

USPA Drug Tested Iron Built's Holiday Havoc December 9, 2023 Ashland, Virginia

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
48kg Jr 20-23																	
1	Paloma Gonzalez Alcanta	VA	48kg	46.9	20	95	95	100	45	50	50	125	132.5	140	272.5	357.692	
60kg Jr 20-23																	
1	Christina Marsicano	NC	60kg	57.8	23	97.5	102.5	107.5	60	65	70	125	130	142.5	315	357.634	
67.5kg Jr 16-17																	
1	Ida Pellei	VA	67.5kg	67.5	17	87.5	95	95	60	62.5	70	97.5	102.5	110	260	268.422	
100kg Jr 20-23																	
1	Crystal Maldonado	NC	100kg	93.8	23	105	120	127.5	60	65	70	110	130	147.5	340	297.758	
Women Raw Powerlifting		Open															
48kg Open																	
1	Paloma Gonzalez Alcanta	VA	48kg	46.9	20	95	95	100	45	50	50	125	132.5	140	272.5	357.692	
60kg Open																	
1	Christina Marsicano	NC	60kg	57.8	23	97.5	102.5	107.5	60	65	70	125	130	142.5	315	357.634	
2	Ashley Ocarroll	VA	60kg	57.9	35	60	67.5	72.5	40	47.5	50	82.5	90	92.5	212.5	240.991	
67.5kg Open																	
1	Ashlyn Cappiello	AL	67.5kg	64.9	25	60	65	72.5	40	42.5	45	85	97.5	105	205	216.571	
75kg Open																	
1	Giselle Rivera	VA	75kg	72.5	30	70	72.5	95	42.5	42.5	55	95	110	125	252.5	250.441	
90kg Open																	
1	Claudia Salazar	NC	90kg	83.8	29	125	132.5	135	57.5	60	70	130	137.5	147.5	352.5	324.722	
100kg Open																	
1	Sarah Gray-Henning	VA	100kg	96.2	33	125	132.5	132.5	55	60	62.5	132.5	140	155	325	281.654	
2	Amanda Catino	VA	100kg	99.9	30	82.5	90	100	52.5	57.5	60	107.5	117.5	127.5	285	243.298	
110kg Open																	
1	Alexandria Perez	VA	110kg	104.8	25	60	65	75	35	40	45	110	122.5	140	255	213.797	
110+ Open																	
1	Monisha Whitfield	NC	110+	172.8	34	87.5	100	125	67.5	75	85	130	151	151	340	266.409	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Submaster															
	60kg Submaster																
1	Ashley Ocarroll	VA	60kg	57.9	35	60	67.5	72.5	40	47.5	50	82.5	90	92.5	212.5	240.991	
	82.5kg Submaster																
1	Tabitha Streable	VA	82.5kg	78.7	37	102.5	107.5	110	62.5	67.5	67.5	132.5	142.5	147.5	320	304.009	
	110kg Submaster																
1	Robin Maina	VA	110kg	107.6	36	100	107.5	117.5	62.5	67.5	72.5	125	135	142.5	322.5	267.859	
Women Raw Powerlifting		Master															
	60kg Master 50-54																
1	Tonya Turlington	VA	60kg	58.1	51	82.5	90	97.5	45	47.5	50	115	122.5	127.5	260	294.203	337.451
	90kg Master 40-44																
1	Carol Gillam	VA	90kg	89.5	42	95	105	115	52.5	57.5	62.5	107.5	117.5	130	302.5	270.351	275.758
Men Raw Powerlifting		Junior															
	60kg Jr 13-15																
1	Jude Mckenzie	WV	60kg	57.8	13	95	95	105	50	57.5	62.5	95	105	112.5	275	239.482	
	67.5kg Jr 13-15																
1	Micah Farrell	VA	67.5kg	66.7	15	112.5	112.5	127.5	70	70	77.5	147.5	160	167.5	365	283.773	
	75kg Jr 16-17																
DQ	Heath Karopchinsky	VA	75kg	72.8	17	135	137.5	140	75	80	82.5	185	185	185	0	0	
	75kg Jr 20-23																
1	Joseph Fuller	VA	75kg	74.3	21	227.5	242.5	245	130	140	147.5	210	225	237.5	610	440.272	
	82.5kg Jr 13-15																
1	Thatcher Tribble	VA	82.5kg	82.4	15	182.5	192.5	200	115	120	120	175	182.5	187.5	502.5	340.624	
	82.5kg Jr 16-17																
1	Aidan Cogswell	VA	82.5kg	80.9	16	160	167.5	175	110	115	120	202.5	210	225	505	345.949	
	90kg Jr 13-15																
1	Jackson Robbins	VA	90kg	87.4	15	172.5	182.5	190	82.5	87.5	90	197.5	200	205	475	311.797	
