

USPA Southern Elite Classic May 4, 2019 D'Iberville, MS

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Raw Powerlifting															
	56kg Jr 20-23														
1	Rachael Casey	MS	56kg	55.4	21	80	42.5	115	237.5	281.818		176.4	93.7	253.5	523.6
	56kg Open														
1	Rachael Casey	MS	56kg	55.4	21	80	42.5	115	237.5	281.818		176.4	93.7	253.5	523.6
	67.5kg Open														
1	Abbie Shields	LA	67.5kg	64.8	28	100	52.5	125	277.5	291.791		220.5	115.7	275.6	611.8
2	Samantha Whitehead	MS	67.5kg	67.2	36	97.5	55	125	277.5	284.132		214.9	121.3	275.6	611.8
3	Jennifer Crissey	MS	67.5kg	66.8	33	80	45	107.5	232.5	239.08		176.4	99.2	237	512.6
4	Yvette Shields	LA	67.5kg	65.8	58	65	42.5	100	207.5	215.738		143.3	93.7	220.5	457.5
	82.5kg Open														
1	Chelsea Schwitzerlett	FL	82.5kg	81.9	27	105	47.5	125	277.5	250.694		231.5	104.7	275.6	611.8
	67.5kg Submaster														
1	Yvette Shields	LA	67.5kg	65.8	58	65	42.5	100	207.5	215.738		143.3	93.7	220.5	457.5
	75kg Submaster														
1	Kelly Williams	LA	75kg	71.1	39	90	52.5	140	282.5	278.065		198.4	115.7	308.6	622.8
	67.5kg Master 40-44														
1	Babette Adams	AR	67.5kg	66	44	82.5	52.5	120	255	264.537	275.912	181.9	115.7	264.6	562.2
Men Raw Powerlifting															
	56kg Jr 13-15														
1	Zac Rambeau	LA	56kg	55.6	14	132.5	72.5	122.5	327.5	300.252		292.1	159.8	270.1	722
	75kg Jr 20-23														
1	Braxton McKay	MS	75kg	74	22	172.5	105	200	477.5	343.466		380.3	231.5	440.9	1052.7
2	Stephan Nguyen	MS	75kg	72.9	20	150	122.5	185	457.5	332.648		330.7	270.1	407.9	1008.6
	82.5kg Jr 13-15														
1	Renzo Cantin	LA	82.5kg	79.9	15	117.5	70	157.5	345	235.704		259	154.3	347.2	760.6
	82.5kg Jr 16-17														
1	Alex Davis	LA	82.5kg	82.2	17	220	125	260	605	406.197		485	275.6	573.2	1333.8
	82.5kg Jr 18-19														
1	Curtis Shane Gross	LA	82.5kg	79.1	18	117.5	65	172.5	355	244.098		259	143.3	380.3	782.6
2	Bryan Tran	LA	82.5kg	81.9	18	115	70	147.5	332.5	227.104		253.5	154.3	325.2	733
	100kg Jr 13-15														
1	Zack Pisciotta	LA	100kg	99.8	15	137.5	77.5	162.5	377.5	229.935		303.1	170.9	358.2	832.2

