

USPA 5th Annual Kentucky State Championships December 7th, 2019 Louisville, KY

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Powerlifting</b>																	
	82.5kg Jr 16-17																
1	Hailey Moran	OH	82.5kg	80.6	17	130	142.5	145	57.5	62.5	<del>67.5</del>	130	<del>142.5</del>	142.5	350	318.92	
	52kg Open																
1	Woo Smith	KY	52kg	50.2	28	80	87.5	92.5	32.5	35	37.5	82.5	90	97.5	227.5	291.382	
	60kg Open																
1	Erika Ford	KY	60kg	57.9	27	102.5	107.5	112.5	62.5	67.5	<del>70</del>	160	172.5	<del>182.5</del>	352.5	404.071	
2	Rebecca VanDemark	MI	60kg	59.7	33	97.5	102.5	105	42.5	45	<del>50</del>	117.5	122.5	127.5	277.5	310.578	
	67.5kg Open																
1	Emily Barringer	KY	67.5kg	66.5	31	<del>100</del>	100	110	60	65	<del>67.5</del>	122.5	135	142.5	317.5	327.565	
2	Whitney Rudolph	KY	67.5kg	65.8	27	95	100	<del>107.5</del>	45	50	<del>52.5</del>	112.5	120	130	280	291.116	
3	Tiffany Loy	KY	67.5kg	65.8	24	87.5	<del>97.5</del>	<del>97.5</del>	42.5	52.5	<del>57.5</del>	102.5	115	125	265	275.521	
	75kg Open																
1	Jamie Bougher	KY	75kg	74.1	32	80	<del>90</del>	90	47.5	55	<del>57.5</del>	100	110	120	265	253.844	
2	Raiden Wilkerson	KY	75kg	68.3	37	87.5	90	92.5	50	52.5	<del>57.5</del>	92.5	97.5	102.5	247.5	250.495	
	82.5kg Open																
1	Mary Jane Bernath	IN	82.5kg	78.9	24	160	170	182.5	92.5	97.5	102.5	155	170	175	460	424.212	
2	Heather Smith	KY	82.5kg	77.6	41	147.5	<del>152.5</del>	<del>152.5</del>	105	110	<del>112.5</del>	<del>170</del>	170	182.5	440	409.684	413.781
3	Adrienne Manlove	KY	82.5kg	80.2	31	<del>80</del>	80	<del>90</del>	52.5	<del>57.5</del>	57.5	105	115	<del>122.5</del>	252.5	230.709	
	90kg Open																
1	Tabitha Potts	KY	90kg	86.5	36	142.5	152.5	<del>160</del>	87.5	<del>95</del>	<del>95</del>	170	185.5	190	430	378.056	
2	Gina Dailey	KY	90kg	84.4	31	127.5	132.5	137.5	85	<del>90</del>	90	145	150	160	387.5	344.72	
	SHW Open																
1	Ashley Miller	KY	SHW	123.3	27	110	112.5	<del>117.5</del>	75	80	82.5	110	115	120	315	250.677	
	90kg Submaster																
1	Tabitha Potts	KY	90kg	86.5	36	142.5	152.5	<del>160</del>	87.5	<del>95</del>	<del>95</del>	170	185.5	190	430	378.056	
	82.5kg Master 40-44																
1	Heather Smith	KY	82.5kg	77.6	41	147.5	<del>152.5</del>	<del>152.5</del>	105	110	<del>112.5</del>	<del>170</del>	170	182.5	440	409.684	413.781
	82.5kg Master 50-54																
1	Shannon Booth	KY	82.5kg	82.2	52	62.5	<del>70</del>	70	45	<del>52.5</del>	52.5	80	90	<del>100</del>	212.5	191.611	223.227
<b>Men Raw Powerlifting</b>																	
	56kg Jr 16-17																
1	Paul Brown	KY	56kg	55.5	17	105	<del>107.5</del>	110	70	77.5	80	140	<del>157.5</del>	<del>170</del>	330	303.072	

