

USPA Drug Tested 2024 NASPOWER Cup January 6, 2024 Bakersfield, California

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
67.5kg Jr 20-23																	
1	Brittany Gordon	CA	67.5kg	65.7	23	102.5	<del>107.5</del>	107.5	82.5	87.5	<del>92.5</del>	102.5	107.5	115	310	325.129	
Women Raw Powerlifting		Open															
67.5kg Open																	
1	Brittany Gordon	CA	67.5kg	65.7	23	102.5	<del>107.5</del>	107.5	82.5	87.5	<del>92.5</del>	102.5	107.5	115	310	325.129	
75kg Open																	
1	Ale Guillen	CA	75kg	74	28	127.5	130	<del>132.5</del>	70	72.5	<del>75</del>	140	142.5	<del>147.5</del>	345	338.428	
2	Yasmin Acosta	CA	75kg	74.7	25	117.5	127.5	132.5	47.5	52.5	<del>57.5</del>	135	147.5	155	340	331.856	
82.5kg Open																	
1	Nancy Benitez	CA	82.5kg	81.1	34	125	127.5	130	62.5	65	<del>67.5</del>	140	142.5	145	340	318.208	
2	Michelle Gutierrez	CA	82.5kg	82.4	25	102.5	107.5	112.5	52.5	55	<del>57.5</del>	120	130	137.5	305	283.246	
90kg Open																	
1	Sivon Som	CA	90kg	88.4	25	155	165	172.5	72.5	<del>85</del>	<del>85</del>	172.5	185	190	435	390.926	
2	Katie Chen	CA	90kg	88.3	38	87.5	<del>92.5</del>	92.5	60	65	<del>70</del>	120	130	140	297.5	267.494	
100kg Open																	
1	Joanna Bellas	CA	100kg	99.2	36	100	110	117.5	62.5	65	67.5	132.5	145	<del>157.5</del>	330	282.49	
110+ Open																	
1	Sarah Wade	CA	110+	148.1	37	175	185	195	95	100	<del>105</del>	192.5	207.5	220	515	397.21	
Women Raw Powerlifting		Submaster															
90kg Submaster																	
1	Katie Chen	CA	90kg	88.3	38	87.5	<del>92.5</del>	92.5	60	65	<del>70</del>	120	130	140	297.5	267.494	
DQ	Amber Wells	CA	90kg	84.8	39	102.5	107.5	<del>115</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>115</del>	<del>---</del>	<del>---</del>	0	0	
100kg Submaster																	
1	Joanna Bellas	CA	100kg	99.2	36	100	110	117.5	62.5	65	67.5	132.5	145	<del>157.5</del>	330	282.49	
110+ Submaster																	
1	Sarah Wade	CA	110+	148.1	37	175	185	195	95	100	<del>105</del>	192.5	207.5	220	515	397.21	
Men Raw Powerlifting		Junior															
67.5kg Jr 18-19																	
1	John Saliva	AK	67.5kg	66.6	19	202.5	<del>205</del>	205	127.5	132.5	<del>135</del>	227.5	235	240	577.5	449.478	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	67.5kg Jr 20-23																
1	William Crawford	CA	67.5kg	65.4	20	<del>-170</del>	<del>-170</del>	170	90	<del>-97.5</del>	97.5	220	227.5	<del>-232.5</del>	495	390.493	
2	Severiano Anaya Jr	CA	67.5kg	65.9	21	112.5	127.5	137.5	52.5	60	<del>-70</del>	130	142.5	160	357.5	280.426	
	75kg Jr 16-17																
1	Jonathan Ramirez	CA	75kg	74.3	17	<del>-105</del>	172.5	182.5	65	77.5	<del>-82.5</del>	205	215	<del>-227.5</del>	475	342.835	
	75kg Jr 18-19																
1	Walker Below	CA	75kg	73.1	19	167.5	<del>-177.5</del>	177.5	105	110	<del>-112.5</del>	215	230	<del>-235</del>	517.5	377.5	
	75kg Jr 20-23																
1	Nick Gonzales	CA	75kg	71.1	22	172.5	187.5	202.5	107.5	122.5	<del>-130</del>	192.5	<del>-212.5</del>	<del>-212.5</del>	517.5	384.581	
2	Kolby Weiding	CA	75kg	73.9	21	155	<del>-105</del>	<del>-175</del>	107.5	115	<del>-125</del>	187.5	<del>-192.5</del>	200	470	340.415	
	82.5kg Jr 13-15																
1	Ryan Zamora	CA	82.5kg	76.8	15	150	160	170	92.5	97.5	<del>-105</del>	197.5	220	227.5	495	349.86	
