Bench Only				Submaster														
82.5kg Submaster																		
1	Lesley Hines	FL	82.5kg	79.8	36				70	<del>75.5</del>	<del>75.5</del>				70	66.04		
Men Raw Bench Only				Master														
100kg Master 50-54																		
1	Kevin Williams	FL	100kg	96.5	52				105	<del>110</del>	110				110	68.787	80.137	
Men Multi Ply Bench Only				Open														
140kg Open																		
1	Raymond Carney	FL	140kg	137.5	32				280	290	<del>317.5</del>				290	159.738		
Men Raw Deadlift Only				Master														
82.5kg Master 75-79																		
1	James Darlington	FL	82.5kg	81.3	79							147.5	157.5	162.5	162.5	111.003	222.56	
90kg Master 75-79																		
1	Fred Castleman	FL	90kg	88.5	75							150	157.5	162.5	162.5	105.976	194.466	
100kg Master 50-54																		
1	Kevin Williams	FL	100kg	96.5	52							210	220	227.5	227.5	142.264	165.738	
Men Single Ply Deadlift Only				Open														
90kg Open																		
1	David Kerr	FL	90kg	89.8	59							267.5	282.5	<del>292.5</del>	282.5	182.87	240.474	
Men Single Ply Deadlift Only				Master														
90kg Master 55-59																		
1	David Kerr	FL	90kg	89.8	59							267.5	282.5	<del>292.5</del>	282.5	182.87	240.474	
Men Raw Push-Pull				Open														
110kg Open																		
1	Jeffrey Dawkins	FL	110kg	108.6	30				192.5	207.5	<del>215</del>	297.5	317.5	<del>327.5</del>	525	312.457		
Men Raw Push-Pull				Master														
100kg Master 50-54																		
1	Kevin Williams	FL	100kg	96.5	52				105	<del>110</del>	110	210	220	227.5	337.5	211.052	165.738	

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Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Jeffrey Dawkins		Raw	PL	Open	Men							National					
Tom Alspaugh		Raw	PL	Master	Men												
Meet Director:		Scott Simonson															
Referees																	
International:		Richard Ficca,Andrew Yerrakadu,Scott Simonson															
National:		Molly Yerrakadu,Mike Walker,Ray Ortiz															
State:		Alicia Maurice,Tora Miller															
Staff:		Beck Simonson , Diane Devol															
Spotter/Loaders:		Joseph Caruso, Stven Jewel, Cassidy Curtis, Briana Quintana															