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	75kg Jr 16-17																
1	Mike Wallace	KY	75kg	72.7	16	80	95	105	75	87.5	<del>92.5</del>	120	142.5	150	342.5	249.511	
	75kg Jr 20-23																
1	Max Miller	AL	75kg	70	20	160	170	<del>175</del>	115	122.5	<del>132.5</del>	200	215	232.5	525	393.435	
	82.5kg Jr 18-19																
1	Tai Le	KY	82.5kg	79.4	19	200	212.5	222.5	120	<del>127.5</del>	130	210	<del>227.5</del>	227.5	580	397.88	
	82.5kg Jr 20-23																
1	Corey Allgeier	KY	82.5kg	78.5	22	170	180	190	<del>120</del>	125	135	245	260	272.5	597.5	412.873	
DQ	Andrew Vazquez	KY	82.5kg	80.2	20	175	<del>182.5</del>	<del>182.5</del>	<del>102.5</del>	110	<del>117.5</del>	<del>215</del>	<del>-----</del>	<del>-----</del>	0	0	
	100kg Jr 18-19																
1	Nicholas Raymond	OH	100kg	99.3	18	142.5	150	160	95	100	102.5	185	195	<del>200</del>	457.5	279.212	
	100kg Jr 20-23																
1	Adam Elkins	KY	100kg	95.5	23	220	237.5	<del>250</del>	130	142.5	147.5	235	250	272.5	657.5	408.045	
DQ	Evan Kowadla	KY	100kg	96.4	20	175	177.5	192.5	<del>120</del>	<del>127.5</del>	<del>127.5</del>	<del>-----</del>	<del>-----</del>	<del>-----</del>	0	0	
	110kg Jr 16-17																
1	Oliver Baumgartner	OH	110kg	105.9	17	142.5	152.5	162.5	102.5	107.5	115	185	195	215	492.5	293.432	
	110kg Jr 20-23																
1	Brandon Striegel	IN	110kg	105.5	20	285	292.5	<del>-----</del>	<del>180</del>	180	185	330	342.5	<del>365</del>	820	489.212	
	125kg Jr 20-23																
1	John Montanez	KY	125kg	124.2	22	220	235	242.5	170	<del>177.5</del>	177.5	230	247.5	260	680	388.008	
	75kg Open																
1	David Smith	KY	75kg	73.3	26	165	175	177.5	<del>125</del>	127.5	132.5	205	220	227.5	537.5	389.258	
2	Max Miller	AL	75kg	70	20	160	170	<del>175</del>	115	122.5	<del>132.5</del>	200	215	232.5	525	393.435	
	82.5kg Open																
1	Monzolesso Bagah-kognagba	KY	82.5kg	81.1	26	187.5	195	<del>202.5</del>	<del>120</del>	120	125	262.5	<del>267.5</del>	267.5	587.5	397.679	
2	Ernie VonAllmen	KY	82.5kg	77.1	27	195	<del>205</del>	<del>205</del>	117.5	<del>127.5</del>	<del>127.5</del>	212.5	227.5	235	547.5	382.867	
3	Ethan Funk	KY	82.5kg	76.7	31	<del>160</del>	185	<del>195</del>	<del>117.5</del>	<del>117.5</del>	130	142.5	167.5	190	505	354.359	
4	Tom Rabold	OH	82.5kg	81.2	30	160	170	172.5	107.5	115	<del>120</del>	180	190	195	482.5	326.363	
	90kg Open																
1	Matt Elder	KY	90kg	88.5	29	182.5	195	205	147.5	160	<del>165.5</del>	240	255	265	630	405.72	
2	Terry Smith Jr.	KY	90kg	87.3	43	215	225	227.5	125	130	<del>137.5</del>	242.5	255	<del>257.5</del>	612.5	397.329	409.646

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	100kg Open																	
1	Garrett Hay	IN	100kg	99.8	30	250	272.5	287.5	185	195	200	272.5	<del>285</del>	<del>292.5</del>	760	462.916		
2	Travis Parker	KY	100kg	95.1	28	200	210	220	<del>147.5</del>	147.5	157.5	220	230	240	617.5	383.9		
3	Kyle Andersen	TN	100kg	95.3	25	167.5	175	185	120	<del>127.5</del>	<del>127.5</del>	207.5	227.5	<del>240</del>	532.5	330.736		
4	Sam Morrow	KY	100kg	92.1	25	147.5	160	<del>185</del>	95	<del>100</del>	<del>100</del>	185	197.5	<del>210</del>	452.5	285.573		
	110kg Open																	
1	Aaron Ochoa	KY	110kg	108.5	41	277.5	292.5	302.5	<del>185</del>	185	<del>192.5</del>	295	312.5	<del>330.5</del>	800	472.8	477.528	
	125kg Open																	
1	Aaron Letinski	IL	125kg	123	24	292.5	302.5	<del>310</del>	207.5	212.5	<del>220</del>	<del>285</del>	285	290	805	460.299		
DQ	Dakota Hilton	KY	125kg	121.4	27	190	197.5	<del>210</del>	135	142.5	150	<del>-----</del>	<del>-----</del>	<del>-----</del>	0	0		
	SHW Open																	
DQ	Elias Abner	KY	SHW	160.8	30	<del>310</del>	<del>310</del>	<del>310</del>	<del>-----</del>	<del>-----</del>	<del>-----</del>	<del>-----</del>	<del>-----</del>	<del>-----</del>	0	0		
	100kg Submaster																	
1	Mark Bennett	KY	100kg	96.9	35	162.5	<del>167.5</del>	167.5	<del>127.5</del>	127.5	145	205	222.5	252.5	565	348.379		
	110kg Submaster																	
1	Tim Rink	KY	110kg	100.5	38	165	175	185	90	95	<del>97.5</del>	190	200	<del>212.5</del>	480	291.552		
	SHW Submaster																	
1	Jeremy Miller	IN	SHW	153.3	38	232.5	252.5	272.5	187.5	205	<del>217.5</del>	277.5	300	320	797.5	439.901		
	90kg Master 40-44																	
1	Terry Smith Jr.	KY	90kg	87.3	43	215	225	227.5	125	130	<del>137.5</del>	242.5	255	<del>257.5</del>	612.5	397.329	409.646	
2	James Masek	IN	90kg	84.1	40	135	140	150	90	<del>95</del>	95	185	192.5	200	445	294.768	294.768	
	100kg Master 40-44																	
1	Jesus Contreras	KY	100kg	99.7	43	175	182.5	190	135	142.5	145	227.5	252.5	272.5	607.5	370.15	381.624	
	110kg Master 40-44																	
1	Aaron Ochoa	KY	110kg	108.5	41	277.5	292.5	302.5	<del>185</del>	185	<del>192.5</del>	295	312.5	<del>330.5</del>	800	472.8	477.528	
	<b>Women Classic Raw Powerlifting</b>																	
	67.5kg Open																	
1	Lainy Kennedy	TN	67.5kg	66.8	25	125	<del>132.5</del>	137.5	75	80	<del>82.5</del>	137.5	147.5	<del>155</del>	365	375.33		
2	Kelly Riner	KY	67.5kg	66.3	29	120	130	<del>137.5</del>	67.5	<del>70</del>	70	130	140	145	345	356.696		
	<b>Men Classic Raw Powerlifting</b>																	
	100kg Jr 20-23																	
1	Jack Barnett	KY	100kg	98.1	23	<del>220</del>	235	<del>242.5</del>	142.5	<del>150</del>	<del>150</del>	235	245	<del>260</del>	622.5	381.842		
	75kg Open																	
1	Daniel Kent	TN	75kg	71.7	23	132.5	145	147.5	90	95	<del>102.5</del>	142.5	155	162.5	405	298.08		