	82.5kg Jr 16-17																
1	Dylan Martinez	CA	82.5kg	78.9	17	170	177.5	182.5	100	107.5	115	<del>-220</del>	230	237.5	535	371.957	
2	Israel Almanza	CA	82.5kg	79.2	17	175	185	205	100	110	<del>-115</del>	185	197.5	215	530	367.645	
	82.5kg Jr 18-19																
1	Karson Everett	CA	82.5kg	80.7	19	210	217.5	227.5	120	<del>-127.5</del>	130	255	262.5	272.5	630	432.202	
DQ	Silas Beltran	CA	82.5kg	77.8	19	200	207.5	212.5	<del>-130</del>	<del>-135</del>	<del>-137.5</del>	240	250	255	0	0	
	82.5kg Jr 20-23																
1	Aaron Klaut	CA	82.5kg	80.2	22	210	220	227.5	120	<del>-125</del>	<del>-125</del>	267.5	277.5	287.5	635	437.219	
	90kg Jr 13-15																
1	Josh Mccoy	CA	90kg	88.7	15	180	187.5	<del>-192.5</del>	112.5	<del>-120</del>	<del>-120</del>	190	<del>-200</del>	210	510	332.216	
	90kg Jr 16-17																
1	Michael Tanner	CA	90kg	84.6	17	120	135	140	77.5	90	<del>-95</del>	152.5	185	192.5	422.5	282.218	
	90kg Jr 18-19																
1	Max Wosczyzna	CA	90kg	87.3	19	175	187.5	195	122.5	<del>-132.5</del>	<del>-132.5</del>	212.5	225	235	552.5	362.887	
	90kg Jr 20-23																
1	Adam Garrett	CA	90kg	89	21	212.5	220	227.5	<del>-130</del>	130	<del>-137.5</del>	262.5	280	<del>-300</del>	637.5	414.552	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Jr 20-23																
1	Garrett Bonnin	CA	100kg	98.5	20	265	275	277.5	145	152.5	<del>-160</del>	272.5	287.5	295	725	449.211	
2	Garret Alcaraz	CA	100kg	99.1	22	125	137.5	<del>-----</del>	125	137.5	<del>-150</del>	125	137.5	145	420	259.537	
	110kg Jr 20-23																
1	Justin Riggins	CA	110kg	108.2	22	102.5	147.5	157.5	85	102.5	<del>-105</del>	175	185	187.5	447.5	266.711	
	125kg Jr 20-23																
1	Sidney Chheav	CA	125kg	124.9	22	205	212.5	227.5	160	167.5	<del>-172.5</del>	247.5	255	267.5	662.5	375.571	
	140kg Jr 16-17																
1	Victor Sica	CA	140kg	134.2	16	175	195	210	90	97.5	107.5	155	185	<del>-215</del>	502.5	278.731	
	<b>Men Raw Powerlifting</b>			<b>Open</b>													
	67.5kg Open																
1	John Saliva	AK	67.5kg	66.6	19	202.5	<del>-205</del>	205	127.5	132.5	<del>-135</del>	227.5	235	240	577.5	449.478	
2	William Crawford	CA	67.5kg	65.4	20	<del>-170</del>	<del>-170</del>	170	90	<del>-97.5</del>	97.5	220	227.5	<del>-232.5</del>	495	390.493	
	75kg Open																
1	Gus Castro	CA	75kg	72.6	37	145	152.5	160	112.5	120	127.5	190	202.5	212.5	500	366.394	
2	Kolby Weiding	CA	75kg	73.9	21	155	<del>-165</del>	<del>-175</del>	107.5	115	<del>-125</del>	187.5	<del>-192.5</del>	200	470	340.415	
3	Joshua Lopez	AZ	75kg	70.8	27	140	<del>-155</del>	<del>-157.5</del>	105	110	<del>-115</del>	190	202.5	210	460	342.838	
	82.5kg Open																
1	Aaron Klaut	CA	82.5kg	80.2	22	210	220	227.5	120	<del>-125</del>	<del>-125</del>	267.5	277.5	287.5	635	437.219	
2	Ryan Zamora	CA	82.5kg	76.8	15	150	160	170	92.5	97.5	<del>-105</del>	197.5	220	227.5	495	349.86	
DQ	Silas Beltran	CA	82.5kg	77.8	19	200	207.5	212.5	<del>-130</del>	<del>-135</del>	<del>-137.5</del>	240	250	255	0	0	
	90kg Open																
1	Andoni Rey	CA	90kg	89.6	29	<del>-220</del>	220	230	142.5	150	<del>-155</del>	240	257.5	267.5	647.5	419.617	
2	Jemuel Mangalus	AK	90kg	89	27	<del>-205</del>	205	215	115	120	125	232.5	240	250.5	590.5	383.989	
3	Edgar Quevedo	CA	90kg	89.5	27	165	175	185	115	132.5	137.5	157.5	170	180	502.5	325.833	
