

USPA Winter Bash December 7, 2019 Mt Pleasant, SC

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	82.5kg Jr 20-23																
1	Miranda Lee	SC	82.5kg	75.8	23	97.5	102.5	110	70	75	80	115	127.5	137.5	305	288.042	
	90kg Jr 20-23																
1	Megan Walton	SC	90kg	83.9	23	115	122.5	130	55	60	62.5	127.5	140	147.5	332.5	296.69	
	60kg Open																
1	Melissa Keller	SC	60kg	59.3	53	70	70	75	37.5	40	42.5	105	105	107.5	217.5	244.709	289.736
	75kg Open																
1	Caitlin Cabrera	SC	75kg	68.2	25	95	97.5	100	57.5	60	62.5	115	120	125	280	283.668	
	82.5kg Open																
1	Natalie Castaneda	SC	82.5kg	79.7	27	160	172.5	180	87.5	95	97.5	175	192.5	192.5	452.5	414.897	
2	Miranda Lee	SC	82.5kg	75.8	23	97.5	102.5	110	70	75	80	115	127.5	137.5	305	288.042	
3	Morgan Thompson	SC	82.5kg	81.8	29	70	82.5	95	55	62.5	65	110	125	140	282.5	255.38	
	SHW Open																
1	Jami Barr	SC	SHW	115.3	34	97.5	107.5	112.5	60	65	67.5	135	147.5	150	330	265.815	
2	Charlotte Collier	SC	SHW	102.2	46	90	102.5	115	60	67.5	75	112.5	125	137.5	320	264.8	282.806
3	Jessica Stout	SC	SHW	96.1	35	80	80	87.5	60	67.5	70	115	115	125	270	227.637	
	60kg Master 45-49																
1	Kelly Barron	SC	60kg	58.1	48	87.5	95	100	60	65	70	115	122.5	125	287.5	328.67	360.551
	60kg Master 50-54																
1	Melissa Keller	SC	60kg	59.3	53	70	70	75	37.5	40	42.5	105	105	107.5	217.5	244.709	289.736
	67.5kg Master 55-59																
1	Penny Hadgeoff	SC	67.5kg	64.8	57	100	105	107.5	50	55	57.5	107.5	112.5	117.5	277.5	291.791	369.991
	75kg Master 40-44																
1	Malissa Laroche	SC	75kg	73.5	44	95	102.5	107.5	47.5	52.5	52.5	115	125	135	295	284.056	296.27
	75kg Master 65-69																
1	Terry Rickson	SC	75kg	74.3	68	75	75	80	30	32.5	35	82.5	85	95	207.5	198.432	312.729
	SHW Master 40-44																
1	Jaime Trusty	SC	SHW	104.1	43	82.5	90	110	57.5	62.5	67.5	97.5	102.5	120	260	214.11	220.747
	SHW Master 45-49																
1	Charlotte Collier	SC	SHW	102.2	46	90	102.5	115	60	67.5	75	112.5	125	137.5	320	264.8	282.806

