

USPA Southside Spring Showdown May 4th, 2019 Burnsville, MN

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	67.5kg Jr 20-23														
1	Rachel Hartnett	MN	67.5kg	63.4	23	127.5	80	165	372.5	398.128		281.1	176.4	363.8	821.2
	60kg Open														
1	Stefanie Shryock	MN	60kg	58.6	34	55	52.5	100	207.5	235.616		121.3	115.7	220.5	457.5
	67.5kg Open														
1	Jennifer Halvorson	MN	67.5kg	67.2	39	130	87.5	177.5	395	404.441		286.6	192.9	391.3	870.8
2	Maureen Kotzbach-Olson	MN	67.5kg	67.5	40	117.5	77.5	132.5	327.5	334.247	334.247	259	170.9	292.1	722
	82.5kg Open														
1	Mala Thakur	CA	82.5kg	82.5	27	122.5	35	122.5	280	252		270.1	77.2	270.1	617.3
	90kg Open														
1	Katie Hanenburg	MN	90kg	85.3	30	130	70	155	355	314.211		286.6	154.3	341.7	782.6
	SHW Open														
1	Jaycee Cooper	MN	SHW	127.6	31	145	95	165	405	320.355		319.7	209.4	363.8	892.9
2	Rebecca Richnofsky	MN	SHW	96.5	45	112.5	70	135	317.5	267.303	282.005	248	154.3	297.6	700
	67.5kg Submaster														
1	Jennifer Halvorson	MN	67.5kg	67.2	39	130	87.5	177.5	395	404.441		286.6	192.9	391.3	870.8
	67.5kg Master 40-44														
1	Maureen Kotzbach-Olson	MN	67.5kg	67.5	40	117.5	77.5	132.5	327.5	334.247	334.247	259	170.9	292.1	722
	75kg Master 45-49														
1	Erin Van Heirseele	MN	75kg	74	49	75	42.5	112.5	230	220.501	245.418	165.3	93.7	248	507.1
	SHW Master 45-49														
1	Rebecca Richnofsky	MN	SHW	96.5	45	112.5	70	135	317.5	267.303	282.005	248	154.3	297.6	700
	Men Raw Powerlifting														
	75kg Jr 20-23														
1	Evan Peterson	MN	75kg	75	22	137.5	90	187.5	415	295.729		303.1	198.4	413.4	914.9
	100kg Jr 20-23														
1	Josiah Laturnus	MN	100kg	93.9	22	247.5	167.5	340	755	472.177		545.6	369.3	749.6	1664.5
	82.5kg Open														
1	Adam Freerksen	MN	82.5kg	75.4	32	125	95	157.5	377.5	267.987		275.6	209.4	347.2	832.2
	90kg Open														
1	Matthew Lees	MN	90kg	87.6	27	157.5	95	182.5	435	281.663		347.2	209.4	402.3	959
DQ	Andrew Wilhelmi	ND	90kg	89.8	31	227.5	162.5	0	0	0		501.5	358.2	0	0

