

USPA Swoleman and Swolewoman Classic IV February 1, 2025 Reedsburg, Wisconsin

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USPA Swoleman and Swolewoman Classic IV February 1, 2025 Reedsburg, Wisconsin

2019 USA World Team Trials - Raw Powerlifting																	
	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting				Master												
	75kg Master 45-49																
1	Angela Mould	WI	75kg	74.4	46	62.5	70	75.0	35	40.0	42.5	77.5	82.5	90.0	207.5	202.963	216.764
											(45)			(92.5)			
	75kg Master 50-54																
DQ	Krista Smith	WI	75kg	69.6	51	60.0	---	---	52.5	57.5	62.5	140	---	---	0	0	0
	Men Raw Powerlifting				Junior												
	67.5kg Jr 20-23																
1	Nathan Watkins	WI	67.5kg	66.7	22	105.0	112.5	120.0	65	70.0	75.0	127.5	132.5	135.0	325	252.675	
	90kg Jr 16-17																
1	Ilya Shepiashvili	WI	90kg	85.3	17	180.0	187.5	195.0	120	125.0	130.0	210	212.5	227.5	545	362.414	
	90kg Jr 20-23																
DQ	Nathaniel Ruediger	WI	90kg	89.35	23	225.0	225.0	225.0	147.5	152.5	157.5	225.0	225.0	---	0	0	
	100kg Jr 20-23																
1	Jonathan Hull	WI	100kg	98.75	23	230.0	245.0	247.5	170	175.0	---	250	272.5	280.0	690	427.047	
	Men Raw Powerlifting				Open												
	90kg Open																
1	Luke Granat	WI	90kg	88.35	27	235.0	245.0	265.0	177.5	190.0	197.5	272.5	295.0	312.5	767.5	500.972	
2	Aaron Kurz	WI	90kg	87.7	39	182.5	205.0	205.0	137.5	150.0	155.0	227.5	253.0	253.0	590.5	386.919	
DQ	Nathaniel Ruediger	WI	90kg	89.35	23	225.0	225.0	225.0	147.5	152.5	157.5	225.0	225.0	---	0	0	
	100kg Open																
1	Jonathan Hull	WI	100kg	98.75	23	230.0	245.0	247.5	170	175.0	---	250	272.5	280.0	690	427.047	
2	Andrew Peschel	MN	100kg	96.95	30	205.0	217.5	227.5	135	142.5	152.5	247.5	260.0	272.5	652.5	407.171	
	110kg Open																
1	Tyler Burgeson	WI	110kg	102.6	29	265.0	285.0	300.0	162.5	172.5	182.5	290	317.5	340.0	800	487.072	
2	Joseph Jaskulski	WI	110kg	109.6	41	245.0	265.0	272.5	185	200.0	207.5	245	265.0	280.0	760	450.742	455.25
	125kg Open																
1	Jeremy Bloemke	MN	125kg	124.4	39	250.0	265.0	272.5	205	215.0	215.0	272.5	282.5	285.0	772.5	438.487	
2	Kyle Bauman	WI	125kg	113.8	39	220.0	---	---	155	165.0	170.0	227.5	250.0	260.0	640	374.352	
	140kg Open																
DQ	Lance Karabel	IL	140kg	134.8	52	265.0	280.0	---	---	---	---	---	---	---	0	0	0

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Powerlifting		Submaster														
	90kg Submaster																
1	Aaron Kurz	WI	90kg	87.7	39	182.5	-205.0	-205.0	137.5	150.0	155.0	227.5	-253.0	253.0	590.5	386.919	
	125kg Submaster																
1	Jeremy Bloemke	MN	125kg	124.4	39	250.0	265.0	272.5	205	-215.0	215.0	272.5	282.5	285.0	772.5	438.487	
2	Kyle Bauman	WI	125kg	113.8	39	220.0	-244.0	-244.0	155	165.0	170.0	227.5	250.0	-260.0	640	374.352	
	Men Raw Powerlifting			Master													
	90kg Master 55-59																
1	Craig Mieczkowski	WI	90kg	86.9	57	155.0	160.0	165.0	127.5	132.5	137.5	155	162.5	170.0	472.5	311.094	394.467
	100kg Master 65-69																
1	Dean Gardner	WI	100kg	94.0	67	125.0	-135.0	-137.5	97.5	102.5	105.0	145	157.5	167.5	397.5	251.622	388.253
	110kg Master 40-44																
1	Joseph Jaskulski	WI	110kg	109.6	41	245.0	265.0	272.5	185	200.0	207.5	245	265.0	280.0	760	450.742	455.25
	110kg Master 50-54																
1	Blake Leisner	WI	110kg	108.25	53	172.5	187.5	195.0	122.5	127.5	132.5 (135.0)	215	227.5	237.5	565	336.681	398.63
	140kg Master 50-54																
DQ	Lance Karabel	IL	140kg	134.8	52	265.0	-280.0	-280.0	-280.0	-280.0	-280.0	-280.0	-280.0	-280.0	0	0	0
	Women Classic Raw Powerlifting		Open														
	110+ Open																
1	Emily Siira	WI	110+	114.7	34	115.0	-137.5	137.5	72.5	80.0	82.5	142.5	165.0	167.5 (172.5)	387.5	315.115	
	Women Classic Raw Powerlifting		Master														
	67.5kg Master 40-44																
1	Kristin Thomas	WI	67.5kg	63.5	44	102.5	-107.5	-107.5	55	60.0	67.5	125	135.0	137.5	307.5	329.137	343.29
	67.5kg Master 50-54																
1	Amy Francis	WI	67.5kg	62.15	51	87.5	-105.0	105.0	57.5	62.5	-65.0	115	127.5	130.0	297.5	322.637	370.064
	75kg Master 45-49																
1	Tracy Wilcox	WI	75kg	68.70	47	-125.0	125.0	-145.0	60	-72.5	-72.5	115	130.0	135.0	320	327.046	353.864
2	Kristen Ward	WI	75kg	71.9	47	82.5	100.0	-102.5	-47.5	47.5	52.5	100	110.0	112.5	265	264.034	285.685

