

USPA 3rd Annual Winter Bash November 20, 2021 Summerville, SC

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting																	
Junior																	
	56kg Jr 20-23																
1	Adrienne Lett	SC	56kg	54.1	22	87.5	92.5	100	50	55	57.5	107.5	115	120	275	326.213	
	60kg Jr 13-15																
1	Lily O'Connor	SC	60kg	59.0	15	75	80	85	40	45	47.5	117.5	125	127.5	242.5	271.706	
	67.5kg Jr 13-15																
1	Juliana Vazquez	SC	67.5kg	67.2	13	52.5	62.5	65	25	27.5	30	65	72.5	77.5	167.5	173.372	
	67.5kg Jr 20-23																
1	Vanessa Rodriguez	SC	67.5kg	64.5	23	102.5	110	115	55	60	65	135	145	150	315	334.01	
2	Zoe Marquez De La Plata	SC	67.5kg	65.9	22	90	95	102.5	62.5	67.5	70	110	115	120	285	298.375	
	75kg Jr 20-23																
1	Rebecca Nisotis	SC	75kg	73.3	22	117.5	127.5	137.5	67.5	75	80	142.5	155	165	367.5	362.343	
2	Mary Kathryn Miles	SC	75kg	73.1	22	130	137.5	142.5	62.5	65	67.5	152.5	162.5	172.5	365	360.409	
Women Raw Powerlifting																	
Open																	
	48kg Open																
1	Tiffany Bellamy	SC	48kg	47.2	42	75	85	92.5	32.5	37.5	42.5	100	105	107.5	227.5	297.22	303.164
	56kg Open																
1	Adrienne Lett	SC	56kg	54.1	22	87.5	92.5	100	50	55	57.5	107.5	115	120	275	326.213	
	60kg Open																
1	Jeannette Champlain	VA	60kg	56.7	32	120	127.5	132.5	95	97.5	105	137.5	145	152.5	382.5	439.747	
2	Shanna Richey	SC	60kg	57.8	30	100	100	102.5	60	67.5	67.5	110	112.5	117.5	280	317.897	
	67.5kg Open																
1	Gabriela Angulo	SC	67.5kg	65	26	130	137.5	142.5	65	72.5	77.5	137.5	150	155	365	385.249	
2	Vanessa Rodriguez	SC	67.5kg	64.5	23	102.5	110	115	55	60	65	135	145	150	315	334.01	
3	Melinda Roten	SC	67.5kg	64.3	34	95	100	100	75	75	77.5	105	112.5	120	292.5	310.73	
4	Sabine Alsup	SC	67.5kg	66.8	36	85	90	97.5	65	72.5	80	107.5	115	122.5	292.5	303.805	
5	Zoe Marquez De La Plata	SC	67.5kg	65.9	22	90	95	102.5	62.5	67.5	70	110	115	120	285	298.375	
	75kg Open																
1	Natalia Marrero	SC	75kg	73.3	35	155	165	170	80	85	85	172.5	182.5	190.5	440.5	434.319	
2	Rebecca Nisotis	SC	75kg	73.3	22	117.5	127.5	137.5	67.5	75	80	142.5	155	165	367.5	362.343	
3	Mary Kathryn Miles	SC	75kg	73.1	22	130	137.5	142.5	62.5	65	67.5	152.5	162.5	172.5	365	360.409	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	82.5kg Open																
1	Amy Carroll	SC	82.5kg	79.4	44	132.5	-140	-140	70	75	75	152.5	-157.5	-165	355	335.759	350.197
2	Katrina Alsup	RI	82.5kg	82.0	30	105	-112.5	112.5	57.5	62.5	70	105	112.5	120	295	274.607	
	SHW Open																
1	Shawn Pease	SC	SHW	99.1	45	-115	115	-117.5	65	70	75	107.5	120	125	310	265.474	280.075
	Women Raw Powerlifting																
	75kg Submaster																
1	Natalia Marrero	SC	75kg	73.3	35	155	165	-170	80	85	85	172.5	182.5	190.5	440.5	434.319	
	Women Raw Powerlifting																
	48kg Master 40-44																
1	Tiffany Bellamy	SC	48kg	47.2	42	75	85	-92.5	32.5	37.5	-42.5	100	105	-107.5	227.5	297.22	303.164
