

USPA Kabuki Strength Queens of the Arch April 24, 2022 Maryland Heights, MO

| Name                   |                          | State | Class  | Weight | Age | SQ1              | SQ2              | SQ3              | BP1           | BP2             | BP3             | DL1            | DL2            | DL3              | Total Kg | Dots Total | McC Total |
|------------------------|--------------------------|-------|--------|--------|-----|------------------|------------------|------------------|---------------|-----------------|-----------------|----------------|----------------|------------------|----------|------------|-----------|
| Women Raw Powerlifting |                          |       | Junior |        |     |                  |                  |                  |               |                 |                 |                |                |                  |          |            |           |
| 67.5kg Jr 13-15        |                          |       |        |        |     |                  |                  |                  |               |                 |                 |                |                |                  |          |            |           |
| 1                      | Kelly Boudreau           | MO    | 67.5kg | 61.0   | 14  | 72.5             | 77.5             | 82.5             | 40            | 45              | <del>47.5</del> | 107.5          | 117.5          | <del>122.5</del> | 245      | 268.792    |           |
|                        |                          |       |        |        |     |                  |                  | (90)             |               |                 |                 |                |                |                  |          |            |           |
| Women Raw Powerlifting |                          |       | Open   |        |     |                  |                  |                  |               |                 |                 |                |                |                  |          |            |           |
| 56kg Open              |                          |       |        |        |     |                  |                  |                  |               |                 |                 |                |                |                  |          |            |           |
| 1                      | Christina Lazo           | IL    | 56kg   | 55.9   | 35  | 152.5            | 162.5            | 170              | 82.5          | 87.5            | <del>92.5</del> | 165            | 175            | <del>182.5</del> | 432.5    | 501.913    |           |
| 67.5kg Open            |                          |       |        |        |     |                  |                  |                  |               |                 |                 |                |                |                  |          |            |           |
| 1                      | Mevleta (Mel) Pehratovic | MO    | 67.5kg | 66.4   | 27  | <del>92.5</del>  | <del>92.5</del>  | 92.5             | 57.5          | 60              | <del>65</del>   | 112.5          | 117.5          | 122.5            | 275      | 286.632    |           |
| 2                      | Kelly Boudreau           | MO    | 67.5kg | 61.0   | 14  | 72.5             | 77.5             | 82.5             | 40            | 45              | <del>47.5</del> | 107.5          | 117.5          | <del>122.5</del> | 245      | 268.792    |           |
|                        |                          |       |        |        |     |                  |                  | (90)             |               |                 |                 |                |                |                  |          |            |           |
| 3                      | Hannah Winston           | MO    | 67.5kg | 64.6   | 24  | 85               | 90               | 95               | 40            | <del>45</del>   | 47.5            | 97.5           | <del>100</del> | <del>100</del>   | 240      | 254.248    |           |
| 4                      | Patricia Krones          | IL    | 67.5kg | 62.1   | 26  | 60               | 67.5             | 72.5             | 45            | 50              | <del>55</del>   | 85             | 95             | <del>100</del>   | 217.5    | 235.994    |           |
| 5                      | Catherine Morroney       | MO    | 67.5kg | 65.7   | 31  | 70               | 72.5             | <del>77.5</del>  | 47.5          | <del>52.5</del> | <del>52.5</del> | 75             | 77.5           | 82.5             | 202.5    | 212.383    |           |
| 75kg Open              |                          |       |        |        |     |                  |                  |                  |               |                 |                 |                |                |                  |          |            |           |
| 1                      | Megan Harris             | MO    | 75kg   | 74.4   | 39  | 147.5            | 155.0            | 162.5            | 72.5          | 77.5            | <del>82.5</del> | 147.5          | 157.5          | <del>170.0</del> | 397.5    | 388.808    |           |
| 2                      | Jamie Mcguire            | MO    | 75kg   | 70.8   | 41  | 125              | 130              | <del>135</del>   | 75            | 77.5            | 80              | 145            | 152.5          | 160.0            | 370      | 371.8      | 375.518   |
| 3                      | Ashley Bond              | MO    | 75kg   | 68.8   | 32  | 72.5             | 85               | 92.5             | 40            | 50              | <del>55</del>   | 90             | 107.5          | 117.5            | 260      | 265.505    |           |
| 4                      | Alyssa Tonner            | WI    | 75kg   | 70.9   | 28  | 82.5             | 87.5             | 95.0             | 45            | 47.5            | 52.5            | 100            | 107.5          | 112.5            | 260      | 261.061    |           |
