

USPA Bending The Bar 7 March 5, 2023 Crestview Florida

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting				Junior													
	67.5kg Jr 20-23																
1	Shawnae Evans	FL	67.5kg	62.4	23	85	92.5	92.5	52.5	55	57.5	137.5	152.5	160	307.5	332.66	
														(165)			
Women Raw Powerlifting				Open													
	60kg Open																
1	Janet Tinsley	AL	60kg	57.7	67	75	77.5	80	35	37.5	40	87.5	90	---	207.5	236.381	364.737
	67.5kg Open																
1	Shawnae Evans	FL	67.5kg	62.4	23	85	92.5	92.5	52.5	55	57.5	137.5	152.5	160	307.5	332.66	
														(165)			
	75kg Open																
1	Jessica Skarin	LA	75kg	74.2	40	132.5	140	140	85	90	90.5	145	150	152.5	380	372.224	372.224
2	Sarah Cruthirds	LA	75kg	74.4	25	110	115	120	55	57.5	60	150	160	165	342.5	335.011	
3	Sherry Blackburn	AL	75kg	73.3	49	107.5	110	112.5	60	62.5	65	110	112.5	115	292.5	288.396	320.984
4	Lauren Kapp	FL	75kg	72.1	31	65	72.5	82.5	42.5	47.5	52.5	85	92.5	97.5	232.5	231.301	
	90kg Open																
1	Caitlin Ciaccio	LA	90kg	89.1	31	145	150	157.5	85	90	92.5	157.5	167.5	177.5	415	371.636	
	110+ Open																
1	Alaina Bertelsen	FL	110+	120.0	23	100	107.5	112.5	57.5	60	62.5	115	120	127.5	287.5	230.681	
Women Raw Powerlifting				Submaster													
	67.5kg Submaster																
1	Heather Rutledge	AL	67.5kg	64.6	35	105	115	130	57.5	62.5	67.5	105	120	132.5	315	333.701	
Women Raw Powerlifting				Master													
	60kg Master 65-69																
1	Janet Tinsley	AL	60kg	57.5	67	75	77.5	80	35	37.5	40	87.5	90	---	207.5	236.381	364.737
	75kg Master 40-44																
1	Jessica Skarin	LA	75kg	74.2	40	132.5	140	140	85	90	90.5	145	150	152.5	380	372.224	372.224
	75kg Master 45-49																
1	Sherry Blackburn	AL	75kg	73.3	49	107.5	110	112.5	60	62.5	65	110	112.5	115	292.5	288.396	320.984