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Master 40-44																
1	Rae Schell	WI	90kg	84.95	41	117.5	117.5	147.5	70	77.5	80.0	142.5	177.5	177.5	340	311.196	314.308
	Women Raw Bench Only			Junior													
	75kg Jr 16-17																
1	Anya High	MN	75kg	72.5	17				60	65.0	70.0				70	69.429	
											(72.5)						
	Women Raw Bench Only			Open													
	75kg Open																
1	Anya High	MN	75kg	72.5	17				60	65.0	70.0				70	69.429	
											(72.5)						
	Men Raw Bench Only			Junior													
	90kg Jr 20-23																
1	Nathaniel Ruediger	WI	90kg	89.35	23				147.5	152.5	157.5				152.5	98.969	
	Men Raw Bench Only			Open													
	90kg Open																
1	Aaron Kurz	WI	90kg	87.7	39				137.5	150.0	155.0				155	101.562	
2	Nathaniel Ruediger	WI	90kg	89.35	23				147.5	152.5	157.5				152.5	98.969	
	110kg Open																
1	Joseph Jaskulski	WI	110kg	109.6	41				185	200.0	207.5				207.5	123.064	124.295
	Men Raw Bench Only			Submaster													
	90kg Submaster																
1	Aaron Kurz	WI	90kg	87.7	39				137.5	150.0	155.0				155	101.562	
	Men Raw Bench Only			Master													
	100kg Master 50-54																
1	Bob Stecker	WI	100kg	97.65	54				112.5	122.5	132.5				132.5	82.415	99.227
	110kg Master 40-44																
1	Joseph Jaskulski	WI	110kg	109.6	41				185	200.0	207.5				207.5	123.064	124.295
	125kg Master 55-59																
1	David Lunney	WI	125kg	123.95	56				192.5	197.5	200.0				197.5	112.234	139.844
	Women Raw Deadlift Only			Junior													
	75kg Jr 16-17																
1	Anya High	MN	75kg	72.5	17							110	120.0	125.0	125	123.981	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Deadlift Only			Open													
	75kg Open																
1	Anya High	MN	75kg	72.5	17							110	120.0	125.0	125	123.981	
	Men Raw Deadlift Only			Open													
	90kg Open																
1	John Hull	AK	90kg	89.8	53							252.5	262.5	-275.0	262.5	169.923	201.189
2	Aaron Kurz	WI	90kg	87.7	39							227.5	-253.0	253.0	253	165.776	
	Men Raw Deadlift Only			Submaster													
	90kg Submaster																
1	Aaron Kurz	WI	90kg	87.7	39							227.5	-253.0	253.0	253	165.776	
	140+ Submaster																
1	Jon Ruyle	WI	140+	148.5	37							295	-310.0	-310.0	295	159.069	
	Men Raw Deadlift Only			Master													
	90kg Master 50-54																
1	John Hull	AK	90kg	89.8	53							252.5	262.5	-275.0	262.5	169.923	201.189
	Women Raw Push-Pull			Open													
	110+ Open																
1	Stephanie Santos-Diaz	WI	110+	140.40	31				52.5	60.0	-70.0	87.5	102.5	107.5	167.5	129.899	
	Best Lifters											Record Color Codes					
	Name		Equip	Events	Comp	Sex						State					
	Rebekah Becker		Raw	PL	Open	Women						National					
	Luke Granat		Raw	PL	Open	Men											
	Amy Francis		Clraw	PL	Master	Women											
	Meet Director:		Randy and Heather Fry														
	Referees																
	National:		Randy Fry, Heather Fry														
	State:		Tony Koch, Al Koch, Amanda Dorow, Laura Freund, Phil Cremers, Bonnie Carlson														
	Practical		Jake Wojciechowski														
	Spotter/Loaders:		Blake Shallow, Al Koch, Tony Koch, Phil Cremers, Chuck Krutulis														