

USPA Tested 2024 Bending The Bar March 15-16, 2024 Crestview, Florida

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
67.5kg Jr 20-23																	
1	Kaitlyn Walsh	FL	67.5kg	64.6	23	130	140	147.5	67.5	75	80	135	142.5	152.5	375	397.263	
75kg Jr 13-15																	
1	Jae Anna Spears	MS	75kg	70.4	15	85	92.5	97.5	45	50	52.5	95	107.5	112.5	260	262.09	
75kg Jr 20-23																	
1	Julia Bradley	AL	75kg	68.7	21	62.5	70	80	30	35	40	85	92.5	102.5	222.5	227.399	
Women Raw Powerlifting			Open														
60kg Open																	
1	Michelle Horne	FL	60kg	58.4	31	92.5	97.5	100	50	52.5	55	105	112.5	117.5	270	304.507	
2	Mashaya Swenson	FL	60kg	57.6	25	60	72.5	75	45	47.5	47.5	65	70	75	197.5	224.736	
67.5kg Open																	
1	Elizabeth Ribaldo	FL	67.5kg	66.2	35	158	167.5	172.5	82.5	85	87.5	165	175	185	427.5	446.37	
2	Kaitlyn Walsh	FL	67.5kg	64.6	23	130	140	147.5	67.5	75	80	135	142.5	152.5	375	397.263	
3	Ryann Fleck	FL	67.5kg	65.4	29	105	112.5	117.5	65	67.5	70	132.5	140	150	337.5	354.93	
4	Niki Spears	FL	67.5kg	65.8	25	102.5	107.5	110	60	62.5	65	122.5	130	130	305	319.599	
5	Angie Gutierrez	GA	67.5kg	65.3	27	95	102.5	107.5	47.5	50	52.5	115	127.5	137.5	297.5	313.148	
6	Cristina Crane	FL	67.5kg	66.9	27	100	107.5	110	47.5	50	50	117.5	117.5	127.5	287.5	298.352	
75kg Open																	
1	Skylah Johnson	FL	75kg	74.2	25	145	152.5	155	72.5	75	77.5	135	142.5	155	370	362.429	
2	Caite Leslie	FL	75kg	74.3	31	122.5	132.5	137.5	60	62.5	65	130	140	140	330	323.016	
3	Rylee Palocy	FL	75kg	71.9	18	100	107.5	112.5	60	62.5	65	95	102.5	110	287.5	286.453	
4	Hunter Young	FL	75kg	69.0	27	90	95	100	50	52.5	55	105	112.5	125	280	285.458	
5	Jae Anna Spears	MS	75kg	70.4	15	85	92.5	97.5	45	50	52.5	95	107.5	112.5	260	262.09	
82.5kg Open																	
1	Olivia Davis	FL	82.5kg	78.4	28	112.5	120	130	65	70	70	120	130	137.5	322.5	306.978	
2	Elizabeth Bradford	FL	82.5kg	80.8	32	95	102.5	110	62.5	65	67.5	115	125	132.5	310	290.661	
90kg Open																	
1	Angela Martincich	FL	90kg	86.9	42	112.5	125	137.5	60	67.5	75	125	140	145	337.5	305.672	311.786
110 Open																	
1	Ro Salazar	FL	100kg	93.7	36	110	115	125	40	45	52.5	125	132.5	137.5	310	196.532	