| 5                      | Jessica Earhart          | MO    | 75kg   | 68.9   | 35  | 67.5             | 72.5             | 80               | 35            | 40              | <del>45</del>   | 82.5           | 85             | 90               | 210      | 214.27     |           |
| 82.5kg Open            |                          |       |        |        |     |                  |                  |                  |               |                 |                 |                |                |                  |          |            |           |
| 1                      | Ashley Thomason          | MO    | 82.5kg | 79.5   | 33  | 107.5            | 110              | 115              | 67.5          | 72.5            | <del>77.5</del> | <del>130</del> | 130            | 132.5            | 320      | 302.466    |           |
| 2                      | Victoria Salerno         | MO    | 82.5kg | 75.9   | 26  | 102.5            | 107.5            | <del>115.0</del> | 57.5          | 62.5            | 67.5            | 112.5          | 120.0          | 125.0            | 300      | 290.367    |           |
| 3                      | Brittnay Bradford        | IL    | 82.5kg | 82.4   | 29  | 82.5             | 90.0             | 97.5             | 57.5          | 62.5            | <del>65</del>   | 125            | 132.5          | <del>137.5</del> | 292.5    | 271.637    |           |
| 4                      | Paige Goheen             | IL    | 82.5kg | 82.4   | 24  | 92.5             | 100.0            | 102.5            | 52.5          | 55              | 57.5            | 102.5          | 110.0          | 115.0            | 275      | 255.386    |           |
| DQ                     | Roselie Woodard          | MO    | 82.5kg | 81.8   | 25  | <del>102.5</del> | <del>102.5</del> | <del>102.5</del> | 47.5          | <del>50</del>   | 50              | 110            | 120            | <del>127.5</del> | 0        | 0          |           |
| 90kg Open              |                          |       |        |        |     |                  |                  |                  |               |                 |                 |                |                |                  |          |            |           |
| 1                      | Ali Litwicki             | MO    | 90kg   | 83.1   | 31  | 72.5             | 77.5             | 82.5             | 45            | 50              | 52.5            | 85             | 92.5           | 100.0            | 235      | 217.351    |           |
| 100kg Open             |                          |       |        |        |     |                  |                  |                  |               |                 |                 |                |                |                  |          |            |           |
| 1                      | Ariana Perez             | MO    | 100kg  | 97.0   | 34  | 97.5             | 110.0            | 115.0            | 60            | 62.5            | 65              | 125            | 132.5          | 142.5            | 322.5    | 278.548    |           |
| 110kg Open             |                          |       |        |        |     |                  |                  |                  |               |                 |                 |                |                |                  |          |            |           |
| DQ                     | Christina Howard         | MO    | 110kg  | 103.0  | 32  | <del>75</del>    | <del>75.0</del>  | 75.0             | <del>45</del> | <del>45</del>   | <del>45</del>   | 70             | 75.0           | 82.5             | 0        | 0          |           |

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|    | Name                           | State | Class     | Weight | Age | SQ1           | SQ2              | SQ3              | BP1  | BP2              | BP3              | DL1            | DL2              | DL3              | Total Kg | Dots Total | McC Total |
|----|--------------------------------|-------|-----------|--------|-----|---------------|------------------|------------------|------|------------------|------------------|----------------|------------------|------------------|----------|------------|-----------|
|    | 110+ Open                      |       |           |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
| DQ | Samantha Coughlin              | MO    | 110+      | 148    | 32  | 137.5         | <del>160.0</del> | 160.0            | 100  | <del>107.5</del> | <del>107.5</del> | <del>170</del> | <del>170.0</del> | <del>172.5</del> | 0        | 0          |           |
|    | Women Raw Powerlifting         |       | Submaster |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
|    | 75kg Submaster                 |       |           |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
| 1  | Megan Harris                   | MO    | 75kg      | 74.4   | 39  | 147.5         | 155.0            | 162.5            | 72.5 | 77.5             | <del>82.5</del>  | 147.5          | 157.5            | <del>170.0</del> | 397.5    | 388.808    |           |
|    | Women Raw Powerlifting         |       | Master    |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
|    | 75kg Master 40-44              |       |           |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
| 1  | Jamie Mcguire                  | MO    | 75kg      | 70.8   | 41  | 125           | 130              | <del>135</del>   | 75   | 77.5             | 80               | 145            | 152.5            | 160.0            | 370      | 371.8      | 375.518   |
| 2  | Kirsten Simms                  | MO    | 75kg      | 72.8   | 43  | 92.5          | 97.5             | 100              | 47.5 | 52.5             | <del>55</del>    | 102.5          | <del>112.5</del> | <del>112.5</del> | 255      | 252.354    | 260.177   |
|    | 75kg Master                    |       |           |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
