

USPA Holiday Bash December 12, 2021 Des Moines, IA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	women Raw Powerlifting			Junior													
	60kg Jr 18-19																
1	April Emmick	IA	60kg	58.3	18	65	70	75	32.5	37.5	40	90	97.5	102.5	217.5	245.568	
	82.5kg Jr 20-23																
1	Felicity Brock	NE	82.5kg	80	22	112.5	120	127.5	67.5	70	<del>75</del>	122.5	130	<del>-137.5</del>	327.5	308.587	
	SHW Jr 13-15																
1	Leslie Albert	IL	SHW	116	15	167.5	175	<del>-182.5</del>	70	77.5	82.5	142.5	152.5	160	417.5	338.335	
	women Raw Powerlifting			Open													
	60kg Open																
1	Miranda Good	IA	60kg	58.6	29	110	115	<del>-117.5</del>	52.5	55	57.5	135	<del>-145</del>	145	317.5	357.291	
	67.5kg Open																
1	Amber Crawford	IA	67.5kg	65.2	38	105	107.5	115	62.5	65	<del>70</del>	142.5	147.5	150	330	347.673	
	75kg Open																
1	Lindsay Kiefer	NE	75kg	68.1	31	97.5	102.5	<del>-110</del>	57.5	<del>60</del>	60	115	120	130	292.5	300.442	
	82.5kg Open																
1	Felicity Brock	NE	82.5kg	80	22	112.5	120	127.5	67.5	70	<del>75</del>	122.5	130	<del>-137.5</del>	327.5	308.587	
2	Teresa Mueller	IA	82.5kg	81	41	97.5	100	102.5	65	70	72.5	122.5	130	<del>-132.5</del>	305	285.624	288.481
	90kg Open																
1	Caitlyn CAELWAERTS	WI	90kg	88	34	80	87.5	97.5	65	70	<del>75</del>	120	130	135	302.5	272.408	
	SHW Open																
1	Leslie Albert	IL	SHW	116	15	167.5	175	<del>-182.5</del>	70	77.5	82.5	142.5	152.5	160	417.5	338.335	
	women Raw Powerlifting			Submaster													
	67.5kg Submaster																
1	Amber Crawford	IA	67.5kg	65.2	38	105	107.5	115	62.5	65	<del>70</del>	142.5	147.5	150	330	347.673	
	women Raw Powerlifting			Master													
	60kg Master 60-64																
1	Gina Flowers	IA	60kg	57.5	62	<del>-97.5</del>	<del>-97.5</del>	97.5	57.5	<del>60</del>	60	115	122.5	<del>-127.5</del>	280	318.973	444.329
	82.5kg Master 40-44																
1	Teresa Mueller	IA	82.5kg	81	41	97.5	100	102.5	65	70	72.5	122.5	130	<del>-132.5</del>	305	285.624	288.481