USPA Tested 2024 Bending The Bar March 15-16, 2024 Crestview, Florida

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110+ Open																
1	Randi Slaughter	FL	110+	118.1	26	165	177.5	185	95	107.5	115	130	142.5	155	435	350.634	
2	Alaina Bertelsen	FL	110+	132.2	24	130	140	147.5	72.5	77.5	82.5	130	137.5	150	380	297.766	
	Women Raw Powerlifting			Submaster													
	56kg Submaster																
1	Rachel Briggs	FL	56kg	55.9	38	90	95	100 (102.5)	52.5	55	57.5	120	125	130	287.5	333.642	
	67.5kg Submaster																
1	Elizabeth Ribaldo	FL	67.5kg	66.2	35	158	167.5	172.5	82.5	85	87.5	165	175	185	427.5	446.37	
2	Shelbi Burgett	FL	67.5kg	63.5	36	75	82.5	92.5	47.5	52.5	52.5	117.5	125	132.5	255	272.943	
3	Ahmed Tuba	FL	67.5kg	67.4	36	52.5	57.5	72.5	37.5	42.5	52.5	62.5	75	87.5	202.5	209.239	
	Women Raw Powerlifting			Master													
	48kg Master 40-44																
1	Kelsey Barr	FL	48kg	48	40	85	87.5	92.5	30	35	45	107.5	112.5	115	247.5	319.386	319.386
	60kg Master 40-44																
1	Tiffany Coker	FL	60kg	57.7	42	85	90	92.5	42.5	45	47.5	92.5	102.5	110	237.5	269.948	275.347
	75kg Master 65-69																
1	Kim Ritchey	FL	75kg	73.8	68	65	72.5	80	45	47.5	50	102.5	110	117.5 (120)	240	235.769	371.573
	90kg Master 40-44																
1	Angela Martincich	FL	90kg	86.9	42	112.5	125	137.5	60	67.5	75	125	140	145	337.5	305.672	311.786
	Men Raw Powerlifting			Junior													
	67.5kg Jr 13-15																
1	Kostas Michalopoulos	AL	67.5kg	63.3	15	120	127.5	137.5	65	72.5	78	135	147.5	157.5	363	293.572	
	67.5kg Jr 18-19																
1	Noah Young	MS	67.5kg	65.8	18	165	172.5	172.5	87.5	92.5	100	192.5	207.5	215	480	376.941	
	75kg Jr 18-19																
1	Preston Kirk	FL	75kg	73.7	18	135	140	150	95	100	105	240	255	255	490	355.528	
	75kg Jr 20-23																
1	Kevin Vannice	FL	75kg	74.8	21	165	190	200	125	142.5	150	130	155	165	497.5	357.528	

USPA Tested 2024 Bending The Bar March 15-16, 2024 Crestview, Florida

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
82.5kg Jr 18-19																	
1	Judd Goolsby	FL	82.5kg	81.4	18	205	215	227.5	127.5	127.5	140	247.5	265	272.5	602.5	411.271	
2	Noak Lutsko	FL	82.5kg	80.3	19	190	205	217.5	125	132.5	135	240	250	257.5	587.5	404.218	
3	Jacob Woodall	IN	82.5kg	78.4	19	215	225	230	130	137.5	140	75	---	---	442.5	308.827	
82.5kg Jr 20-23																	
1	David Berga	AL	82.5kg	81.7	20	180	187.5	187.5	92.5	97.5	107.5	235	252.5	267.5	552.5	376.344	
90kg Jr 13-15																	
1	Kaden Cantrell	AL	90kg	85.2	15	142.5	157.5	160	102.5	115	120	152.5	167.5	187.5	462.5	307.749	
90kg Jr 18-19																	
1	Michael Faulk	AL	90kg	88.5	19	220	227.5	232.5	125	137.5	142.5	230	240	240	610	397.818	
90kg Jr 20-23																	
1	Jack Kyte	AL	90kg	90.0	21	260	272.5	272.5	132.5	140	142.5	265	272.5	280	682.5	441.305	
110kg Jr 18-19																	
1	Alex Enos	FL	110kg	106.9	18	227.5	237.5	240	130	135	142.5	227.5	245	255	635	380.245	
110kg Jr 20-23																	
1	Micah Calhoun	FL	110kg	106.3	21	227.5	235	242.5	160	165	165	260	270	280	672.5	403.594	
2	Trevor Cleveland	VA	110kg	100.2	23	207.5	217.5	225	150	160	160	265	275	287.5	655	402.815	
125kg Jr 18-19																	
1	Caleb Wilson	AL	125kg	112.7	18	220	232.5	235	117.5	127.5	130	215	230	237.5	600	352.187	
Men Raw Powerlifting				Open													
56kg Open																	
1	Brandon Sousa	FL	56kg	55.1	27	110	117.5	125	80	85	85	115	130	140	335	304.189	
60kg Open																	
1	Tony Huynh	FL	60kg	58.7	31	170	177.5	182.5	105	107.5	110	210	217.5	222.5	505	434.063	
2	Nelson Elder	FL	60kg	60	25	162.5	170	---	120	125	127.5	180	185	---	467.5	394.59	
67.5kg Open																	
1	Kaleb Cobb	FL	67.5kg	65.2	25	155	155	165	90	100	100	215	227.5	227.5	492.5	389.414	
2	Tyson Whiting	FL	67.5kg	63.2	25	112.5	127.5	130	70	75	77.5	155	175	185	382.5	309.722	