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	82.5kg Open																
1	Terry Partee	KY	82.5kg	79.7	28	215	230	235	<del>120</del>	122.5	<del>127.5</del>	272.5	292.5	<del>300</del>	650	444.795	
	90kg Master 60-64																
1	Gary Martin	KY	90kg	86.3	62	147.5	167.5	176	60	<del>65</del>	65	192.5	215	<del>222.5</del>	456	297.677	414.664
<b>Men Single Ply Powerlifting</b>																	
	110kg Master 50-54																
1	John Marcum	KY	110kg	109	50	205	240	275	192.5	195	200	210	215	235	710	419.042	473.517
<b>Men Raw Bench Only</b>																	
	75kg Jr 20-23																
1	Max Miller	AL	75kg	70	20				115	122.5	<del>132.5</del>				122.5	91.802	
	75kg Open																
1	Dustin Myers	IN	75kg	74	35				122.5	135	142.5				142.5	102.5	
2	Max Miller	AL	75kg	70	20				115	122.5	<del>132.5</del>				122.5	91.802	
	90kg Open																
1	Matt Elder	KY	90kg	88.5	29				147.5	160	<del>165.5</del>				160	103.04	
	140kg Open																
1	Cortez Johnson	KY	140kg	129.5	41				205	<del>220</del>	<del>220</del>				205	116.03	117.19
	100kg Master 55-59																
1	Dan French	KY	100kg	95.8	55				115	125	137.5				137.5	85.209	104.381
	140kg Master 40-44																
1	Cortez Johnson	KY	140kg	129.5	41				205	<del>220</del>	<del>220</del>				205	116.03	117.19
<b>Men Raw Deadlift Only</b>																	
	75kg Open																
1	Dustin Myers	IN	75kg	74	35								207.5	222.5	<del>237.5</del>	222.5	160.044
	82.5kg Open																
1	Jordan Lawson	KY	82.5kg	77.3	24							<del>252.5</del>	280	307.5	307.5	214.666	
	140kg Open																
1	Cortez Johnson	KY	140kg	129.5	41							295	315	<del>322.5</del>	315	178.29	180.073
	110kg Master 45-49																
1	Leroy Grube	IN	110kg	107.7	46							265	<del>272.5</del>	<del>275</del>	265	156.986	167.661
	140kg Master 40-44																
1	Cortez Johnson	KY	140kg	129.5	41							295	315	<del>322.5</del>	315	178.29	180.073

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<b>Men Raw Push-Pull</b>																	
	100kg Master 65-69																
1	Ron Laughlin	KY	100kg	98.5	66				105	110	115	172.5	177.5	182.5	297.5	182.159	168.846
Best Lifters:																	
	Brandon Striegel	Raw Jr Men PL													<b>Record Color Codes:</b>		
	Mary Jane Bernath	Raw Open Women PL													State		
	Aaron Ochoa	Raw Open Men PL													National		
Thank you to our officials:																	
	International	Johnny Layne and Mindy Layne															
	National	Jonna Priester															
	State	Steve Thompson, Megan Moore, Christopher Nicolai and Ayse Jones															
Announcers:																	
		Johnny Layne and Mindy Layne															
Spotters/loaders:																	
		Ryan Keesecker-Platform Manager, Ashley Wade, Shawn Fante and Jeff Bailey															
Meet Director:																	
		Johnny Layne															
Sponsors:																	
		Bench Blokz, Intense Attire, Platform Ready & Combined Insurance and Pioneer Leathercraft															