

## USPA NASPOWER Holiday Deadlift Championship December 7th, 2019 Bakersfield, CA

	Name	State	Class	Weight	Age	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Deadlift Only</b>											
	52kg Jr 13-15										
1	Zaryah Olivera	CA	52kg	49.4	13	52.5	65	75	75	97.23	
	75kg Jr 18-19										
1	Gisela Lopez	CA	75kg	71.8	19	125	137.5	147.5	147.5	144.24	
	67.5kg Open										
1	Jasmine Tatman	CA	67.5kg	67.4	28	105	<del>110</del>	<del>110</del>	105	107.279	
	75kg Open										
1	Shirley Negron	CA	75kg	73.0	41	155	162.5	<del>167.5</del>	162.5	157.17	158.742
2	Tonia Gonzalez	CA	75kg	73.2	31	112.5	132.5	137.5	137.5	132.756	
	SHW Submaster										
1	Jeannie Anderson	CA	SHW	119.3	35	102.5	120	<del>135</del>	120	96.06	
	67.5kg Master 75-79										
1	Judy Fair-Spaulling	CA	67.5kg	64.3	79	42.5	47.5	55	55	58.168	116.627
	75kg Master 40-44										
1	Shirley Negron	CA	75kg	73.0	41	155	162.5	<del>167.5</del>	162.5	157.17	158.742
	75kg Master 65-69										
1	Kat Colson	CA	75kg	74.8	69	72.5	77.5	80.5	80.5	76.652	123.41
<b>Men Raw Deadlift Only</b>											
	75kg Jr 20-23										
1	Jose Medina	CA	75kg	70.8	21	180	187.5	<del>195</del>	187.5	139.313	



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	110kg Master 55-59										
1	Gregory Cotterell	CA	110kg	110	59	250	265	<del>-----</del>	265	155.953	205.078
	125kg Master 50-54										
1	Frederick Martinez	CA	125kg	124.8	54	295	305	<del>-----</del>	305	173.85	209.315
	140kg Master 45-49										
1	Eduardo Martinez	CA	140kg	138.6	48	280	295	307.5	307.5	172.108	188.802

Best Lifters:

Nick Terry	Open Men Deadlift Only
Frederick Martinez	Master Men Deadlift Only

<b>Record Color Codes:</b>
<b>State</b>
<b>National</b>

Meet Director: Lord Elliott

Referees:

International: Tony Rodenburg and Lord Elliott  
 State: Payton Karns and Eduardo Martinez

Table: Kat Colson

Spotter/Loaders:

Anthony Garcia  
 Christian Ozford