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	100kg Open														
1	Tim Tysk	MN	100kg	97	29	207.5	135	272.5	615	379.025		457.5	297.6	600.8	1355.8
2	Michael Kalianoff	MN	100kg	92	26	217.5	125	242.5	585	369.428		479.5	275.6	534.6	1289.7
	110kg Open														
1	Yellowcloud Provincial	MN	110kg	107.2	35	182.5	110	182.5	475	281.818		402.3	242.5	402.3	1047.2
2	Patrick Byrnes	MN	110kg	104.5	29	165	87.5	165	417.5	249.916		363.8	192.9	363.8	920.4
	125kg Open														
1	Raymond Murillo	MN	125kg	123.9	33	242.5	142.5	245	630	359.667		534.6	314.2	540.1	1388.9
	82.5kg Submaster														
1	Kevin Brown	MN	82.5kg	77.1	37	190	125	232.5	547.5	382.867		418.9	275.6	512.6	1207
	90kg Master 45-49														
1	Norman Alston	MN	90kg	89.5	47	207.5	140	240	587.5	376.118	406.959	457.5	308.6	529.1	1295.2
	125kg Master 70-74														
1	D L Diltz	MN	125kg	110.8	70	140	125	195	460	270.112	444.334	308.6	275.6	429.9	1014.1
	Men Classic Raw Powerlifting														
	90kg Jr 20-23														
1	Ben Mueller	MN	90kg	89.5	20	205	112.5	205	522.5	334.505		451.9	248	451.9	1151.9
	90kg Open														
1	Jaime Esqueda	MN	90kg	89.6	26	247.5	127.5	227.5	602.5	385.48		545.6	281.1	501.5	1328.3
2	Adam Wenzel	MN	90kg	83.2	25	187.5	92.5	232.5	512.5	341.633		413.4	203.9	512.6	1129.9
	110kg Open														
1	Anthony Rush	MN	110kg	107	36	245	152.5	245	642.5	381.452		540.1	336.2	540.1	1416.5
2	Jason Showers	MN	110kg	106.1	25	210	147.5	260	617.5	367.66		463	325.2	573.2	1361.3
3	Ben Peterson	MN	110kg	102.7	31	222.5	132.5	230	585	352.404		490.5	292.1	507.1	1289.7
	125kg Open														
1	Charlie Dunnick	MN	125kg	118.7	28	277.5	150	255	682.5	393.393		611.8	330.7	562.2	1504.6
	110kg Submaster														
1	Anthony Rush	MN	110kg	107	36	245	152.5	245	642.5	381.452		540.1	336.2	540.1	1416.5
	90kg Master 40-44														
1	Chris Rollins	MN	90kg	88.6	40	227.5	135	237.5	600	386.16	386.16	501.5	297.6	523.6	1322.8
	Men Single Ply Powerlifting														
	125kg Open														
1	Brandon Lauer	MN	125kg	115.2	27	220	165	235	620	360.096		485	363.8	518.1	1366.9

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	Women Multi Ply Powerlifting														
	75kg Open														
1	Lisa Fahy	MN	75kg	72.7	52	135	87.5	125	347.5	337.006	392.611	297.6	192.9	275.6	766.1
	75kg Master 50-54														
1	Lisa Fahy	MN	75kg	72.7	52	135	87.5	125	347.5	337.006	392.611	297.6	192.9	275.6	766.1
	Men Multi Ply Powerlifting														
	82.5kg Open														
1	Amir Rose	MN	82.5kg	80	27	160	100	195	455	310.629		352.7	220.5	429.9	1003.1
	125kg Open														
1	Tom Fahy	MN	125kg	113.2	54	290	210	300	800	466.88	562.124	639.3	463	661.4	1763.7
	125kg Master 50-54														
1	Tom Fahy	MN	125kg	113.2	54	290	210	300	800	466.88	562.124	639.3	463	661.4	1763.7
	Women Raw Bench Only														
	SHW Open														
1	Jaycee Cooper	MN	SHW	127.6	31		95		95	75.145			209.4		209.4
	Men Multi Ply Bench Only														
	140kg Master 55-59														
DQ	Eric Knudsen	MN	140kg	131.8	59		0		0	0	0		0		0
	Men Raw Deadlift Only														
	110kg Master 40-44														
1	Brad Lantto	MN	110kg	107.2	44			292.5	292.5	173.54	181.002			644.8	644.8
	Women Raw Push-Pull														
	82.5kg Master 70-74														
1	Nancy Fox	MN	82.5kg	76.2	73		32.5	65	97.5	91.787	161.178		71.6	143.3	214.9
	Best Lifters:														
	Charlie Dunnick - Open Men Classic Raw														
	Jennifer Halvorson - Open Women Raw														
	Tim Tysk - Open Men Raw														
	Thank you to our referees:														
	National: Fred Clary and Jake Hartman														
	State: Doug Staley, Dennis Green, Alex Maas and Traci Slane														