USPA Tested 2024 Bending The Bar March 15-16, 2024 Crestview, Florida

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	75kg Open																
1	Jared Daigre	LA	75kg	74.5	42	182.5	195	---	117.5	---	---	237.5	237.5	---	550	396.279	404.205
2	Seth Smith	FL	75kg	73.6	29	190	202.5	-207.5	100	107.5	-112.5	212.5	230	235	545	395.785	
3	Austin Salmi	FL	75kg	75	26	182.5	192.5	200	-112.5	115	-125	-205	220	-232.5	535	383.821	
4	Michael West	FL	75kg	73.6	30	162.5	170	175	107.5	117.5	-120	-197.5	207.5	212.5	505	366.737	
5	Kevin Vannice	FL	75kg	74.8	21	165	190	200	125	142.5	-150	130	155	-165	497.5	357.528	
	82.5kg Open																
1	Sky Nojiri	FL	82.5kg	80.6	30	192.5	202.5	212.5	-127.5	132.5	-135	-257.5	-262.5	262.5	607.5	417.067	
2	Jacob Woodall	IN	82.5kg	78.4	19	215	225	230	130	137.5	-140	75	---	---	442.5	308.827	
	90kg Open																
1	Joel Izenson	FL	90kg	84.5	23	217.5	225	237.5	130	137.5	-145	272.5	-295	-295	647.5	432.793	
2	Lorenzo McBride	AL	90kg	86.3	33	175	-192.5	200	142.5	152.5	157.5	240	255	265	622.5	411.364	
3	Tanner Bomstad	FL	90kg	88.9	31	-182.5	202.5	-210	132.5	142.5	-150	205	-230	230	575	374.125	
4	Joshua Linn	FL	90kg	89.8	34	175	185	-190	110	-115	-115	235	242.5	-247.5	537.5	347.938	
5	Andrew Mack	MD	90kg	89.2	23	152.5	160	-165	105	110	-112.5	177.5	187.5	195	465	302.033	
DQ	Corey Gilliland	AL	90kg	89.4	56	180	-192.5	-192.5	-117.5	-117.5	-117.5	---	---	---	0	0	0
	100kg Open																
1	Anthony Nestasie	FL	100kg	92.4	37	220	227.5	-240.5	125	132.5	-137.5	227.5	237.5	-245	597.5	381.35	
2	Scott Allison	LA	100kg	99.0	28	172.5	180	185	112.5	-120	120	227.5	237.5	245	550	340.021	
3	Draven Reed	FL	100kg	98.2	28	155	170	-175	132.5	-137.5	-137.5	185	197.5	-205	500	310.22	
	110kg Open																
1	Charles Brown	FL	110kg	105.8	28	230	237.5	245	167.5	-172.5	-172.5	257.5	270	-275	682.5	410.363	
2	Micah Calhoun	FL	110kg	106.3	21	227.5	235	242.5	160	-185	-185	260	270	-280	672.5	403.594	
3	Trevor Cleveland	VA	110kg	100.2	23	-207.5	217.5	-225	150	-180	-180	265	275	287.5	655	402.815	
4	Nicholas Feran	FL	110kg	101.7	31	210	220	-227.5	150	157.5	-180	242.5	260	---	637.5	389.573	
5	Ross Caldwell	FL	110kg	102.8	37	147.5	152.5	157.5	105	107.5	112.5	195	205	-212.5	475	288.964	
	125kg Open																
1	Darius Gamble	FL	125kg	124.8	35	270	290	300	182.5	197.5	-202.5	287.5	305	325	822.5	466.393	
2	Zamir Jones	FL	125kg	121.8	26	215	222.5	237.5	132.5	147.5	157.5	227.5	240	250	645	368.614	
3	Brandon Brewer	SC	125kg	119.0	24	207.5	220	-230	140	147.5	-152.5	222.5	235	-242.5	602.5	346.99	
	140kg Open																
1	Jacob Rieben	FL	140kg	136.9	27	265	280	287.5	212.5	-227.5	227.5	265	287.5	300	815	449.478	

