

USPA Drug Tested Central Strength Open August 21, 2021 Milpitas, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Junior													
	48kg Jr 20-23																
1	Sandy Dang	CA	48kg	45.5	23	90.0	95	100	57.5	60	60	130	137.5	142.5	292.5	392.732	
	56kg Jr 20-23																
1	Maiana Cabrera	CA	56kg	55.75	22	92.5	97.5	105	50	52.5	55	110	115	122.5	272.5	316.798	
	67.5kg Jr 20-23																
1	Hannah Calkins	CA	67.5kg	63.75	20	102.5	---	---	52.5	---	---	140	---	---	295	315.009	
	Women Raw Powerlifting			Open													
	48kg Open																
1	Coleen Moralde	CA	48kg	47.95	27	80.0	90	95	47.5	52.5	55	130	140	145	295	380.972	
	56kg Open																
1	Joanne Ho	CA	56kg	52.65	24	102.5	107.5	112.5	52.5	60	62.5	150	165	167.5	337.5	407.857	
2	Michelle Green	CA	56kg	55.7	28	112.5	115	115	62.5	65	67.5	140	145	150	327.5	380.966	
3	Maiana Cabrera	CA	56kg	55.75	22	92.5	97.5	105	50	52.5	55	110	115	122.5	272.5	316.798	
	67.5kg Open																
1	Lisa Huerta	CA	67.5kg	64.15	27	137.5	145	150	67.5	72.5	77.5	165	172.5	177.5	400	425.525	
2	Andrea Regencia	CA	67.5kg	66.60	26	145.0	152.5	152.5	55	60	62.5	130	140	145	352.5	366.765	
3	Leslie Rothschild	CA	67.5kg	65.15	24	82.5	92.5	102.5	42.5	52.5	60	130	142.5	150	305	321.48	
	Men Raw Powerlifting			Junior													
	75kg Jr 18-19																
DQ	Sage Ishibashi-To	CA	75kg	74.55	19	197.5	205	210	---	---	---	---	---	---	0	0	
	75kg Jr 20-23																
1	Wilfred Essombe	CA	75kg	72.65	23	185.0	192.5	195	110	112.5	115	207.5	217.5	217.5	517.5	379.045	
2	Estephan Tumamao		75kg	72.55	23	152.5	167.5	175	95	105	107.5	165	180	185	467.5	342.735	
	100kg Jr 20-23																
1	Angel Nolte	CA	100kg	95.4	23	207.5	212.5	220	145	147.5	155	220	230	235	602.5	378.757	
	110kg Jr 18-19																
1	Rudy Garcia	CA	110kg	103.9	19	187.5	200	217.5	145	150	160	225	230	237.5	580	351.295	
	110kg Jr 20-23																
1	Gio Ludovico	CA	110kg	107.90	21	237.5	250	260	155	165	167.5	265	280	285	705	420.632	

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	Men Raw Powerlifting			Open													
	60kg Open																
1	Newton Cheng	CA	60kg	59.0	42	167.5	180	190.5	102.5	110	115	217.5	232.5	242.5	543	464.737	474.032
													(250.5)				
	67.5kg Open																
1	Richardnoah Ancheta	CA	67.5kg	66.7	27	205.0	215	225	150	160	165.5	237.5	247.5	255	640	497.575	
2	Cliff Suzuki	CA	67.5kg	61.9	68	90.0	105	-----	50	65	-----	125	150	162.5	302.5	248.976	392.386
	75kg Open																
1	Lucas Young		75kg	74.6	22	205	215	222.5	112.5	117.5	122.5	272.5	287.5	295	640	460.727	
2	Brenden Millstein	CA	75kg	73.40	37	152.5	160	165	107.5	110	115	185	192.5	202.5	482.5	351.022	
3	Freedom Evans	CA	75kg	70.85	29	152.5	170	182.5	122.5	127.5	127.5	182.5	192.5	192.5	480	357.571	
4	Dean Lee	CA	75kg	69.25	33	155.0	162.5	167.5	105	110	115	170	180	190	472.5	357.598	
5	Estephan Tumamao		75kg	72.55	23	152.5	167.5	175	95	105	107.5	165	180	185	467.5	342.735	
DQ	Sage Ishibashi-To	CA	75kg	74.55	19	197.5	205	210	-----	-----	-----	-----	-----	-----	0	0	
