

USPA Drug Tested Emerald City Classic May 20 2023 Kirkland, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
56kg Jr 13-15																	
1	Malea Lehr	WA	56kg	52.9	15	60	62.5	70	32.5	35	37.5	85	92.5	97.5	187.5	225.849	
67.5kg Jr 18-19																	
1	Anna Decaprio	WA	67.5kg	65.7	19	105	105	112.5	65	75	82.5	132.5	145	157.5	345	361.837	
82.5kg Jr 20-23																	
1	Taylor Thomas	WA	82.5kg	78.2	21	117.5	122.5	125	87.5	90	90	155	160	162.5	372.5	355.031	
Women Raw Powerlifting		Open															
52kg Open																	
1	Josephine Facio-Heinema	WA	52kg	51.9	32	87.5	95	97.5	42.5	47.5	50	97.5	105	110	257.5	314.288	
67.5kg Open																	
1	Anna Decaprio	WA	67.5kg	65.7	19	105	105	112.5	65	75	82.5	132.5	145	157.5	345	361.837	
82.5kg Open																	
1	Taylor Thomas	WA	82.5kg	78.2	21	117.5	122.5	125	87.5	90	90	155	160	162.5	372.5	355.031	
110kg Open																	
1	Rachel Feldman	WA	110kg	105.3	29	145	155	160	62.5	67.5	72.5	155	170	185	412.5	345.251	
110+ Open																	
1	Katie Fischer	WA	110+	129.5	34	122.5	137.5	147.5	77.5	82.5	87.5	152.5	165	180	400	314.818	
Women Raw Powerlifting		Submaster															
60kg Submaster																	
1	Brooke Smith Lucas	WA	60kg	57.1	38	50	62.5	77.5	42.5	42.5	45	82.5	90	100	205	234.599	
Women Raw Powerlifting		Master															
52kg Master 70-74																	
1	Joyce Macfarlane	WA	52kg	51.2	70	57.5	62.5	67.5	37.5	40	42.5	70	80	85	190	234.113	385.116
56kg Master 65-69																	
1	Deborah Williams	WA	56kg	53.6	68	75	82.5	82.5	27.5	27.5	27.5	100	105	107.5	207.5	247.701	390.376
60kg Master 50-54																	
1	Beth Nibarger	WA	60kg	59.1	50	60	62.5	67.5	30	35	37.5	80	85	92.5	195	218.249	246.622

USPA Drug Tested Emerald City Classic May 20 2023 Kirkland, Washington

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	75kg Master 40-44																
1	Belinda Moon	WA	75kg	73.1	43	97.5	102.5	110	42.5	47.5	50	102.5	110	112.5	265	261.667	269.779
	75kg Master 55-59																
1	Marie Shobe	WA	75kg	74.1	55	60	65	72.5	37.5	42.5	45	85	95	102.5	220	215.653	264.175
	90kg Master 40-44																
1	Carly Way	WA	90kg	88.4	41	97.5	97.5	102.5	42.5	47.5	50	110	115	120	267.5	240.397	242.801
	90kg Master 60-64																
1	Tina Houston	WA	90kg	88.1	62	100	107.5	107.5	55	60	62.5	117.5	130	137.5	300	270.018	376.135
	Men Raw Powerlifting			Junior													
	67.5kg Jr 13-15																
1	Aiden Solano Cruz	WA	67.5kg	67.5	14	130	137.5	142.5	77.5	82.5	85	152.5	162.5	170	397.5	306.372	
	67.5kg Jr 20-23																
1	Marques Pizarro	WA	67.5kg	67.5	22	160	170	177.5	105	112.5	117.5	205	217.5	225	515	396.935	
	75kg Jr 18-19																
1	Ryen Smith	WA	75kg	71.2	18	162.5	162.5	167.5	97.5	105	112.5	220	230	240	507.5	376.789	
2	Spencer Morgan	WA	75kg	73.2	18	182.5	197.5	197.5	92.5	97.5	102.5	152.5	165	175	465	338.897	
	82.5kg Jr 16-17																
1	Lucas Blais	WA	82.5kg	80.5	17	165	185	192.5	100	105	112.5	205	222.5	232.5	537.5	369.278	
	82.5kg Jr 20-23																
1	Dylan Limit	ID	82.5kg	77.4	23	165	175	175	127.5	137.5	137.5	200	215	225	527.5	371.043	
2	Anthony Gil-Portillo	WA	82.5kg	81.7	21	157.5	165	180	112.5	120	125	200	207.5	217.5	517.5	352.503	
	90kg Jr 16-17																
1	Nick Mouser	WA	90kg	85	17	185	192.5	192.5	117.5	125	130	227.5	237.5	247.5	547.5	364.774	
2	Luke Ohlde	WA	90kg	88	17	142.5	150	152.5	92.5	100	102.5	182.5	182.5	182.5	437.5	286.158	
	100kg Jr 18-19																
1	Andrew Lehr	WA	100kg	92.3	19	160	175	187.5	92.5	97.5	97.5	170	192.5	205	485	309.711	

