

USPA Drug Tested Golden Ape Power Challenge November 20, 2021 Decatur, AL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
	Women Raw Powerlifting			Junior														
	52kg Jr 20-23																	
1	Heather Grimes	AL	52kg	51.7	20	97.5	105	110	52.5	57.5	57.5	127.5	127.5	137.5	290	354.908		
	67.5kg Jr 20-23																	
1	Alexandra Garcia	AL	67.5kg	63.5	20	100	105	105	45	52.5	52.5	115	120	127.5	277.5	297.027		
2	Isabelle Sadowski	AL	67.5kg	65.9	23	45	47.5	52.5	25	27.5	30	65	72.5	75	157.5	164.891		
	82.5kg Jr 20-23																	
1	Raven Johnson	AL	82.5kg	81.1	20	85	90	95	45	47.5	50	105	115	117.5	262.5	245.675		
	90kg Jr 20-23																	
1	Laura Bowman	AL	90kg	84.95	22	90	97.5	105	55	57.5	60	105	110	117.5	282.5	258.567		
2	Meredith Burgener	AL	90kg	82.9	23	77.5	77.5	82.5	45	47.5	52.5	102.5	110	115	245	226.862		
	Women Raw Powerlifting			Open														
	44kg Open																	
1	Elena Humphrey	AL	44kg	34.95	12	40	42.5	45	20	21	22.5	50	52.5	57.5	122.5	203.642		
2	Giuliana Humphrey	AL	44kg	28.3	10	25	27.5	30	15	16	17.5	40	45	52.5	100	201.463		
	52kg Open																	
1	Heather Grimes	AL	52kg	51.7	20	97.5	105	110	52.5	57.5	57.5	127.5	127.5	137.5	290	354.908		
	67.5kg Open																	
1	Quayla Hardwick	AL	67.5kg	67.3	26	137.5	147.5	152.5	72.5	77.5	81	147.5	160	175	400	413.666		
2	Amanda Andrews	AL	67.5kg	66.4	37	92.5	97.5	107.5	60	67.5	67.5	120	130	142.5	300	312.689		
3	Sarah Kamel	AL	67.5kg	62	31	67.5	75	82.5	37.5	40	45	85	95	102.5	222.5	241.659		
	75kg Open																	
1	Ashley Mike	AL	75kg	70.6	33	87.5	95	100	52.5	55	55	122.5	125	137.5	285	286.837		
	90kg Open																	
1	Morgan Woody	AL	90kg	89.2	25	107.5	115	122.5	57.5	60	65	120	130	140	327.5	293.132		
2	Laura Bowman	AL	90kg	84.95	22	90	97.5	105	55	57.5	60	105	110	117.5	282.5	258.567		
	SHW Open																	
1	Erin Willingham	AL	SHW	104.6	29	77.5	82.5	92.5	47.5	50	55	107.5	115	125	257.5	216.043		
	Women Raw Powerlifting			Submaster														
	67.5kg Submaster																	
1	Amanda Andrews	AL	67.5kg	66.4	37	92.5	97.5	107.5	60	67.5	67.5	120	130	142.5	300	312.689		
	75kg Submaster																	
1	Mary Lee Gaffin	AL	75kg	74.1	35	85	92.5	95	50	55	55	82.5	90	100	242.5	237.709		
	90kg Submaster																	
1	Carolyn Myers	AL	90kg	82.9	35	112.5	117.5	125	60	65	67.5	125	137.5	145	337.5	312.514		

