

IPL Master's Cup April 6, 2024 Belton, Texas

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting				Master													
	56kg Master 60-64																
1	Alice Hulsey	TX	56kg	56.0	63	75	82.5	87.5	45	50	50	112.5	117.5	117.5	245	283.984	403.542
	60kg Master 60-64																
1	Susan Proietti Conti	TX	60kg	59.4	62	90	92.5	92.5	57.5	60	62.5	115	122.5	127.5	277.5	309.586	431.253
	60kg Master 70-74																
1	Ellen Stein	NY	60kg	59.9	71	152.5	162.5	172.5	82.5	87.5	92.5	175	185	190	455	504.92	848.77
	67.5kg Master 50-54																
1	Miranda Walichowski	TX	67.5kg	66.2	50	107.5	112.5	117.5	62.5	67.5	70	125	137.5	142.5	325	339.345	383.46
	67.5kg Master 55-59																
1	Kimberly Nash	TX	67.5kg	66.5	56	115	125	125	65	70	70	127.5	137.5	150	345	359.276	447.658
	67.5kg Master 70-74																
1	Rebecca Schevers	TX	67.5kg	61.0	72	55	65	72.5	42.5	47.5	50	92.5	100	107.5	212.5	233.136	400.528
	82.5kg Master 60-64																
1	Katherine Hristou	UT	82.5kg	78.0	62	140	140	150	70	77.5	82.5	157.5	170	182.5	415	396.055	551.704
	100kg Master 50-54																
1	Naomi Dollar	TX	100kg	97.3	51	62.5	70	95	62.5	67.5	75	107.5	127.5	137.5	265	228.6	262.204
	110kg Master 50-54																
1	Michelle Abram	WA	110kg	109.0	54	190	200	200	105	115	120	182.5	197.5	205	517.5	427.904	515.197
	110+ Master 40-44										(127.5)						
1	April Goff	MS	110+	135.6	44	165	187.5	---	92.5	105	105	182.5	---	---	462.5	360.661	376.17
	Men Raw Powerlifting			Master													
	67.5kg Master 40-44																
1	David Raulston	TX	67.5kg	65.6	44	150	160	165	112.5	117.5	122.5	150	160	167.5	455	358.12	373.519
	82.5kg Master 40-44																
1	Joe Keith	MS	82.5kg	81.2	41	220	220	235	167.5	175	182.5	255	265	272.5	675	461.415	466.03