USPA Drug Tested Emerald City Classic May 20 2023 Kirkland, Washington

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Jr 20-23																
1	Grant Chen	WA	100kg	97.3	23	215	230	242.5	127.5	135	140	235	255	262.5	632.5	394.049	
2	Isaiah Utto-Galarneau	WA	100kg	96.9	21	222.5	235	240	155	157.5	167.5	222.5	230	242.5	625	390.102	
	110kg Jr 20-23																
1	Dylan Young	WA	110kg	108.8	23	225	240	255	137.5	147.5	157.5	240	252.5	265	662.5	394.013	
	125kg Jr 18-19																
1	Juan Perez	WA	125kg	123.5	19	205	210	210	125	127.5	135	242.5	245	252.5	585	332.828	
	Men Raw Powerlifting			Open													
	75kg Open																
1	Son Nguyen	WA	75kg	71.6	27	137.5	147.5	160	70	77.5	82.5	145	160	172.5	410	303.247	
2	Nathan Kinnick	WA	75kg	73.7	29	105	112.5	125	60	70	77.5	120	135	147.5	342.5	248.507	
	82.5kg Open																
1	Kadyn Marshall	WA	82.5kg	82.5	24	185	192.5	205	137.5	142.5	147.5	227.5	240	250	597.5	404.742	
2	Dylan Limit	ID	82.5kg	77.4	23	165	175	175	127.5	137.5	137.5	200	215	225	527.5	371.043	
	90kg Open																
1	Daniel Jang	WA	90kg	86.8	27	205	210	220	140	147.5	150	205	215	227.5	582.5	383.752	
	100kg Open																
1	Jaris Beasley	WA	100kg	91.6	28	222.5	237.5	245	142.5	152.5	160	265	280	290	695	445.466	
2	Dylan Diggs	WA	100kg	99.8	29	227.5	235	242.5	142.5	150	160	275	290	302.5	687.5	423.535	
3	Dale Lay	WA	100kg	97.9	30	227.5	242.5	242.5	157.5	160	167.5	257.5	270	282.5	685	425.581	
4	Danny Martinez	WA	100kg	98.3	27	225	235	245	145	150	157.5	220	232.5	247.5	650	403.104	
5	Isaiah Utto-Galarneau	WA	100kg	96.9	21	222.5	235	240	155	157.5	167.5	222.5	230	242.5	625	390.102	
6	Justin Lewis	WA	100kg	99.1	29	172.5	185	195	125	130	130	212.5	225	237.5	540	333.691	
7	Dylan McClain	WA	100kg	93.8	26	140	150	150	92.5	97.5	97.5	155	162.5	170	407.5	258.213	
	110kg Open																
1	Zace Lewis	WA	110kg	102.9	25	210	220	227.5	112.5	117.5	122.5	245	257.5	265	615	373.982	
	Men Raw Powerlifting			Master													
	75kg Master 40-44																
1	Joseph Ponzetti	WA	75kg	73.7	44	127.5	140	155	82.5	92.5	97.5	160	170	177.5	417.5	302.925	315.95