| 1  | Katherine Toussaint            | MO    | 75kg      | 70.3   | 37  | 77.5          | 82.5             | 85.0             | 42.5 | 45               | 50               | 80             | 87.5             | 92.5             | 227.5    | 229.511    | 229.511   |
|    | 90kg Master 40-44              |       |           |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
| 1  | Sandy Costello                 | MO    | 90kg      | 88.6   | 43  | 110.0         | 120.0            | <del>127.5</del> | 57.5 | 60               | 62.5             | 120            | 130.0            | <del>137.5</del> | 312.5    | 280.552    | 289.249   |
|    | 100kg Master 40-44             |       |           |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
| 1  | Kelly Kindle                   | MO    | 100kg     | 94.2   | 40  | 102.5         | 107.5            | <del>112.5</del> | 50   | 52.5             | 55               | 97.5           | 102.5            | 107.5            | 270      | 236.033    | 236.033   |
|    | Women Classic Raw Powerlifting |       | Open      |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
|    | 100kg Open                     |       |           |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
| 1  | Melissa Watkins                | MO    | 100kg     | 98.2   | 37  | 175           | 180.0            | 185.0            | 77.5 | 87.5             | <del>95</del>    | 157.5          | 170.0            | 182.5            | 455      | 391.057    |           |
| 2  | Corinne Austin                 | MO    | 100kg     | 95.1   | 30  | 97.5          | 102.5            | 115.0            | 52.5 | 62.5             | 67.5             | 110            | 122.5            | 132.5            | 315      | 274.283    |           |
|    | Women Classic Raw Powerlifting |       | Submaster |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
|    | 100kg Submaster                |       |           |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
| 1  | Melissa Watkins                | MO    | 100kg     | 98.2   | 37  | 175           | 180.0            | 185.0            | 77.5 | 87.5             | <del>95</del>    | 157.5          | 170.0            | 182.5            | 455      | 391.057    |           |
|    | Women Classic Raw Powerlifting |       | Master    |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
|    | 67.5kg Master 40-44            |       |           |        |     |               |                  |                  |      |                  |                  |                |                  |                  |          |            |           |
| 1  | Liz Bryan                      | MO    | 67.5kg    | 67.4   | 44  | <del>70</del> | <del>70</del>    | 70               | 42.5 | <del>47.5</del>  | <del>47.5</del>  | 90             | 100              | 107.5            | 220      | 227.321    | 237.096   |

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|---|-------|--------|--------|-------|-----|-----|-----|------|--------|--------|-----|--------------------|-----|----------|------------|-----------|
| Name  | State | Class  | Weight | Age   | SQ1 | SQ2 | SQ3 | BP1  | BP2    | BP3    | DL1 | DL2                | DL3 | Total Kg | Dots Total | McC Total |
| Women Raw Bench Only  |       |        | Open   |       |     |     |     |      |        |        |     |                    |     |          |            |           |
| 56kg Open   |       |        |        |       |     |     |     |      |        |        |     |                    |     |          |            |           |
| 1 Christina Lazo  | IL    | 56kg   | 55.9   | 35    |     |     |     | 82.5 | 87.5   | -92.5  |     |                    |     | 87.5     | 101.543    |           |
| 110+ Open   |       |        |        |       |     |     |     |      |        |        |     |                    |     |          |            |           |
| 1 Samantha Coughlin   | MO    | 110+   | 148    | 32    |     |     |     | 100  | -107.5 | -107.5 |     |                    |     | 100      | 77.131     |           |
| Best Lifters:   |       |        |        |       |     |     |     |      |        |        |     |                    |     |          |            |           |
| Name  | Equip | Events | Comp   | Sex   |     |     |     |      |        |        |     | Record Color Codes |     |          |            |           |
| Christina Lazo  | Raw   | PL     | Open   | Women |     |     |     |      |        |        |     | State              |     |          |            |           |
| Jamie Mcguire   | Raw   | PL     | Master | Women |     |     |     |      |        |        |     | National           |     |          |            |           |
| Meet Director: Albert Alvarado  |       |        |        |       |     |     |     |      |        |        |     |                    |     |          |            |           |
| Referees  |       |        |        |       |     |     |     |      |        |        |     |                    |     |          |            |           |
| International: Linda Ray, Jim Bell, Ed Zimmerman  |       |        |        |       |     |     |     |      |        |        |     |                    |     |          |            |           |
| National: Amber Burns, Taylor Sharp   |       |        |        |       |     |     |     |      |        |        |     |                    |     |          |            |           |
| State: Shreena Chopra, Kelli Coleman, Darion Kelly  |       |        |        |       |     |     |     |      |        |        |     |                    |     |          |            |           |
| Spotter/Loaders: Abby Fulkerson, Zoe McDaniel, Stacy Burr, Dom Donegan, Zariah Valentine, Amanda Lairmore |       |        |        |       |     |     |     |      |        |        |     |                    |     |          |            |           |