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	82.5kg Master 45-49																
1	Neil Devoe	TX	82.5kg	81.2	45	215	228.5	-----	120	127.5	135	252.5	265.5	272.5	636	434.756	458.667
	82.5kg Master 60-64																
1	Tom Newell	NM	82.5kg	81.2	60	177.5	-187.5	187.5	125	132.5	137.5	185	195	207.5	532.5	364.006	487.767
2	Grant Smith	TX	82.5kg	82.3	62	157.5	-167.5	-167.5	140	-145	-----	230	235	-----	532.5	361.209	503.164
	82.5kg Master 65-69																
1	John Sanchez	TX	82.5kg	80.4	66	60	-----	-----	60	-62.5	-62.5	182.5	-197.5	-----	302.5	207.977	314.254
	90kg Master 40-44																
1	Chad Sabatka	NE	90kg	88.4	42	245	260	-270	170	182.5	-190	275	287.5	-295	730	476.355	485.882
2	Jeremy Boudreaux	LA	90kg	89.4	40	165	-175	185	130	137.5	140	200	-210	210	535	347.104	347.104
3	Wesley Burton	TX	90kg	83.6	40	172.5	180	-185	122.5	-132.5	-----	170	180	185	487.5	327.782	327.782
	90kg Master 65-69																
1	Mark Konen	TX	90kg	89.0	68	145	152.5	155	112.5	-117.5	-117.5	-205	205	217.5	485	315.384	497.046
	100kg Master 40-44																
1	Anthony Rodriguez	TX	100kg	99.2	41	255	267.5	272.5	137.5	142.5	-147.5	322.5	343	-----	758	468.196	472.878
2	Robert Livingston	TX	100kg	98.8	41	237.5	255	-265	152.5	162.5	-170	265	282.5	295	712.5	440.874	445.282
3	Jess Laywell	TX	100kg	97.6	42	202.5	215	-225	132.5	140	150	227.5	242.5	255	620	385.727	393.442
DQ	Garrett Wales	TX	100kg	98.4	41	-262.5	275	-280	-170	-170	-170	270	285	295	0	0	0
	100kg Master 45-49																
1	Todd Wotkyns	TX	100kg	99.2	46	-232.5	242.5	260	170	177.5	-187.5	257.5	-275	-280	695	429.282	458.474
2	Chuck Kaezyk	PA	100kg	97.7	47	250	262.5	-274.5	142.5	145	150	250	262.5	-267.5	675	419.752	454.172
3	Kevin Alvey	CO	100kg	98.6	46	205	225	230	135	145	150	205	225	227.5	607.5	376.239	401.823
	100kg Master 50-54																
1	Tom Alspaugh	FL	100kg	97.4	51	-180	-180	180	145	155	-157.5	230	237.5	242.5	577.5	359.617	412.481
2	Matt Munson	TX	100kg	92.8	51	180	192.5	-205	120	125	127.5	205	215	227.5	547.5	348.709	399.969
	100kg Master 55-59																
1	Eddie Crum	TX	100kg	92.2	59	-145	145	-----	125	130	-132.5	227.5	-232.5	-232.5	502.5	321.055	422.188
	100kg Master 60-64																
1	Gary Grissinger	VA	100kg	97.3	62	190	210	227.5	127.5	140	145	275	300	-310	672.5	418.969	583.624
2	Scott Brockelman	TX	100kg	98.4	64	205	222.5	230	92.5	97.5	100	205	-217.5	-217.5	535	331.636	480.872

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Master 70-74																
1	Rudy Kadlub	OR	100kg	97.3	74	182.5	182.5	195.5	127.5	137.5	137.5	220	235	245	558	347.635	624.005
	110kg Master 40-44																
1	Ben Hobbs	TX	110kg	108.6	42	202.5	210	215	165	175	182.5	215	227.5	242.5	612.5	364.533	371.824
	110kg Master 45-49																
1	Shae Jones	TX	110kg	108.5	45	290	307.5	317.5	---	25	---	65	---	---	407.5	242.612	255.956
	110kg Master 55-59																
1	David Nix	TX	110kg	108.2	55	187.5	202.5	210	137.5	145	145	187.5	205	215	562.5	335.251	410.682
	125kg Master 40-44																
1	Jason Maiden	TX	125kg	118.7	43	230	245	255	200	210	210	280	300	317.5	782.5	451.039	465.021
	125kg Master 45-49																
1	Michael Lowery	TX	125kg	124.9	47	255	265	277.5	175	182.5	182.5	255	265	272.5	705	399.664	432.437
	125kg Master 50-54																
1	James Shifflett	MD	125kg	121.0	54	250	250	267.5	220	227.5	232.5	247.5	265	275	742.5	425.252	512.004
	125kg Master 55-59																
1	Steve Osborn	TX	125kg	113.1	58	130	130	165	115	120	120	192.5	207.5	217.5	492.5	288.716	372.733
2	Charles Lambert	IN	125kg	120.5	58	142.5	142.5	167.5	125	130	135	142.5	170	180	472.5	270.985	349.842
	125kg Master 60-64																
1	Steve Denison	CA	125kg	117.2	62	215	227.5	---	165	172.5	177.5	215	227.5	---	620	358.925	499.983
	125kg Master 65-69																
1	Brian Byers	KS	125kg	118.4	68	137.5	145	152.5	137.5	145	150	182.5	195	207.5	510	294.22	463.691
	140kg Master 40-44																
1	Seneca Sarnella	TX	140kg	127.7	44	300	323	330	215	227.5	232.5	300	317.5	332.5	880	495.434	516.738
2	Len Nuanez	TX	140kg	131.1	41	275	285	290	185	192.5	197.5	275	280	---	762.5	425.877	430.136
3	Lee Kelley	TX	140kg	132.9	43	227.5	250	272.5	152.5	165	182.5	227.5	250	272.5	710	394.954	407.197
4	Daniel Perales	TX	140kg	129.9	40	195	195	---	227.5	240	251	265	282.5	---	700	392.05	392.05