USPA Tested 2024 Bending The Bar March 15-16, 2024 Crestview, Florida

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Men Raw Powerlifting			Submaster															
	100kg Submaster																	
1	Anthony Nestasie	FL	100kg	92.4	37	220	227.5	-240.5	125	132.5	-137.5	227.5	237.5	-245	597.5	381.35		
	110kg Submaster																	
1	Jordan Flynt	AL	110kg	100.9	35	222.5	227.5	-230	125	127.5	-132.5	227.5	237.5	245	600	367.889		
2	Ross Caldwell	FL	110kg	102.8	37	147.5	152.5	157.5	105	107.5	112.5	195	205	-212.5	475	288.964		
	125kg Submaster																	
1	Matt Macbeth	FL	125kg	117.5	36	162.5	170	177.5	130	137.5	-142.5	185	192.5	200 (205)	515	297.878		
Men Raw Powerlifting			Master															
	75kg Master 40-44																	
1	Jared Daigre	LA	75kg	74.5	42	182.5	195	-	117.5	-	-	-237.5	237.5	-	550	396.279	404.205	
	82.5kg Master 50-54																	
1	Thomas Spedale	LA	82.5kg	81.9	52	162.5	172.5	177.5	90	100	105	177.5	192.5	-	475	323.101	376.413	
	90kg Master 45-49																	
1	Christopher Bouley	FL	90kg	88.6	45	125	135	142.5	87.5	90	92.5	145	157.5	167.5	402.5	262.342	276.771	
	90kg Master 55-59																	
DQ	Corey Gilliland	AL	90kg	89.4	56	180	-192.5	-192.5	-117.5	-117.5	-117.5	-	-	-	0	0	0	
	100kg Master 50-54																	
1	Richard Osterland	FL	100kg	98.9	52	170	187.5	192.5	120	-130	-130	170	177.5	182.5	495	306.155	356.67	
DQ	Shanon Shaughnessy	MA	100kg	96.6	53	-164	164	-180	-134	-145	-145	164	172.5	182.5	0	0	0	
	100kg Master 65-69																	
1	Dennis Smith	FL	100kg	97.0	65	185	217.5	227.5	125	140	152.5 (153)	217.5	235	240	620	386.8	572.465	
	110kg Master 50-54																	
1	Ricco Impastato	LA	110kg	109.4	53	215	227.5	235	125	132.5	-135	215	-227.5	-	582.5	345.709	409.32	
	125kg Master 60-64																	
1	Dwayne Richardson	AL	125kg	111.1	61	-220	230	238	160	167.5	170	247.5	262.5	270	678	400.067	546.491	
Women Classic Raw Powerlifting			Open															
	75kg Open																	
1	Alesia Mcnutt	FL	75kg	74.3	37	-130	130	137.5	-70	70	72.5	140	145	150	360	352.381		