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
	Women Raw Powerlifting			Master														
	56kg Master 40-44																	
1	Angie Jewell	AL	56kg	55.4	40	65	65	70	30	32.5	32.5	70	75	80	180	210.14	210.14	
	67.5kg Master 55-59																	
1	Denise Moore	AL	67.5kg	67.1	58	77.5	77.5	77.5	32.5	37.5	40	97.5	105	110	225	233.089	300.918	
	75kg Master 50-54																	
1	Kelly Harris	AL	75kg	73.1	50	60	62.5	65	32.5	37.5	40	97.5	105	110	207.5	204.89	231.526	
	SHW Master 55-59																	
1	Mary North	AL	SHW	96.9	57	57.5	67.5	67.5	47.5	50	52.5	92.5	102.5	107.5	215	185.776	235.565	
	Men Raw Powerlifting			Junior														
	67.5kg Jr 16-17																	
1	Christopher Hood	AL	67.5kg	64.60	16	107.5	112.5	117.5	57.5	65	70	110	117.5	125	307.5	244.839		
														(127.5)				
	75kg Jr 13-15																	
1	Straton Rutherford	AL	75kg	69.8	15	137.5	147.5	162.5	82.5	87.5	92.5	145	160	172.5	407.5	306.705		
	75kg Jr 18-19																	
1	Matthew Callen	AL	75kg	73.4	18	147.5	157.5	165	102.5	110	110	180	187.5	197.5	465	338.291		
	82.5kg Jr 18-19																	
1	Philip Haggard	AL	82.5kg	80.4	19	160	175	185	95	107.5	115	170	190	200	500	343.764		
2	Colton Holt	AL	82.5kg	80.70	19	140	150	150	105	105	110	195	202.5	202.5	455	312.146		
	82.5kg Jr 20-23																	
1	Trey Freeman	AL	82.5kg	80.80	21	175	187.5	197.5	122.5	127.5	127.5	230	240	255	550	377.047		
	90kg Jr 16-17																	
DQ	Dylan Higgins	AL	90kg	89.9	16	175	177.5	177.5	112.5	112.5	120	165	170	175	0	0		
	100kg Jr 20-23																	
1	Hayden Lovelady	AL	100kg	98.95	23	172.5	182.5	190	122.5	122.5	127.5	210	210	215	515	318.454		
	110kg Jr 18-19																	
1	William Miller	AL	110kg	109.7	19	152.5	170	182.5	105	105	112.5	205	227.5	245	522.5	309.778		
	110kg Jr 20-23																	
1	Alex Atwater	AL	110kg	100.4	23	142.5	152.5	160	92.5	100	107.5	175	185	195	455	279.577		
	125kg Jr 18-19																	
1	Nikii Asher	AL	125kg	114.5	18	167.5	177.5	185	102.5	110	115	192.5	205	212.5	500	291.823		
	125kg Jr 20-23																	
1	Clay Garner	AL	125kg	118.2	23	167.5	177.5	180	97.5	97.5	97.5	200	220	227.5	505	291.503		
2	Austin Brewer	AL	125kg	119.80	22	160	165	170	102.5	107.5	112.5	182.5	190	202.5	480	275.82		

