

USPA Drug Tested Arkaio Open September 22, 2019 Waipahu, HI

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	52kg Jr 20-23																
1	Chanelle Ashley Ramos	HI	52kg	52	21	77.5	82.5	87.5	32.5	37.5	40	120	125	132.5	250	311.65	
	67.5kg Jr 16-17																
1	Audry-Louise Beamer	HI	67.5kg	66.2	16	52.5	57.5	62.5	45	47.5	55	85	90	95	205	212.196	
	44kg Open																
1	Katie Rubin	HI	44kg	43.2	29	70	77.5	82.5	42.5	47.5	52.5	80	87.5	95	225	320.67	
	52kg Open																
1	Lindsey Okumoto	HI	52kg	51.6	32	112.5	117.5	122.5	60	65	67.5	145	152.5	160	350	438.935	
2	Anna Serrano-Oakes	HI	52kg	50.8	24	67.5	70	75	45	50	52.5	72.5	75	80	200	253.84	
	56kg Open																
1	Magnolia Centeno	HI	56kg	56	44	92.5	-----	-----	50	-----	-----	95	-----	-----	237.5	279.443	291.459
	60kg Open																
1	Monique Sheffield	HI	60kg	56.2	27	92.5	95	97.5	52.5	57.5	57.5	102.5	107.5	115	262.5	307.991	
	67.5kg Open																
1	Erin Zenker	HI	67.5kg	64.4	27	127.5	132.5	137.5	77.5	85	92.5	147.5	155	165	390	411.996	
	82.5kg Open																
1	Andrea Nicole Lagpacan	HI	82.5kg	76	24	117.5	122.5	132.5	52.5	52.5	57.5	130	137.5	142.5	317.5	299.371	
	90kg Open																
1	Natxieli Aguilar	HI	90kg	89.8	31	162.5	170	180	85	92.5	95	165	182.5	185	445	384.881	
2	Donnie Rogers	HI	90kg	89.4	48	150	-----	-----	75	-----	-----	152.5	-----	-----	377.5	327.104	358.833
	56kg Master 40-44																
1	Magnolia Centeno	HI	56kg	56	44	92.5	-----	-----	50	-----	-----	95	-----	-----	237.5	279.443	291.459
	90kg Master 45-49																
1	Donnie Rogers	HI	90kg	89.4	48	150	-----	-----	75	-----	-----	152.5	-----	-----	377.5	327.104	358.833
Men Raw Powerlifting																	
	60kg Jr 20-23																
1	Mark Anzalone	HI	60kg	59.6	20	147.5	155	155	110	112.5	115	182.5	195	202.5	455	390.436	
	75kg Jr 18-19																
1	Ashton Goodness	HI	75kg	75	19	192.5	200	207.5	125	130	145	232.5	242.5	250	587.5	418.653	
	75kg Jr 20-23																
1	Manny Batinga	HI	75kg	74.4	22	165	175	185	117.5	125	132.5	200	212.5	227.5	510	365.466	

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	82.5kg Jr 20-23																
1	Micah Tumpap	HI	82.5kg	80.4	21	195	205	215	130	142.5	145	220	230	235	585	398.151	
2	Aljon Padilla	HI	82.5kg	82.4	20	162.5	167.5	170	115	120	125	172.5	180	185	480	321.792	
	90kg Jr 18-19																
DQ	Sheyde Iona	HI	90kg	89.2	19	155	175	185	137.5	147.5	155	185	200	212.5	0	0	
	60kg Open																
1	Mark Anzalone	HI	60kg	59.6	20	147.5	155	155	110	112.5	115	182.5	195	202.5	455	390.436	
2	Landon Sakai	HI	60kg	56.4	28	102.5	107.5	112.5	102.5	105	112.5	155	167.5	182.5	392.5	354.859	
	67.5kg Open																
1	Eugene Malvar	HI	67.5kg	67.4	26	192.5	200	210	112.5	117.5	127.5	215	225	232.5	550	424.545	
	75kg Open																
1	Michael Day	HI	75kg	74.6	29	167.5	175	180	130	135	140	200	207.5	215	522.5	373.692	
2	Manny Batinga	HI	75kg	74.4	22	165	175	185	117.5	125	132.5	200	212.5	227.5	510	365.466	
	82.5kg Open																
1	Kaulana Duldulao	HI	82.5kg	80.4	39	190	197.5	205	145	160	172.5	230	245	255	620	421.972	
2	Aljon Padilla	HI	82.5kg	82.4	20	162.5	167.5	170	115	120	125	172.5	180	185	480	321.792	
	90kg Open																
1	Kainoa Kahalewai	HI	90kg	89.4	28	210	220	230	170	182.5	185	255	267.5	272.5	687.5	440.413	
2	Jack Baker	HI	90kg	88.6	24	192.5	202.5	210	140	147.5	152.5	240	250	260	615	395.814	
DQ	Sheyde Iona	HI	90kg	89.2	19	155	175	185	137.5	147.5	155	185	200	212.5	0	0	
	100kg Open																
1	Aaron Gaugler	HI	100kg	96.2	25	205	205	215	142.5	145	150	250	252.5	265	600	371.16	
2	Leighton Asuncion	HI	100kg	94.8	39	205	222.5	237.5	125	135	142.5	220	235	242.5	592.5	368.891	
3	Troy Nakasuji	HI	100kg	96.2	23	192.5	202.5	207.5	135	145	150	212.5	222.5	230	570	352.602	
4	Seferino Aguilar	HI	100kg	97.4	32	185	200	210	120	130	130	182.5	197.5	205	517.5	318.366	
	82.5kg Submaster																
1	Kaulana Duldulao	HI	82.5kg	80.4	39	190	197.5	205	145	160	172.5	230	245	255	620	421.972	
	100kg Submaster																
1	Leighton Asuncion	HI	100kg	94.8	39	205	222.5	237.5	125	135	142.5	220	235	242.5	592.5	368.891	
Women Raw Bench Only																	
	90kg Open																
1	Natxiellii Aguilar	HI	90kg	89.8	31				85	92.5	95				92.5	80.003	
Men Raw Bench Only																	
	60kg Open																
1	Landon Sakai	HI	60kg	56.4	28				102.5	105	112.5				112.5	101.711	

USPA Drug Tested Arkaios Open September 22, 2019 Waipahu, HI

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total	
Women Raw Push-Pull																		
	60kg Open																	
1	Elena Dias	HI	60kg	56.8	37				55	62.5	62.5	95	105	112.5	167.5	194.903		
	60kg Submaster																	
1	Elena Dias	HI	60kg	56.8	37				55	62.5	62.5	95	105	112.5	167.5	194.903		
Best Lifters:																		
Ashton Goodness															Raw Jr. Men Open PL			Record Color Codes: State National
Lindsey Okumoto															Raw Open Women PL			
Kainoa Kahalewai															Raw Open Men PL			
Meet Director: Darren Matsumoto																		
Thank you to our referees:																		
International: Darren Matsumoto																		
National: Ren Yamashita																		
State: Luvi Agpaoa, Mike Wong and Donnie Rogers																		
Apprentice: Kim Inoshita																		
Thank you to our spotters and loaders:																		
Kyle Nakamura, Sam Winders, Sterling Kahumoku and Jequille Lyles.																		