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140kg Master 50-54																
1	Edward Moore	VA	140kg	133.3	53	250	250	272.5	160	175	185	225	225	225	672.5	373.763	442.536
	140kg Master 55-59																
DQ	Greg Hargis	TX	140kg	139.1	57	215	215	215	---	---	---	---	---	---	0	0	0
	140kg Master 60-64																
1	Ray Hixon	TX	140kg	136.0	60	210	210	220	160	165	---	250	260	---	645	356.396	477.571
	Women Classic Raw Powerlifting			Master													
	75kg Master 55-59																
1	Paula Powell	TX	75kg	74.6	59	145	162.5	162.5	80	85	90	160	172.5	177.5	402.5	393.138	516.976
	Men Classic Raw Powerlifting			Master													
	75kg Master 50-54																
1	Mario Sanchez	TX	75kg	75.0	53	190	200	208	127.5	135	141	180	192.5	203.5	528.5	379.158	448.923
	90kg Master 40-44																
1	Chaney Fonseca	TX	90kg	88.2	42	145	150	162.5	105	112.5	117.5	240	260	265	527.5	344.619	351.511
2	Brandon Boronda	TX	90kg	88.5	40	60	---	---	185	195	200	60	---	---	320	208.691	208.691
	90kg Master 50-54																
1	Tim Searles	TX	90kg	88.5	54	175	182.5	---	130	137.5	---	207.5	232.5	---	545	355.428	427.935
	90kg Master 55-59																
1	Roger Fox	MS	90kg	87.1	58	180	180	190	130	137.5	137.5	200	200	205	520	341.953	441.461
	100kg Master 50-54																
1	Kaiser Young	TX	100kg	99.3	53	197.5	---	---	167.5	172.5	---	207.5	225	237.5	595	367.353	434.946
	100kg Master 55-59																
1	Kenneth Gurule	CO	100kg	92.9	57	187.5	197.5	205	130	135	140	215	225	230	565	359.668	456.059
	110kg Master 50-54																
1	Jay Gousset	MS	110kg	108.6	52	200	215	---	162.5	170	172.5	205	220	227.5	597.5	355.606	414.281
	125kg Master 40-44																
1	Joseph Ferguson	TX	125kg	111.0	41	60	---	---	190	205	213	272.5	295	312.5	560	330.549	333.855