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Women Classic Raw Powerlifting				Submaster													
75kg Submaster																	
1	Alesia Mcnutt	FL	75kg	74.3	37	130	130	137.5	70	70	72.5	140	145	150	360	352.381	
Women Classic Raw Powerlifting				Master													
75kg Master 55-59																	
1	Lisa Wheless	AL	75kg	73.3	56	82.5	87.5	93	52.5	56	56	102.5	105	110	250	246.492	307.129
110+ Master 45-49																	
1	Tennille Anderson	FL	110+	145.0	48	67.5	70	72.5	37.5	40	45	75	82.5	90	205	158.38	173.743
Men Classic Raw Powerlifting				Junior													
100kg Jr 16-17																	
1	Noah Bowser	FL	100kg	99.6	17	142.5	150	150	100	102.5	102.5	170	172.5	172.5	415	255.884	
Men Classic Raw Powerlifting				Master													
100kg Master 65-69																	
1	Jack Bunton	AL	100kg	97.8	69	142.5	157.5	167.5	102.5	110	115	177.5	200	210	482.5	299.908	482.852
Men Single Ply Powerlifting				Open													
67.5kg Open																	
1	Justin Roles	FL	67.5kg	63.8	35	90	90	102.5	80	92.5	92.5	125	132.5	137.5	320	257.229	
Men Single Ply Powerlifting				Submaster													
67.5kg Submaster																	
1	Justin Roles	FL	67.5kg	63.8	35	90	90	102.5	80	92.5	92.5	125	132.5	137.5	320	257.229	
Women Raw Bench Only				Master													
75kg Master 55-59																	
1	Lisa Wheless	AL	75kg	73.3	56				52.5	56	56				52.5	51.763	64.497
90kg Master 75-79																	
1	Judy Voiselle	FL	90kg	87.3	75				20	25	25				20	18.076	33.169
Men Raw Bench Only				Junior													
82.5kg Jr 18-19																	
1	Tristan Putonti	FL	82.5kg	79.1	19				125	135	135				125	86.774	

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	90kg Jr 13-15																
1	Kaden Cantrell	AL	90kg	85.2	15				102.5	115	-120				115	76.521	
	Men Raw Bench Only			Open													
	90kg Open																
1	Tanner Bomstad	FL	90kg	88.9	31				132.5	142.5	-150				142.5	92.718	
	110kg Open																
1	Nicholas Feran	FL	110kg	101.7	31				150	157.5	-160				157.5	96.247	
	Men Raw Bench Only			Master													
	100kg Master 50-54																
DQ	Shanon Shaughnessy	MA	100kg	96.6	53				-134	-145	-145				0	0	0
	100kg Master 55-59																
1	Gerald Crump, Jr	LA	100kg	98.3	57				125	-135	-145				125	77.52	98.295
	110kg Master 40-44																
1	Ben Brouillette	LA	110kg	108.9	42				175	185	-195				185	109.988	112.187
	140+ Master 40-44																
1	David Clausell	AL	140+	154.3	41				192.5	215	-235				215	114.751	115.898
	140+ Master 45-49																
1	Chris King	FL	140+	153.9	45				190	197.5	202.5				202.5	108.154	114.102
	Men Single Ply Bench Only			Open													
	67.5kg Open																
1	Justin Roles	FL	67.5kg	63.8	35				80	-92.5	-92.5				80	64.307	
	Men Single Ply Bench Only			Submaster													
	67.5kg Submaster																
1	Justin Roles	FL	67.5kg	63.8	35				80	-92.5	-92.5				80	64.307	
	Women Raw Deadlift Only			Open													
	75kg Open																
1	Kelsey Ocallaghan	FL	75kg	72.9	27							142.5	157.5	-165	157.5	155.75	