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140kg Jr 18-19																
1	Anderson Turner	AL	140kg	126.05	19	177.5	182.5	195	117.5	120	125	197.5	205	220	540	305.245	
	140kg Jr 20-23																
1	Justin Stanley	AL	140kg	126.1	20	205	217.5	227.5	175	185	185	215	227.5	247.5	630	356.075	
	Men Raw Powerlifting			Open													
	67.5kg Open																
1	Marion Mike Jr.	AL	67.5kg	67.4	33	120	127.5	137.5	82.5	90	95	155	175	182.5	415	320.203	
	75kg Open																
1	Luke Lovelady	AL	75kg	74.1	27	182.5	182.5	190	122.5	125	130	227.5	240	247.5	555	401.275	
2	Avery Nelson	AL	75kg	72.25	27	140	150	157.5	125	130	137.5	170	180	182.5	477.5	351.035	
	82.5kg Open																
1	Chris Hancock	AL	82.5kg	81.65	30	207.5	215	227.5	125	132.5	140	215	230	240	597.5	407.14	
2	Chaz Ganey	NC	82.5kg	82.3	25	157.5	165	172.5	110	117.5	120	180	187.5	202.5	470	318.813	
3	Jacob Garner	AL	82.5kg	77.2	26	160	170	180	180	110	117.5	160	170	175	467.5	329.363	
	90kg Open																
1	Matt Sanders	AL	90kg	89.70	25	245	270	272.5	152.5	167.5	170	250	272.5	272.5	692.5	448.526	
2	Benjamin Chambers	AL	90kg	89	29	197.5	210	220	127.5	132.5	132.5	220	232.5	245	587.5	382.038	
3	Ryan Treadaway	AL	90kg	89.10	28	167.5	175	187.5	145	152.5	155	200	212.5	220	560	363.946	
4	"Sam" Hajong Rhee	AL	90kg	89.30	30	152.5	162.5	165	105	110	115	175	180	190	470	305.106	
	100kg Open																
1	Wheeler Lovelady	AL	100kg	98.39	24	192.5	200	212.5	132.5	140	145	220	227.5	237.5	590	365.746	
2	Spencer Grady	AL	100kg	98.55	22	172.5	185	192.5	122.5	132.5	137.5	190	207.5	220	550	340.704	
3	Bobby Brown	AL	100kg	91.40	40	165	175	182.5	150	160.5	162.5	175	190	200	543	348.415	348.415
4	Winston Reed	AL	100kg	99.90	31	165	185	192.5	110	117.5	130	175	187.5	200	522.5	321.746	
	110kg Open																
1	Garret Marsh	AL	110kg	109.05	26	170	180	192.5	100	105	112.5	185	202.5	227.5	532.5	316.42	
	125kg Open																
1	Nicholas Dorris	AL	125kg	121.75	32	192.5	207.5	215	112.5	122.5	137.5	202.5	225	235	587.5	335.798	
2	Clay Garner	AL	125kg	118.2	23	167.5	177.5	180	97.5	97.5	97.5	200	220	227.5	505	291.503	
	140kg Open																
1	Anderson Turner	AL	140kg	126.05	19	177.5	182.5	195	117.5	120	125	197.5	205	220	540	305.245	
	SHW Open																
1	Adam Melson	AL	SHW	164.3	28	310	320	335	192.5	200	200	305	322.5	333	860.5	451.769	
	Men Raw Powerlifting			Submaster													
	75kg Submaster																
1	Jeffrey Sullivan	AL	75kg	74.95	36	165	175	180	125	130	132.5	200	210	215	515	369.63	

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Men Raw Powerlifting				Master													
82.5kg Master 60-64																	
1	Ronny Poag	AL	82.5kg	81.4	62	117.5	122.5	127.5	115	117.5	120	160	170	177.5	422.5	288.402	401.744
2	David Webb	AL	82.5kg	78.45	64	122.5	125	130.5	102.5	105	107.5	162.5	167.5	172.5	403	281.151	407.669
100kg Master 40-44																	
1	Bobby Brown	AL	100kg	91.40	40	165	175	182.5	150	160.5	162.5	175	190	200	543	348.415	348.415
100kg Master 55-59																	
1	Eric Nelson	AL	100kg	99.85	58	115	135	142.5	152.5	157.5	157.5	162.5	172.5	182.5	465	286.401	369.744
100kg Master 60-64																	
1	Steve Luckey	AL	100kg	97.4	64	42.5	45	45	55	57.5	57.5	67.5	80	95	195	121.429	176.072
100kg Master 65-69																	
1	Chris Murphy	AL	100kg	96.90	66	90	100	110	65	65	85	135	155	175	340	212.215	320.658
125kg Master 45-49																	
1	Doug Humphrey	AL	125kg	115.75	45	110	112.5	117.5	105	105	110	117.5	125	130	357.5	207.856	219.289
Women Classic Raw Powerlifting				Master													
67.5kg Master 55-59																	
1	Carolyn Harris	AL	67.5kg	62.2	58	92.5	95	100	47.5	52.5	55	120	127.5	132.5	280	303.508	391.829
Men Classic Raw Powerlifting				Open													
82.5kg Open																	
1	John Goulet	ME	82.5kg	75.35	26	187.5	197.5	207.5	85	92.5	95	187.5	200	245	502.5	359.437	
90kg Open																	
1	Justin Horton	AL	90kg	88.80	32	177.5	182.5	190	122.5	122.5	127.5	210	220	227.5	532.5	346.672	
100kg Open																	
1	Matthew Russell	ME	100kg	99.6	27	270	295	305	157.5	167.5	177.5	317.5	340	347.5	830	511.768	
2	Michael Sheridan	AL	100kg	99.7	28	180	195	205	122.5	132.5	135	220	235	245	585	360.546	
110kg Open																	
1	Nick Presley	AL	110kg	106.6	29	195	215	240	155	170	177.5	235	260	277.5	687.5	412.137	
Men Single Ply Powerlifting				Open													
82.5kg Open																	
1	Clay Boyd	AL	82.5kg	78.85	31	175	185	195	145	150	155	215	222.5	230	557.5	387.748	
Women Raw Bench Only				Open													
67.5kg Open																	
1	Amanda Andrews	AL	67.5kg	66.4	37				60	67.5	67.5				60	62.538	
SHW Open																	
1	Carolyn Chambers	AL	SHW	113.5	27				75	75	85				75	61.192	