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	100kg Jr 20-23														
1	Cody Gassman	MS	100kg	98.5	20	227.5	137.5	295	660	404.118		501.5	303.1	650.4	1455
	110kg Jr 16-17														
1	Charles Wellington	LA	110kg	105.3	17	182.5	112.5	192.5	487.5	291.038		402.3	248	424.4	1074.7
	125kg Jr 20-23														
1	Dillon Dyar	MS	125kg	120.6	23	265	165	265	695	399.139		584.2	363.8	584.2	1532.2
	67.5kg Open														
1	Van Ly	MS	67.5kg	64.7	35	170	100	200	470	375.201		374.8	220.5	440.9	1036.2
2	Andy Rivera	MS	67.5kg	65.7	24	142.5	97.5	197.5	437.5	344.794		314.2	214.9	435.4	964.5
	75kg Open														
1	Andrew Linch	MS	75kg	74.4	25	165	152.5	217.5	535	383.381		363.8	336.2	479.5	1179.5
						4th: 180	4th: 227.5								
	82.5kg Open														
1	Alex Davis	LA	82.5kg	82.2	17	220	125	260	605	406.197		485	275.6	573.2	1333.8
2	Chris Townsley	MS	82.5kg	75.5	25	187.5	135	245	567.5	402.528		413.4	297.6	540.1	1251.1
3	Eric Lease	MS	82.5kg	81.6	34	190	130	217.5	537.5	362.49		418.9	286.6	479.5	1185
4	Ben Hernandez	MS	82.5kg	75.6	26	177.5	112.5	200	490	347.214		391.3	248	440.9	1080.3
	90kg Open														
1	Christopher Rountree	LA	90kg	88.6	43	200	127.5	247.5	575	370.07	381.542	440.9	281.1	545.6	1267.6
2	Ryan Smith	MS	90kg	88.7	33	195	117.5	227.5	540	347.328		429.9	259	501.5	1190.5
	110kg Open														
1	Demerious Slocum	LA	110kg	107.8	33	280	217.5	282.5	780	461.994		617.3	479.5	622.8	1719.6
2	Steven Steel	MS	110kg	106.2	31	285	195	295	775	461.28		628.3	429.9	650.4	1708.6
3	Lamar Holmes	LA	110kg	108.2	28	272.5	170	295	737.5	436.305		600.8	374.8	650.4	1625.9
4	Oscar Smith Iii	MS	110kg	110	24	220	152.5	272.5	645	379.583		485	336.2	600.8	1422
5	Chris Crissey	MS	110kg	109.9	32	187.5	147.5	187.5	522.5	307.596		413.4	325.2	413.4	1151.9
DQ	Simon Menard	LA	110kg	107.5	27	235	195	0	0	0		518.1	429.9	0	0
	125kg Open														
1	Anthony Engolia	LA	125kg	123.1	27	280	172.5	287.5	740	423.058		617.3	380.3	633.8	1631.4
2	Jacob Kruebbe	LA	125kg	115	28	230	185	302.5	717.5	416.939		507.1	407.9	666.9	1581.8
3	Dillon Dyar	MS	125kg	120.6	23	265	165	265	695	399.139		584.2	363.8	584.2	1532.2
4	Byron Nichols	MS	125kg	122.4	52	237.5	165	267.5	670	383.508	446.787	523.6	363.8	589.7	1477.1
5	Casey Whitehead	MS	125kg	119.6	33	227.5	162.5	242.5	632.5	363.941		501.5	358.2	534.6	1394.4
	140kg Open														
1	Jeremiah Barrett	LA	140kg	134.9	37	230	185	267.5	682.5	383.565		507.1	407.9	589.7	1504.6