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Master 40-44																
1	Melissa Penner	IA	90kg	88.7	44	37.5	50	62.5	47.5	55	<del>60</del>	127.5	142.5	162.5	280	251.248	262.051
	<b>men Raw Powerlifting</b>			<b>Junior</b>													
	67.5kg Jr 20-23																
1	Patrick David	IA	67.5kg	65.7	20	165	175	185	105	115	<del>117.5</del>	215	235	240	540	424.539	
	75kg Jr 13-15																
1	Ethan Solsaa	IA	75kg	74.1	15	112.5	117.5	125	75	<del>77.5</del>	<del>77.5</del>	125	130	<del>137.5</del>	330	238.596	
	82.5kg Jr 16-17																
1	Luke Schneider	IA	82.5kg	80.8	16	152.5	<del>162.5</del>	167.5	<del>180</del>	102.5	107.5	195	<del>215</del>	<del>215</del>	470	322.204	
	90kg Jr 20-23																
1	John Kocenko	IA	90kg	89.1	23	265	275	282.5	175	185	<del>192.5</del>	305	320	330	797.5	518.299	
2	Marco Duran	IA	90kg	88.4	22	227.5	237.5	<del>240</del>	140	145	150	227.5	237.5	247.5	635	414.364	
	100kg Jr 20-23																
1	Phillip Bahl	IA	100kg	98.3	21	182.5	205	220	130	145	<del>150</del>	200	225	<del>237.5</del>	590	365.894	
	125kg Jr 20-23																
1	Josh Bengé	IA	125kg	112.8	23	<del>200</del>	210	<del>220</del>	125	130	135	215	225	235	580	340.338	
	<b>men Raw Powerlifting</b>			<b>Open</b>													
	75kg Open																
1	Alex Beninga	IA	75kg	75	28	147.5	157.5	162.5	112.5	117.5	<del>125</del>	197.5	212.5	<del>222.5</del>	492.5	353.33	
2	Caleb Harvey	IA	75kg	70.4	35	120	<del>137.5</del>	<del>137.5</del>	82.5	92.5	<del>107.5</del>	170	190	210	422.5	316.116	
	82.5kg Open																
1	Luke Schneider	IA	82.5kg	80.8	16	152.5	<del>162.5</del>	167.5	<del>180</del>	102.5	107.5	195	<del>215</del>	<del>215</del>	470	322.204	
	90kg Open																
1	Alberto Luqueno	IA	90kg	87.8	30	137.5	152.5	<del>167.5</del>	60	70	80	177.5	200	212.5	445	291.408	
2	Alexis Gonzalez	IA	90kg	82.7	30	107.5	117.5	132.5	62.5	70	80	130	145	162.5	375	253.675	
	100kg Open																
1	Mike Zach	IA	100kg	99.4	31	270	292.5	300	180	192.5	<del>197.5</del>	280	<del>297.5</del>	297.5	790	487.532	
2	Seth Kelly	IA	100kg	99.3	30	220	227.5	<del>237.5</del>	142.5	147.5	152.5	270	287.5	295	675	416.745	
DQ	David Thompson	IA	100kg	92.1	28	265	<del>275</del>	<del>275</del>	187.5	<del>192.5</del>	<del>0</del>	<del>---</del>	<del>---</del>	<del>---</del>	0	0	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Open																
1	Devon Fishback	IA	125kg	124.3	31	240	265	282.5	150	157.5	<del>162.5</del>	245	257.5	<del>272.5</del>	697.5	396.017	
2	Jeremiah Solsaa	IA	125kg	123.3	42	210	215	222.5	182.5	187.5	192.5	220	<del>222.5</del>	<del>---</del>	635	361.463	368.693
3	Josh Bengé	IA	125kg	112.8	23	<del>200</del>	210	<del>220</del>	125	130	135	215	225	235	580	340.338	
	men Raw Powerlifting			Submaster													
	90kg Submaster																
1	Erik Morris	IA	90kg	89.1	39	117.5	130	<del>145</del>	82.5	95	<del>107.5</del>	150	167.5	<del>177.5</del>	392.5	255.087	
	men Raw Powerlifting			Master													
	75kg Master 40-44																
DQ	Jeremiah Moore	IA	75kg	75	40	<del>185</del>	<del>185</del>	<del>185</del>	125	<del>127.5</del>	<del>127.5</del>	197.5	210	220	0	0	0
	125kg Master 40-44																
1	Jeremiah Solsaa	IA	125kg	123.3	42	210	215	222.5	182.5	187.5	192.5	220	<del>222.5</del>	<del>---</del>	635	361.463	368.693
	men Classic Raw Powerlifting			Junior													
	82.5kg Jr 13-15																
1	Anthony Haberman	IA	82.5kg	79.1	15	<del>142.5</del>	142.5	160	85	95	102.5	182.5	<del>200</del>	<del>200</del>	445	308.916	
	82.5kg Jr 18-19																
1	Tyler Duerling	IA	82.5kg	81.6	19	250	260	<del>272.5</del>	130	137.5	145	260	<del>272.5</del>	<del>0</del>	665	453.294	
	men Classic Raw Powerlifting			Open													
	82.5kg Open																
1	Wizer Hamilton	IA	82.5kg	78.8	31	177.5	192.5	200	97.5	102.5	105	182.5	192.5	200	505	351.367	
	90kg Open																
DQ	Brady Bargren	IL	90kg	87.3	24	<del>215</del>	<del>227.5</del>	<del>227.5</del>	<del>145</del>	145	<del>150</del>	185	195	<del>212.5</del>	0	0	
	100kg Open																
1	Bryce Collins	IA	100kg	94.9	24	255	272.5	<del>285</del>	<del>170</del>	<del>170</del>	170	237.5	257.5	<del>272.5</del>	700	441.127	
2	Darrick Kyle-Murphy	IA	100kg	98.8	25	242.5	250	267.5	127.5	135	<del>140</del>	242.5	257.5	272.5	675	417.67	
3	Guan Lin	IA	100kg	97.9	24	240	250	<del>265</del>	125	135	<del>145</del>	245	260	<del>272.5</del>	645	400.73	
	110kg Open																
1	Christopher Hansen	IA	110kg	106.8	32	282.5	292.5	302.5	155	165	172.5	<del>205</del>	272.5	282.5	757.5	453.766	
	men Single Ply Powerlifting			Master													
	90kg Master 60-64																
1	Bill Carlough	IA	90kg	85.8	61	217.5	<del>230</del>	<del>0</del>	<del>175</del>	175	<del>185</del>	185	197.5	<del>0</del>	590	391.103	534.246

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total		
	men Raw Bench Only			Junior															
	100kg Jr 18-19																		
1	Jacob Peterson	IA	100kg	97.6	19				145	150	155				155	96.432			
	men Raw Bench Only			Master															
	75kg Master 40-44																		
1	Jeremiah Moore	IA	75kg	75	40				125	<del>127.5</del>	<del>127.5</del>				125	89.678	89.678		
	women Raw Push-Pull			Junior															
	82.5kg Jr 20-23																		
1	Anneliese Barton	IA	82.5kg	76.9	23				<del>70</del>	77.5	<del>85</del>	92.5	102.5	105	182.5	175.443			
	men Raw Push-Pull			Master															
	75kg Master 40-44																		
1	Jeremiah Moore	IA	75kg	75	40				125	<del>127.5</del>	<del>127.5</del>	197.5	210	220	345	247.511	157.833		
	110kg Master 60-64																		
1	Nick Simmons	IA	110kg	106	62				125	137.5	142.5	172.5	200	<del>210</del>	342.5	205.779	167.387		
	Best Lifters													Record Color Codes					
	John Kocenko	Raw	PL	JR	men														State
	Miranda Good	Raw	PL	Open	women														
	Mike Zach	Raw	PL	Open	men														
	Christopher Hansen	Clraw	PL	Open	men														
	Meet Director:	Jacob Hartman																	
	Referees																		
	National:	Jake Hartman, Kiersten Scurlock																	
	State:	Brittany Metzner, Tatania Emmick, Don Modlin																	
	Spotter/Loaders:	Dylan Thielen, Greg Huse, Luke Dreifurst, Henry Fisher, Mark Ramirez, Eric Main																	