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Master 55-59																
1	Rene Garganta	TX	125kg	118.0	55	237.5	250	262.5	182.5	195	195.5	255	272.5	---	730.5	421.912	516.842
	125kg Master 65-69																
1	David Schilling	LA	125kg	111.4	66	130	137.5	147.5	115	115	120	137.5	152.5	160	417.5	246.108	371.869
	140kg Master 50-54																
1	John Mlcka	MS	140kg	130.9	54	227.5	240	250	132.5	137.5	142.5	75	---	---	467.5	261.231	314.522
	Men Single Ply Powerlifting			Master													
	110kg Master 50-54																
1	Andrew Yerrakadu	FL	110kg	108.4	54	220	225	230	60	105	137.5	232.5	232.5	273	567.5	337.99	406.94
	110kg Master 55-59																
1	Scott Simonson	FL	110kg	109.7	56	205	212.5	---	205	227.5	---	182.5	202.5	---	642.5	380.924	474.631
	Women Raw Bench Only			Master													
	48kg Master 65-69																
1	Peggy Box	TX	48kg	48.0	68				55	57.5	60				60	77.427	122.025
	100kg Master 50-54																
1	Naomi Dollar	TX	100kg	97.3	51				62.5	67.5	75				67.5	58.228	66.788
	100kg Master 60-64																
1	Sherri Schawo	TX	100kg	90.5	62				70	85	95				95	84.488	117.692
	110kg Master 50-54																
1	Michelle Abram	WA	110kg	109.0	54				105	115	120				120	99.224	119.466
	Men Raw Bench Only			Master							(127.5)						
	82.5kg Master 50-54																
1	Scott Lamontagne	TX	82.5kg	81.7	53				170	180	180				170	115.798	137.105
	82.5kg Master 60-64																
1	Ralph Mccarty	TX	82.5kg	80.3	60				137.5	142.5	150				150	103.205	138.294
2	Grant Smith	TX	82.5kg	82.3	62				140	145	---				140	94.966	132.287
3	Tom Newell	NM	82.5kg	81.2	60				125	132.5	137.5				137.5	93.992	125.949

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Master 50-54																
1	Perry Johnson	MS	90kg	87.2	52				142.5	142.5	150				150	98.581	114.847
2	Kenny Walker	TX	90kg	89.3	50				140	150	160				140	90.883	102.697
	100kg Master 50-54																
1	Kaiser Young	TX	100kg	99.3	53				167.5	172.5	---				172.5	106.502	126.098
	100kg Master 55-59																
1	Jim Smith	MS	100kg	99.2	55				210	215	227.5				215	132.8	162.679
	110kg Master 50-54																
1	James Thomas	TX	110kg	107.9	52				200	212.5	215				212.5	126.786	147.706
2	Jay Gousset	MS	110kg	108.6	52				162.5	170	172.5				170	101.177	117.871
	125kg Master 40-44																
1	Jason Maiden	TX	125kg	118.7	43				200	210	210				210	121.046	124.798
2	Joseph Ferguson	TX	125kg	111.0	41				190	205	213				205	121.005	122.215
	125kg Master 50-54																
1	James Shifflett	MD	125kg	121.0	54				220	227.5	232.5				227.5	130.296	156.877
2	Eugene Malbrough	TX	125kg	122.5	54				197.5	202.5	207.5				207.5	118.364	142.511
	125kg Master 65-69																
1	David Schilling	LA	125kg	111.4	66				115	115	120				120	70.738	106.885
	140kg Master 40-44																
1	Daniel Perales	TX	140kg	129.9	40				227.5	240	251				240	134.417	134.417
2	Kelson Treuhardt	TX	140kg	128.8	43				140	145	150				145	81.42	83.944
	140kg Master 45-49																
1	Richard Ficca	FL	140kg	138.2	49				192.5	197.5	205				205	112.755	125.496
	140kg Master 50-54																
1	Stephen Hornatko	MD	140kg	139.9	51				160	172.5	182.5				172.5	94.552	108.452