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	Men Raw Powerlifting																
	75kg Jr 20-23																
1	Matthew McGinniss	NC	75kg	73.8	20	165	172.5	175	117.5	122.5	127.5	185	185	205	507.5	365.755	
	90kg Jr 20-23																
1	Addison Debord	NC	90kg	89.6	22	222.5	222.5	242.5	170	177.5	182.5	287.5	307.5	317.5	742.5	475.052	
2	Dylan Kraft	SC	90kg	88.8	20	205	215	227.5	125	132.5	137.5	237.5	265	272.5	620	398.536	
DQ	Matthew Wren	SC	90kg	90	20	172.5	177.5	177.5	110	110	110	195	205	227.5	0	0	
	110kg Jr 20-23																
1	Nicholas Dufresne	SC	110kg	109.7	21	215	240	260	142.5	160	182.5	197.5	215	227.5	647.5	381.378	
	67.5kg Open																
1	Jonathan Symons	SC	67.5kg	67.5	27	147.5	162.5	165	95	105	110	195	207.5	217.5	477.5	368.153	
2	Hunter Britton	SC	67.5kg	65.8	28	97.5	102.5	112.5	85	92.5	92.5	137.5	145	160	365	287.328	
3	Bill Britton	SC	67.5kg	66.8	28	97.5	102.5	112.5	85	90	92.5	137.5	145	160	355	276.013	
	75kg Open																
1	Timothy Feimster	NC	75kg	71.2	37	125	140	145	127.5	135	142.5	160	180	182.5	455	336.609	
	82.5kg Open																
1	Ryan Johnson	SC	82.5kg	82.0	26	177.5	187.5	192.5	132.5	142.5	150	210	220	230	572.5	384.949	
2	Bryce Mayor	SC	82.5kg	80.4	24	182.5	190	205	97.5	100	102.5	200	207.5	220	512.5	348.808	
3	Tom Keller	SC	82.5kg	81.6	55	175	185	192.5	110	115	117.5	192.5	205	210	512.5	345.63	423.397
4	Cristian Velazquez	SC	82.5kg	82.1	23	172.5	175	177.5	115	115	117.5	172.5	175	180	472.5	317.473	
5	Matt Whisonant	SC	82.5kg	81.4	33	145	147.5	157.5	117.5	120	130	150	160	180	457.5	308.996	
6	Josh Kale	SC	82.5kg	82.2	48	115	125	---	125	137.5	137.5	170	182.5	187.5	422.5	283.667	311.182
	90kg Open																
1	Addison Debord	NC	90kg	89.6	22	222.5	222.5	242.5	170	177.5	182.5	287.5	307.5	317.5	742.5	475.052	
2	Jamal Mitchell	GA	90kg	89.1	25	222.5	235	250	150	157.5	165	280	300	315	715	458.816	
3	Dylan Kraft	SC	90kg	88.8	20	205	215	227.5	125	132.5	137.5	237.5	265	272.5	620	398.536	
4	Paul Angert	SC	90kg	89.7	26	187.5	200	210	115	117.5	127.5	230	245	255	592.5	378.904	
5	Matt Kulp	SC	90kg	89.1	25	185	197.5	205	125	137.5	140	215	230	237.5	580	372.186	
	100kg Open																
1	Joseph Schmidt	SC	100kg	100	20	200	215	230	155	175	177.5	230	255	272.5	662.5	403.198	
2	Scott Greenman	SC	100kg	92.7	36	250	260	260	155	160	170	230	237.5	---	647.5	407.407	
3	Brian Scruggs	SC	100kg	96.4	25	142.5	160	175	100	107.5	115	175	185	192.5	460	284.28	
4	Alex Spence	SC	100kg	98.9	25	132.5	142.5	162.5	75	102.5	112.5	185	202.5	227.5	457.5	279.67	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	110kg Open																
1	Anthony Miller	SC	110kg	106.9	23	242.5	257.5	270	167.5	177.5	185	265	280	285	722.5	429.093	
2	Stephen Lane	SC	110kg	109.6	31	205	217.5	---	185	197.5	---	250	265	275	677.5	399.183	
3	Xavier Castaneda	SC	110kg	107.1	29	215	222.5	227.5	155	162.5	162.5	265	280	290	672.5	399.129	
4	Evan Armstrong	SC	110kg	107.7	24	172.5	187.5	202.5	125	137.5	137.5	197.5	210	232.5	572.5	339.149	
5	Dan Gossett	SC	110kg	108.2	42	142.5	157.5	157.5	167.5	182.5	182.5	182.5	187.5	---	497.5	294.321	300.207
	125kg Open																
1	Michael Scullin	SC	125kg	115.2	24	247.5	265	277.5	195	205	215	292.5	---	310	762.5	442.86	
	SHW Open																
1	Matt Holtz	SC	SHW	180.2	36	202.5	212.5	225	202.5	215	---	265	280	---	705	379.361	
	75kg Submaster																
1	Timothy Feimster	NC	75kg	71.2	37	125	140	145	127.5	135	142.5	160	180	182.5	455	336.609	
	82.5kg Master 45-49																
1	Josh Kale	SC	82.5kg	82.2	48	115	125	---	125	137.5	137.5	170	182.5	187.5	422.5	283.667	311.182
	82.5kg Master 55-59																
1	Tom Keller	SC	82.5kg	81.6	55	175	185	192.5	110	115	117.5	192.5	205	210	512.5	345.63	423.397
	100kg Master 40-44																
1	Brian Bates	SC	100kg	94	42	152.5	157.5	162.5	105	112.5	117.5	182.5	187.5	192.5	462.5	289.063	294.844
	110kg Master 40-44																
1	Dan Gossett	SC	110kg	108.2	42	142.5	157.5	157.5	167.5	182.5	182.5	182.5	187.5	---	497.5	294.321	300.207
	110kg Master 70-74																
1	Thomas Kerrigan	SC	110kg	106	70	100	115	120	80	90	95	125	140	140	355	211.438	347.816
	125kg Master 40-44																
1	Thomas Dykstra	SC	125kg	120.3	43	137.5	150	165	90	100	105	172.5	177.5	190	427.5	245.642	253.256
	Women Classic Raw Powerlifting																
	SHW Open																
1	Shonna Gist	SC	SHW	118.9	33	105	110	120	60	65	75	100	115	130	315	252.315	
	Men Classic Raw Powerlifting																
	125kg Jr 20-23																
1	Griffin Jennings	NC	125kg	110.8	22	227.5	250	260	160	172.5	180	230	250	255	695	408.104	
2	Corey Webb	SC	125kg	115.1	22	235	260	272.5	150	160	170	235	252.5	272.5	672.5	390.655	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	90kg Open																
1	Myreon Dunn	GA	90kg	87.7	37	217.5	235	242.5	135	140	145	255	272.5	277.5	652.5	422.233	
	100kg Open																
1	Jared Wilcox	SC	100kg	90.3	29	150	167.5	187.5	105	115	115	192.5	212.5	227.5	520	331.396	
	110kg Open																
1	Ruben Velazquez	SC	110kg	100.5	27	235	240	250	145	145	145	257.5	265	275	660	400.884	
2	Shaun Mallory	SC	110kg	110	25	177.5	192.5	200	110	110	117.5	200	227.5	237.5	530	311.905	
	125kg Open																
1	Scott Harlow	NC	125kg	124.5	24	272.5	295	317.5	150	170	177.5	227.5	235	245	722.5	412.042	
2	Griffin Jennings	NC	125kg	110.8	22	227.5	250	260	160	172.5	180	230	250	255	695	408.104	
3	Corey Webb	SC	125kg	115.1	22	235	260	272.5	150	160	170	235	252.5	272.5	672.5	390.655	
	140kg Open																
1	John Morris	GA	140kg	134.6	27	257.5	270	270	175	182.5	185	277.5	290	290	720	404.784	
	SHW Open																
1	Ian Mckay	NC	SHW	156.5	31	347.5	372.5	400	217.5	235	245	287.5	300	317.5	962.5	529.375	
	90kg Submaster																
1	Myreon Dunn	GA	90kg	87.7	37	217.5	235	242.5	135	140	145	255	272.5	277.5	652.5	422.233	
2	Brooks Futch	SC	90kg	85.5	39	187.5	200	210	120	120	127.5	167.5	180	180	487.5	319.898	
Men Raw Bench Only																	
	140kg Open																
1	Wayne Vannostrand	SC	140kg	138.8	50				272.5	285	285				272.5	152.464	172.284
	SHW Open																
1	Matt Holtz	SC	SHW	180.2	36				202.5	215	215				215	115.692	
	90kg Master 65-69																
1	Leo Fetter	SC	90kg	89.5	65				47.5	50	60				60	38.412	56.85
	140kg Master 50-54																
1	Wayne Vannostrand	SC	140kg	138.8	50				272.5	285	285				272.5	152.464	172.284
Men Single Ply Bench Only																	
	90kg Open																
1	James Hackworth	SC	90kg	88.7	60				145	165	182.5				165	106.128	142.212
	90kg Master 60-64																
1	James Hackworth	SC	90kg	88.7	60				145	165	182.5				165	106.128	142.212

