

## USPA Sleigh the Iron Winter Classic December 7, 2019 Jonesboro, AR

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Powerlifting</b>																	
	SHW Open																
1	Alline Seals	AR	SHW	91.6	52	107.5	115	125	45	55	<del>65</del>	125	<del>-142.5</del>	<del>-152.5</del>	305	261.66	304.833
2	Jordan Mays	AR	SHW	94.6	29	92.5	<del>-102.5</del>	102.5	50	<del>60</del>	<del>60</del>	115	125	140	292.5	247.952	
	SHW Master 50-54																
1	Alline Seals	AR	SHW	91.6	52	107.5	115	125	45	55	<del>65</del>	125	<del>-142.5</del>	<del>-152.5</del>	305	261.66	304.833
<b>Men Raw Powerlifting</b>																	
	75kg Jr 20-23																
1	Mario Sanchez	MO	75kg	74.5	22	142.5	155	160	<del>-107.5</del>	107.5	112.5	170	182.5	187.5	460	329.314	
	100kg Jr 20-23																
1	Zachary Flattmann	MS	100kg	96.9	21	235	250	260	155	167.5	182.5	247.5	<del>-267.5</del>	267.5	710	437.786	
2	Kyle Bannon	KS	100kg	97.4	20	205	215	227.5	<del>-152.5</del>	170	<del>-177.5</del>	240	260	<del>-272.5</del>	657.5	404.494	
	100kg Open																
1	Kyle Bannon	KS	100kg	97.4	20	205	215	227.5	<del>-152.5</del>	170	<del>-177.5</del>	240	260	<del>-272.5</del>	657.5	404.494	
2	Dylan Stevens	MO	100kg	99.9	26	210	222.5	232.5	162.5	175	182.5	207.5	222.5	237.5	652.5	397.242	
	125kg Open																
1	Chris Miller	AR	125kg	117.9	34	242.5	<del>255</del>	255	<del>-145</del>	150	<del>-160</del>	275	285	<del>-297.5</del>	690	398.406	
2	Ismael Diarra	TX	125kg	113.2	28	160	170	<del>-180</del>	120	<del>-125</del>	<del>-125</del>	212.5	220	<del>-235</del>	510	297.636	
<b>Women Classic Raw Powerlifting</b>																	
	56kg Jr 16-17																
1	Mckenzie Blackwood	AR	56kg	54.5	16	85	95	102.5	40	<del>-47.5</del>	47.5	85	95	100	250	300.475	
<b>Men Classic Raw Powerlifting</b>																	
	90kg Jr 18-19																
1	Zach White	AR	90kg	86.4	18	187.5	212.5	220	107.5	<del>-120</del>	120	197.5	212.5	227.5	567.5	370.18	
	100kg Jr 18-19																
1	Ian Mcneill	MS	100kg	98.2	19	245	262.5	272.5	170	182.5	187.5	235	<del>-252.5</del>	255	715	438.367	
	75kg Open																
1	Joshua Garris	MO	75kg	70.7	34	147.5	160	<del>-167.5</del>	95	<del>-102.5</del>	<del>-102.5</del>	167.5	180	187.5	442.5	329.087	
	100kg Open																
1	Everett Simmons	TN	100kg	94.7	25	172.5	182.5	200	127.5	137.5	<del>-147.5</del>	220	235	245	582.5	362.839	
2	Shane Mcelwrath	MO	100kg	94.6	28	167.5	182.5	192.5	112.5	125	<del>-137.5</del>	167.5	182.5	<del>-192.5</del>	500	311.6	
	110kg Open																
1	Justin Fowler	MO	110kg	108	27	165	180	<del>-192.5</del>	<del>-115</del>	127.5	<del>-137.5</del>	197.5	<del>-212.5</del>	<del>-227.5</del>	505	298.91	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	125kg Master 45-49																
1	Tommy Mason	AR	125kg	117.8	49	227.5	240	245	195	200	<del>205</del>	182.5	<del>197.5</del>	<del>197.5</del>	627.5	362.381	403.33
<b>Men Raw Bench Only</b>																	
	90kg Open																
1	Chris Evins	AR	90kg	87.1	37				120	127.5	137.5				137.5	89.306	
	90kg Submaster																
1	Chris Evins	AR	90kg	87.1	37				120	127.5	137.5				137.5	89.306	
<b>Men Raw Deadlift Only</b>																	
	125kg Open																
1	Chris Miller	AR	125kg	117.9	34							275	285	<del>297.5</del>	285	164.559	
<b>Women Raw Push-Pull</b>																	
	SHW Open																
1	Annice White	AR	SHW	105.3	31				45	<del>50</del>	50	102.5	120	135	185	151.922	
															<b>Record Color Codes:</b>		
															State		
															National		
Meet Director/Announcer - Robert Adams																	
Thank you to our officials:																	
National: Thomas Urani and Robert Adams																	
State: Viola Simmons, Micheal Franklin and Babette Adams																	
Spotters - Thomas Maher, Issac Dodson, Corban Arnold and Chance Lawson.																	
Host Gym - Syngery Health & Fitness																	