	82.5kg Open																
1	Earl Obana	CA	82.5kg	82.2	28	170.0	180	190	120	125	130	212.5	222.5	232.5	552.5	375.034	
2	Francisco Ceballos	CA	82.5kg	80.0	26	180.0	185	190	117.5	120	122.5	220	230	237.5	547.5	377.527	
3	Alvin Villadelgado	CA	82.5kg	81.7	30	187.5	195	195	102.5	107.5	112.5	220	230	237.5	530	361.018	
4	Reuben Reyes	CA	82.5kg	80.40	26	165.0	175	185	97.5	102.5	107.5	200	210	-----	477.5	328.295	
	100kg Open																
1	Ryan D Ortiz	CA	100kg	98.05	29	262.5	277.5	287.5	162.5	172.5	172.5	270	282.5	295	735	456.334	
2	Glenn Rivera	CA	100kg	99.0	32	215.0	217.5	227.5	137.5	145	150	212.5	222.5	235	597.5	369.386	
3	Anthony Salinas	CA	100kg	97.15	28	145.0	150	160	97.5	102.5	107.5	142.5	152.5	162.5	425	264.96	
	110kg Open																
1	Gio Ludovico	CA	110kg	107.90	21	237.5	250	260	155	165	167.5	265	280	285	705	420.632	
	125kg Open																
1	Austin Cathey	CA	125kg	123.25	29	245.0	257.5	262.5	187.5	195	200	250	272.5	282.5	735	418.441	
	140kg Open																
1	Tyler Whiteford	CA	140kg	131.95	28	210.0	227.5	245	145	150	160	250	267.5	280	685	381.856	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
	Men Raw Powerlifting			Submaster														
	75kg Submaster																	
1	Brenden Millstein	CA	75kg	73.40	37	152.5	160	165	107.5	110	115	185	192.5	202.5	482.5	351.022		
	100kg Submaster																	
1	Ruben Huante	CA	100kg	93.5	36	175.0	190	197.5	140	155	167.5	195	200	210	552.5	350.627		
	Men Raw Powerlifting			Master														
	60kg Master 40-44																	
1	Newton Cheng	CA	60kg	59.0	42	167.5	180	190.5	102.5	110	115	217.5	232.5	242.5 (250.5)	543	464.737	474.032	
	67.5kg Master 65-69																	
1	Cliff Suzuki	CA	67.5kg	61.9	68	90.0	105	110	50	65	70	125	150	162.5	302.5	248.976	392.386	
	82.5kg Master 50-54																	
1	Andrew Guitarte	CA	82.5kg	78.6	54	110.0	140	147.5	100	110	120	142.5	152.5	162.5	430	299.642	360.769	
	90kg Master 50-54																	
1	Robert Khatchaturian	CA	90kg	89.0	52	145.0	145	152.5	122.5	130	135	155	165	167.5	450	292.625	340.908	
	90kg Master 60-64																	
1	Dennis Cannataro	CA	90kg	88.60	63	75.0	87.5	105	110	117.5	122.5	112.5	127.5	145	372.5	242.789	345.003	
	Men Classic Raw Powerlifting			Open														
	100kg Open																	
1	Rudy Soto	CA	100kg	97.55	39	210.0	225	235.5	140	150	155	247.5	250	262.5	653	406.351		
	140kg Open																	
1	Gerald Omictin	CA	140kg	130.8	28	312.5	327.5	337.5	182.5	192.5	202.5	275	287.5	302.5	832.5	465.292		
	Men Classic Raw Powerlifting			Submaster														
	100kg Submaster																	
1	Rudy Soto	CA	100kg	97.55	39	210.0	225	235.5	140	150	155	247.5	250	262.5	653	406.351		
2	Max Feldman	CA	100kg	98.10	37	195.0	207.5	210	140	152.5	155	200	212.5	217.5	577.5	358.467		
	Men Classic Raw Powerlifting			Master														
	100kg Master 60-64																	
1	John Mazmanian	CA	100kg	99.5	63	160.0	172.5	180	110	115	117.5	215	227.5	240	525	323.85	460.191	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Bench Only			Junior													
	48kg Jr 20-23																
