

USPA North Louisiana Shootout November 21, 2020 Shreveport, LA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
1	Frederick Hannie	LA	100kg	97.3	35	295	310	310	182.5	187.5	187.5	230	245	260	737.5	459.464	
Men Raw Powerlifting				Master													
100kg Master 55-59																	
1	Craig Berkowitz	TX	100kg	98	56	230	240	250	137.5	140	140	250	260	273	647.5	402.1	501.017
110kg Master 40-44																	
1	Kevin Trahan	LA	110kg	105.4	41	177.5	215	227.5	142.5	167.5	172.5	230	262.5	272.5	662.5	398.941	402.931
125kg Master 45-49																	
1	Fredrik Toennesen	LA	125kg	117.6	47	250	265	275	142.5	165.5	---	250	285	310	725.5	419.51	453.91
Women Classic Raw Powerlifting				Open													
48kg Open																	
1	Ashton Parsons	TX	48kg	48	30	93	97.5	102.5 (105)	50	55	57.5	107.5	115	120	277.5	358.099	
Men Classic Raw Powerlifting				Open													
90kg Open																	
1	Beau Hebert	LA	90kg	87.8	25	260	272.5	290	152.5	160	162.5	240	247.5	250	702.5	460.032	
100kg Open																	
1	Tyler Alarado	LA	100kg	95.8	27	257.5	272.5	285	160	160	177.5	255	265	275	687.5	431.357	
2	Zachariah Bingaman	LA	100kg	99.1	33	227.5	250	257.5	125	137.5	142.5	200	212.5	222.5	622.5	384.671	
110kg Open																	
1	Dylan Vaughn	LA	110kg	109.3	25	312.5	330	342.5	185	185	192.5	285	295	315	830	492.77	
2	Roger Pitts	MS	110kg	109.3	30	230	245	275	147.5	165	182.5	267.5	282.5	290	692.5	411.136	
Men Classic Raw Powerlifting				Master													
90kg Master 55-59																	
1	John Smith	TX	90kg	88.5	57	167.5	170	175	90	95	97.5	180	187.5	192.5	462.5	301.624	382.46
Men Single Ply Powerlifting				Open													
110kg Open																	
1	Zack Goins	MS	110kg	108.3	28	275	300	317.5	230	237.5	245	265	275	285	830	494.505	
Women Raw Bench Only				Open													
56kg Open																	
1	Erin Harding	LA	56kg	54.4	31				80	83.5	83.5				83.5	98.68	
Men Raw Bench Only				Junior													
67.5kg Jr 18-19																	
1	Matthew Porter	LA	67.5kg	65.5	18				92.5	100	107.5				100	78.797	

USPA North Louisiana Shootout November 21, 2020 Shreveport, LA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Men Raw Bench Only				Master														
	82.5kg Master 40-44																	
1	Scott Langham	LA	82.5kg	81.4	43				107.5	-115	-120				107.5	73.38	75.655	
	110kg Master 60-64																	
1	Robert Tyler	TX	110kg	105.4	61				147.5	160	-162.5				160	96.348	131.612	
Women Raw Deadlift Only				Open														
	56kg Open																	
1	Erin Harding	LA	56kg	54.4	31							142.5	150	155	155	183.179		
	75kg Open																	
1	Jodie Duncan	TX	75kg	72	46							137.5	147.5	150	150	149.34	159.495	
Women Raw Deadlift Only				Master														
	75kg Master 45-49																	
1	Jodie Duncan	TX	75kg	72	46							137.5	147.5	150	150	149.34	159.495	
Men Raw Push-Pull				Open														
	100kg Open																	
1	Jake Parsons	TX	100kg	96.8	29				97.5	105	115	185	195	-215	310	193.581		
Men Raw Push-Pull				Master														
	110kg Master 70-74																	
1	Duane Stautzenberger	LA	110kg	106.9	70				112.5	-117.5	-122.5	102.5	-----	-----	215	128.744	100.967	
	125kg Master 50-54																	
1	Jewell Binns	AR	125kg	115	53				-105	110	120	135	145	150	270	157.342	103.496	
Best Lifters																		
Frederick Hannie		Raw Open Men PL																
Dylan Vaughn		CIRaw Open Men PL																
Meet Director:		Robert Adams and John Micka																
Referees																		
International:		John Micka, Amanda Micka																
National:		Robert Adams, Babette Adams, Roger Fox, Vicky Fox																
State:		Eric Martin, Viola Simmons, Derek Gibson																
Spotter/Loaders:		Todd Chapman, Tank Dobson, James Moore																

Record Color Codes
State