2	Thomas Austin	VA	90kg	87.6	15	160	165	167.5	105	110	112.5	170	180	192.5	455	298.312	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Jr 20-23																
1	Devin Gardner	NC	125kg	111.4	21	260	280	295	207.5	220	220	327.5	347.5	347.5	862.5	508.427	
	Men Raw Powerlifting		Open														
	82.5kg Open																
1	Derek Wallace	VA	82.5kg	81.2	39	155	162.5	165	125	127.5	130	190	195	202.5	495	338.371	
2	Christian Solis	NC	82.5kg	77.7	28	145	150	160	87.5	97.5	105	162.5	172.5	185	450	315.779	
	90kg Open																
1	Chris Mckenzie	WV	90kg	90.0	41	252.5	262.5	267.5	145	150	150	282.5	295	305	707.5	457.47	462.045
	100kg Open																
1	Taylor Martin	NC	100kg	98.2	30	252.5	260	265	185	190	192.5	272.5	285	292.5	747.5	463.779	
2	Zion Hanna	VA	100kg	100	25	210	222.5	242.5	155	165	177.5	237.5	265	280	665	409.318	
3	Charles Jute Williams	GA	100kg	94.4	30	220	230	240	140	155	155	215	225	230	600	379.047	
4	Tyler Shenk	VA	100kg	97.5	30	215	220	220	107.5	112.5	117.5	240	250	260	597.5	371.9	
5	Hann Alcaraz	NC	100kg	94.2	26	195	212.5	212.5	135	142.5	152.5	200	215	220	585	369.94	
6	Landon Mueller	VA	100kg	90.8	33	150	160	167.5	120	120	125	190	205	220	505	325.091	
7	Marcos Romero	NC	100kg	91.4	24	160	172.5	185	110	117.5	122.5	150	175	185	475	304.783	
	110kg Open																
1	Richard Tredinnick	VA	110kg	109.1	26	242.5	260	272.5	140	150	155	265	285	305	700	415.879	
	125kg Open																
1	Devin Gardner	NC	125kg	111.4	21	260	280	295	207.5	220	220	327.5	347.5	347.5	862.5	508.427	
	Men Raw Powerlifting		Submaster														
	82.5kg Submaster																
1	Derek Wallace	VA	82.5kg	81.2	39	155	162.5	165	125	127.5	130	190	195	202.5	495	338.371	
	140kg Submaster																
1	Peter Glanville	VA	140kg	136.3	38	152.5	162.5	177.5	100	117.5	117.5	155	170	182.5	460	254.013	
	Men Raw Powerlifting		Master														
	67.5kg Master 65-69																
1	Michael Hawkins	VA	67.5kg	66.3	69	65	65	67.5	75	80	82.5	100	105	110	255	199.131	320.601
	82.5kg Master 50-54																
DQ	Joseph Bartos	VA	82.5kg	75.8	51	135	135	---	---	---	---	---	---	---	0	0	0

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	90kg Master 40-44																	
1	Chris Mckenzie	WV	90kg	90.0	41	252.5	262.5	267.5	145	150	150	282.5	295	305	707.5	457.47	462.045	
	100kg Master 45-49																	
1	Demario Lewis	VA	100kg	90.6	45	102.5	117.5	137.5	97.5	107.5	117.5	125	142.5	157.5	402.5	259.392	273.658	
	110kg Master 45-49																	
1	Norris Johnson	MD	110kg	109.2	45	187.5	187.5	195	142.5	150	160	180	192.5	200	530	314.77	332.082	
	110kg Master 50-54																	
1	Shawn Bateman	VA	110kg	103.7	51	185	200	205	152.5	157.5	157.5	210	220	227.5	585	354.603	406.73	
Men Classic Raw Powerlifting				Junior														
	90kg Jr 20-23																	
1	Clayton Cash	VA	90kg	88.8	21	217.5	217.5	227.5	140	145	150	220	230	235	592.5	385.733		
Men Classic Raw Powerlifting				Submaster														
	110kg Submaster																	
1	Larry Aviles	VA	110kg	108.4	35	205	215	220	150	155	162.5	242.5	242.5	250	632.5	376.703		
Women Raw Bench Only				Junior														
	60kg Jr 16-17																	
1	Sarah Okes	WV	60kg	56.4	17				30	32.5	37.5				32.5	37.495		
Women Raw Bench Only				Open														
	110+ Open																	
1	Monisha Whitfield	NC	110+	172.8	34				67.5	75	85				85	66.602		
Men Raw Bench Only				Junior														