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	75kg Master 65-69														
1	John Trapani	LA	75kg	74.3	65	137.5	90	155	382.5	274.367	406.064	303.1	198.4	341.7	843.3
	90kg Master 40-44														
1	Christopher Rountree	LA	90kg	88.6	43	200	127.5	247.5	575	370.07	381.542	440.9	281.1	545.6	1267.6
	90kg Master 50-54														
1	Michael Mercola	LA	90kg	90	50	165	147.5	242.5	555	354.312	400.373	363.8	325.2	534.6	1223.6
	100kg Master 75-79														
DQ	Henry Henington	MS	100kg	97.1	77	95	0	132.5	0	0	0	209.4	0	292.1	0
	125kg Master 40-44														
1	Ronald Davis	MS	125kg	122.7	42	227.5	117.5	222.5	567.5	324.667	331.16	501.5	259	490.5	1251.1
	125kg Master 50-54														
1	Byron Nichols	MS	125kg	122.4	52	237.5	165	267.5	670	383.508	446.787	523.6	363.8	589.7	1477.1
Women Classic Raw Powerlifting															
	56kg Open														
1	Nicole Maier	MS	56kg	55.9	24	117.5	62.5	142.5	322.5	380.002		259	137.8	314.2	711
								4th: 147.5							
	67.5kg Open														
1	Kirsti Potts	MS	67.5kg	65.1	29	135	65	162.5	362.5	379.864		297.6	143.3	358.2	799.2
	90kg Open														
1	Brittney Phillips	LA	90kg	89.7	28	127.5	65	125	317.5	274.733		281.1	143.3	275.6	700
Men Classic Raw Powerlifting															
	110kg Jr 20-23														
1	Draik Morgan	MS	110kg	109.9	20	275	140	255	670	394.429		606.3	308.6	562.2	1477.1
	90kg Open														
1	Brendan Jones	MS	90kg	86.7	27	247.5	167.5	292.5	707.5	460.653		545.6	369.3	644.8	1559.8
	125kg Open														
1	Thomas Honnoll	MS	125kg	112	29	250	172.5	242.5	665	389.225		551.2	380.3	534.6	1466.1
	110kg Master 45-49														
1	Erik Whitfield	MS	110kg	103.1	45	287.5	157.5	280	725	436.088	460.072	633.8	347.2	617.3	1598.3

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Women Single Ply Powerlifting															
	67.5kg Jr 18-19														
1	Kenna Stuart	MS	67.5kg	64.3	18	125	60	132.5	317.5	335.788		275.6	132.3	292.1	700
Women Raw Bench Only															
	SHW Master 55-59														
1	Marcia Mcdowell	MS	SHW	129.9	58		45		45	35.478	45.802		99.2		99.2
Men Raw Bench Only															
	140kg Open														
1	Andrew Yates	MS	140kg	131	31		227.5		227.5	128.492			501.5		501.5
	125kg Master 45-49														
1	Jay Gousset	MS	125kg	115.7	47		160		160	92.816	100.427		352.7		352.7
Women Raw Deadlift Only															
	SHW Master 55-59														
1	Marcia Mcdowell	MS	SHW	129.9	58			92.5	92.5	72.927	94.149			203.9	203.9
Men Raw Push-Pull															
	100kg Submaster														
1	Justin Riley	MS	100kg	94.7	39		140	195	335	208.672			308.6	429.9	738.5
	90kg Master 45-49														
1	Perry Johnson	MS	90kg	89.2	47		155	240	395	253.314	274.086		341.7	529.1	870.8
	100kg Master 75-79														
DQ	Henry Henington	MS	100kg	97.1	77		0	132.5	0	0	0		0	292.1	0
	SHW Master 45-49														
1	Christopher Summa	LA	SHW	149.3	48		170	295	465	257.471	282.446		374.8	650.4	1025.1

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	Best Lifters:														
	Open Women Raw: Abbie Shields														
	Junior Men Raw: Alex Davis														
	Open Men Raw: Demerious Slocum														
	Masters Men Raw: Byron Nichols														
	Meet Director: John Micka														
	Scorekeepers: Eric Holmbeck and Jayson Tisdale														
	Thank you to our referees:														
	National: Amanda Micka, Amanda Walker, Joe Keith, John Micka, Rich Wharton and Laura Moore														
	State: Roger Fox and Vicky Fox														
	Practical: Michael Petyak, Kelly Melendez, Elizabeth Shipley and Amy Herrmann-Spears														
	Thanks to our spotters: Don Clanton, Heath Johnson and the boys of Gulfport High School Powerlifting Team														
	Thanks to our sponsors: Richard Hawthorne and Southern Elite Fitness, Advanced Chiropractic, Atlas Fights, Biloxi Bounce House & Water Slides														
	Charged Up Grill LLC, D'Iberville Chiropractic Clinic, Ginkgo Liquor & Wine, Illustrative Ink, Gulf Coast Mixed Martial Arts, BOAD Apparel														
	Mattress by Appointment Gautier and Tap Out Construction Limited														