USPA Drug Tested Emerald City Classic May 20 2023 Kirkland, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	82.5kg Master 50-54																
1	Todd Nibarger	WA	82.5kg	82	53	117.5	122.5	127.5	92.5	97.5	105	127.5	137.5	145	377.5	256.601	303.816
	90kg Master 50-54																
1	Mitchell Back	WA	90kg	89.8	54	162.5	177.5	-192.5	-132.5	145	-150	-190	215	-235	537.5	347.938	418.917
	90kg Master 65-69																
1	Eric Hanson	OR	90kg	89.1	68	-105	-105	105	80	87.5	-95	140	150	160	352.5	229.091	361.048
	125kg Master 40-44																
1	Colin Remillard	WA	125kg	116.9	44	182.5	187.5	197.5	160	-165	-165	200	207.5	227.5	585	338.962	353.538
	Men Classic Raw Powerlifting			Junior													
	90kg Jr 16-17																
1	Cadence Bartell	WA	90kg	86.4	17	170	185	200	100	110	120	185	200	-227.5	520	343.418	
	Men Classic Raw Powerlifting			Open													
	100kg Open																
1	William Bittner	WA	100kg	97.7	24	167.5	175	182.5	-110	112.5	117.5	180	192.5	-205	492.5	306.264	
	140kg Open																
1	Bernie Urrego	WA	140kg	130.5	34	230	235	237.5	175	182.5	187.5	255	260	262.5	687.5	384.515	
	Men Single Ply Powerlifting			Master													
	82.5kg Master 75-79																
1	Bill Cecil	WA	82.5kg	78	79	90	104	-107.5	20	-	-	105	115	120	244	170.821	342.495
	Women Raw Bench Only			Junior													
	82.5kg Jr 20-23																
1	Taylor Thomas	WA	82.5kg	78.2	21				87.5	-90	-90				87.5	83.397	
	Women Raw Bench Only			Open													
	82.5kg Open																
1	Taylor Thomas	WA	82.5kg	78.2	21				87.5	-90	-90				87.5	83.397	
	Women Raw Bench Only			Master													
	110kg Master 60-64																
1	Anita Vargo	WA	110kg	105.2	60				62.5	65	67.5				67.5	56.515	75.73
											(70)						

USPA Drug Tested Emerald City Classic May 20 2023 Kirkland, Washington

															Dots	McC
Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Total	Total
Men Raw Bench Only			Open													
1	Bernie Urrego	WA	140kg	130.5	34			175	182.5	187.5				187.5	104.868	
Women Raw Deadlift Only			Master													
1	Debbie Rogers	WA	52kg	50.4	67						110	115	120 (122.5)	120	149.512	230.697
1	Diane Bowers	WA	100kg	97.4	70						85	90	90	90	77.606	127.661
1	Anita Vargo	WA	110kg	105.2	60						137.5	142.5	145	145	121.403	162.68
Men Raw Deadlift Only			Open													
1	Bernie Urrego	WA	140kg	130.5	34						255	260	262.5	262.5	146.815	
Best Lifters																
Name		Equip	Events	Comp	Sex							Record Color Codes				
Marques Pizarro		Raw	PL	Jr	Men							State				
Anna Decaprio		Raw	PL	Open	Wom							National				
Jaris Beasley		Raw	PL	Open	Men											
Deborah Williams		Raw	PL	Master	Women											
Mitchell Back		Raw	PL	Master	Men											
Meet Director:		Zach Miller														
Referees																
National:		Zach Miller, Lauren Plooster														
State:		Raymond Damasco, Kristine McMahon, Susan Hines, April Blais, Ellen Smith, Kiran Taj														
Practical:		Jonathan Blais														
Spotter/Loaders:		Community members of DOP Strength Gym														
Tested Lifters:		Anna Decaprio, Taylor Thomas, Dylan Diggs, Jaris Beasley, Dale Lay, Marques Pizarro														