

USPA Valley Of The Giants Summer Classic June 25, 2023 Waianae, Hawaii

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
67.5kg Open																	
1	Dalvena Jimenez-Gomez	HI	67.5kg	66.1	37	110	122.5	132.5	62.5	67.5	75	130	142.5	155	362.5	378.836	
Women Raw Powerlifting		Submaster															
67.5kg Submaster																	
1	Dalvena Jimenez-Gomez	HI	67.5kg	66.1	37	110	122.5	132.5	62.5	67.5	75	130	142.5	155	362.5	378.836	
90kg Submaster																	
1	Rachel Whipple	HI	90kg	89.1	36	115	120	<del>125</del>	62.5	<del>65</del>	<del>65</del>	<del>130</del>	132.5	137.5	320	286.563	
110+ Submaster																	
1	Nicole Daniel	HI	110+	117.3	37	<del>115</del>	117.5	120	62.5	65	70	130	135	140	330	266.532	
Women Raw Powerlifting		Master															
82.5kg Master 50-54																	
1	Rose Nerida	HI	82.5kg	76	50	92.5	95	102.5	60	65	<del>67.5</del>	125	127.5	130 (135)	297.5	287.75	325.157
Men Raw Powerlifting		Junior															
75kg Jr 20-23																	
1	Samson Achuela	HI	75kg	74.1	23	157.5	170	180	102.5	107.5	117.5	187.5	200	<del>205</del>	497.5	359.702	
110kg Jr 16-17																	
1	Christian Asinsin	HI	110kg	101.2	17	135	<del>140</del>	142.5	<del>100</del>	<del>100</del>	100	185	187.5	192.5	435	266.382	
Men Raw Powerlifting		Open															
100kg Open																	
1	Joshua Jaggers	HI	100kg	97.5	33	250	272.5	282.5	185	190	<del>195</del>	295	312.5	317.5	790	491.717	
140+ Open																	
1	Robert Vengbai	CA	140+	157.4	41	272.5	285	295	227.5	245	<del>250</del>	<del>317.5</del>	317.5	<del>340</del>	857.5	455.272	459.824
Men Raw Powerlifting		Master															
125kg Master 45-49																	
1	Shane Nantais	HI	125kg	121.6	45	155	162.5	170	82.5	95	102.5	162.5	182.5	<del>192.5</del>	455	260.17	274.479
140+ Master 40-44																	
1	Robert Vengbai	CA	140+	157.4	41	272.5	285	295	227.5	245	<del>250</del>	<del>317.5</del>	317.5	<del>340</del>	857.5	455.272	459.824

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Bench Only				Open													
67.5kg Open																	
1	Dalvena Jimenez-Gomez	HI	67.5kg	66.1	37				62.5	67.5	75				75	78.38	
Women Raw Bench Only				Submaster													
67.5kg Submaster																	
1	Dalvena Jimenez-Gomez	HI	67.5kg	66.1	37				62.5	67.5	75				75	78.38	
Men Raw Bench Only				Open													
100kg Open																	
1	Kenneth Cook	HI	100kg	99.8	35				220	232.5	<del>240</del>				232.5	143.232	
Men Raw Bench Only				Submaster													
100kg Submaster																	
1	Kenneth Cook	HI	100kg	99.8	35				220	232.5	<del>240</del>				232.5	143.232	
Men Raw Bench Only				Master													
140kg Master 45-49																	
1	Jamar Aleka	HI	140kg	133.1	45				137.5	<del>142.5</del>	<del>142.5</del>				137.5	76.454	80.659
Men Raw Deadlift Only				Open													
67.5kg Open																	
1	Jahsigh Conrad-Kaimi	HI	67.5kg	65	19							120	130	142.5	142.5	112.934	
														(147.5)			
Meet Director:		Allen Mahoe II										<b>Record Color Codes</b>					
												<b>State</b>					
Referees												<b>National</b>					
International:		Darren Matsumoto															
National:		Rowena Bagayas, Donna Bareng, Jonathon Bareng, Donnie Rogers															
State:		Nestor Bagayas, Tiffany Yoro, Michael Wong															
Spotter/Loaders:		Bronze Kahumoku, Sterling Kahumoku, Michelle Stewart, Michael Wong, Allen Mahoe III, Troy Nakasuji															