	56kg Master 50-54																
1	Kelly Barron	SC	56kg	55.2	50	92.5	97.5	-100	62.5	65	65	110	115	120	280	327.675	370.273
	75kg Master 50-54																
1	Laronda Boddie	SC	75kg	73.4	51	80	87.5	90	-52.5	-52.5	52.5	100	-120	125	267.5	263.553	302.295
	82.5kg Master 40-44																
1	Amy Carroll	SC	82.5kg	79.4	44	132.5	-140	-140	70	75	75	152.5	-157.5	-165	355	335.759	350.197
	90kg Master 40-44																
1	Alicia Gamble	SC	90kg	86.4	43	135	142.5	145	65	70	-72.5	177.5	190	197.5	412.5	374.592	386.204
	SHW Master 45-49																
1	Shawn Pease	SC	SHW	99.1	45	-115	115	-117.5	65	70	75	107.5	120	125	310	265.474	280.075
	SHW Master 55-59																
1	Kimberly Evans	NC	SHW	108.8	57	135	147.5	-155	75	-77.5	-77.5	170	185	-190	407.5	337.161	427.52
	Men Raw Powerlifting																
	60kg Jr 20-23																
1	Richard Sharp	SC	60kg	59.0	21	125	-142.5	-142.5	85	85	90	125	145	150	360	308.113	
	67.5kg Jr 20-23																
1	Daniel St. Amand	SC	67.5kg	66.3	20	97.5	105	112.5	77.5	82.5	85	155	165	170	365	285.03	
	75kg Jr 16-17																
1	Chris Mctavish	SC	75kg	74.1	17	175	187.5	197.5	100	107.5	-110	202.5	-215	-215	507.5	366.932	
2	Evan Whittle	SC	75kg	74.1	16	122.5	127.5	135	82.5	87.5	90	165	175	185	407.5	294.63	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	75kg Jr 18-19																
1	Fabian Bazan	SC	75kg	72.4	19	207.5	207.5	207.5	125	137.5	137.5	250	265	272.5	597.5	438.645	
	75kg Jr 20-23																
1	John Cauthen	SC	75kg	74.9	22	202.5	212.5	217.5	127.5	140	140	250	270	280	632.5	454.157	
2	Daylen Stanley	VA	75kg	72.3	23	200	210	215	110	117.5	122.5	220	232.5	240	560	411.495	
	82.5kg Jr 16-17																
1	Allen Donald	SC	82.5kg	81.1	17	182.5	195	202.5	97.5	105	115	197.5	215	227.5	515	352.294	
	90kg Jr 18-19																
DQ	William Vandergrift	SC	90kg	89.5	18	152.5	162.5	167.5	110	110	110	197.5	202.5	210	0	0	
	100kg Jr 20-23																
1	Justin Wrighten	SC	100kg	90.3	23	192.5	192.5	200	130	137.5	137.5	207.5	220	220	530	342.126	
	110kg Jr 16-17																
1	Jeffrey Vazquez	SC	110kg	109.1	16	145	165	167.5	70	80	90	145	167.5	182.5	425	252.498	
	Men Raw Powerlifting			Open													
	67.5kg Open																
1	Avery Jackson	SC	67.5kg	65.6	24	217.5	227.5	230	135	140	145	235	250	255	620	487.987	
	75kg Open																
1	Fabian Bazan	SC	75kg	72.4	19	207.5	207.5	207.5	125	137.5	137.5	250	265	272.5	597.5	438.645	
	82.5kg Open																
1	Zachary Lord	SC	82.5kg	82.1	25	160	165	170	115	120	125	177.5	190	200	495	336.237	
	90kg Open																
1	Christopher (Lance) Goforth	SC	90kg	88.0	49	180	180	200	110	125	125	230	250	280	540	353.201	393.112
	100kg Open																
1	Paul Angert	SC	100kg	99.2	28	225	240	257.5	137.5	147.5	152.5	252.5	272.5	287.5	692.5	427.738	
2	Matt Kulp	SC	100kg	98.1	27	212.5	230	237.5	140	150	150	237.5	257.5	275	645	400.365	
3	Justin Wrighten	SC	100kg	90.3	23	192.5	192.5	200	130	137.5	137.5	207.5	220	220	530	342.126	