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Men Raw Deadlift Only																	
	90kg Open																
1	Myreon Dunn	GA	90kg	87.7	37							255	272.5	272.5	272.5	176.335	
	90kg Submaster																
1	Myreon Dunn	GA	90kg	87.7	37							255	272.5	272.5	272.5	176.335	
	90kg Master 65-69																
1	Leo Fetter	SC	90kg	89.5	65							157.5	160	165	165	105.633	156.337
Men Multi Ply Deadlift Only																	
	125kg Open																
1	Tad Collins	SC	125kg	117.1	32							295	317.5	334	334	193.152	
Men Raw Push-Pull																	
	90kg Jr 20-23																
DQ	Matthew Wren	SC	90kg	90	20				-110	-110	-110	195	205	-227.5	0	0	
	100kg Open																
1	Zac Walker	SC	100kg	97.1	34				152.5	-162.5	-162.5	170	180	185	337.5	207.934	
	90kg Master 65-69																
1	Leo Fetter	SC	90kg	89.5	65				47.5	50	60	157.5	160	165	225	144.045	156.337

Best Lifters:

Natalie Castaneda	Raw Open Women PL
Addison Debord	Raw Open Men PL
Penny Hadgeoff	Raw Master Women PL
Tom Keller	Raw Master Men PL
Ian McKay	Clraw Open Men PL

Record Color Codes:
State
National

Meet Director: Gary and Tricia Emrich

Thank you to our officials:

Gary Emrich	International
Tricia Emrich	National
David Huckleby	National
Christi Beaver	State
Johnathan Russell	State
Sarah Huckleby	Staff Official

Thank you to our spotter/loaders:

Joshua Payton-Dennis, Cody Ellison, Josh Brown, Jessica Beaver, David Thompson, Tyler Haulbrooks, Justin Hampton and James Odom