	82.5kg Jr 20-23																	
1	Maurice Marino	NJ	82.5kg	79.9	20				132.5	137.5	142.5				137.5	94.883		
	90kg Jr 20-23																	
1	Clayton Cash	VA	90kg	88.8	21				140	145	150				145	94.399		
	125kg Jr 20-23																	
1	Devin Gardner	NC	125kg	111.4	21				207.5	220	220				220	129.686		

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Bench Only				Open													
1	Taylor Martin	NC	100kg	98.2	30				185	190	192.5				190	117.884	
1	Devin Gardner	NC	125kg	111.4	21				207.5	220	220				220	129.686	
Men Raw Bench Only				Master													
1	Steven Jenkins	MD	90kg	90	57				112.5	115	117.5				117.5	75.976	96.337
1	Bruce Reiner	MD	90kg	89.4	65				152.5	155	157.5				155	100.563	148.833
1	Trent Strong	VA	110kg	105.8	50				157.5	165	170				165	99.209	112.106
1	Russell Cargill	MD	125kg	123.4	57				122.5	122.5	125				125	71.136	90.2
Men Single Ply Bench Only				Master													
1	John Covert	DE	110kg	108.4	64				160	162.5	170				170	101.248	146.81
Women Raw Deadlift Only				Open													
1	Sarah Gray-Henning	VA	100kg	96.2	33							132.5	140	155	140	121.328	
1	Monisha Whitfield	NC	110+	172.8	34							130	151	151	130	101.862	
Women Raw Deadlift Only				Submaster													
1	Tabitha Streable	VA	82.5kg	78.7	37							132.5	142.5	147.5	147.5	140.129	
Men Raw Deadlift Only				Junior													
1	Nick Marsicano	NC	90kg	86.9	23							215	230	242.5	242.5	159.662	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Jr 20-23																
1	Devin Gardner	NC	125kg	111.4	21							327.5	347.5	347.5	347.5	204.844	
	Men Raw Deadlift Only			Open													
	90kg Open																
1	Nick Marsicano	NC	90kg	86.9	23							215	230	242.5	242.5	159.662	
	100kg Open																
1	Taylor Martin	NC	100kg	98.2	30							272.5	285	292.5	292.5	181.479	
	125kg Open																
1	Devin Gardner	NC	125kg	111.4	21							327.5	347.5	347.5	347.5	204.844	
	Women Raw Push-Pull			Junior													
	48kg Jr 20-23																
1	Paloma Gonzalez Alcanta	VA	48kg	46.9	20				45	50	50	125	132.5	140	177.5	232.992	
	110+ Jr 18-19																
1	Anastasia Winters	WV	110+	113.4	18				42.5	47.5	55	92.5	117.5	127.5	175	142.822	
	Women Raw Push-Pull			Open													
	48kg Open																
1	Paloma Gonzalez Alcanta	VA	48kg	46.9	20				45	50	50	125	132.5	140	177.5	232.992	
	Men Raw Push-Pull			Junior													
	82.5kg Jr 16-17																
1	Evan Mcguire	WV	82.5kg	79.0	16				87.5	90	92.5	152.5	160	165	255	177.154	
	90kg Jr 13-15																
1	Clayton Berry	WV	90kg	88.4	14				80	82.5	87.5	152.5	160	170	257.5	168.029	
	90kg Jr 16-17																
1	Tyson Adkins	WV	90kg	87.9	16				92.5	100	107.5	165	185	200	307.5	201.247	
	100kg Jr 16-17																
1	Jonah Pugh	WV	100kg	93.8	16				87.5	92.5	100	152.5	162.5	177.5	277.5	175.838	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Devin Gardner		Raw	PL	Jr	Men							National					
Paloma Gonzalez Alcanta		Raw	PL	Open	Women												
Devin Gardner		Raw	PL	Open	Men												
Chris Mckenzie		Raw	PL	Master	Men												
Meet Director:		Tricia Emrich															
Referees																	
International:		Gary Emrich, Tricia Emrich, Gary Brewer, Ann Hall															
State:		Edward Moore, Cassie Richards															
Spotter/Loaders:		Hayden, Daniel and Chuck															
Tested Lifters:		Chrs Mckenzie, Devin Gardner, Paloma Gonzalez, Joseph Fuller															