4	Daniel Ruppe	SC	100kg	96.7	29	125	137.5	137.5	85	87.5	90	135	147.5	160	385	240.528	
5	William Potter	SC	100kg	97.0	30	100	110	120	85	92.5	92.5	112.5	125	145	357.5	223.034	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Open																
1	Chad Delaney	SC	110kg	107.9	33	250	265	272.5	195	202.5	207.5	290	312.5	312.5	785	468.363	
2	Lucas Gladish	OH	110kg	110	26	225	247.5	272.5	132.5	150	162.5	237.5	265	282.5	705	417.548	
3	Tavaris Smith	SC	110kg	107.9	28	230	230	250	147.5	155	155	275	292.5	305	702.5	419.14	
4	Joshua King	SC	110kg	108.0	25	227.5	230	247.5	170	182.5	182.5	237.5	247.5	265	665	396.624	
5	John Ravan	SC	110kg	104.0	32	210	222.5	235	125	130	135	230	242.5	257.5	622.5	376.888	
6	Joe Serna	SC	110kg	100.4	28	145	170	180	105	130	130	195	210	227.5	520	319.517	
7	Alex Fogle	MI	110kg	107.7	37	145	157.5	165	97.5	102.5	105	185	190	195	465	277.638	
DQ	Terrance Mcleod	SC	110kg	109.3	26	232.5	240	255	172.5	172.5	172.5	272.5	282.5	290	0	0	
	125kg Open																
1	Michael Scullin	SC	125kg	123.6	26	262.5	277.5	292.5	187.5	197.5	205	265	282.5	297.5	795	452.188	
2	Tristan Lee	SC	125kg	114.8	24	237.5	250	267.5	170	177.5	182.5	260	277.5	295	745	434.414	
3	Matthew Rockefeller	SC	125kg	116.7	26	237.5	250	265	167.5	177.5	182.5	262.5	275	292.5	717.5	415.982	
4	Aaron Aguilar	SC	125kg	122.4	22	252.5	267.5	270	157.5	170	180	255	267.5	267.5	692.5	395.127	
	140kg Open																
1	John Morris	GA	140kg	134.8	29	252.5	267.5	277.5	192.5	202.5	205	292.5	307.5	320	790	437.636	
2	John Pruett	NC	140kg	136.4	32	225	247.5	257.5	142.5	155	155	182.5	202.5	217.5	602.5	332.632	
	Men Raw Powerlifting			Master													
	75kg Master 55-59																
1	Joseph Herrera	SC	75kg	74.7	58	125	130	135	87.5	90	92.5	165	175	185	412.5	296.697	383.036
	82.5kg Master 60-64																
1	David Mann	SC	82.5kg	81.4	62	130	130	142.5	102.5	107.5	112.5	150	170	190	407.5	278.163	387.481
	90kg Master 45-49																
1	Christopher (Lance) Goforth	SC	90kg	88.0	49	160	180	200	110	125	125	230	250	280	540	353.201	393.112
	Men Classic Raw Powerlifting			Open													
	90kg Open																
1	Eric Kremer	SC	90kg	89.5	31	200	212.5	227.5	135	142.5	147.5	200	215	227.5	602.5	390.676	
	125kg Open																
1	Joshua Steele	SC	125kg	111.6	35	230	232.5	240	145	152.5	162.5	270	280	290	692.5	407.945	
	Men Classic Raw Powerlifting			Submaster													
	125kg Submaster																
1	Joshua Steele	SC	125kg	111.6	35	230	232.5	240	145	152.5	162.5	270	280	290	692.5	407.945	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Single Ply Powerlifting			Open													
	56kg Open																
1	Merissa Schafer	NC	56kg	53.3	33	-102.5	-105	115	55	-57.5	-57.5	120	132.5	137.5	307.5	368.484	
	Men Single Ply Powerlifting			Open													
	90kg Open																
1	James Green	NC	90kg	86.2	31	210	220	-200	170	-177.5	-177.5	-257.5	257.5	265	655	433.109	
