

USPA New York State Powerlifting Championships November 23, 2019 Niagara Falls, NY

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	75kg Jr 20-23																
1	Rachel Durand	NY	75kg	75	22	160	172.5	182.5	110	115	117.5	197.5	210	217.5	507.5	482.43	
														4th: 222.5			
	67.5kg Open																
1	Kelly Smigiera	NY	67.5kg	62.1	25	90	107.5	115	35	40	47.5	110	127.5	137.5	285	309.453	
	82.5kg Open																
1	Samantha Fischer	NY	82.5kg	79.3	25	70	77.5	85	40	45	47.5	100	115	135	267.5	245.966	
	SHW Open																
1	Kristy Boncal	NY	SHW	98.3	40	102.5	110	117.5	55	60	62.5	142.5	160	170	347.5	290.823	290.823
	90kg Submaster																
1	Jaime Schweers	NY	90kg	88.4	36	80	97.5	112.5	47.5	52.5	57.5	127.5	155	160	325	282.978	
	60kg Master 40-44																
1	Hillary Cardin	NY	60kg	58.2	41	100	105	112.5	60	65	67.5	130	140	145	322.5	368.166	371.848
	67.5kg Master 40-44																
1	Angel Pettengill	NY	67.5kg	61.9	40	80	95	100	42.5	47.5	52.5	102.5	110	117.5	260	282.984	282.984
2	Lisa Baumgarden	NY	67.5kg	64.1	40	80	87.5	95	45	50	55	92.5	100	107.5	252.5	267.675	267.675
	75kg Master 45-49																
1	Kathy McGhee	NY	75kg	73.7	49	57.5	65	72.5	45	47.5	52.5	85	92.5	102.5	222.5	213.889	238.059
	90kg Master 45-49																
1	Susan Prisco	NY	90kg	85.3	49	50	55	57.5	55	55	57.5	85	90	95	207.5	183.658	204.412
	SHW Master 40-44																
1	Kristy Boncal	NY	SHW	98.3	40	102.5	110	117.5	55	60	62.5	142.5	160	170	347.5	290.823	290.823
Men Raw Powerlifting																	
	82.5kg Jr 18-19																
1	Cole Rogers	NY	82.5kg	81.5	19	150	165	170	117.5	125	132.5	177.5	185	190	487.5	329.014	
	90kg Jr 18-19																
1	Kyle Sobon	NY	90kg	86.5	18	155	175	182.5	115	127.5	130	185.5	205	210	510	332.469	
2	Tyler Ellis	NY	90kg	83.1	19	185	195		120	125	127.5	185	200	210	505	336.835	
	100kg Jr 18-19																
1	Wake Kless	NY	100kg	94.8	19	200	215	225	137.5	147.5	155	235	247.5	260	632.5	393.795	
	125kg Jr 20-23																
DQ	Sidney Danielson	NY	125kg	114.5	23	200	207.5	220	180	137.5	137.5	202.5	217.5	227.5	0	0	
	75kg Open																
1	Nicholas Stella	NY	75kg	74.4	30	150	162.5	170	125	130	132.5	150	165	182.5	457.5	327.845	