1	Sandy Dang	CA	48kg	45.5	23				57.5	60	60				60	80.56	
	Women Raw Bench Only			Open													
	56kg Open																
1	Michelle Green	CA	56kg	55.7	28				62.5	65	67.5				65	75.612	
	Men Raw Bench Only			Open													
	60kg Open																
1	Newton Cheng	CA	60kg	59.0	42				102.5	110	115				110	94.146	96.029
	90kg Open																
1	Luke Hansen	CA	90kg	86.3	26				127.5	135	140				135	89.212	
	110kg Open																
1	Mingda Tang	CA	110kg	101.5	24				105	115	122.5				115	70.334	
	Men Raw Bench Only			Submaster													
	SHW Submaster																
1	Will Horton	CA	SHW	154.5	39				185	185	190				190	101.373	
	Men Raw Bench Only			Master													
	60kg Master 40-44																
1	Newton Cheng	CA	60kg	59.0	42				102.5	110	115				110	94.146	96.029
	Men Single Ply Bench Only			Master													
	90kg Master 60-64																
1	Dennis Cannataro	CA	90kg	88.60	63				150	155	163				155	101.026	143.558
	Women Raw Deadlift Only			Open													
	56kg Open																
1	Michelle Green	CA	56kg	55.7	28							140	145	150	150	174.488	
	82.5kg Open																
1	Zochi Moreno-Martinez	CA	82.5kg	76.05	24							120	130	137.5	137.5	132.948	

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	Men Raw Deadlift Only			Junior													
	67.5kg Jr 16-17																
1	Siddharth Ranade	CA	67.5kg	64.9	17							130	142.5	142.5	142.5	113.065	
	75kg Jr 20-23																
1	Wilfred Essombe	CA	75kg	72.65	23							207.5	217.5	217.5	217.5	159.309	
	Men Raw Deadlift Only			Open													
	60kg Open																
1	Newton Cheng	CA	60kg	59.0	42							217.5	232.5	242.5	242.5	207.548	211.699
														(250.5)			
	67.5kg Open																
1	Cliff Suzuki	CA	67.5kg	61.9	68							125	150	162.5	162.5	133.747	210.786
	90kg Open																
1	Luke Hansen	CA	90kg	86.3	26							222.5	232.5	242.5	232.5	153.642	
	Men Raw Deadlift Only			Master													
	60kg Master 40-44																
1	Newton Cheng	CA	60kg	59.0	42							217.5	232.5	242.5	242.5	207.548	211.699
														(250.5)			
	67.5kg Master 65-69																
1	Cliff Suzuki	CA	67.5kg	61.9	68							125	150	162.5	162.5	133.747	210.786
	100kg Master 40-44																
1	Lester Lee	CA	100kg	98.65	40							185	205	227.5	205	126.933	126.933

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total			
	Best Lifters														Record Color Codes					
	Lisa Huerta	Raw	PL	Open	Women														State	
	Richardnoah Ancheta	Raw	PL	Open	Men														National	
	Newton Cheng	Raw	PL	Master	Men															
	Meet Directors:	Keith Kanemoto & Ferdinand Luis																		
	Referees																			
	International:	Keith Kanemoto																		
	National:	Rico Cohen, Mike Kofus																		
	State:	Ferdinand Luis, Sara Jones, Rob Morrow, Lance Carmichael																		
	Tested Lifters:	Richardnoah Ancheta, Newton Cheng, Gerald Omicitin, Lisa Heurta, Joanne Ho, Sandy Dang																		
	Special Thanks:	Ironflex, Nightmare Muscle, Tiered Nutrition																		