	100kg Open																
1	Garrett Bonnin	CA	100kg	98.5	20	265	275	277.5	145	152.5	<del>-160</del>	272.5	287.5	295	725	449.211	
2	Tyler Adams	CA	100kg	98.4	34	217.5	225	<del>-232.5</del>	172.5	180	<del>-182.5</del>	220	235	<del>-250</del>	640	396.723	
3	Humberto Medina #3	CA	100kg	97.1	24	182.5	192.5	210	120	127.5	130	210	220	232.5	572.5	357	
4	Bradley Rascon	CA	100kg	91.5	27	95	105	115	87.5	92.5	<del>-100</del>	100	110	127.5	335	214.837	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Open																
1	Manuel Castro	CA	110kg	108.9	26	187.5	197.5	207.5	135	<del>140</del>	140	220	232.5	<del>245</del>	580	344.826	
2	Jacob Shipman	CA	110kg	104.8	23	190	197.5	205	132.5	137.5	<del>140</del>	220	<del>242.5</del>	<del>245</del>	562.5	339.503	
	125kg Open																
1	Sidney Chheav	CA	125kg	124.9	22	205	212.5	227.5	160	167.5	<del>172.5</del>	247.5	255	267.5	662.5	375.571	
2	Alexis Perez	CA	125kg	123.6	27	217.5	227.5	235	117.5	125	132.5	217.5	227.5	<del>240</del>	595	338.43	
	140+ Open																
1	Jeffrey Majano	CA	140+	147.7	28	240	<del>245</del>	<del>245</del>	137.5	142.5	147.5	205	215	220	607.5	328.052	
	<b>Men Raw Powerlifting</b>		<b>Submaster</b>														
	75kg Submaster																
1	Gus Castro	CA	75kg	72.6	37	145	152.5	160	112.5	120	127.5	190	202.5	212.5	500	366.394	
	<b>Men Raw Powerlifting</b>		<b>Master</b>														
	100kg Master 45-49																
1	Jose Andrade	CA	100kg	98.4	47	187.5	195	205	127.5	132.5	135 (137.5)	217.5	222.5	<del>225</del>	562.5	348.683	377.275
	<b>Women Classic Raw Powerlifting</b>		<b>Junior</b>														
	82.5kg Jr 18-19																
1	Marlyn Avalos	CA	82.5kg	79.3	18	117.5	120	125	<del>65</del>	65	<del>67.5</del>	117.5	120	125	315	298.116	
	90kg Jr 20-23																
1	Alondra Llerenas	CA	90kg	85.3	20	142.5	<del>150</del>	150	62.5	67.5	<del>70</del>	150	<del>160</del>	160	377.5	344.854	
	<b>Women Classic Raw Powerlifting</b>		<b>Open</b>														
	110kg Open																
DQ	Bonny Sourinhamath	CA	110kg	104.3	32	165	<del>170</del>	170	<del>92.5</del>	<del>92.5</del>	<del>92.5</del>	165	167.5	170	0	0	
	<b>Women Classic Raw Powerlifting</b>		<b>Submaster</b>														
	60kg Submaster																
DQ	Christie Long	CA	60kg	59	37	<del>100</del>	<del>100</del>	100	<del>60</del>	<del>60</del>	<del>60</del>	110	117.5	127.5	0	0	
	75kg Submaster																
1	Kaymarie Sourinhamath	CA	75kg	70.2	37	150	155	160	76	<del>77.5</del>	77.5	150	157.5	165	402.5	406.381	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Classic Raw Powerlifting				Master													
1	60kg Master 60-64 Sherry Pacillas	CA	60kg	57.6	62	60	65	<del>70</del>	35	40	<del>45</del>	67.5	70	77.5	182.5	207.667	289.28
Men Classic Raw Powerlifting				Junior													
DQ	75kg Jr 16-17 Frank Hicks	CA	75kg	73	17	175	<del>187.5</del>	<del>---</del>	<del>142.5</del>	<del>142.5</del>	<del>---</del>	<del>192.5</del>	<del>---</del>	<del>---</del>	0	0	
1	140+ Jr 20-23 Davyon Grist	CA	140+	145.3	23	277.5	287.5	297.5	130	137.5	142.5	237.5	250	267.5	707.5	383.757	
Men Classic Raw Powerlifting				Open													
1	110kg Open Jeff Cauble	CA	110kg	108.8	50	217.5	222.5	227.5	130	<del>137.5</del>	<del>---</del>	260	267.5	<del>272.5</del>	625	371.711	420.033
