

USPA Blood in Blood Out Powerlifting Championships December 8, 2018 Fort Walton Beach, FL

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b>Women Raw Powerlifting</b>														
	56kg Jr 20-23														
1	Lauren Zdon	FL	56kg	55.3	22	100	47.5	125	272.5	323.812		220.5	104.7	275.6	600.8
	67.5kg Open														
1	Gala Manning	FL	67.5kg	66.8	26	72.5	50	102.5	225	231.368		159.8	110.2	226	496
	75kg Open														
1	Jessica Hunter	FL	75kg	74	28	90	60	142.5	292.5	280.42		198.4	132.3	314.2	644.8
2	Jessica Skarin	LA	75kg	70.9	36	102.5	67.5	120	290	285.998		226	148.8	264.6	639.3
3	Stephanie Bennett	FL	75kg	74.9	27	97.5	50	130	277.5	264.014		214.9	110.2	286.6	611.8
	82.5kg Open														
1	Michelle Lewis	FL	82.5kg	79.7	35	97.5	57.5	105	260	238.394		214.9	126.8	231.5	573.2
	90kg Open														
1	Caitie Hopkins	FL	90kg	85.8	29	105	62.5	142.5	310	273.606		231.5	137.8	314.2	683.4
	SHW Open														
1	Lauren Broadwater	FL	SHW	93.1	27	150	75	170	395	336.777		330.7	165.3	374.8	870.8
	75kg Submaster														
1	Jessica Skarin	LA	75kg	70.9	36	102.5	67.5	120	290	285.998		226	148.8	264.6	639.3
	<b>Men Raw Powerlifting</b>														
	67.5kg Jr 20-23														
1	Jamison Snow	FL	67.5kg	67	23	225	130	235	590	457.604		496	286.6	518.1	1300.7
	75kg Jr 20-23														
1	Cade Simon	MS	75kg	73.5	20	177.5	127.5	220	525	379.47		391.3	281.1	485	1157.4
2	Jason Zdon	FL	75kg	72.3	23	155	112.5	222.5	490	358.435		341.7	248	490.5	1080.3
	90kg Jr 18-19														
1	CJ Keckler	MS	90kg	88.9	19	195	120	207.5	522.5	335.654		429.9	264.6	457.5	1151.9
DQ	Alec Freeman	FL	90kg	88	19	0	92.5	182.5	0	0		0	203.9	402.3	0
	90kg Jr 20-23														
1	Andrew Washburn	FL	90kg	87.3	22	197.5	137.5	250	585	379.49		435.4	303.1	551.2	1289.7



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	<b>Women Classic Raw Powerlifting</b>														
	SHW Open														
1	Persephonie Vigil	FL	SHW	93	37	120	70	130	320	272.96		264.6	154.3	286.6	705.5
	SHW Submaster														
1	Persephonie Vigil	FL	SHW	93	37	120	70	130	320	272.96		264.6	154.3	286.6	705.5
	82.5kg Master 40-44														
1	Melanie Lyle	FL	82.5kg	81.9	42	95	80	127.5	302.5	273.279	278.744	209.4	176.4	281.1	666.9
	SHW Master 45-49														
1	Amy Herrmann-Spears	FL	SHW	106.2	45	100	55	127.5	282.5	231.509	244.242	220.5	121.3	281.1	622.8
	<b>Men Classic Raw Powerlifting</b>														
	90kg Jr 20-23														
1	Cord Wickander	FL	90kg	88.1	22	167.5	130	177.5	475	306.613		369.3	286.6	391.3	1047.2
	90kg Open														
1	Tommy Casey	AL	90kg	89.8	35	227.5	140	272.5	640	409.024		501.5	308.6	600.8	1410.9
2	Cord Wickander	FL	90kg	88.1	22	167.5	130	177.5	475	306.613		369.3	286.6	391.3	1047.2
	90kg Submaster														
1	Tommy Casey	AL	90kg	89.8	35	227.5	140	272.5	640	409.024		501.5	308.6	600.8	1410.9
2	Will Gray	GA	90kg	89	36	182.5	137.5	205	525	337.103		402.3	303.1	451.9	1157.4
	<b>Men Multi Ply Powerlifting</b>														
	90kg Master 65-69														
1	Larry Tilley	FL	90kg	85.3	66	147.5	92.5	177.5	417.5	274.298	414.464	325.2	203.9	391.3	920.4
	<b>Women Raw Bench Only</b>														
	75kg Master 45-49														
1	Amanda Micka	MS	75kg	72.2	46		107.5		107.5	104.727	111.848		237		237
	75kg Master 70-74														
1	Dora Lutz	MS	75kg	73.6	71		52.5		52.5	50.51	84.907		115.7		115.7
	82.5kg Master 55-59														
1	Colleen Beck	FL	82.5kg	79.3	59		52.5		52.5	48.274	63.48		115.7		115.7