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	82.5kg Open																
1	Michael Walley	NY	82.5kg	82.3	24	220	232.5	205	177.5	187.5	187.5	237.5	247.5	252.5	662.5	444.471	
2	Alexander Glover	NY	82.5kg	81.8	28	185	195	205	152.5	162.5	167.5	252.5	267.5	272.5	630	424.242	
3	Brett Wilkinson	NY	82.5kg	80.7	20	170	175	192.5	105	120	127.5	182.5	200	210	495	336.105	
	90kg Open																
1	Johnathan Trunzo	NY	90kg	88.7	31	182.5	197.5	205	125	137.5	137.5	207.5	217.5	230	540	347.328	
2	Eric Smith	NY	90kg	89.2	27	152.5	160	172.5	102.5	112.5	112.5	187.5	195	205	480	307.824	
	100kg Open																
1	Kyle Sheridan	NY	100kg	98.8	30	255	272.5	285	150	157.5	162.5	345	367.5	367.5	780	477.048	
2	Brandon Schwan	NY	100kg	99.1	26	202.5	215	235	160	165	170	255	272.5	295	695	424.506	
3	Kevin Goldsmith	NY	100kg	96.8	26	195	207.5	215	130	140	145	272.5	290	295	655	404.07	
	110kg Open																
1	Angel Torres	NY	110kg	105.1	34	200	212.5	225	200	207.5	215	265	277.5	285	712.5	425.648	
2	Roy Benn	NY	110kg	104.1	40	205	212.5	222.5	152.5	160	165	210	227.5	240	627.5	376.124	376.124
3	James Kociencki	NY	110kg	105.2	29	190	207.5	217.5	112.5	125	130	225	237.5	245	580	346.376	
4	Michael Krull	NY	110kg	105.8	29	145	167.5	185	85	97.5	100	185	205	230	515	306.94	
5	David Coddington	NY	110kg	105.5	26	125	145	145	102.5	115	115	167.5	185	205	465	277.419	
	125kg Open																
1	William O'Neil-White	NY	125kg	122.7	28	272.5	290	302.5	160	172.5	172.5	287.5	305	315	750	429.075	
	140kg Open																
1	Andrew Steinhaus	NY	140kg	131	29	247.5	270	285	170	170	182.5	295	315	320	760	429.248	
2	Mohammad Mahdipour	NY	140kg	135.5	37	252.5	272.5	287.5	157.5	170	182.5	205	227.5	242.5	712.5	400.14	
	100kg Submaster																
1	Peter Okhamvilaysack	NY	100kg	94.6	38	165	175	185	150	160	165	175	182.5	192.5	522.5	325.622	
	140kg Submaster																
1	Mohammad Mahdipour	NY	140kg	135.5	37	252.5	272.5	287.5	157.5	170	182.5	205	227.5	242.5	712.5	400.14	
	75kg Master 40-44																
1	Paul Zakrzewski	NY	75kg	73.6	42	170	172.5	177.5	122.5	127.5	132.5	175	180	185	495	357.44	364.588
	90kg Master 45-49																
1	Kirk Dean	NY	90kg	89.7	47	217.5	227.5	227.5	137.5	142.5	147.5	240	252.5	262.5	600	383.7	415.163
	110kg Master 40-44																
1	Roy Benn	NY	110kg	104.1	40	205	212.5	222.5	152.5	160	165	210	227.5	240	627.5	376.124	376.124

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Men Classic Raw Powerlifting																	
	110kg Open																
1	Andrew Lamb	NY	110kg	103.9	29	215	230	237.5	125	137.5	140	240	257.5	267.5	637.5	382.373	
	SHW Open																
1	Kyle Kappler	NY	SHW	153.4	35	295	320	332.5	175	187.5	195	320	345	345	847.5	467.396	
	100kg Submaster																
1	Joseph Biggie	NY	100kg	93.2	39	245	260	267.5	137.5	147.5	152.5	245	265	272.5	685	429.906	
	90kg Master 50-54																
1	Shannon McDermott	NY	90kg	88.4	53	175	182.5	190	110	115	120	220	237.5	247.5	542.5	349.587	413.911
Men Single Ply Powerlifting																	
	140kg Master 50-54																
1	David Estrada	NY	140kg	138.2	52	227.5	250	272.5	145	155	165	250	272.5	295	732.5	410.127	477.798
Men Raw Bench Only																	
	82.5kg Open																
1	Alexander Glover	NY	82.5kg	81.8	28				152.5	162.5	167.5				152.5	102.694	
	90kg Open																
1	Ian Davison	NY	90kg	89.2	28				170	195	200				195	125.054	
	110kg Open																
1	Angel Torres	NY	110kg	105.1	34				200	207.5	215				215	128.441	
Women Raw Deadlift Only																	
	SHW Master 40-44																
1	Kristy Boncal	NY	SHW	98.3	40							142.5	160	170	170	142.273	142.273
Men Raw Deadlift Only																	
	82.5kg Open																
1	Alexander Glover	NY	82.5kg	81.8	28							252.5	267.5	272.5	272.5	183.502	
	90kg Master 50-54																
1	Shannon McDermott	NY	90kg	88.4	53							220	237.5	247.5	237.5	153.045	181.205
Men Single Ply Deadlift Only																	
	140kg Master 50-54																
1	David Estrada	NY	140kg	138.2	52							250	272.5	295	295	165.171	192.424

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	Best Lifters:																	
	Kyle Sheridan	Raw Open Men PL														Record Color Codes:		
	Hillary Cardin	Raw Master Women PL														State		
	National																	
	Meet Director: Adam Ferchen																	
	Thank you to our officials:																	
	Adam Ferchen - International																	
	Dan Zanho - National																	
	Tom Delormire - National																	
	Maria Bright - State																	
	Kevin Papaj - State																	
	Priscilla Bauer - Practical																	
	Thank you to our spotters and loaders:																	
	Frank Russo, Anthony Pera, Pat Castile and Thomas Pettit																	