Men Classic Raw Powerlifting				Submaster													
1	75kg Submaster Yoan Calles	CA	75kg	74.9	38	170	182.5	200	125	130	<del>137.5</del>	205	230	240	570	409.28	
Men Classic Raw Powerlifting				Master													
1	110kg Master 50-54 Jeff Cauble	CA	110kg	108.8	50	217.5	222.5	227.5	130	<del>137.5</del>	<del>---</del>	260	267.5	<del>272.5</del>	625	371.711	420.033
Men Multi Ply Powerlifting				Junior													
1	67.5kg Jr 16-17 Roman Gonzales	CA	67.5kg	67.1	16	120	125	132.5	<del>75</del>	87.5	92.5	142.5	150	162.5	387.5	299.954	
Men Multi Ply Powerlifting				Open													
1	67.5kg Open Roman Gonzales	CA	67.5kg	67.1	16	120	125	132.5	<del>75</del>	87.5	92.5	142.5	150	162.5	387.5	299.954	
Women Raw Bench Only				Junior													
1	67.5kg Jr 20-23 Brittany Gordon	CA	67.5kg	65.7	23				82.5	87.5	<del>92.5</del>				87.5	91.77	
Women Raw Bench Only				Open													
1	67.5kg Open Brittany Gordon	CA	67.5kg	65.7	23				82.5	87.5	<del>92.5</del>				87.5	91.77	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Open																
1	Joanna Bellas	CA	100kg	99.2	36				62.5	65	67.5				67.5	57.782	
	Women Raw Bench Only			Submaster													
	100kg Submaster																
1	Joanna Bellas	CA	100kg	99.2	36				62.5	65	67.5				67.5	57.782	
	Men Raw Bench Only			Open													
	90kg Open																
1	Jemuel Mangalus	AK	90kg	89	27				115	120	125				125	81.285	
	140+ Open																
1	Thomas Tenhet	CA	140+	188.2	31				<del>-100</del>	165	<del>-175</del>				165	83.699	
	Men Raw Bench Only			Master													
	125kg Master 60-64																
1	Rollan Westly	CA	125kg	120.9	63				<del>-100</del>	105	112.5				112.5	64.45	91.583
	Women Raw Deadlift Only			Junior													
	90kg Jr 20-23																
1	Alondra Llerenas	CA	90kg	85.3	20							150	<del>-100</del>	160	160	146.163	
	Women Raw Deadlift Only			Open													
	100kg Open																
1	Joanna Bellas	CA	100kg	99.2	36							132.5	145	<del>-157.5</del>	145	124.124	
	Women Raw Deadlift Only			Submaster													
	100kg Submaster																
1	Joanna Bellas	CA	100kg	99.2	36							132.5	145	<del>-157.5</del>	145	124.124	
	Men Raw Deadlift Only			Junior													
	90kg Jr 20-23																
1	Adam Garrett	CA	90kg	89	21							262.5	280	<del>-300</del>	280	182.078	
	Men Raw Deadlift Only			Open													
	90kg Open																
1	Jemuel Mangalus	AK	90kg	89	27							232.5	240	250.5	250.5	162.894	

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														Dots	McC	
Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Total	Total
Best Lifters											Record Color Codes					
Name	Equip	Events	Comp	Sex							State					
John Saliva	Raw	PL	Jr	Men							National					
Sarah Wade	Raw	PL	Open	Vomen												
John Saliva	Raw	PL	Open	Men												
Meet Director: Martin Olivera																
Referees																
International: Kat Colson, Tony Rodenburg, Robert Speno																
National: Eduardo Martinez																
State: Dixie Walters, Aaron Santiago																
Staff: Jenna Olivera																
Spotter/Loaders: Manuel Juarez, Anthony Lucas, Marc Vaca, Enrique Cortes, Jonathan Corrales																
Tested Lifters: Kaymarie Sourinhamath, Brittany Gordon, John Saliva, Garrett Bonnin, Aaron Klaut, Severiano Anaya Jr.																