	Women Raw Bench Only			Open													
	67.5kg Open																
1	Gabriela Angulo	SC	67.5kg	65	26				65	72.5	-77.5				72.5	76.522	
	Men Raw Bench Only			Open													
	90kg Open																
1	Christopher (Lance) Goforth	SC	90kg	88.0	49				110	-125	-125				110	71.948	80.078
	Men Raw Bench Only			Master													
	90kg Master 45-49																
1	Christopher (Lance) Goforth	SC	90kg	88.0	49				110	-125	-125				110	71.948	80.078
	100kg Master 60-64																
1	Barry Keith	SC	100kg	98.1	60				-115	125	132.5				132.5	82.246	110.209
	125kg Master 40-44																
1	Brent Keener	SC	125kg	119.4	42				142.5	-162.5	-162.5				142.5	81.976	83.615
	Men Raw Deadlift Only			Junior													
	90kg Jr 18-19																
1	William Vandergrift	SC	90kg	89.5	18							197.5	202.5	-210	202.5	131.306	
	Men Raw Deadlift Only			Open													
	90kg Open																
1	Christopher (Lance) Goforth	SC	90kg	88.0	49							230	250	-280	250	163.519	181.996
	110kg Open																
1	Terrance Mcleod	SC	110kg	109.3	26							272.5	282.5	-290	282.5	167.72	
	125kg Open																
1	Michael Scullin	SC	125kg	123.6	26							265	282.5	297.5	297.5	169.215	
	Men Raw Deadlift Only			Master													
	90kg Master 45-49																
1	Christopher (Lance) Goforth	SC	90kg	88.0	49							230	250	-280	250	163.519	181.996

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Push-Pull			Open													
	90kg Open																
1	Christopher (Lance) Goforth	SC	90kg	88.0	49				110	-125	-125	230	250	-280	360	235.467	181.996
	110kg Open																
1	Chad Delaney	SC	110kg	107.9	33				195	202.5	207.5	290	-312.5	312.5	520	310.253	
	Men Raw Push-Pull			Master													
	90kg Master 45-49																
1	Christopher (Lance) Goforth	SC	90kg	88.0	49				110	-125	-125	230	250	-280	360	235.467	181.996
	Women Single Ply Push-Pull			Open													
	56kg Open																
1	Merissa Schafer	NC	56kg	53.3	33				55	-57.5	-57.5	120	132.5	137.5	192.5	230.677	
	Men Single Ply Push-Pull			Open													
	90kg Open																
1	James Green	NC	90kg	86.2	31				170	-177.5	-177.5	-257.5	257.5	265	435	287.637	

Best Lifters																Record Color Codes	
Rebecca Nisotis	Raw	PL	Jr	Women													State
John Cauthen	Raw	PL	Jr	Men													
Jeannette Champlain	Raw	PL	Open	Women													
Avery Jackson	Raw	PL	Open	Men													
Kimberly Evans	Raw	PL	Master	Women													
Meet Director:	Tricia Emrich																
Referees																	
International:	Gary Emrich and Tricia Emrich																
State:	Lucas Santa Cruz, Shonna Santa Cruz, Blake Stanley, Kevin Russell, Carina Mone, Jeremy Poole, James Marshall																
Support Personnel:	Makayla Witty, Hunter Witty, Austin Witty and Emma Emrich																
Spotter/Loaders:	Dakota Sheppard, Julia Prigl, Marie Mire, Tony Mire, Hunter Britton, Bill Britton, Brandon Tedder, Scott Harlow, Mckenzie, Matt Ramon																