

USPA Drug Tested Oregon State Championships March 14, 2020 Lincoln, OR

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	56kg Jr 20-23																
1	Kily Gilbert	OR	56kg	55.8	22	130.0	135.5	137.5	67.5	70.0	73.0	160	168.5	175.0	382.5	530.489	
	52kg Open																
1	Angela Fuchs	OR	52kg	52.0	24	120.0	127.5	132.5	57.5	62.5	62.5	155	165.0	172.5	350	511.875	
	56kg Open																
1	Kily Gilbert	OR	56kg	55.8	22	130.0	135.5	137.5	67.5	70.0	73.0	160	168.5	175.0	382.5	530.489	
2	Kimberly Perry	OR	56kg	56	55	85	92.5	97.5	52.5	57.5	57.5	100	107.5	110.0	260	359.658	
	60kg Open																
1	Chelsea Kennedy	OR	60kg	59.6	28	100.0	105.0	110.0	60	62.5	62.5	120.0	125.0	137.5	307.5	407.407	
2	Skye Talkinton	OR	60kg	60.0	45	70.0	75.0	80.0	47.5	50.0	55.0	92.5	97.5	105.0	240	316.56	
	67.5kg Open																
1	Bryann Pluta	OR	67.5kg	67.5	24	95.0	102.5	112.5	65	70.0	76.0	140	145.0	152.5	325	399.1	
2	Maile Moore	OR	67.5kg	63.5	26	110.0	117.5	122.5	45	50.0	50.0	127.5	135.0	142.5	305	388.082	
	75kg Open																
1	Sharon Trammell	OR	75kg	70.8	24	115.0	130.0	135.0	55	62.5	65.0	142.5	150.0	155.0	327.5	392.05	
2	Rebecca Foster	OR	75kg	71.6	27	102.5	110.0	110.0	50	55.0	57.5	140	150.0	157.5	315	374.945	
	82.5kg Open																
1	Samantha Irsik	OR	82.5kg	81.6	27	165.0	170.0	180.0	77.5	82.5	85.0	165	175.0	190.0	452.5	508.067	
2	Brittany Ellingsen	WA	82.5kg	81.6	27	110.0	117.5	122.5	65	70.0	70.0	130	142.5	150.0	337.5	378.945	
3	Yvonne Chang	OR	82.5kg	82.5	26	107.5	120.0	127.5	52.5	57.5	62.5	137.5	147.5	160.0	332.5	371.735	
4	Breanna Schwinge	OR	82.5kg	79.6	26	100.0	110.0	120.0	47.5	52.5	60.0	112.5	122.5	130.0	295	334.53	
	90kg Open																
1	Kristen Shockman	OR	90kg	89.2	26	150.0	160.0	160.0	80	85.0	87.5	157.5	167.5	175.0	402.5	437.799	
	SHW Open																
1	Chloe Brown	OR	SHW	99.2	24	100.0	115.0	127.5	52.5	62.5	62.5	100	125.0	137.5	317.5	334.804	
	56kg Submaster																
1	Nicole Hatley	OR	56kg	54.2	36	45.0	50.0	52.5	35	42.5	47.5	60	70.0	75.0	170	240.856	
	67.5kg Submaster																
1	Lynsi Sitton	OR	67.5kg	63.2	35	90.0	95.0	100.5	42.5	45.0	47.5	100	105.0	110.0	252.5	322.215	
	67.5kg Master 65-69																
1	Marybeth Chow	OR	67.5kg	66.4	69	52.5	55.0	57.5	37.5	40.0	40.0	75	77.5	80.0	175	216.895	349.201