USPA Tested 2024 Bending The Bar March 15-16, 2024 Crestview, Florida

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Women Raw Deadlift Only		Submaster															
1	Shelbi Burgett	FL	67.5kg	63.5	36							117.5	125	132.5	125	133.796	
Women Raw Deadlift Only		Master															
1	Lisa Wheless	AL	75kg	73.3	56							102.5	105	110	110	108.456	135.137
90kg Master 75-79																	
1	Judy Voiselle	FL	90kg	87.3	75							35	40	45	45	40.671	74.631
Men Raw Deadlift Only		Junior															
1	Kaden Cantrell	AL	90kg	85.2	15							152.5	167.5	187.5	187.5	124.763	
Men Raw Deadlift Only		Open															
1	Anthony Nestasie	FL	100kg	92.4	37							227.5	237.5	245	237.5	151.583	
Men Raw Deadlift Only		Submaster															
1	Anthony Nestasie	FL	100kg	92.4	37							227.5	237.5	245	237.5	151.583	
125kg Submaster																	
1	Matt Macbeth	FL	125kg	117.5	36							185	192.5	200 (205)	200	115.681	
Men Raw Deadlift Only		Master															
1	Ricco Impastato	LA	110kg	109.4	53							215	227.5	245	215	127.601	151.079
Men Single Ply Deadlift Only		Open															
1	Justin Roles	FL	67.5kg	63.8	35							125	132.5	137.5	137.5	110.528	
Men Single Ply Deadlift Only		Submaster															
1	Justin Roles	FL	67.5kg	63.8	35							125	132.5	137.5	137.5	110.528	

USPA Tested 2024 Bending The Bar March 15-16, 2024 Crestview, Florida

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Push-Pull				Open													
1	82.5kg Open Sarah Feese	FL	82.5kg	81.1	30				47.5	52.5	67.5	87.5	107.5	117.5	170	159.104	
Men Raw Push-Pull				Junior													
1	90kg Jr 13-15 Kaden Cantrell	AL	90kg	85.2	15				102.5	115	120	152.5	167.5	187.5	302.5	201.285	
Men Raw Push-Pull				Open													
1	110kg Open Ken Bellis	FL	110kg	101.4	59				62.5	67.5	72.5	125	140	145	217.5	133.079	116.666
Men Raw Push-Pull				Master													
1	90kg Master 70-74 Nick D'Alessandro	FL	90kg	86.6	70				102.5	110	112.5	122.5	137.5	148	258	170.179	160.588
1	110kg Master 55-59 Ken Bellis	FL	110kg	101.4	59				62.5	67.5	72.5	125	140	145	217.5	133.079	116.666
Best Lifters Lightweights												Record Color Codes					
Name		Equip	Events	Comp	Sex												
Judd Goolsby		Raw	PL	JR	Men	State											
Elizabeth Ribaudo		Raw	PL	Open	Women	National											
Tony Huynh		Raw	PL	Open	Men												
Best Lifters Heavyweights																	
Jack Kyte		Raw	PL	Jr	Men												
Darius Gamble		Raw	PL	Open	Men												
Dennis Smith		Raw	PL	Master	Men												
Meet Director:		John Micka															
Referees																	
International:		John Micka, Amanda Micka, Joe Keith															
National:		Roger Fox, Vicky Fox, Jay Goussett															
State:		April Goff, Katie Patterson, Amy Hermann-Spears, Joel Bretz															
Spotter/Loaders:		Ashton Gossett, Jesse Bellotte, Peyton Robinson, Matt Selover, Tyler Wallace, Hanes Essery															
Tested Lifters:		Elizabeth Ribaudo, Kaitlyn Walsh, Shelbi Burgett, Tony Huynh, Brandon Sousa, Jacob Woodall															
		Randi Slaughter, Darius Gamble, Jacob Rieben, Jack Kyte, Andrew Mack															