

USPA Ohio Valley Classic November 17, 2024 Bridgeport, Ohio

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
	44kg Open																
1	Heike Mills	WV	44kg	41.4	55	42.5	45	47.5	27.5	45	---	55	57.5	62.5	132.5	191.387	234.45
	75kg Open																
DQ	Emelia Twarogowski	OH	75kg	70.9	19	65	65	67.5	65	65	65	65	75	85	0	0	
	82.5kg Open																
1	Myia Welsh	WV	82.5kg	76.7	45	70	72.5	77.5	60	62.5	67.5	75	80	82.5	227.5	218.997	231.042
	90kg Open																
1	Erica Lindsay	WV	90kg	83.2	43	55	60	65	45	47.5	50	112.5	117.5	120	235	217.225	223.959
	110kg Open																
1	Jessica Queener	WV	110kg	103.8	42	80	85	92.5	37.5	42.5	45	105	115	120	257.5	216.653	220.986
Women Raw Powerlifting		Master															
	44kg Master 55-59																
1	Heike Mills	WV	44kg	41.4	55	42.5	45	47.5	27.5	45	---	55	57.5	62.5	132.5	191.387	234.45
	67.5kg Master 45-49																
1	Kwana Jones-Becker	OH	67.5kg	60.8	48	65	72.5	80	50	55	60	90	100	117.5	235	258.35	283.41
	75kg Master 45-49																
1	Rachael Coen	WV	75kg	70.9	46	55	60	62.5	45	47.5	50	80	85	87.5	200	200.816	214.471
	82.5kg Master 45-49																
1	Myia Welsh	WV	82.5kg	76.7	45	70	72.5	77.5	60	62.5	67.5	75	80	82.5	227.5	218.997	231.042
	90kg Master 40-44																
1	Erica Lindsay	WV	90kg	83.2	43	55	60	65	45	47.5	50	112.5	117.5	120	235	217.225	223.959
	110kg Master 40-44																
1	Jessica Queener	WV	110kg	103.8	42	80	85	92.5	37.5	42.5	45	105	115	120	257.5	216.653	220.986

USPA Ohio Valley Classic November 17, 2024 Bridgeport, Ohio

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting				Junior													
90kg Jr 16-17																	
1	Nick Hajdu	PA	90kg	88.0	16	145	162.5	177.5	92.5	107.5	127.5	145	170	187.5	472.5	309.051	
Men Raw Powerlifting				Open													
82.5kg Open																	
1	Sheridan Zivanovich	PA	82.5kg	81.9	31	202.5	217.5	230	127.5	137.5	140	235	255	272.5	642.5	437.037	
100kg Open																	
1	Richard Clemons	OH	100kg	97.9	39	187.5	197.5	205	140	150	162.5	225	240	247.5	602.5	374.325	
Men Raw Powerlifting				Submaster													
100kg Submaster																	
1	Richard Clemons	OH	100kg	97.9	39	187.5	197.5	205	140	150	162.5	225	240	247.5	602.5	374.325	
Men Raw Powerlifting				Master													
82.5kg Master 45-49																	
1	Michael Moss	OH	82.5kg	79.1	45	120	127.5	137.5	102.5	102.5	113	152.5	157.5	172.5	423	293.644	309.794
100kg Master 55-59																	
1	Scott Sizer	PA	100kg	98.2	55	185	205	215	165	175	185	220	230	235	625	387.775	475.025
140kg Master 55-59																	
1	Benjamin Flowers Jr	OH	140kg	137.4	57	140	150.5	157.5	125	133	133	140	150	165	432.5	238.279	302.137
							(160)										
Men Classic Raw Powerlifting				Open													
82.5kg Open																	
1	Justin De La Cruz	WV	82.5kg	81.5	34	202.5	215	222.5	147.5	150.5	157.5	235	245	250	630	429.739	
Women Raw Bench Only				Open													
82.5kg Open																	
1	Myia Welsh	WV	82.5kg	76.7	45				60	62.5	67.5				67.5	64.977	68.551
90kg Open																	
1	Erica Lindsay	WV	90kg	83.2	43				45	47.5	50				50	46.218	47.651

USPA Ohio Valley Classic November 17, 2024 Bridgeport, Ohio

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Bench Only				Master													
1	82.5kg Master 45-49 Myia Welsh	WV	82.5kg	76.7	45				60	62.5	67.5				67.5	64.977	68.551
90kg Master 40-44																	
1	Erica Lindsay	WV	90kg	83.2	43				45	47.5	50				50	46.218	47.651
Men Raw Bench Only				Open													
75kg Open																	
1	Dustin Martsof	OH	75kg	73.9	27				157.5	165	172.5				165	119.508	
82.5kg Open																	
1	Justin De La Cruz	WV	82.5kg	81.5	34				147.5	150.5	157.5				157.5	107.435	
125kg Open																	
1	Eugene Stover	PA	125kg	110.9	55				170	180	190				180	106.284	130.197
Men Raw Bench Only				Master													
125kg Master 55-59																	
1	Eugene Stover	PA	125kg	110.9	55				170	180	190				180	106.284	130.197
Women Raw Deadlift Only				Open													
82.5kg Open																	
1	Myia Welsh	WV	82.5kg	76.7	45							75	80	82.5	82.5	79.417	83.785
90kg Open																	
1	Erica Lindsay	WV	90kg	83.2	43							112.5	117.5	120	120	110.924	114.362
Women Raw Deadlift Only				Master													
82.5kg Master 45-49																	
1	Myia Welsh	WV	82.5kg	76.7	45							75	80	82.5	82.5	79.417	83.785
90kg Master 40-44																	
1	Erica Lindsay	WV	90kg	83.2	43							112.5	117.5	120	120	110.924	114.362
Men Raw Deadlift Only				Open													
82.5kg Open																	
1	Justin De La Cruz	WV	82.5kg	81.5	34							235	245	250	250	170.531	

USPA Ohio Valley Classic November 17, 2024 Bridgeport, Ohio

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters													Record Color Codes				
Name		Equip	Events	Comp	Sex							State					
Kwana Jones-Becker		Raw	PL	Master	Women							National					
Meet Director:		Kylee Craig, Chuck Kaezyk, Sara Kelley															
Referees																	
International:		Kylee Craig, Sara Kelley															
National:		Chuck Kaezyk															
State:		Brittany Border, Joe Fowler, Kirk Vincent															
Practical:		Heidi Henderson															
Spotter/Loaders:		TC Chappellear, Condon Frazier, Devin Harrison, Michael Seals, Isaac Swauger, Cole Sweitzer															