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	75kg Master 40-44																
1	Kristin Benson	OR	75kg	73.6	43	107.5	115.0	120.0	47.5	52.5	52.5	120.0	130.0	140.0	312.5	366.969	378.345
	75kg Master 50-54																
1	Doreen Matecki	OR	75kg	75	54	75.0	80.0	85.0	60	62.5	62.5	95	100.0	105.0	252.5	293.885	353.837
								4th: 90						4th: 110			
Men Raw Powerlifting																	
	75kg Jr 16-17																
1	Jovani Montes	OR	75kg	74.4	16	135.0	140.0	140.0	90	95.0	102.5	142.5	147.5	160.0	397.5	340.618	
	82.5kg Jr 18-19																
1	Leif Griffin	OR	82.5kg	81.2	19	232.5	245.0	255.0	132.5	142.5	147.5	237.5	255.0	273.0	652.5	529.765	
	82.5kg Jr 20-23																
1	Logan Miller	OR	82.5kg	81.3	23	167.5	175.0	182.5	117.5	122.5	130.0	225	237.5	245.0	535	434.046	
	100kg Jr 13-15																
1	Tyler Papp	OR	100kg	99.2	15	115	115.0	125.0	77.5	87.5	92.5	125	140.0	150.0	367.5	268.973	
								4th: 140									
	100kg Jr 20-23																
1	Jamison Faith	OR	100kg	97.8	22	182.5	---	---	155	---	---	242.5	---	---	580	427.228	
	125kg Jr 20-23																
1	Hayden Snow	OR	125kg	119.6	23	232.5	252.5	262.5	145.0	150.0	155.0	250	265.0	272.5	682.5	465.738	
											4th: 160						
	60kg Open																
1	Wing Chan	OR	60kg	59.6	39	125.0	132.5	137.5	82.5	88.0	88.0	142.5	150.0	155.0	370	370.703	
	75kg Open																
1	Donovan Alcalde	OR	75kg	74.6	26	200.0	212.5	217.5	117.5	122.5	127.5	247.5	265.0	272.5	600	513.3	
	82.5kg Open																
1	Jeremy Guttman	OR	82.5kg	81.0	27	165.0	175.0	182.5	107.5	112.5	115.0	182.5	192.5	200.0	495	402.485	
	90kg Open																
1	Eric Gonzalez	OR	90kg	89.0	24	180.0	192.5	210.0	135	140.0	145.0	200	212.5	220.0	570	439.698	
2	Houston Johnston	OR	90kg	86	24	110.0	115.0	120.0	92.5	97.5	100.0	155	160.0	165.0	377.5	296.64	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	100kg Open																
1	Joseph Wineke	OR	100kg	94.8	25	152.5	157.5	162.5	120	125.0	130.0	195	202.5	210.0	502.5	375.569	
	110kg Open																
1	Lee Seeley	OR	110kg	107	31	280.0	295.0	300.0	187.5	197.5	202.5	330	345.0	345.0	842.5	597.585	
2	Tyler Tuck	OR	110kg	107	29	175.0	187.5	200.0	117.5	122.5	130.0	210	220.0	227.5	550	390.115	
	125kg Open																
1	Hayden Snow	OR	125kg	119.6	23	232.5	252.5	262.5	145.0	150.0	155.0	250	265.0	272.5	682.5	465.738	
										4th: 160							
	60kg Submaster																
1	Wing Chan	OR	60kg	59.6	39	125.0	132.5	137.5	82.5	88.0	88.0	142.5	150.0	155.0	370	370.703	
	82.5kg Submaster																
1	James Hatley	OR	82.5kg	82.5	35	175.0	187.5	200.0	125.0	132.5	135.0	220	232.5	247.5	580	466.552	
								4th: 205									
	90kg Submaster																
1	Joseph Boney	OR	90kg	86.4	35	170.0	180.0	190.0	107.5	115.0	120.0	215	227.5	235.0	532.5	417.374	
	82.5kg Master 60-64																
1	Roddy Coles	OR	82.5kg	77.8	61	95.0	100.0	105.0	60	65.0	70.0	130	140.0	150.0	320	266.592	364.165
	90kg Master 60-64																
1	Robert Squires	OR	90kg	85.4	63	145.0	145.0	155.0	97.5	102.5	102.5	180	187.5	197.5	435	343.128	487.585
	100kg Master 50-54																
1	Bryan Hartman	CA	100kg	98.0	53	162.5	175.0	175.0	137.5	145.0	145.0	180	185.0	190.0	485	356.912	422.583
	110kg Master 50-54																
1	Gary Bergerson	OR	110kg	108.2	54	150.0	157.5	165.0	125	132.5	137.5	167.5	180.0	195.0	497.5	351.335	423.007
	125kg Master 50-54																
1	John Thomas	OR	125kg	123.4	54	185.0	200.0	209.9	102.5	112.5	117.5	235	242.5	247.5	565	381.94	459.856
											4th: 125						
Women Classic Raw Powerlifting																	
	52kg Open																
1	Briana Maison	OR	52kg	51.8	29	97.5	102.5	105.0	42.5	45.0	47.5	105	110.0	112.5	262.5	385.061	
								4th: 107.5									
	90kg Open																
1	Raechel Charlton	OR	90kg	83.6	34	142.5	152.5	157.5	80	85.0	90.0	165	177.5	185.0	432.5	481.156	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	SHW Open																
1	Shanna Cashman	OR	SHW	125.0	28	137.5	145.0	152.5	65	72.5	75.0	147.5	160.0	170.0	387.5	387.306	
	SHW Submaster																
1	Cenobia Gonzalez	OR	SHW	103	39	115.0	125.0	130.0	70	75.0	77.5	125	137.5	143.0	348	363.486	
								4th: 137.5									