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	<b>Men Raw Bench Only</b>														
	125kg Open														
1	Patt Porter	FL	125kg	123.3	45		202.5		202.5	115.729	122.094		446.4		446.4
	125kg Master 45-49														
1	Patt Porter	FL	125kg	123.3	45		202.5		202.5	115.729	122.094		446.4		446.4
	<b>Men Multi Ply Bench Only</b>														
	125kg Open														
1	Eric Holmbeck	MS	125kg	122.2	39		287.5		287.5	164.623			633.8		633.8
	125kg Submaster														
1	Eric Holmbeck	MS	125kg	122.2	39		287.5		287.5	164.623			633.8		633.8
	<b>Women Raw Deadlift Only</b>														
	SHW Open														
1	Abigail Wade	AL	SHW	102.5	34			205	205	169.494				451.9	451.9
2	Ashley Mooneyham	FL	SHW	93.4	36			137.5	137.5	117.095				303.1	303.1
	SHW Submaster														
1	Ashley Mooneyham	FL	SHW	93.4	36			137.5	137.5	117.095				303.1	303.1
	75kg Master 70-74														
1	Dora Lutz	MS	75kg	73.6	71			80	80	76.968	129.383			176.4	176.4
	<b>Men Raw Deadlift Only</b>														
	75kg Open														
1	Jordain Sanguyo	FL	75kg	75	26			262.5	262.5	187.058				578.7	578.7
	90kg Open														
1	Tommy Casey	AL	90kg	89.8	35			272.5	272.5	174.155				600.8	600.8
	125kg Open														
1	Patt Porter	FL	125kg	123.3	45			320	320	182.88	192.938			705.5	705.5
	90kg Submaster														
1	Tommy Casey	AL	90kg	89.8	35			272.5	272.5	174.155				600.8	600.8
	125kg Master 45-49														
1	Patt Porter	FL	125kg	123.3	45			320	320	182.88	192.938			705.5	705.5
	140kg Master 45-49														
1	Greg Brown	FL	140kg	129	48			287.5	287.5	162.84	178.635			633.8	633.8

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	<b>Men Multi Ply Deadlift Only</b>														
	90kg Master 65-69														
1	Larry Tilley	FL	90kg	85.3	66			177.5	177.5	116.618	176.21			391.3	391.3
	<b>Men Raw Push-Pull</b>														
	110kg Master 60-64														
1	Jeffery Owens	GA	110kg	104.6	60		160	287.5	447.5	267.784	358.831		352.7	633.8	986.6

Meet Director/Promoter: John Micka

Meet Announcer: John Micka, Joe Keith and Gary Brewer

Scorekeepers: Abigail Wade, Vicky Fox, John Micka, Amber Holmbeck, Amanda Micka

Judges:

National: Amanda Micka, John Micka, Gary Brewer and Joe Keith

State: Eric Holmbeck, Roger Fox, Vicky Fox, Abigail Wade, Jasmin Benzant, Paul Wallis and Bryan May

Thanks to our spotters/loaders: Bryan May, John Micka, Deverick Smith, Josh Davis and Scott Poyner

Thanks to our sponsors: Black Sheep Barbell, Pioneer Belts, One Blood, Von Bergen Branding and Emerald Coast Gymnastics

Joe Capelotti Broker Associate, Neese Automotive and 1st Phorm Supplements