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting				Junior													
75kg Jr 16-17																	
1	James Pham	FL	75kg	70.6	17	145	160	170	85	95	100	175	190	200	450	336.036	
2	Preston Kirk	FL	75kg	70.7	17	120	122.5	135	85	95	97.5	190	205	217.5	450	335.709	
82.5kg Jr 16-17																	
1	Noah Goudeau	LA	82.5kg	81.3	17	210	222.5	230	115	122.5	127.5	215	222.5	227.5	580	396.194	
82.5kg Jr 20-23																	
1	Bradley Reeder	FL	82.5kg	81.5	21	207.5	217.5	230	115	125	132.5	240	257.5	257.5	620	422.918	
90kg Jr 16-17																	
1	Noah Bowser	FL	90kg	89.0	16	110	117.5	127.5	80	85	90	165	175	185	397.5	258.485	
100kg Jr 20-23																	
1	Forrest Foley	AL	100kg	93.2	22	220	227.5	232.5	130	137.5	140	230	240	247.5	612.5	389.302	
Men Raw Powerlifting				Open													
67.5kg Open																	
1	Justin Roles	FL	67.5kg	66.4	34	72.5	75	75	60	62.5	67.5	90	97.5	110	252.5	196.96	
75kg Open																	
1	Seth Smith	FL	75kg	73.1	28	180	195	197.5	92.5	102.5	105	197.5	212.5	215	515	375.676	
2	Jake Cole	FL	75kg	74.1	38	122.5	122.5	142.5	87.5	95	105	167.5	182.5	190	407.5	294.63	
82.5kg Open																	
1	Bradley Reeder	FL	82.5kg	81.5	21	207.5	217.5	230	115	125	132.5	240	257.5	257.5	620	422.918	
100kg Open																	
1	Drake Arnold	FL	100kg	95.6	28	185	200	207.5	160	167.5	167.5	232.5	240	252.5	620	389.381	
110kg Open																	
1	Phillip Shifflett	DC	110kg	100.6	29	185	200	202.5	110	120	125	210	220	227.5	552.5	339.197	
125kg Open																	
1	Gary Brewer	FL	125kg	122.6	39	250	260	265	182.5	187.5	190	272.5	287.5	295	742.5	423.433	
2	Todd Lystlund	FL	125kg	112.1	24	207.5	217.5	225	125	130	135	220	227.5	240	600	352.874	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting				Master													
100kg Master 60-64																	
1	Dennis Smith	FL	100kg	96.9	64	205	227.5	237.5	125	137.5	145	205	230	235	617.5	385.421	558.86
Men Classic Raw Powerlifting				Open													
100kg Open																	
1	Robert Fox	AL	100kg	99.9	31	290	305	305	160	170	180	247.5	255	255	715	440.285	
110kg Open																	
1	Andrew Delburn	FL	110kg	109.8	33	182.5	190	200	125	135	140	227.5	240	255	590	349.677	
Men Classic Raw Powerlifting				Submaster													
90kg Submaster																	
1	William Caraway	FL	90kg	88.4	36	182.5	190	197.5	137.5	145	147.5	227.5	235	237.5	572.5	373.58	
Men Classic Raw Powerlifting				Master													
82.5kg Master 55-59																	
1	Tim O'Brien	FL	82.5kg	80.3	57	177.5	190	197.5	110	117.5	125	185	195	200	502.5	345.735	438.392
Men Single Ply Powerlifting				Submaster													
82.5kg Submaster																	
DQ	Tim Manning	FL	82.5kg	79.8	38	210	227.5	227.5	140	150	165	215	240	250	0	0	
Women Raw Bench Only				Open													
75kg Open																	
1	Jessica Skarin	LA	75kg	74.2	40				85	90	90.5				90	88.158	88.158
Women Raw Bench Only				Master													
75kg Master 40-44																	
1	Jessica Skarin	LA	75kg	74.2	40				85	90	90.5				90	88.158	88.158
Men Raw Bench Only				Open													
100kg Open																	
1	Drake Arnold	FL	100kg	95.6	28				160	167.5	167.5				167.5	105.196	
Men Raw Bench Only				Master													
100kg Master 60-64																	
1	Dennis Smith	FL	100kg	96.9	64				125	137.5	145				145	90.504	131.23

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Deadlift Only				Junior													
1	Shawnae Evans	FL	67.5kg	62.4	23							137.5	152.5	160	160	173.092	
														(165)			
Women Raw Deadlift Only				Open													
1	Shawnae Evans	FL	67.5kg	62.4	23							137.5	152.5	160	160	173.092	
														(165)			
1	Sarah Cruthirds	LA	75kg	74.4	25							150	160	165	165	161.392	
2	Jessica Skarin	LA	75kg	74.2	40							145	150	152.5	150	146.931	146.931
Women Raw Deadlift Only				Master													
1	Jessica Skarin	LA	75kg	74.2	40							145	150	152.5	150	146.931	146.931
Men Raw Deadlift Only				Open													
1	Drake Arnold	FL	100kg	95.6	28							232.5	240	252.5	252.5	158.579	
Men Raw Deadlift Only				Master													
1	Nick D'Alessandro	FL	90kg	87.2	69							142.5	147.5	147.5	147.5	96.938	156.07
1	Dennis Smith	FL	100kg	96.9	64							205	230	235	235	146.678	212.684
Men Single Ply Deadlift Only				Submaster													
1	Tim Manning	FL	82.5kg	79.8	38							215	240	250	240	165.736	
Men Raw Push-Pull				Open													
1	Drake Arnold	FL	100kg	95.6	28				160	167.5	167.5	232.5	240	252.5	420	263.774	
Men Raw Push-Pull				Master													
1	Clint Martin	FL	110kg	107.4	60				107.5	115	120	155	167.5	172.5	292.5	174.833	138.163

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														Dots	McC	
Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Total	Total
Best Lifters											Record Color Codes					
Name	Equip	Events	Comp	Sex							State					
Bradley Reeder	Raw	PL	Jr	Men							National					
Jessica Skarin	Raw	PL	Open	Women												
Gary Brewer	Raw	PL	Open	Men												
Meet Director: John Micka																
Referees																
International: John Micka, Amanda Micka, Joe Keith																
National: Vicky Fox, Jay Gousset, Roger Fox																
State: Paige Kimball, Ryan Kimball, Joel Bretz, Katie Patterson																
Spotter/Loaders: Alyssa Rivero, Renee Shehli, Andrew Santos, Tinnille Anderson, Jenna Bates																