Men Classic Raw Powerlifting																	
	75kg Jr 20-23																
1	Mac Keale	OR	75kg	72.4	22	165.0	180.0	190.0	115	125	132.5	205	230.0	247.5	570	497.211	
														4th: 250			
	90kg Jr 18-19																
1	Brendon Books	OR	90kg	87.0	19	207.5	232.5	240.0	120	132.5	99.9	207.5	207.5	227.5	600	468.54	
	100kg Jr 20-23																
1	Mitchell Lamer	OR	100kg	94.4	20	187.5	205.0	220.0	122.5	122.5	130.0	227.5	250.0	272.5	607.5	454.957	
Men Single Ply Powerlifting																	
	90kg Open																
DQ	Andrew Helton	WA	90kg	89.8	33	202.5	212.5	99.9	200	200.0	200.0	230	237.5	---	0	0	
	110kg Master 60-64																
1	Randy Elis	OR	110kg	108.6	60	190.0	190.0	197.5	160.5	167.5	172.5	182.5	190.0	200.0	557.5	393.149	526.82
Women Raw Bench Only																	
	56kg Open																
1	Kimberly Perry	OR	56kg	56	55				52.5	57.5	57.5				52.5	72.623	
	67.5kg Master 60-64																
1	Jerri Glanders	OR	67.5kg	64.6	61				42.5	45.0	45.0				42.5	53.52	73.109
	67.5kg Master 65-69																
1	Marybeth Chow	OR	67.5kg	66.4	69				37.5	40.0	40.0				40	49.576	79.817
Men Raw Bench Only																	
	90kg Jr 20-23																
1	Ben Hughes	OR	90kg	89.2	20				117.5	127.5	127.5				127.5	98.239	
	75kg Open																
1	Connor Rosenberg	OR	75kg	73.5	20				132.5	140.0	147.5				147.5	127.396	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	90kg Open																
1	Ryan Achenbach	OR	90kg	89.8	35				160.5	160.5	162.5				162.5	124.784	
2	Ben Hughes	OR	90kg	89.2	20				117.5	127.5	127.5				127.5	98.239	
	SHW Open																
1	John Cooper	OR	SHW	159.8	31				232.5	232.5	232.5				232.5	147.893	
	60kg Submaster																
1	Brian Gray	OR	60kg	59.6	38				50	52.5	57.5				57.5	57.609	
	90kg Submaster																
1	Ryan Achenbach	OR	90kg	89.8	35				160.5	160.5	162.5				162.5	124.784	
	100kg Master 50-54																
1	Bryan Hartman	CA	100kg	98.0	53				137.5	145.0	145.0				137.5	101.186	119.805
	110kg Master 50-54																
1	Gary Bergerson	OR	110kg	108.2	54				125	132.5	137.5				137.5	81.34	97.9313
	125kg Master 50-54																
1	Brad Webb	OR	125kg	120.6	54				142.5	142.5	152.5				152.5	103.792	124.965
	Men Single Ply Bench Only																
	110kg Master 60-64																
1	Randy Elis	OR	110kg	108.6	60				160.5	167.5	172.5				167.5	118.121	158.282
	Women Raw Deadlift Only																
	56kg Open																
1	Kimberly Perry	OR	56kg	56	55							100	107.5	110.0	110	152.163	
	67.5kg Master 65-69																
1	Marybeth Chow	OR	67.5kg	66.4	69							75	77.5	80.0	80	99.152	159.635
	Men Raw Deadlift Only																
	90kg Jr 20-23																
1	Ben Hughes	OR	90kg	89.2	20							247.5	265.0	272.5	265	204.183	
	60kg Open																
1	Wing Chan	OR	60kg	59.6	39							142.5	150.0	155.0	155	155.295	
	90kg Open																
1	Ben Hughes	OR	90kg	89.2	20							247.5	265.0	272.5	265	204.183	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	60kg Submaster																
1	Wing Chan	OR	60kg	59.6	39							142.5	150.0	155.0	155	155.295	
	110kg Master 75-79																
1	Bobby Dodd	WA	110kg	101.4	75							105	120.0	135.0	135	97.875	179.601
	125kg Master 50-54																
1	John Thomas	OR	125kg	123.4	54							235	242.5	247.5	247.5	167.31	201.441
	125kg Master 55-59																
1	Mike Adelman	OR	125kg	118.8	55							230	242.5	250.0	242.5	165.822	203.131
Men Single Ply Deadlift Only																	
	90kg Open																
1	Andrew Helton	WA	90kg	89.8	33							230	237.5	240.0	237.5	182.376	
	110kg Master 60-64																
1	Randy Elis	OR	110kg	108.6	60							182.5	190.0	200.0	200	141.04	188.994

Best Lifters:

Leif Griffin	Raw Jr Men PL
Kily Gilbert	Raw Open Women PL
Lee Seeley	Raw Open Men PL
Robert Squires	Raw Master Men PL

Record Color Codes:
State
National

Meet Director: Peter Martin

Thank you to our officials:

International:	Sam Pecktol
National:	Peter Martin
State:	Brad Shellman, Nate Boley, Stephen Do, Peter Nguyen, Manny Love and Holly Boney
Staff:	Dustin Cotton

Spotter/Loaders: Patricio Ramirez, Clark Boyd, Kyle Davis, DJ Brown and Pedro De La Cerda Angel Jr