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140kg Master 60-64																
1	Ray Hixon	TX	140kg	136.0	60				160	165	---				165	91.171	122.169
	140+ Master 50-54																
1	Rich Timko	TX	140+	144.0	50				230	240	-250				240	130.5	147.465
	Men Multi Ply Bench Only			Master													
	140kg Master 45-49																
1	Richard Ficca	FL	140kg	138.2	49				250	278	-317.5				278	152.907	170.185
	Women Raw Deadlift Only			Master													
	48kg Master 65-69																
1	Peggy Box	TX	48kg	48.0	68							127.5	132.5	-137.5	132.5	170.984	269.471
	75kg Master 55-59																
1	Paula Powell	TX	75kg	74.6	59							160	172.5	-177.5	172.5	168.488	221.561
	110kg Master 50-54																
1	Michelle Abram	WA	110kg	109.0	54							182.5	197.5	-205	197.5	163.307	196.621
	Men Raw Deadlift Only			Master													
	75kg Master 55-59																
1	Paul Delaney	TX	75kg	74.5	56							202.5	217.5	-231	217.5	156.71	195.261
	82.5kg Master 60-64																
1	Grant Smith	TX	82.5kg	82.3	62							230	235	---	235	159.407	222.053
	90kg Master 50-54																
1	Perry Johnson	MS	90kg	87.2	52							192.5	227.5	247.5	247.5	162.658	189.497
	100kg Master 40-44																
1	Anthony Rodriguez	TX	100kg	99.2	41							322.5	343	---	343	211.862	213.98
	100kg Master 50-54																
1	Tom Alspaugh	FL	100kg	97.4	51							230	237.5	242.5	242.5	151.008	173.206
	100kg Master 55-59																
1	Eddie Crum	TX	100kg	92.2	59							227.5	-232.5	-232.5	227.5	145.353	191.14

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Master 40-44																
DQ	Robert Doherty III	TX	110kg	108.4	44							310	338	338	0	0	0
	125kg Master 40-44																
1	Jason Maiden	TX	125kg	118.7	43							280	300	317.5	317.5	183.01	188.683
2	Joseph Ferguson	TX	125kg	111.0	41							272.5	295	312.5	295	174.129	175.87
	125kg Master 45-49																
1	BJ Whitehead	TX	125kg	112.8	47							272.5	292.5	297.5	292.5	171.636	185.71
	125kg Master 55-59																
1	Steve Osborn	TX	125kg	113.1	58							192.5	207.5	217.5	207.5	121.642	157.04
	125kg Master 65-69																
1	David Schilling	LA	125kg	111.4	66							137.5	152.5	160	160	94.317	142.513
	140kg Master 40-44																
1	Daniel Perales	TX	140kg	129.9	40							265	282.5	---	265	148.419	148.419
2	Kelson Treuhardt	TX	140kg	128.8	43							227.5	227.5	227.5	227.5	127.745	131.705
	140kg Master 60-64																
1	Ray Hixon	TX	140kg	136.0	60							250	260	---	260	143.664	192.509
	140+ Master 40-44																
1	Geomar Jaramillo	FL	140+	163	42							338	350	363	350	184.133	187.816
	Women Raw Push-Pull			Master													
	110kg Master 50-54																
1	Michelle Abram	WA	110kg	109.0	54				105	115	120	182.5	197.5	205	317.5	262.531	196.621
										(127.5)							
	Men Raw Push-Pull			Master													
	125kg Master 40-44																
1	Jason Maiden	TX	125kg	118.7	43				200	210	210	280	300	317.5	527.5	304.055	188.683
	140kg Master 40-44																
1	Kelson Treuhardt	TX	140kg	128.8	43				140	145	150	227.5	227.5	227.5	372.5	209.165	131.705

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters												Record Color Codes					
Name	Equip	Events	Comp	Sex									State				
Ellen Stein	Raw	PL	Master	Women									National				
Rudy Kadlub	Raw	PL	Master	Men									World				
Jim Smith	Raw	BPO	Master	Men													
Grant Smith	Raw	DLO	Master	Men													
Rene Garganta	Clraw	PL	Master	Men													
Meet Director:		Bobby Morgan, Megan Morgan															
Referees																	
International:		Bobby Morgan, Megan Morgan, Shanda Guard, Kat Colson, Ann Hall															
National:		Laura Williams, Seth Lee, Zack Miller, Zack Bingaman, Reese Allemore, Ryan Kimball, Megan Moore, Derek Gibson															
State:		Julio Vazquez, Audrey Hsu															
Spotter/Loaders:		Ethan Diaz, Juan Pablo, Brayden Marron, Gavin Segura, Max Peck, Gabriel Cervantez, William Hathaway, Chapman Rowe, Vincente Fernandez, Richardo Caballero															