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	Women Raw Bench Only			Submaster													
	67.5kg Submaster																
1	Amanda Andrews	AL	67.5kg	66.4	37				60	67.5	67.5				60	62.538	
	Women Raw Bench Only			Master													
	75kg Master 50-54																
1	Patience Frazier	TX	75kg	74.95	50				40	47.5	52.5				47.5	46.28	52.297
	Men Raw Bench Only			Open													
	100kg Open																
1	Bobby Brown	AL	100kg	91.40	40				150	160.5	162.5				160.5	102.985	102.985
	Men Raw Bench Only			Master													
	100kg Master 40-44																
1	Bobby Brown	AL	100kg	91.40	40				150	160.5	162.5				160.5	102.985	102.985
	100kg Master 55-59																
1	Eric Nelson	AI	100kg	99.85	58				152.5	157.5	157.5				157.5	97.007	125.236
	100kg Master 60-64																
1	Steve Luckey	AL	100kg	97.4	64				55	57.5	57.5				55	34.249	49.661
	110kg Master 40-44																
1	Patrick Dean	AI	110kg	104.3	43				140	150	150				150	90.71	93.522
	Women Raw Deadlift Only			Open													
	67.5kg Open																
1	Amanda Andrews	AL	67.5kg	66.4	37							120	130	142.5	142.5	148.527	
	Women Raw Deadlift Only			Submaster													
	67.5kg Submaster																
1	Amanda Andrews	AL	67.5kg	66.4	37							120	130	142.5	142.5	148.527	
	Women Raw Deadlift Only			Master													
	56kg Master 40-44																
1	Angie Jewell	AL	56kg	55.4	40							70	75	80	80	93.396	93.396
	67.5kg Master 40-44																
1	Heidi Dehnel	AL	67.5kg	66.2	40							145	155	162.5	162.5	169.673	169.673
	75kg Master 50-54																
1	Patience Frazier	TX	75kg	74.95	50							112.5	122.5	132.5	132.5	129.098	145.88
	SHW Master 55-59																
1	Mary North	AL	SHW	96.9	57							92.5	102.5	107.5	107.5	92.888	117.782

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	Men Raw Deadlift Only			Master													
	82.5kg Master 60-64																
1	David Webb	AL	82.5kg	78.45	64							162.5	167.5	172.5	167.5	116.856	169.441
	100kg Master 60-64																
1	Steve Luckey	AL	100kg	97.4	64							67.5	80	95	95	59.158	85.779
	Best Lifters																
	Heather Grimes	Raw	PL	Jr	Women												
	Trey Freeman	Raw	PL	Jr	Men												
	Quayla Hardwick	Raw	PL	Open	Women												
	Adam Melson	Raw	PL	Open	Men												
	David Webb	Raw	PL	Master	Men												
	Matthew Russell	Clraw	PL	Open	Men												
	Meet Director:	Charlie Lyons															
	Referees																
	International:	Charlie Lyons, Gary Brewer, Lauren Brewer															
	National:	Courtney Jenkins, Derek Thorne, Chris Webster															
	State:	Emily Joiner, Robert Morrow, Tammy Mims															
	Staff:	Ashley Lyons, Tiffany Webster															
	Spotter/Loaders:	Amanda Pate, Angie Ray, Bekah Voss, Lisa McCollum, Sharda Swoopes, Ray Asher, Kody Asher, Johnny Wilborn, Harrison Kincaid, Carter Mac, Griffin McCollum, Ethan Cowart, Patrici Lentz															
	Tested Lifters:	Quayla Harwick, Heather Grimes, Adam Melson, Matthew Russell, Matt Sanders, Nick Presley, Chris Hancock															

Record Color Codes
State
National