

USPA Liz Freel Classic April 1, 2023 Hawaiian Gardens, California

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
67.5kg Open																	
1	Kimberly Galicia	CA	67.5kg	66.7	36	137.5	137.5	145	62.5	67.5	70	157.5	167.5	173	385.5	400.749	
2	Selale King	NV	67.5kg	65.4	29	110	115	125	60	65	70	125	135	140	335	352.301	
75kg Open																	
1	Mercedes Dozal	CA	75kg	73.9	28	142.5	152.5	160	77.5	82.5	82.5	175	182.5	187.5	417.5	409.843	
2	Hannah Barrass	CA	75kg	72.6	25	120	127.5	132.5	65	75	80	130	140	150	357.5	354.319	
3	Maria De Jesus	CA	75kg	74.1	25	97.5	100	110	55	57.5	60	110	120	132.5	300	294.073	
82.5kg Open																	
1	Elizabeth Belanger	CA	82.5kg	78.7	30	97.5	105	105	47.5	50	55	110	115	137.5	290	275.508	
Women Raw Powerlifting		Submaster															
67.5kg Submaster																	
1	Kimberly Galicia	CA	67.5kg	66.7	36	137.5	137.5	145	62.5	67.5	70	157.5	167.5	173	385.5	400.749	
Women Raw Powerlifting		Master															
100kg Master 40-44																	
1	Valerie Salcido	CA	100kg	97.3	42	90	100	110	42.5	52.5	57.5	117.5	127.5	137.5	305	263.105	268.367
Men Raw Powerlifting		Junior															
90kg Jr 16-17																	
1	Liam Rosenfield	MA	90kg	88.3	16	155	167.5	185	95	105	110	200	222.5	245	517.5	337.888	
140+ Jr 20-23																	
1	Miguel Gomez	CA	140+	146.8	20	252.5	260	272.5	155	165	175	257.5	265	280	727.5	393.504	
Men Raw Powerlifting		Open															
67.5kg Open																	
1	Harlan Chang	CA	67.5kg	64.5	28	100	107.5	122.5	77.5	82.5	87.5	140	155	162.5	352.5	281	
75kg Open																	
1	Kenneth Khou	CA	75kg	69.6	34	135	142.5	152.5	90	100	107.5	190	202.5	220	472.5	356.339	
82.5kg Open																	
1	Lester Arellano	CA	82.5kg	80.5	24	172.5	175	180	127.5	127.5	135	185	190	197.5	505	346.95	
2	Tymee Kong	CA	82.5kg	78.8	24	120	130	142.5	72.5	82.5	82.5	160	170	185	410	285.269	

USPA Liz Freel Classic April 1, 2023 Hawaiian Gardens, California

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Open																
1	Michael Delgado	CA	90kg	89.0	37	195	205	---	165	170	---	215	227.5	237.5	602.5	391.792	
2	Jimmy Marroquin	CA	90kg	88.0	28	162.5	170	177.5	120	125	132.5	200	212.5	222.5	522.5	341.754	
	100kg Open																
1	Donald Hildebrand	NV	100kg	96.7	38	230	242.5	252.5	182.5	200	207.5	260	280	290	740	462.314	
2	Jeremiah Christich	CA	100kg	97.4	31	240	252.5	265	147.5	155	160	270	285	300	725	451.468	
3	Abraham Bevel	CA	100kg	93.1	31	187.5	202.5	220	145	155	160	272.5	287.5	295	652.5	414.94	
4	Efrain Vargas	CA	100kg	98.1	26	160	165	172.5	115	117.5	125	205	210	210	500	310.361	
	110kg Open																
1	Shawn Murphy	CA	110kg	104.7	27	295	312.5	322.5	170	177.5	182.5	317.5	330	337.5	835	504.168	
2	Alberto Montoya	CA	110kg	105.3	29	222.5	227.5	230	177.5	182.5	185	250	255	267.5	682.5	411.141	
	125kg Open																
1	Gabriel Ivy	CA	125kg	123.5	25	177.5	182.5	195	117.5	127.5	137.5	217.5	227.5	242.5	565	321.45	
	Men Raw Powerlifting																
	100kg Master 45-49																
1	Andres Guzman	CA	100kg	91.2	46	165	165	175	115	122.5	132.5	200	210	222.5	517.5	332.412	355.016
	Men Classic Raw Powerlifting																
	140+ Open																
1	Johnathan Hangartner	CA	140+	146.2	26	295	305	315	190	205	215	302.5	317.5	322.5	837.5	453.507	
	Men Classic Raw Powerlifting																
	125kg Master 40-44																
1	Josh Maish	CA	125kg	124.2	42	272.5	287.5	302.5	160	170	177.5	250	---	---	722.5	410.316	418.522
	Men Raw Bench Only																
	125kg Open																
1	Joey Soden	CA	125kg	119.3	31				217.5	225	227.5				225	129.472	
	140+ Open																
1	Jason Oregel	CA	140+	162.3	32				227.5	235	---				227.5	119.821	

USPA Liz Freel Classic April 1, 2023 Hawaiian Gardens, California

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Mercedes Dozal		Raw	PL	Open	Women							National					
Shawn Murphy		Raw	PL	Open	Men												
Meet Director:		Steve Denison and Mike Tronske															
Referees																	
International:		Steve Denison, Mike Tronske, Roy Taylor, Kat Colson, Tanya Reed, Anne Escobedo															
National:		Richard Castro, Donnie Rogers															
State:		Ray Audelo, Ollie Meadows,															
Staff:		Cynthia Graham															
Practical:		Dixie Walters															
Spotter/Loaders:		Gabe Sanchez, Ray Audelo, Derrick Thompson, Mariela Flores															